

HELSTON TRIATHLON

SUNDAY 7th JUNE 2009

400m POOL SWIM 16.5 mile CYCLE 3.5 mile RUN

THIS EVENT IS BASED AT HELSTON SPORTS CENTRE, CHURCH HILL, HELSTON, CORNWALL, TR13 8YQ

EVENT MEMENTO TO ALL FINISHERS
(Enter before May 8th to be guaranteed your T-shirt size)

VARIOUS CATEGORY AWARDS INCLUDING AGE GROUPS, LOCALS AND TEAMS DEPENDANT UPON ENTRY NUMBERS

REGISTRATION WILL BE FROM 7.30am. THE FIRST WAVE WILL START AT 8.30am. PRESENTATIONS AT 1.30pm

CLOSING DATE FOR ENTRIES – 22nd MAY 2009 (ENTRY LIMIT: 300)
NO ENTRIES ON THE DAY

PLEASE USE BLOCK CAPITALS

NAME D.O.B. / / SEX: M / F T-SHIRT SIZE...S M L XL
(Please circle)

ADDRESS

..... POST CODE

APPROX. TIME FOR 400m SWIM EMAIL ADDRESS

(You will start with swimmers with similar times)

CONTACT NUMBER CLUB

- I DECLARE THAT:-
1. I will be 17 years or over by 31st December 2009
 2. I enter and intend to compete entirely at my own risk and not participate unless I am fit
 3. I agree to provide myself with a bicycle in a roadworthy condition & a British Triathlon approved cycle helmet
 4. I agree to abide by the British Triathlon rules of the event - the referee and race director's decisions are final
 5. I agree that under no circumstances will any refunds be given
 6. I agree to photos of the event being used for publicity purposes
 7. I accept that the event is affiliated to British Triathlon and run under their rules
 8. I indemnify the promoters, sponsors and organisers against a claim for any accident, loss or damage as a consequence of my participation in this event.

I ENCLOSE THE EVENT FEE OF: £13 - BTF Members (BTF Member Number)
(tick appropriate box) £15 - Non BTF Members

CHEQUES MADE PAYABLE TO "CORNWALL COUNCIL"
(ALL BTF MEMBERS MUST QUOTE MEMBER NUMBER AND SHOW CURRENT RACE LICENCE AT REGISTRATION).

SIGNED DATE

PLEASE RETURN COMPLETED FORM AND APPROPRIATE ENTRY FEE TO:-
CERI HARVEY, HELSTON TRIATHLON, CORNWALL COUNCIL SPORTS
DEVELOPMENT, DOLCOATH AVENUE, CAMBORNE, CORNWALL, TR14 8SX

FOR INFORMATION - E-mail: ceri.harvey@cornwall.gov.uk Tel: 01209 614348 or 07970 565114



Organised by Cornwall Council in partnership with Tri-Logic Triathlon Club

Supported by: Cycle Logic, Outback Trading, Slightly Different, Kitchen and Brown Chartered Accountants, Helston Community College, Whirlwind Sports, Pure Blue, At Your Pace