FINAL LEAGUE TABLE

The final league table for the 2014/15 Show the Best competition is attached. The table shows the final rankings for all members who have completed races over four qualifying distances. Where more than four distances have been included for a member, the best four have been highlighted in red and these are the results which give the average in the end column.

The best individual performance in the final quarter was Tommy Polglase's $81.46 \%$ for the Indian Queens Half marathon (actual time 1:31:27) and the best individual performance by a female member was Debbie Nugent's 73.32\% for the same race (actual time 1:40:45).

With the winner for the last two years no longer eligible we were bound to have a new winner and it is Tommy Polglase with an average for his best four performances of $81.54 \%$ with Paul Sawford in second place on $80.90 \%$ and Barrie Cardew third on $79.07 \%$. The highest placed female member was Debbie Nugent in seventh place overall with an average of $74.34 \%$. Carol Penberthy was the second placed female member in eleventh place overall with an average of $71.09 \%$ and last year's leading female member, Janna Eyre, was third in twelfth place overall with an average of $70.44 \%$

The member showing the most improvement over the previous year was Lisa Uren who improved from a score of $57.14 \%$ in $2013 / 14$ to $62.33 \%$ in $2014 / 15$. Of the twenty four members who were qualifiers in both this year and last year thirteen improved their percentage score and eleven recorded a lower percentage this year.

The actual times which give the percentages in the league table are shown in the summary attached to the table.

The rules were changed for this year's competition so that all members were automatically entered unless they opted out. Thus all members who did at least one race at a qualifying distance are shown in the table. Of these seventeen completed a race at one distance, fourteen completed races over two distances and fifteen completed races over three distances. Of the members who qualified to be ranked, having completed four distances, five completed four distances, eight completed five distances, seventeen completed six distances and nine completed seven distances. Our captains, Craig and Janna, were the only members to have completed races over all eight distances.

I hope to run the competition again in 2015/16 but, if anyone has any comments to make on the competition, I would be pleased to receive them.

