

**CARN RUNNERS
SHOW THE BEST
2014/15 SEASON
FINAL TABLE**

	NAME	DATE OF BIRTH	AGE AT 01/11/2014	DISTANCE								AVERAGE OF BEST 4
				5KM	4MILES	5MILES	10KM	7MILES	10MILES	HALF MAR	MARATHON	
1	Tommy Polglase	20/05/1950	64.45		79.70	83.73	79.29		81.29	81.46		81.54
2	Paul Sawford	31/03/1967	47.59	79.81	80.56	81.51	80.41		71.54	81.12	77.69	80.90
3	Barrie Cardew	06/08/1958	56.24		79.27	81.18	77.71	75.81	73.11	78.14		79.07
4	Mark Dorrell	10/04/1963	51.56	72.18	77.11	78.37	75.45		76.39	79.12	77.73	78.08
5	Gary Richards	30/08/1969	45.17	77.40		78.92	76.14		74.83	72.36	75.03	76.87
6	Craig Hall	19/05/1974	40.45	67.69	75.31	74.78	74.16	71.24	72.12	74.73	59.50	74.74
7	Debbie Nugent	23/02/1965	49.68		75.12	75.69	73.22	73.08	69.84	73.32		74.34
8	Jason Vinnicombe	08/11/1974	39.98		73.70	74.14	70.45	70.88	66.39	69.68		72.29
9	Andy Caldwell	11/10/1961	53.05	76.86		70.04	71.81	69.54				72.06
10	Peter Chapman	04/06/1954	60.41	69.71	71.85	74.05	70.40		71.00	67.75		71.82
11	Carol Penberthy	30/03/1959	55.59		70.32	73.71	70.46	68.55	67.60	69.88		71.09
12	Janna Eyre	30/08/1981	33.17	65.95	71.87	72.65	65.68	68.87	68.09	68.38	61.35	70.44
13	Sandy Jamieson	27/02/1952	62.67	57.14	70.98	71.12	70.75	68.17	67.19	65.65		70.26
14	Janet Ritchie	19/09/1961	53.12		68.79	71.14	72.39	66.85	66.83	68.17		70.12
15	Andy Millward	25/07/1960	54.27	67.52	69.39	68.84	69.02			67.80		68.76
16	Juliet Knowles	03/06/1972	42.41		62.75	65.55	71.10	66.85	67.62	65.64		67.80
17	Helen Thomas	12/10/1970	44.05		68.91	70.18	66.84		62.49	64.03		67.49
18	Margaret Wade	28/10/1951	63.01		66.07	66.05	67.65	63.54	64.26	63.17		66.01
19	Peter Drew	02/03/1949	65.67	63.09	65.98	69.13	64.44	59.53	64.18	63.36		65.93
20	Ceri Harvey	26/05/1977	37.43	63.59	67.61	65.11	58.97		65.55	64.90		65.79
21	Barry Drew	22/06/1947	67.36	64.44	67.21	57.14	66.19		62.09	63.12		65.24
22	Mike Mack	08/09/1948	66.15		65.81	65.97	65.04	62.57	58.88	59.86	59.86	64.85
23	Carole Drew	05/11/1947	66.99	59.54	61.98	65.56	65.98		63.77	60.95		64.32
24	Stacey Lowe	05/04/1982	32.50		65.45	66.32	63.80	61.11	60.48	61.24		64.20

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25	Judy Jameson	06/05/1959	55.49	52.30	63.47	64.68	65.78	61.95	58.40	56.16		63.97
26	Julie Green	08/08/1963	51.23	62.45	65.04	61.00	64.21		60.84			63.18
27	Lisa Uren	08/06/1977	37.39		64.18	64.11	54.08	60.10	58.44	60.92	55.04	62.33
28	Dave Mounter	25/02/1948	66.68		59.02		63.97	60.94	56.01	59.84		60.94
29	Richard Harvey	13/12/1975	38.88	61.04	64.88	58.44	45.76		54.01	54.63		59.75
30	Sarah Clemence	06/04/1969	45.57		61.73	54.82			54.10	54.25		56.22
31	Faye Gibson	26/06/1976	38.35		56.35		55.55	53.99		52.93		54.71
32	Michelle Hart	23/09/1987	27.10		54.83	54.57	53.44	51.85	49.38	48.89	41.84	53.67
33	Debbie Hocking	17/08/1967	47.21		54.41	54.35	51.00	50.03	43.79	51.42		52.80
34	Anna Pascoe	24/12/1981	32.85	50.97	54.17	52.71	51.60	49.45	43.63	45.50		52.36
35	Caroline Phillips	11/02/1966	48.72		52.83	53.16	51.28	49.03	50.63	50.67		51.98
36	Wendy Savage	12/12/1961	52.88		53.24	52.56	45.80		46.85	51.19		50.96
37	Jeannette Toy	18/07/1970	44.29		49.34	50.11	48.29	44.83	41.32	45.75		48.37
38	Zoe Hall	21/04/1970	44.46	47.81	46.18	47.82	43.21		39.20			46.26
39	Hannah Wilkinson	16/09/1968	26.12		46.49	45.32	44.83	42.84		43.36		45.00
40	Kathryn Marsh	13/05/1975	39.47				48.20	45.21		42.66	39.24	43.83
41	Ali Campbell	14/01/1977	37.79		45.58		38.57		37.41		45.09	41.66
42	Ali Galloway	12/09/1963	51.13	58.36			57.12					N/A
43	Brian Hamilton	25/03/1974	40.61		61.80							N/A
44	Brydie Bray	13/02/1966	48.72							59.81		N/A
45	Caz Vinnicombe	16/02/1974	40.70			49.11	41.22		38.03			N/A
46	Chris Chislett	05/05/1979	35.49			59.35			55.08			N/A
47	Chris Goodey	27/02/1981	33.67			64.80			59.54	57.87		N/A
48	Chris Perry	02/08/1975	39.25		57.47	57.96						N/A
49	Dave Cox	23/11/1978	35.94							60.78		N/A
50	Dawn Scallan	23/10/1971	43.02				61.20			56.37		N/A

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51	Demelza Widdershoven	07/02/1982	32.73		50.80		55.78					N/A
52	Denise Cardew	11/09/1961	53.14		66.85	66.17	56.44					N/A
53	Diane Catterall	19/08/1985	29.20		54.80		56.59	53.34				N/A
54	Emma Richards	11/09/1979	35.14	56.61		61.25	56.86					N/A
55	George Williams	30/12/1961	52.84		71.21							N/A
56	Giuseppina Vincent	05/12/1959	54.91				50.28					N/A
57	Graham Pugh	26/04/1969	45.52		59.10		55.01			55.82		N/A
58	Helen Page	02/08/1975	39.25		57.80				51.51	47.16		N/A
59	Jacky Griffith	15/03/1960	54.63				57.92					N/A
60	James Findlay	21/12/1984	29.86		59.30		57.46			53.00		N/A
61	Jason Richards	17/03/1986	28.62			67.74						N/A
62	Jo Kipling	06/01/1958	56.82			68.60			69.46	66.73		N/A
63	Julian Lewis	21/09/1968	46.11	62.11			49.34					N/A
64	Kensa Clemence	27/02/1991	23.68		45.12				34.94			N/A
65	Laura Millward	11/04/1962	52.56			62.03				56.60	55.08	N/A
66	Lisa Boaden	06/12/1970	43.90						44.89	49.07	50.94	N/A
67	Lisa Clark	30/07/1980	34.26				40.80					N/A
68	Lisa-Marie Clarke	15/01/1981	33.79			61.67						N/A
69	Louise Jackson	20/03/1984	30.62				38.22					N/A
70	Makayla Butler	10/03/1985	29.65				49.56					N/A
71	Mark Wreford	17/07/1960	54.29						30.67		56.34	N/A
72	Martin Symons	28/02/1967	47.67		55.67	60.24						N/A
73	Mel Thomas	17/03/1972	42.63		69.21				57.71			N/A
74	Michaela Holley	06/04/1966	48.57						54.73	58.53		N/A
75	Minnie Reed	07/05/1959	55.49						36.04			N/A
76	Nicola Wijewardene	19/09/1977	37.12						51.00			N/A

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77	Olivia Pellowe	30/03/1977	37.59	49.74	58.90	53.29							N/A
78	Rob Rochowiak	26/01/1961	53.76		66.84	67.13	65.13						N/A
79	Sarah Carswell	27/10/1973	41.01				47.95						N/A
80	Sarah Phillips	28/11/1969	44.93	46.90									N/A
81	Sharon Smith	17/12/1973	40.87				61.63	58.80		53.74			N/A
82	Shelley Hoare	02/07/1991	23.33		63.89			59.70					N/A
83	Steve Jones	01/02/1970	44.75								45.53		N/A
84	Steve Phillips	30/12/1973	40.84	63.60	66.27				46.87				N/A
85	Treve Evans	11/10/1965	49.05						35.05				N/A
86	Tryphaena Joel	25/01/1976	38.77		49.74				42.35				N/A
87	Zoe Stratton-Knowles	11/12/1997	16.89		61.68	61.92							N/A

RED ENTRIES ARE THE PERSON'S BEST 4 RESULTS FOR THIS PERIOD'S LEAGUE TABLE