



# SUMMER TURKEY TROT



(Under UK Athletic Rules)  
(2016-25856)

## **SUPPORTED BY TRICKYS REDRUTH**

Tolgus Mount, Redruth, Cornwall, TR15 3TA  
ROUND 7 OF THE CORNWALL GRAND PRIX SERIES  
SPONSORED BY CORNWALL GLASS and GLAZING

### **Wednesday 6 July 2016**

Race starts at 7.30pm  
Race Distance 4 miles  
Registration at TRICKYS from 5.30pm  
Entry Fees PRE ENTRIES £9.00 (Unattached £11.00)  
£2.00 extra on the day  
(Minimum Age Male 15 Female 15)  
Changing Facilities, Showers and Parking

BAR and BARBECUE

THE USE OF PERSONAL AUDIO DEVICES WILL NOT BE PERMITTED

[www.cornwallac.org.uk](http://www.cornwallac.org.uk) [www.gould.co.uk](http://www.gould.co.uk)  
[www.at-your-pace.co.uk](http://www.at-your-pace.co.uk) [www.trickyscornwall.co.uk](http://www.trickyscornwall.co.uk)

### **PRIZE LIST**

**First Male and Female £50 At Your Pace voucher: Second Male and Female £25 At Your Pace voucher: Third Male and Female £15 At Your Pace voucher**  
1st 3 Male Under 20, Under 35, V35, V40, V45, V50, V55, V60, V65, V70, V75+  
1st 3 Female Under 20, Under 35, V35, V40, V45, V50, V55, V60, V65, V70+  
First 4 teams - Male 6 to count, Female 6 to count

**ONCE AGAIN:** There will be a number of great spot prizes (shoes, kit accessories) supplied by **At Your Pace Running Shop, TR13 8RR** for some very lucky, randomly selected finishers to choose from. Sizes are only what is available on the day.

**RACE ENTRY FORM SUMMER TURKEY TROT 2016**  
(Block capitals please)

Surname	Christian Name	
Date of Birth	Age on race day	Male/Female
Email Address		
Tel	Affiliated club (state if unattached)	
UK Competition No		

**I enclose my race entry fee of £9.00 (£11.00 for Unattached runners) £2 extra on the day**

Online Entries @Run Britain website  
<https://www.runbritain.com/race/summer-turkey-trot-summer-turkey-trot/entry>

**TECHNICAL T SHIRTS FOR ALL FINISHERS**  
**Sponsored by Gould Electronics**  
**T shirts only guaranteed to entries received before the closing date**  
**(Wednesday 29 June)**

**Please circle the SIZE required:    Small    Medium    Large    XL**

**DATA PROTECTION**

The information provided by you on this form will be used solely for the purpose of race results and identification for health and safety reasons. The information will only be available to members of the results team and appropriate race officials and will not be passed to any other person or agency

**DECLARATION**

Please enter me for the Summer Turkey Trot. I declare I am medically fit to run and I understand the organisers will not be held responsible for any injury, illness, damage or loss to me or caused by me, however caused.

Signature

Please send your completed entry form and correct fee to:-

Alan Rowling, 7 Lighthouse Hill, Portreath, Redruth, TR16 4LH  
Telephone: H 01209 843540, M 07765 881320 Email: alan.rowling@gmail.com

**Cheques made payable to: Cornwall Athletic Club**

**Closing date for postal entries: Wednesday 29 June 2016**