

MudCrew : The "Cornwall Physio" Scrooge 2014

Provisional Results for All Competitors in finish order.

Pos	Time	Name	Club	Cat	No
1	1:14:10	JONES, Oliver	East Cornwall Harriers	Men 40+	238
2	1:15:11	PREWETT, George	Tamar Trotters		385
3	1:15:44	KNOWLES, Simon	Hayle Runners	Men 35+	251
4	1:17:25	DELLER, Robert			123
5	1:20:29	WRIGHT, Tony	Newquay Road Runners	Men 45+	547
6	1:20:33	SPARKES, Tom	Bodmin Road Runners		447
7	1:20:54	HOOD, David		Men 45+	207
8	1:21:55	TRANTER, Simon	Newquay Road Runners		484
9	1:21:57	HUNKIN, Chris			217
10	1:22:44	NEWTON, Liam	Essa Cycling Club	Men 40+	338
11	1:22:57	PARRY, Simon		Men 40+	356
12	1:23:15	YELLAND, John		Men 35+	548
13	1:23:15	WISNER, John		Men 40+	541
14	1:24:22	WARREN, Jeremy	St Austell Running Club	Men 45+	512
15	1:24:37	HALL, Craig	Carn Runners	Men 35+	168
16	1:25:09	SQUIRE, Darren	St Austell Running Club	Men 40+	456
17	1:25:14	BLEWETT, Derren	St Austell Running Club	Men 45+	40
18	1:25:23	BURDEN, Brian	Musketeers	Men 35+	67
19	1:25:27	WHITLEY, Mike	Launceston Road Runners	Men 50+	526
20	1:25:42	O'SHEA, Steve	MudCrew Trail Runners	Men 55+	345
21	1:25:43	NASH, Jenny	East Cornwall Harriers	Ladies 50+	334
22	1:25:53	DORRELL, Mark	Carn Runners	Men 50+	130
23	1:26:04	CHANNON, Lee	Cornwall AC	Men 35+	80
24	1:26:10	MURPHY, Jenna	St Austell Running Club	Ladies 35+	331
25	1:26:10	BURTON, Robin		Men 40+	71
26	1:27:01	ALLISON, Jane	MudCrew Trail Runners	Ladies 40+	7
27	1:27:33	RENDLE, Steven	Newquay Road Runners	Men 45+	401
28	1:28:27	ABBOTT, Brian	St Austell Running Club	Men 50+	1
29	1:28:30	COX, David	Carn Runners	Men 35+	107
30	1:29:09	CHAPMAN, Wendy	Truro Running Club	Ladies 35+	81
31	1:29:47	NICHOLAS, Matt	St Austell Running Club		339
32	1:29:54	MONCASTER, Chris		Men 55+	320

33	1:29:58	LAZENBY, Iain	British Military Fitness	Men 35+	259
34	1:29:59	MIDGLEY, Phil		Men 45+	313
35	1:30:19	BISATT, Alistair	Devizes Running Club	Men 45+	37
36	1:30:54	ELLIOTT, Luke	Hydrographic Harriers		138
37	1:31:29	TALEN, Patrick	St Austell Running Club	Men 35+	470
38	1:31:35	HARVEY, Richard	Carn Runners	Men 35+	179
39	1:31:52	SHARP, Jeremy	MudCrew Trail Runners	Men 55+	430
40	1:33:30	BEEVER, Jason	Tri Logic Cornwall	Men 40+	31
41	1:34:05	DAW, Sharon	MudCrew Trail Runners	Ladies 45+	122
42	1:34:54	KEATES, Nathan			244
43	1:34:57	COOPER, Shane	Newquay Road Runners		101
44	1:35:06	BANBURY, Neil	Newquay Road Runners	Men 35+	20
45	1:35:38	SHEPPARD, Nancy		Ladies 40+	432
46	1:35:40	SCHUMANN, Lyal		Men 35+	426
47	1:35:58	JAMES, Adam			225
48	1:36:50	PLATTEN-HIGGINS, Ryan	Plymouth Musketeers		377
49	1:36:54	FLETCHER, Matt			147
50	1:36:55	HEATH, Trev	MudCrew Trail Runners	Men 45+	190
51	1:37:18	CORNEY, Mark	British Military Fitness		103
52	1:37:22	YOUNG, Andy	St Austell Running Club	Men 50+	549
53	1:37:37	Unregistered Competitor			
54	1:37:43	WADEY, Christopher	Chard RRC		501
55	1:37:44	PLAYER, Garry	St Austell Running Club	Men 45+	378
56	1:37:45	BOUCHER, Richard	Plymstock Road Runners	Men 40+	42
57	1:37:56	MARTIN, Gary	Plymouth Musketeers	Men 40+	295
58	1:37:56	FOSTER, Mark		Men 40+	148
59	1:38:02	HUSSEY, Dean		Men 45+	222
60	1:38:02	CHAPPELL, Guy		Men 35+	84
61	1:38:31	VINNICOMBE, Jason	Carn Runners	Men 35+	499
62	1:39:04	PETERS, Darren	MudCrew Trail Runners	Men 35+	369
63	1:39:05	ROSS, Andrew		Men 50+	414
64	1:39:35	Unregistered Competitor		NDB	
65	1:39:50	KEMPNY, Jiri	St Austell Running Club	Men 40+	248
66	1:39:58	PRICE, Mark	Plymouth Tri club	Men 40+	386
67	1:39:59	GROSE, Matthew	St Austell Running Club		164
68	1:39:59	TAYLOR, Peter	Plymouth Musketeers	Men 50+	471
69	1:40:20	SAUNDERS, Vicky	Plymouth Musketeers	Ladies 40+	420
70	1:40:25	WREFORD, Mark	Carn Runners	Men 50+	546
71	1:40:25	CLARKE, Peter	Tamar Trotters	Men 35+	91

72	1:40:25	ABELL, Laura	Tamar Trotters		2
73	1:40:25	WILLIAMS, Alan	Tamar Trotters		530
74	1:40:25	BUCKINGHAM, Edward	Tamar Trotters	Men 40+	58
75	1:40:25	WILSON, Jade	Tamar Trotters		540
76	1:40:25	HINGLEY, Jason	Tamar Trotters	Men 35+	200
77	1:40:33	MARSLAND, Louise	Tamar Trotters		292
78	1:40:33	THOMAS, Mel	Tri Logic Cornwall	Ladies 40+	475
79	1:41:14	SAVAGE, Christian	Truro Goats		425
80	1:41:37	LOCKETT, Patrick	Newquay Road Runners	Men 65+	269
81	1:41:37	MORTIMER, Philip	MudCrew Trail Runners	Men 35+	329
82	1:41:41	GRIFFITHS, Ashley			163
83	1:42:28	HUDSON, Mark		Men 40+	215
84	1:42:33	NADAUD, Julia	St Austell Running Club		332
85	1:43:18	HUGHES, Alan	Bodmin Road Runners		216
86	1:43:19	MARTIN, Gemma	St Austell Running Club	Ladies 35+	297
87	1:43:30	SPIVEY, Gary	Crediton Running Network	Men 35+	453
88	1:43:36	PHELPS, Fiona	Tamar Trotters	Ladies 45+	371
89	1:43:48	CROWLE, Jonathan	Truro Running Club	Men 40+	110
90	1:43:50	BENTLEY, David	British Military Fitness	Men 35+	32
91	1:43:50	SHUTE, Clive	East Cornwall Harriers	Men 35+	434
92	1:44:17	CROCKER, Lee	East Cornwall Harriers		109
93	1:44:21	HARRIS, Geoffrey	Newquay Road Runners	Men 50+	174
94	1:44:23	HARVEY, Ceri	Carn Runners	Ladies 35+	178
95	1:44:29	MCAVOY, Richard	Newquay Road Runners	Men 40+	301
96	1:45:23	ROBINSON, Innes	Liswerry Runners		407
97	1:45:26	MARTIN, Angela	Off Roadents	Ladies 40+	294
98	1:45:27	BUCKNALL, Dave		Men 40+	59
99	1:45:38	BROWN, Kenneth		Men 45+	57
100	1:45:47	GIBBENS, Gordon			155
101	1:46:47	O' SHEA, Tina	MudCrew Trail Runners	Ladies 50+	346
102	1:46:54	JOYCE, Sam			241
103	1:47:00	SAUNDERS, James	Musketeers		421
104	1:47:08	JONES, Bradley			239
105	1:47:43	MARSH, William			287
106	1:48:03	MEENS, Dan			311
107	1:48:03	EZRA, Rebecca	Tamar Trotters		141
108	1:48:03	KEEN, Jim	Tamar Trotters	Men 40+	246
109	1:48:03	POLLARD, Phil	Tamar Trotters	Men 40+	380
110	1:48:03	JUCKES, Chris	Tamar Trotters	Men 40+	242

111	1:48:21	MACAULEY, Alan	Tamar Trotters	Men 45+	278
112	1:48:30	TAYLOR, Tristan			473
113	1:48:30	COOK, Darren		Men 35+	99
114	1:48:43	STEPHENS, Darren	MudCrew Trail Runners	Men 40+	460
115	1:48:45	ROHAN-WILD, Alannah	Motiv8me		411
116	1:48:53	ALSTON, Bethany			8
117	1:49:05	CALEY, Faye	Obstacle Kit Race Team		75
118	1:49:09	WOOD, Ben		Men 35+	545
119	1:49:33	HICKS, Lorna			195
120	1:49:41	REA, Tony		Men 40+	398
121	1:50:05	BURNETT, Kevin	Newquay Road Runners	Men 60+	69
122	1:50:08	CUDLIP, Chris	Carn Runners		111
123	1:50:10	MATHEWS, Ian	Mounts Bay Harriers	Men 45+	300
124	1:50:15	TOPE, Will			482
125	1:50:43	MCHARDY, Rob	British Military Fitness	Men 35+	307
126	1:50:46	WILLBY, Allan	British Military Fitness	Men 55+	528
127	1:51:22	SOLE, John	Bodmin Road Runners		443
128	1:51:30	PASCOE, Seth	Charlestown Gig Club		358
129	1:51:36	LEEuw, Annelies	Truro Running Club		262
130	1:51:42	BOWDEN, Kevin	British Military Fitness	Men 35+	45
131	1:51:53	ROWE, Andrew		Men 45+	416
132	1:52:00	WALKLIN, Steven	Tamar Trotters	Men 45+	504
133	1:52:10	LEWIS, Jules	Carn Runners	Men 45+	267
134	1:52:12	PATTERSON, Kaye	East Cornwall Harriers		361
135	1:52:16	HARVEY, Darren		Men 35+	177
136	1:53:08	JOHNS, Simon			232
137	1:53:16	DREW, Philip	Tri Logic Cornwall	Men 45+	134
138	1:53:25	LUCAS, Andrew	St Austell Running Club	Men 45+	275
139	1:53:54	BURKE, Miranda	Plymouth Harriers	Ladies 45+	68
140	1:55:06	EADSFORTH, Holly			137
141	1:55:33	OLLIVIER, Louise	Hayle Runners	Ladies 45+	342
142	1:55:37	JONES, Kevin		Men 55+	237
143	1:55:40	HEYWOOD, Steve	Bideford AAC	Men 55+	194
144	1:55:40	HENWOOD, Phillip	Herne Hill Harriers	Men 35+	193
145	1:55:40	MARTIN, Dougal		Men 40+	296
146	1:55:41	HAMILTON, Brian		Men 35+	170
147	1:56:10	LIVINGSTONE, Alicia	MudCrew Trail Runners		268
148	1:56:14	HANNS, Cheryl	Plymouth Harriers	Ladies 35+	172
149	1:56:27	KOWALSKI, Gavin		Men 35+	252

150	1:56:33	HITCHEN, Lesley	Plym Coasters	Ladies 40+	201
151	1:56:34	STUART, Graham		Men 50+	464
152	1:56:59	CHAPMAN, Peter	Carn Runners	Men 55+	83
153	1:57:42	COTGREAVE, Amber	Truro Running Club		104
154	1:57:45	MORGAN, Michael		Men 40+	326
155	1:59:07	BUNCE, Richard	Mounts Bay Harriers	Men 50+	64
156	1:59:32	GOUNDRY, Emma	Truro Running Club		159
157	1:59:41	CALDWELL, Alison	Plymouth Musketeers	Ladies 35+	74
158	1:59:42	KINGSTON, Ken	Plymouth Musketeers	Men 40+	249
159	1:59:42	HILL, Sarah	Newquay Road Runners	Ladies 40+	198
160	1:59:46	BATHE, Colin	Truro Running Club	Men 40+	27
161	2:01:05	RULE, Helen	Hayle Runners	Ladies 35+	417
162	2:01:16	DAVEY, Tamzin	Cornwall AC	Ladies 40+	117
163	2:01:27	BATE, Geoff	St Austell Running Club	Men 45+	25
164	2:01:27	SPITERI, Dawn	St Austell Running Club	Ladies 35+	452
165	2:01:27	TRETHEWEY, Martin	St Austell Running Club	Men 45+	487
166	2:01:51	SOUTHGATE, Elaine		Ladies 40+	445
167	2:01:51	SOUTHGATE, Martin	St Austell Running Club	Men 40+	446
168	2:02:40	SWABY, Heidi	Mounts Bay Harriers	Ladies 40+	468
169	2:03:00	SUTTON, Andrew	Newquay Road Runners	Men 40+	466
170	2:03:16	HALLIDAY, Paul		Men 40+	169
171	2:03:38	ARNOLD, Abi			13
172	2:03:50	JONES, Dorian		Men 40+	236
173	2:04:11	KIRK, Ed	MudCrew Trail Runners		250
174	2:04:38	GOUNDRY, Karen	Truro Running Club	Ladies 45+	158
175	2:04:39	GOUNDRY, Andy	MudCrew Trail Runners	Men 45+	157
176	2:05:12	BRIGHT, Sharon		Ladies 40+	55
177	2:05:15	EVANS, Mark	MudCrew Trail Runners	Men 50+	140
178	2:05:37	FLASHMAN, Ann	UK Athletics		145
179	2:05:51	ZIMMER, Mikki	Newquay Road Runners	Ladies 40+	550
180	2:06:13	TOY, Robert		Men 40+	483
181	2:06:14	WARD, Rex		Men 45+	509
182	2:06:30	LOVEGROVE, Miles			272
183	2:06:30	MURDOCH, Peter			330
184	2:07:04	BEARD, Robert		Men 45+	29
185	2:07:28	HANSCOMB, Linzi			173
186	2:07:28	HASSALL, Emily	Dudley Ladies		180
187	2:07:52	SKEYS, Simon			437
188	2:08:27	PATEMAN, Gemma	St Austell Running Club	Ladies 35+	360

189	2:08:28	TRETHEWEY, Charlie	St Austell Running Club	Ladies 35+	488
190	2:08:33	PAYNE, Samantha	Falmouth Road Runners		364
191	2:08:50	WALTERS, Karen	Newquay Road Runners	Ladies 40+	506
192	2:08:51	MARKS, Sian	Newquay Road Runners		286
193	2:09:36	LAKE, Samantha	Bere Alston Trekkers	Ladies 35+	253
194	2:09:36	HILL, Steven	Bere Alston Trekkers	Men 40+	199
195	2:09:36	TURNER, Murray	Bere Alston Trekkers	Men 40+	492
196	2:09:45	RAWLE, Jenny			396
197	2:09:46	TREBILCOCK, Mike		Men 35+	485
198	2:10:10	STEPHENS, Jane	Bodmin Road Runners	Ladies 45+	459
199	2:10:10	PALMER, Stefan	Bodmin Road Runners	Men 40+	352
200	2:10:10	BATEMAN, Rebecca	Bodmin Road Runners	Ladies 35+	26
201	2:10:10	STEPHENS, Emma			461
202	2:10:10	MARSHALL, Nigel	St Austell Running Club	Men 40+	289
203	2:10:22	LEMASSON, Anaelle			263
204	2:10:22	SHELDON, Philippa	Sweat Shop		431
205	2:10:57	JARVIS, Jodie	MudCrew Trail Runners	Ladies 35+	227
206	2:10:57	HAWKINS, Lynn	St Austell Running Club	Ladies 40+	182
207	2:10:59	CLEMENCE, Sarah	MudCrew Trail Runners	Ladies 40+	93
208	2:10:59	HOLLEY, Michaela	Tri Logic Cornwall	Ladies 45+	205
209	2:11:25	TRUMP, Teddie		Ladies 50+	489
210	2:11:27	BIRD, Mike		Men 45+	36
211	2:11:27	PAYLOR, Michael		Men 40+	363
212	2:11:31	HILDRED, Simon	Truro Running Club	Men 45+	196
213	2:11:31	CAMBORIEUX, Catheryn	Truro Running Club	Ladies 40+	76
214	2:11:31	PATTON, Holly			362
215	2:11:31	CAIRNEY, Shirley	St Austell Running Club	Ladies 45+	73
216	2:11:44	WILLIAMS, Jessica	Tavistock AC	Ladies 40+	531
217	2:12:04	MARSHALL, Debbie	St Austell Running Club	Ladies 35+	290
218	2:12:24	BAILEY, Leigh-Ann	British Military Fitness	Ladies 40+	17
219	2:12:27	JOHNS, Julie	Truro Running Club		231
220	2:12:36	HEALEY, Becky		Ladies 40+	189
221	2:12:36	GEORGE, Paul		Men 45+	154
222	2:12:43	WILLIAMS, Duncan	Tavistock AC		532
223	2:13:23	IACONIANNI, Gennara	St Austell Running Club		224
224	2:14:26	HODGSON-FERRY, India	Guernsey		203
225	2:15:09	BRADUST, Saad	British Military Fitness	Men 50+	46
226	2:15:12	WATSON, Scott		Men 40+	517
227	2:15:12	WILLOWS, Cathy	St Austell Running Club	Ladies 45+	537

228	2:15:12	WATSON, Leah		Ladies 45+	518
229	2:15:22	COATES, Pat	Newquay Road Runners	Ladies 55+	94
230	2:15:22	CURTIS, James		Men 40+	113
231	2:15:28	SUTTON, Alison	Newquay Road Runners		467
232	2:15:57	HORTON, Mark	Plym Coasters		210
233	2:15:57	GORDON, Cat	British Military Fitness		156
234	2:16:44	MOORE, Thomas			323
235	2:16:47	LONGMAN, David	waverley harriers	Men 35+	271
236	2:16:47	DONOHUE, Lynne	Truro Running Club	Ladies 45+	129
237	2:16:47	STAVES, Jo	Truro Running Club	Ladies 35+	458
238	2:16:47	BROWN, Jacque	Truro Running Club	Ladies 45+	56
239	2:16:47	COLTON-TAYLOR, Mark	Truro Running Club	Men 50+	97
240	2:16:47	DODWELL, Helen	Truro Running Club	Ladies 35+	127
241	2:16:47	LONGMAN, Claire	Truro Running Club	Ladies 35+	270
242	2:16:48	HAY, Adam			183
243	2:16:49	COX, Sarah	Bodmin Road Runners		106
244	2:16:49	STANFORD, Philippa	Bodmin Road Runners		457
245	2:16:57	WATKINS, Emma	St Austell Running Club	Ladies 40+	514
246	2:17:09	PAYNE, Holly	St Austell Running Club		365
247	2:17:10	BARNICOAT, Karen	Falmouth Road Runners		21
248	2:18:14	JENKIN, Tammy	Falmouth Road Runners		229
249	2:18:17	SPETTIGUE, Jon	Launceston Road Runners	Men 40+	451
250	2:18:18	PRIDHAM, Sarah	Launceston Road Runners	Ladies 45+	389
251	2:18:23	MORSE, Jackie	Mounts Bay Harriers	Ladies 50+	328
252	2:18:35	SULLY, Mark	Tamar Trotters	Men 50+	465
253	2:18:36	HURT, Bernice	Tamar Trotters	Ladies 45+	220
254	2:18:42	WASHBURN, Peter		Men 45+	513
255	2:19:20	PALMER, Michael	East Cornwall Harriers	Men 65+	354
256	2:19:20	PALMER, Siobhan	Plumstead Runners		353
257	2:19:35	TODD, Stephen		Men 40+	479
258	2:19:35	TODD, Claire	St Austell Running Club	Ladies 40+	478
259	2:19:36	MOIR, Andrew	Tamar Trotters	Men 50+	319
260	2:19:36	SMITH, John	Tamar Trotters	Men 55+	438
261	2:19:42	DREW, Barry	Carn Runners	Men 65+	133
262	2:20:44	ALSTON, Johnny		Men 55+	9
263	2:20:44	ALSTON, Pippa			10
264	2:20:49	Unregistered Competitor		NDB	
265	2:20:51	WILLIAMS, Lynsey	Plymouth Harriers	Ladies 45+	535
266	2:20:53	KELLEY, Christopher	Plymouth Harriers	Men 45+	247

267	2:21:00	BUDGE, Andy	St Austell Running Club	Men 45+	211
268	2:21:00	MOORE, Anne-marie			324
269	2:21:00	WILLIAMS, Claire			534
270	2:21:00	QUEEN, Michelle			392
271	2:21:04	REVELL, Rebecca		Ladies 35+	402
272	2:21:04	ROUNCEFIELD, Carol	Hayle Runners	Ladies 40+	415
273	2:21:09	SPOWART, Cian			454
274	2:21:09	SELLERS, Melanie		Ladies 35+	428
275	2:21:15	OWERS, Helen		Ladies 50+	350
276	2:21:15	ARNOLD, Maxine		Ladies 45+	12
277	2:21:22	READ, Graeme			399
278	2:21:22	BREMNER, Rachel	Tamar Trotters		53
279	2:21:22	RALPH, Helen	Tamar Trotters	Ladies 50+	395
280	2:21:22	BREMNER, Jane	Tamar Trotters	Ladies 55+	52
281	2:21:22	BUNTING, Maggie	Tamar Trotters	Ladies 45+	66
282	2:21:22	ROPER, Helen	Tamar Trotters	Ladies 35+	412
283	2:21:26	MCCANN, Tony	British Military Fitness	Men 55+	304
284	2:21:26	ENGLISH, Lucy	British Military Fitness		139
285	2:22:00	LAMBERT, Kylie		Ladies 35+	255
286	2:22:03	GRIFFIN, Emma			162
287	2:22:22	MARSHALL, Andrew		Men 50+	291
288	2:22:23	DWYER, Richard			136
289	2:22:53	PRICE, Julian	Truro Running Club	Men 35+	388
290	2:22:53	WAIND, Dan			502
291	2:22:53	WOOD, Jan		Ladies 40+	544
292	2:22:53	GARGE, Nicola			153
293	2:23:35	PUXLEY, Jude	Falmouth Road Runners		391
294	2:23:35	CHAPMAN, Edward	MudCrew Trail Runners	Men 55+	82
295	2:23:44	MCCAFFREY, Mark		Men 35+	303
296	2:24:01	MCCAFFREY, Kathryn		Ladies 35+	302
297	2:25:25	OSTLE, Mary	Plymouth Harriers	Ladies 60+	348
298	2:26:51	HASTINGS, Chris	Cornwall Physio	Men 35+	181
299	2:27:43	MATHEWS, Rachael	UK Athletics	Ladies 35+	298
300	2:27:43	MATHEWS, Mark		Men 35+	299
301	2:29:11	LATTER, Kelly	carbeile cruisers	Ladies 35+	257
302	2:29:11	POWELL, Cherry	Musketeers	Ladies 45+	383
303	2:29:11	FREEMAN, Kirsty	Launceston Road Runners	Ladies 40+	151
304	2:29:11	WILD, Emma	Launceston Road Runners	Ladies 35+	529
305	2:29:11	CHATER, Ann-Marie	Tavistock AC	Ladies 45+	85

306	2:29:11	SHIPTON, Jason	Tavistock AC	Men 40+	433
307	2:29:11	CHATER, Gary	Tavistock AC	Men 45+	86
308	2:30:22	DUNRIDGE, Darren	Plymouth Musketeers	Men 45+	135
309	2:30:22	LEWIS, Maggie	Plymouth Musketeers	Ladies 55+	265
310	2:30:22	HOPKINS, Adam	Plymouth Musketeers	Men 35+	208
311	2:30:22	LEWIS, Mike	Plymouth Musketeers	Men 55+	266
312	2:30:59	WATSON, Kate			519
313	2:30:59	SARGENT, Gerald			419
314	2:31:27	CARTER, Nicki	Hayle Runners	Ladies 40+	78
315	2:31:27	CONNON, Naomi	Hayle Runners	Ladies 40+	98
316	2:31:27	MARTIN, Kelly	Hayle Runners		293
317	2:31:27	BOWDEN, Ian	Hayle Runners	Men 40+	43
318	2:31:41	WHITE, Dave	Plymouth Tri club	Men 40+	525
319	2:31:41	SMITH, Paul	MudCrew Trail Runners	Men 40+	439
320	2:31:41	WALTERS, Richard	Plymstock Road Runners	Men 70+	507
321	2:31:41	BLEWETT, James	Plymstock Road Runners	Men 35+	39
322	2:31:41	TURNER, Dawn	Plymouth Tri club	Ladies 40+	491
323	2:31:41	GURRY, Harvey	Plymstock Road Runners	Men 50+	165
324	2:31:41	BRICKNELL, Mark	Plymstock Road Runners	Men 50+	54
325	2:31:41	WILLIAMS, Sandra	Plymstock Road Runners	Ladies 50+	533
326	2:31:41	HORNE, Rebecca	Plymstock Road Runners	Ladies 40+	209
327	2:31:41	RAWLINS, Kelly	Plymstock Road Runners	Ladies 40+	397
328	2:31:41	ASPINALL, Kate	Plymstock Road Runners		14
329	2:31:41	HURRELL, David	Plymstock Road Runners		218
330	2:31:41	SOBY, Paul		Men 40+	442
331	2:32:15	DOW, Amanda	Tamar Trotters		132
332	2:32:15	TUCKER, Dave	Tamar Trotters	Men 35+	490
333	2:32:15	BADGE, Steven	Tamar Trotters	Men 45+	16
334	2:32:15	WARD, Donna	Tamar Trotters	Ladies 45+	508
335	2:32:15	BULEY, Derek	Tamar Trotters	Men 40+	60
336	2:32:15	SOPER, Jo	Tamar Trotters	Ladies 40+	444
337	2:32:45	ALCOCK, Helen	Tavistock AC	Ladies 50+	6
338	2:32:45	ALCOCK, Andrew	Tavistock AC	Men 50+	5
339	2:32:49	SPRAKE, Annette			455
340	2:32:54	ROSE, Amy	Warley Woods Pacers		413
341	2:32:54	PALK, Verity	Cornwall Physio	Ladies 35+	351
342	2:32:54	LEA, Hayley			260
343	2:32:54	HOBBS, Lynsey			202
344	2:32:58	HOOD, Jennifer	Motiv8me	Ladies 45+	206

345	2:33:00	MCIVOR-ROSS, Ian	Tamar Trotters	Men 55+	308
346	2:33:08	RAINEY, Richard		Men 35+	393
347	2:33:12	COCHRANE, Liesje	Motiv8me	Ladies 40+	95
348	2:33:22	BEST, Karen		Ladies 35+	33
349	2:33:22	O'SULLIVAN, Paul			379
350	2:35:42	FLETCHER, Natalie		Ladies 35+	146
351	2:35:42	PRESTON, Ben			384
352	2:36:02	COURTNEY, Stacey			105
353	2:36:02	BIGGS, Mathew	Newquay Road Runners	Men 45+	35
354	2:36:15	CAMPBELL, Alison	Carn Runners	Ladies 35+	77
355	2:36:15	MILLWARD, Laura	Carn Runners	Ladies 50+	318
356	2:37:51	WALSH, Angie		Ladies 40+	505
357	2:37:51	MCCARTHY, Clair	Tamar Trotters	Ladies 40+	306
358	2:37:53	KEEFE, Lindsay	Falmouth Road Runners	Ladies 40+	245
359	2:38:14	VAVRECKA, Cerian			497
360	2:38:45	DAVIES, Rosie			119
361	2:38:45	VAVRECKA, Daniel			496
362	2:38:45	JARDINE, Clare	Tamar Trotters	Ladies 45+	226
363	2:40:21	AINSWORTH, John	Tamar Trotters	Men 45+	4
364	2:40:21	SAVAGE, Emma			423
365	2:42:14	BAILEY, Alice			18
366	2:42:14	HOLE, Jade			204
367	2:42:30	SMITH, Nyssa			440
368	2:42:31	CHILLINGWORTH, Jackie		Ladies 40+	88
369	2:42:56	CHILLINGWORTH, Glynn		Men 40+	89
370	2:42:56	SCRACE, Charmaine	MudCrew Trail Runners	Ladies 40+	427
371	2:43:11	MENZIES, Roger	Newquay Road Runners	Men 40+	312
372	2:43:28	DADDOW, Leanda			114
373	2:43:51	DADDOW, Ben			115
374	2:43:51	COHEN, Sarah	Bere Alston Trekkers	Ladies 35+	96
375	2:43:55	GREAVES, Mel	Bere Alston Trekkers	Ladies 40+	161
376	2:43:55	VELLA, Jo	Bere Alston Trekkers	Ladies 50+	498
377	2:43:55	GALLAGHER, Lorna		Ladies 40+	152
378	2:44:53	STEWART, Katie			462
379	2:44:53	MOORE, Lorraine			325
380	2:44:53	PELLOW, Kim		Ladies 50+	367
381	2:47:09	CURNOW, Janie		Ladies 35+	112
382	2:52:41	RODDA, Joanne		Ladies 45+	409
383	2:52:41	OSBORNE, Louise			343

384	2:52:41	BISSELL, Claire			38
385	2:52:53	RIDGE, Jane	Dorset Doodlers RC	Ladies 45+	405
386	2:53:11	DENT, Rick		Men 35+	125
387	2:53:32	JOHNSTON, Thomas			233
388	2:54:14	THURLOW, Katie			476
389	2:54:50	CHEEL, Amanda		Ladies 45+	87
390	2:55:02	UREN, Gina	Hayle Runners	Ladies 40+	494
391	2:55:03	HILL, Jo	Hayle Runners	Ladies 40+	197
392	2:55:04	BUNNEY, Michael	Cornwall Physio	Men 35+	65
393	2:56:24	BASTONE, Julia	Plymstock Road Runners		24
394	3:00:38	LUSCOMBE, Colin	Plymstock Road Runners		276
395	3:00:38	COX, Nigel		Men 45+	108
396	3:01:04	HADLEY, Nic			167
397	3:01:04	JOLIFF, Emma	Bodmin Women's Running Club		234
398	3:01:04	LAZENBY, Deborah	Tamar Trotters	Ladies 40+	258
399	3:01:10	BAKER, Stephi	Tamar Trotters	Ladies 40+	19
400	3:01:10	BEAHAN, Laura	Plymouth Musketeers	Ladies 40+	28
401	3:01:29	WONG BROOKS, Lai-Yin	Plymouth Harriers	Ladies 40+	542
402	3:01:29	HOWARD, Kate	Plymouth Musketeers	Ladies 50+	213
403	3:01:29	TAYLOR, Tracey	Plymouth Musketeers	Ladies 45+	472
404	3:01:29	ABRAMS, Sarah	Plymouth Musketeers	Ladies 45+	3
405	3:01:29	DAVEY, Philippa	Plymouth Musketeers	Ladies 45+	118
406	3:01:29	SIMMONS, Emily	Plymouth Musketeers		435
407	3:01:29	CHAMBERS, Anita	Plymouth Musketeers	Ladies 50+	79
408	3:01:29	TIPPETT, Sarah		Ladies 40+	477
409	3:02:25	PRICE, Suzanne	Team Price	Ladies 40+	387
410	3:02:25	ARMSTRONG, Maxine	Hayle Runners		11
411	3:09:04	MACKINTOSH, Susie	Hayle Runners	Ladies 45+	280
412	3:09:04	RICHARDSON, Joanne	Hayle Runners	Ladies 40+	404
413	3:09:04	NEVILLE, Kareena		Ladies 40+	335
414	3:09:21	MOORE, Michelle	St Austell Running Club	Ladies 35+	322
415	3:09:26	JAY, Nadia	St Austell Running Club	Ladies 40+	228
416	3:09:27	DERITIS, Claire		Ladies 40+	126
417	3:12:01	BEASLEY, Sarah		Ladies 40+	30
418	3:12:01	BRANT, Clare		Ladies 35+	51
419	3:14:58	BRANT, Daniel		Men 35+	50
420	3:14:58	SPENCER, Julian		Men 45+	449
421	3:14:58	SPENCER, Katie		Ladies 40+	450
422	3:14:58	DOUGHTY, Louise	Tamar Trotters	Ladies 45+	131

423	3:16:37	MEEK, Rachael	Tamar Trotters		310
424	3:16:37	COPE, Joanne	Truro Running Club	Ladies 45+	102
425	3:16:37	RUSSELL, Shaun	Tamar Trotters	Men 40+	418
426	3:16:43	Unregistered Competitor			
427	3:16:45	BULLOCK, Rachel	Tamar Trotters	Ladies 35+	62
428	3:16:45	BULLOCK, Mathew	Tamar Trotters	Men 35+	63
429	3:17:20	ROGERS, Sam	Tamar Trotters		410
430	3:17:20	PITT, Jenny	Tamar Trotters	Ladies 40+	376