

SHOW THE BEST 2016/17

SECOND QUARTER'S LEAGUE TABLE

The league table for the second quarter of the 2016/17 Show the Best competition is attached. The best performances are shown for all members who have completed at least one race at a qualifying distance but, to be ranked, three qualifying distances need to have been completed. The best three performances for each qualifying member have been highlighted in red and these are the percentages which give the average in the end column.

The best individual performance in the second quarter was Glynn Davis's 81.72% for the Penrose Parkrun (actual time 18:25). The best individual performance by a female member was Sandy Jamieson's 72.87% for Newquay 10K (actual time 56:57).

The leader of the competition this quarter is Glynn Davis with an average percentage of 81.38%. Paul Sawford is in second place with an average percentage of 79.89% and Barrie Cardew is in third place with an average percentage of 78.41%. The top female member is Sandy Jamieson who is in seventh place overall with an average percentage of 71.70% with Meryl Elstone the second placed female with an average percentage of 71.63%.

There are forty one members who have qualified in the second quarter compared with thirty who qualified in the second quarter of last year. There are another twenty five members who have completed two qualifying distances and thirty seven who have completed one qualifying distance so they will need to complete two and three more qualifying distances respectively to be ranked at the end of July. All other members who have not raced at a qualifying distance since 1 November 2016 will need to have completed four races at qualifying distances to be ranked at the end of July.

The actual times which give the percentages in the league table are shown in the summary attached to the table. If a member has any queries on the times shown please refer them to me.

I can confirm that I monitor all the road and multi terrain grand prix results and any other major races within Cornwall (using the Tamar Trotters results page) but, if any member does a race over one of the qualifying distances out of county or a minor race in Cornwall, it would be helpful if you let me know your result in order that I can include it in the tables. I also monitor the Penrose parkrun results but would like you to let me know if you do any other parkrun.

Barry Drew