

## SHOW THE BEST 2016/17

### FINAL LEAGUE TABLE

The final league table for the 2016/17 Show the Best competition is attached. The table shows the final rankings for all members who have completed races over four qualifying distances. Where more than four distances have been included for a member, the best four have been highlighted in red and these are the results which give the average in the end column.

The best individual performance in the final quarter was Tom Polglase's 77.05% for Indian Queens Half Marathon (actual time 1:38:38). The best individual performance by a female member was Stacey Lowe's 69.99% for Penrose parkrun (actual time 21:13).

We have a new winner this year, Glynn Davis, with an average percentage of 81.39% for his best four performances with last year's winner, Paul Sawford, dropping to second place on 79.59%. Barrie Cardew drops from second to third place on 77.30%. The highest placed female member is Meryl Elstone on 71.49% in eighth place with Sandy Jamieson the second placed female member in tenth place overall with an average of 71.14%.

The member showing the most improvement over the previous year was Faye Gibson who improved from a score of 47.70% in 2015/16 to 54.24% in 2016/17. Of the thirty five members who were qualifiers in both this year and last year twenty one improved their percentage score and fourteen recorded a lower percentage this year.

There are one hundred and twenty six members who completed at least one race at a qualifying distance this year compared with one hundred and four last year. Of these fifty two completed races at four distances and qualified to be ranked compared with fifty four last year. This year there was only one member who completed races at all eight qualifying distances, namely Margaret Wade.

The actual times which give the percentages in the league table are shown in the summary attached to the table.

I hope to run the competition again in 2017/18 but, if anyone has any comments to make on the competition, I would be pleased to receive them.

Barry Drew