

## SHOW THE BEST 2017/18

### FIRST QUARTER'S LEAGUE TABLE

The league table for the first quarter of the 2017/18 Show the Best competition is attached. The best performances at a qualifying distance are shown for all members who have completed at least one qualifying race but, to be ranked, two qualifying distances need to have been completed. The best two performances for each qualifying member have been highlighted in red and these are the percentages which give the average in the end column.

The best individual performance in the first quarter was Tommy Polglase's 80.08% for the Mob Match (actual time 35:03). The best individual performance by a female member was Meryl Elstone's 71.71% for the Penrose parkrun (actual time 23:09).

The leader of the competition this quarter is Tommy Polglase with an average percentage of 79.44%. Barrie Cardew is in second place with an average percentage of 75.63% and Andy Millward is in third place with an average percentage of 70.57%. The top female member is Meryl Elstone who is in fourth place overall with an average percentage of 70.46% with Laura Millward the second placed female with an average percentage of 70.04%.

There are forty eight members who have qualified in the first quarter compared with forty one who qualified in the first quarter of last year. There are another thirty eight members who have completed one qualifying distance so they will need to complete two more qualifying distance to be ranked at the end of April. All other members who have not raced at a qualifying distance since 1 November 2017 will need to have completed three races at qualifying distances to be ranked at the end of April.

The actual times which give the percentages in the league table are shown in the summary attached to the table. If a member has any queries on the times shown please refer them to me.

I can confirm that I monitor all the road and multi terrain grand prix results, Cornish parkruns and any other major races within Cornwall (using the Tamar Trotters results page) but, if any member does a race over one of the qualifying distances out of county, it would be helpful if you let me know your result in order that I can include it in the tables.

Barry Drew