

**CARN RUNNERS
SHOW THE BEST
2017/18 SEASON
FIRST QUARTER
ACTUAL TIMES (ALPHABETICAL)**

	NAME	DATE OF BIRTH	AGE AT 01/11/2017	DISTANCE							
				5KM	4MILES	5MILES	10KM	7MILES	10MILES	HALF MAR	MARATHON
1	Ali Galloway	12/09/1963	54.13		47:04						
2	Amanda Jeffery	09/01/1969	48.81		49:29	53:05					
3	Andy Key	12/01/1986	31.80		24:47				1:05:54		
4	Andy Millward	25/07/1960	57.27	22:06					1:14:31		
5	Ashley Holt	05/09/1988	29.16			51:13			1:51:42		
6	Barrie Cardew	06/08/1958	59.24			33:42			1:12:16		
7	Barry Drew	22/06/1947	70.36	38:09	34:07	43:38			1:29:01		
8	Carole Drew	05/11/1947	69.99			56:09			2:08:18		
9	Carolyn Howell	26/05/1976	41.43			1:25:25					
10	Caz Vinnicombe	16/02/1974	43.70	31:37		56:09					
11	Ceri Harvey	26/05/1977	40.43	38:08		46:05					
12	Chris Perry	02/08/1975	42.25	21:54							
13	Chris Rowe	04/07/1966	51.33		30:41	40:00			1:20:45		
14	Claire Payne	21/01/1971	46.78			48:42					
15	Clair Richards	03/12/1975	41.91			48:12					
16	Craig Hall	19/05/1974	43.45			30:41					
17	Dave Cox	23/11/1978	38.94								3:35:01
28	Debbie Hocking	17/08/1967	50.29	28:21					1:37:02		
19	Demelza Widdershoven	07/02/1982	35.73		34:59	45:57					
20	Diane Catterall	19/08/1985	32.20			43:31			1:27:12		
21	Faye Gibson	26/06/1976	41.35			47:02					
22	Gareth Evans	29/03/1991	26.59			40:08					

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23	Giovanna Bray	12/10/1963	54.05			56:51					
24	Glynn Davis	08/04/1964	53.56								3:39:26
25	Harriet Oates	20/06/1980	37.37		48:26	50:38					
26	Hayley Martin	06/08/1979	38.24		41:52	51:59			1:46:34		
27	Helen Thomas	12/10/1970	47.05		32:07	39:42			1:23:15		
28	Ian Bowden	25/02/1971	46.68		51:48	1:05:09					
29	James Findlay	21/12/1984	32.86	20:34		34:40			1:17:52		
30	Jamie Richards	02/06/1987	30.42	23:10		35:04			1:14:05		
31	Janna Eyre	30/08/1981	36.17	24:21	33:34	38:42			1:26:53		5:20:26
32	Jason Vinnicombe	08/11/1974	42.98			41:49			1:06:50		
33	Jeanette Toy	18/07/1970	47.29			57:05					
34	Jennifer Forbes	12/07/1984	33.33	26:31					1:26:51		
35	Joanne Sidney	25/09/1984	33.10	30:06	45:10	50:39					
36	John Clements	05/10/1962	55.07		36:26						
37	John Gilbert	26/06/1950	67.35						1:43:09		
38	Jo Smitheram	28/03/1974	43.60	33:44	50:45				1:53:27		
39	Judy Jameson	06/05/1959	58.49	30:16		53:54					
40	Julian Lewis	21/09/1968	49.11	25:57							
41	Julie Matraves	24/07/1968	49.27			44:31					
42	Juliet Knowles	03/06/1972	45.41			46:06					
43	Katherine Dilleigh	28/10/1971	46.01	27:02	36:01	46:22					
44	Kathryn Marsh	13/05/1975	42.47			53:44			1:38:43		
45	Kelly Bills	08/04/1976	41.57			47:02			1:38:40		

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		BIRTH	01/11/2017	5KM	4MILES	5MILES	10KM	7MILES	10MILES	HALF MAR	MARATHON	
46	Laura Millward	11/04/1962	55.56	24:49					1:26:51		5:20:26	
47	Laura Pryor	23/09/1992	24.11						1:40:23			
48	Leanne Baker-Dogherty	21/02/1972	45.69			53:28						
49	Lisa Gower	13/06/1970	47.38	26:23	38:46	47:00						
50	Lisa Uren	08/06/1977	40.39			41:49						
51	Lucy Jose	20/01/1983	34.78	36:23	39:38	50:38						
52	Margaret Wade	28/10/1951	66.01	29:03		49:37			1:42:40			
53	Mark Dorrell	10/04/1963	54.56	26:20								
54	Mark Harrington	01/05/1964	53.50			45:03			1:32:42			
55	Mark Smitheram	18/02/1973	44.70	22:24	29:23	37:59			1:19:20			
56	Matt Maloney	05/09/1986	31.16			34:41						
57	Meryl Elstone	31/05/1967	50.42	23:09	31:18	40:07						
58	Mike Mack	08/09/1948	69.14			50:02						
59	Mollie Evans	26/02/1977	40.68		38:06	49:48			1:41:14			
60	Nicki Carter	02/03/1969	48.67								4:47:17	
61	Olivia Pellowe	30/03/1977	40.59			44:17			1:28:31			
62	Paul Elliott	06/10/1975	42.07	28:13								
63	Paul Reeve	17/10/1968	49.04			38:23						
64	Paul Sawford	31/03/1967	50.59	18:38								
65	Peter Drew	02/03/1949	68.67	26:17	32:24	40:47			1:24:32			
66	Peter Pascoe	21/05/1964	53.45			51:11						
67	Rebecca Allen	10/02/1985	32.72	25:57	39:51							
68	Rob Pooley	06/10/1978	39.07			34:36			1:09:49			

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		BIRTH	01/11/2017	5KM	4MILES	5MILES	10KM	7MILES	10MILES	HALF MAR	MARATHON
69	Rob Rochowiak	26/01/1961	56.76		31:20	37:33					
70	Sandy Jamieson	27/02/1952	65.67	27:32		53:45					
71	Sharon Smith	17/12/1973	43.87			37:50					
72	Simon Jones	19/11/1969	47.95			41:27					
73	Stacey Lowe	05/04/1982	35.50		28:37	36:15					
74	Steve Jones	01/02/1970	47.75			37:28			1:18:31		
75	Steven Thomas	10/04/1977	40.56		31:16						
76	Steve Phillips	30/12/1973	43.84		28:51						
77	Steve Thompson	26/02/1963	54.68	25:57							
78	Tim Moran	05/03/1981	36.66	22:00		37:36			1:14:55		
79	Tim Widdershoven	07/05/1981	36.48		24:45	31:55			1:04:09		3:35:33
80	Tommy Polglase	20/05/1950	67.45			35:03			1:13:30		
81	Tracey Radley	20/08/1969	48.20	31:39							
82	Tracey Rowe	03/08/1965	52.25			1:08:36					
83	Treve Evans	11/10/1965	52.05			41:13					
84	Wendy Savage	12/12/1961	55.88	39:23							
85	Wietske Hitchens	23/12/1966	50.86	28:12							
86	Zoe Wolstencroft	15/06/1977	40.38			49:22			1:42:30		