

SUMMER TURKEY TROT – 4TH JULY 2018

Position	Time	Name	Teamm	Category	Pace
1	0:20:22	LE GRICE, Peter	Mounts Bay Harriers	Male under 35	05:05.4
2	0:21:09	BREWER, Tony	Mile High	Male Vet 35-39	05:17.2
3	0:21:19	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:19.7
4	0:21:23	GOODCHILD, Sam	Cornwall AC	Male under 20	05:20.7
5	0:21:25	SLATTERY, Tom	Cornwall AC	Male under 20	05:21.2
6	0:21:42	RATCLIFFE, Floyd	Mile High	Male under 20	05:25.4
7	0:21:43	THOMAS, Justin	Cornwall AC	Male Vet 40-44	05:25.7
8	0:21:49	HARRY, Sam	Cornwall AC	Male under 35	05:27.2
9	0:21:55	BENNEY, Aaron	Mile High	Male Vet 35-39	05:28.7
10	0:21:58	DAWSON, Martin	North Derbyshire RC	Male Vet 40-44	05:29.4
11	0:22:00	SUTHERLAND, Matthew	Central AC	Male under 35	05:29.9
12	0:22:05	MORANT, Jordan	Hayle Runners	Male under 35	05:31.2
13	0:22:13	MARTIN, Andrew	Mile High	Male Vet 35-39	05:33.2
14	0:22:21	GUPTA, Abhik	Cornwall AC	Male under 20	05:35.2
15	0:22:22	WRIGHT, Tony	Cornwall AC	Male Vet 50-54	05:35.4
16	0:22:39	KLIMEK, Kristof	Cornwall AC	Male under 20	05:39.7
17	0:22:41	WHEAR, Paul	Cornwall AC	Male Vet 50-54	05:40.2
18	0:22:48	CUTLAN, James	St Austell Running Club	Male under 35	05:41.9
19	0:22:52	CARTHEY, Tom	Falmouth Road Runners	Male Vet 35-39	05:42.9
20	0:22:58	ARGALL, Joe	Cornwall AC	Male under 35	05:44.4
21	0:23:04	COLACO, Jonny	Newquay Road Runners	Male Vet 45-49	05:45.9
22	0:23:05	TREGENZA, Heidi	Cornwall AC	Female under 35	05:46.2
23	0:23:15	WEBSTER, Mark	Cornwall AC	Male under 35	05:48.7
24	0:23:20	MARPLES, Alex	Truro Running Club	Male Vet 35-39	05:49.9
25	0:23:29	SQUIRES, Nicola	Newquay Road Runners	Female under 35	05:52.2
26	0:23:41	WHERRY, Steve	Hayle Runners	Male Vet 50-54	05:55.1
27	0:23:44	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	05:55.9
28	0:23:48	KIRTON, James	Truro Running Club	Male under 35	05:56.9
29	0:23:50	MURRANT, Kieran	Falmouth Road Runners	Male under 35	05:57.4
30	0:23:50	STEPTO, Emma	Cornwall AC	Female Vet 45-49	05:57.4
31	0:23:50	FULLER, Stephen	Hayle Runners	Male Vet 50-54	05:57.4
32	0:23:51	RATCLIFFE, Louis	Cornwall AC	Male under 20	05:57.6
33	0:23:55	MCALHONE, Jacob	Cornwall AC	Male under 20	05:58.6
34	0:23:58	COSTELLO, Nick	Hayle Runners	Male under 35	05:59.4
35	0:24:00	TREGONNING, David	St Austell Running Club	Male under 35	05:59.9
36	0:24:00	WARMINGTON, Paul	Hayle Runners	Male Vet 35-39	05:59.9
37	0:24:01	DITTY, Graham	Mile High	Male Vet 35-39	06:00.1
38	0:24:04	HARRY, Chris	Cornwall AC	Male Vet 55-59	06:00.9
39	0:24:08	MARTIN, Nick	Mile High	Male Vet 55-59	06:01.9
40	0:24:09	STANDING, Rob	Truro Running Club	Male Vet 45-49	06:02.1
41	0:24:09	TRERISE, Connor	Cornwall AC	Male under 20	06:02.1
42	0:24:12	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	06:02.9
43	0:24:15	KNUCKEY, Craig	Cornwall AC	Male Vet 45-49	06:03.6
44	0:24:21	BARNET, James	Falmouth Road Runners	Male under 35	06:05.1
45	0:24:27	PAULL, Emma	Hayle Runners	Female under 35	06:06.6
46	0:24:42	ATTWOOD, James	Cornwall AC	Male Vet 45-49	06:10.4
47	0:24:43	O'DWYER, Catherine	Truro Running Club	Female Vet 40-44	06:10.6
48	0:24:46	CLARKE, Piran	Cornwall AC	Male Vet 35-39	06:11.4
49	0:24:51	COULSON, Lee	Falmouth Road Runners	Male Vet 50-54	06:12.6
50	0:24:54	WILLIAMS, James	Cornwall AC	Male under 20	06:13.4
51	0:24:55	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:13.6
52	0:25:03	BROWN, Blake	Falmouth Road Runners	Male under 20	06:15.6
53	0:25:08	COSTELLO, Daniel	Hayle Runners	Male under 35	06:16.9
54	0:25:10	PETERS, Joseph	Cornwall AC	Male under 35	06:17.4
55	0:25:11	EDDISON, Andrew	Cornwall AC	Male Vet 50-54	06:17.6
56	0:25:12	WOOD, Imogen	Cornwall AC	Female under 20	06:17.9
57	0:25:12	KEY, Andrew	Carn Runners	Male under 35	06:17.9
58	0:25:16	WILLS, David	Falmouth Road Runners	Male Vet 35-39	06:18.9
59	0:25:22	WEST, Jordon	Cornwall AC	Male under 35	06:20.4

60	0:25:23	WILLIAMS, Ryan	Falmouth Road Runners	Male under 35	06:20.6
61	0:25:25	ABEL, Noel	Mile High	Male Vet 35-39	06:21.1
62	0:25:29	TIMMS, Jake	Falmouth Road Runners	Male under 35	06:22.1
63	0:25:41	TEMPLE, Sian	Newquay Par AC	Female under 20	06:25.1
64	0:25:44	DAY, Justin	Cornwall AC	Male Vet 45-49	06:25.9
65	0:25:49	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	06:27.1
66	0:25:54	TAYLOR, James	Cornwall AC	Male under 35	06:28.4
67	0:26:01	WALKER, Chris N	Newquay Road Runners	Male Vet 45-49	06:30.1
68	0:26:02	MANNING, James	Hayle Runners	Male Vet 35-39	06:30.4
69	0:26:04	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	06:30.9
70	0:26:09	MUTSAERS, Adrian	Mile High	Male Vet 45-49	06:32.1
71	0:26:21	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35	06:35.1
72	0:26:32	MOORE, David	Cornwall AC	Male Vet 45-49	06:37.9
73	0:26:33	RENDLE, Steve	Newquay Road Runners	Male Vet 50-54	06:38.1
74	0:26:35	KING, Melissa	Newquay Road Runners	Female under 35	06:38.6
75	0:26:36	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	06:38.9
76	0:26:37	BROWN, Steven	Falmouth Road Runners	Male Vet 50-54	06:39.1
77	0:26:39	HOGG, April	Newquay Road Runners	Female under 35	06:39.6
78	0:26:46	WHEELER, Adam		Male Vet 55-59	06:41.4
79	0:26:48	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44	06:41.9
80	0:26:49	SMITH, Nicola	St Austell Running Club	Female under 35	06:42.1
81	0:26:52	WILDING, David	Hayle Runners	Male Vet 40-44	06:42.9
82	0:26:55	JOHNSON, Paul	St Austell Running Club	Male under 35	06:43.6
83	0:26:56	OLDRIEVE, William	Newquay Road Runners	Male under 35	06:43.9
84	0:27:01	STOBART, Rebeca	Cornwall AC	Female under 35	06:45.1
85	0:27:02	EASTERBROOK, Joe	Mounts Bay Harriers	Male under 35	06:45.4
86	0:27:04	CARDEW, Barrie	Carn Runners	Male Vet 55-59	06:45.9
87	0:27:10	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	06:47.4
88	0:27:14	DEVEY, Chris		Male under 35	06:48.4
89	0:27:15	TREVENA, Nigel	Cornwall AC	Male Vet 50-54	06:48.6
90	0:27:17	FOSTER, Richard	Launceston Road Runners	Male Vet 45-49	06:49.1
91	0:27:20	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	06:49.9
92	0:27:27	GREENSLADE, Michael	Newquay Road Runners	Male Vet 40-44	06:51.6
93	0:27:31	BOOTY, Paul	Newquay Road Runners	Male Vet 45-49	06:52.6
94	0:27:34	FINDLAY, James	Carn Runners	Male under 35	06:53.4
95	0:27:36	WALKER, Iain	St Austell Running Club	Male Vet 60-64	06:53.9
96	0:27:38	PULLEY, Sean	Hayle Runners	Male Vet 55-59	06:54.4
97	0:27:41	EDWARDS, Glynn	Truro Running Club	Male under 35	06:55.1
98	0:27:45	SOUTAR, Iain	Truro Running Club	Male Vet 35-39	06:56.1
99	0:27:45	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	06:56.1
100	0:27:49	LETCHFORD, Geoff	Mounts Bay Harriers	Male Vet 65-69	06:57.1
101	0:27:54	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	06:58.4
102	0:27:57	MAXWELL, Cherish	Mounts Bay Harriers	Female under 35	06:59.1
103	0:28:00	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	06:59.9
104	0:28:02	KNIGHT, Mark	St Austell Running Club	Male Vet 45-49	07:00.4
105	0:28:03	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	07:00.6
106	0:28:05	PASCOE, Karen	Cornwall AC	Female Vet 50-54	07:01.1
107	0:28:07	VICARY, Darren	St Austell Running Club	Male Vet 35-39	07:01.6
108	0:28:08	DIXON, Eleanor	Newquay Road Runners	Female Vet 40-44	07:01.9
109	0:28:09	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-39	07:02.1
110	0:28:14	MOSSOP, Emma	Falmouth Road Runners	Female Vet 40-44	07:03.4
111	0:28:15	CARTER, Lee	Newquay Road Runners	Male under 35	07:03.6
112	0:28:18	BATCHELOR, David	Hayle Runners	Male Vet 60-64	07:04.4
113	0:28:20	ROONEY, Michael	Mounts Bay Harriers	Male under 35	07:04.9
114	0:28:26	POOLEY, Robert	Carn Runners	Male Vet 35-39	07:06.4
115	0:28:27	SPENCER, Leigh	Newquay Road Runners	Female under 20	07:06.6
116	0:28:27	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54	07:06.6
117	0:28:27	BENNETT, Charlotte	Hayle Runners	Female Vet 45-49	07:06.6
118	0:28:31	JOSE, Amy	Hayle Runners	Female under 35	07:07.6
119	0:28:36	ATKINSON-BEAUMONT, David	Mounts Bay Harriers	Male Vet 35-39	07:08.9
120	0:28:37	LACKEY, Michael	Newquay Road Runners	Male Vet 50-54	07:09.1
121	0:28:39	RICHARDS, Robert	Hayle Runners	Male Vet 65-69	07:09.6
122	0:28:40	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	07:09.9

123	0:28:43	SPENCER, Julian	Truro Running Club	Male Vet 50-54	07:10.6
124	0:28:44	OPIE, Steve		Male Vet 50-54	07:10.9
125	0:28:46	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	07:11.4
126	0:28:49	MCLEAN, Dee	Mounts Bay Harriers	Female Vet 35-39	07:12.1
127	0:28:53	POLGLASE, Tom	Carn Runners	Male Vet 65-69	07:13.1
128	0:28:55	WALLBANK, Rob	St Austell Running Club	Male Vet 35-39	07:13.6
129	0:28:58	ALLEN, Gary		Male under 35	07:14.4
130	0:28:59	ROGERS, Laura	Cornwall AC	Female under 35	07:14.6
131	0:29:02	BATHE, Colin	Truro Running Club	Male Vet 45-49	07:15.4
132	0:29:04	OLLASON, Kirk	Edinburgh AC	Male Vet 45-49	07:15.9
133	0:29:07	MCCLAY, Karen	Mounts Bay Harriers	Female Vet 50-54	07:16.6
134	0:29:12	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	07:17.9
135	0:29:18	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	07:19.4
136	0:29:19	ATKINSON-BEAUMONT, Ross	Mounts Bay Harriers	Male Vet 35-39	07:19.6
137	0:29:23	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 50-54	07:20.6
138	0:29:25	CHASE, Andy	St Austell Running Club	Male under 35	07:21.1
139	0:29:28	WALE, Mathew	Newquay Road Runners	Male under 35	07:21.9
140	0:29:29	WOOD, Glenn	East Cornwall Harriers	Male Vet 50-54	07:22.1
141	0:29:32	MARTHUR, Laura	Cornwall AC	Female under 35	07:22.9
142	0:29:34	CURTIS, Oisin	Hayle Runners	Male under 35	07:23.4
143	0:29:36	WITHAM, Neville	Cornwall AC	Male Vet 60-64	07:23.9
144	0:29:37	MCLEAN, Luke	Mounts Bay Harriers	Male Vet 35-39	07:24.1
145	0:29:37	GARDINER, Steven	St Austell Running Club	Male under 35	07:24.1
146	0:29:37	GAY, Jennifer	Truro Running Club	Female under 35	07:24.1
147	0:29:38	TALLING, Lisa	Newquay Road Runners	Female Vet 50-54	07:24.4
148	0:29:41	WILSON, Michael	Truro Running Club	Male Vet 60-64	07:25.1
149	0:29:42	SANDOE, Sean		Male Vet 45-49	07:25.4
150	0:29:43	MCSTAY, Kirsten	Central AC	Female under 35	07:25.6
151	0:29:44	GOLDRING, Ellen		Female Vet 40-44	07:25.9
152	0:29:44	JONES, Stephen CR	Carn Runners	Male Vet 45-49	07:25.9
153	0:29:48	WILSON, Matthew	Cornwall AC	Male Vet 40-44	07:26.9
154	0:29:50	GEARING, Nicola	Tri Logic Cornwall	Female Vet 35-39	07:27.4
155	0:29:52	MARKS, Stacie	St Austell Running Club	Female under 35	07:27.9
156	0:29:55	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	07:28.6
157	0:29:55	RATCLIFFEANNA, Anna	Mounts Bay Harriers	Female under 35	07:28.6
158	0:29:57	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 55-59	07:29.1
159	0:29:59	EVANS, Julian	Falmouth Road Runners	Male Vet 45-49	07:29.6
160	0:30:04	HEWITT, Amanda	Cornwall AC	Female Vet 45-49	07:30.9
161	0:30:04	BRADBURY, Rosie	Falmouth Road Runners	Female under 35	07:30.9
162	0:30:07	TOSSELL, Rebecca	Hayle Runners	Female Vet 35-39	07:31.6
163	0:30:15	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	07:33.6
164	0:30:16	STEELE, Michelle	Newquay Road Runners	Female Vet 35-39	07:33.9
165	0:30:18	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	07:34.4
166	0:30:19	BURNS, Julia	Hayle Runners	Female Vet 50-54	07:34.6
167	0:30:24	TIPPETTS, Hannah	Falmouth Road Runners	Female under 35	07:35.9
168	0:30:27	CHESTERFIELD, Caroline	Hayle Runners	Female Vet 50-54	07:36.6
169	0:30:31	PICK, Robert	East Cornwall Harriers	Male Vet 60-64	07:37.6
170	0:30:33	BUSCOMBE, Ross	St Austell Running Club	Male under 35	07:38.1
171	0:30:39	CLITHEROW, Hana	Truro Running Club	Female Vet 55-59	07:39.6
172	0:30:41	SAVAGE, Emma	Newquay Road Runners	Female Vet 35-39	07:40.1
173	0:30:44	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-49	07:40.9
174	0:30:47	ELSTONE, Meryl	Carn Runners	Female Vet 50-54	07:41.6
175	0:30:49	NANCARROW, David	Hayle Runners	Male Vet 45-49	07:42.1
176	0:30:53	FOY, David	Falmouth Road Runners	Male Vet 45-49	07:43.1
177	0:30:56	STACKHOUSE, Helena	Cornwall AC	Female Vet 35-39	07:43.9
178	0:30:57	MATTHEWS, Ian	Mounts Bay Harriers	Male Vet 50-54	07:44.1
179	0:31:03	ASPDEN, Gail	Cornwall AC	Female Vet 45-49	07:45.6
180	0:31:04	TRETHEWEY, Martin	St Austell Running Club	Male Vet 50-54	07:45.9
181	0:31:10	WOOD, Susanne	Cornwall AC	Female Vet 40-44	07:47.4
182	0:31:20	THOMAS, Rachael	Cornwall AC	Female Vet 45-49	07:49.9
183	0:31:23	THOMAS, Steven	Carn Runners	Male Vet 40-44	07:50.6
184	0:31:25	LOCK, Zoe	Hayle Runners	Female Vet 35-39	07:51.1
185	0:31:26	SARGENT, Pete	South West Vets AC	Male Vet 70-74	07:51.4

186	0:31:32	RAMSEY, Chris	Truro Running Club	Male Vet 65-69	07:52.9
187	0:31:33	HITCHENS, Wietske	Carn Runners	Female Vet 50-54	07:53.1
188	0:31:35	MITCHELL, Jon	Cornwall AC	Male Vet 45-49	07:53.6
189	0:31:37	KNOWLES, Helen	Hayle Runners	Female Vet 40-44	07:54.1
190	0:31:44	WILCOX, David	Truro Running Club	Male Vet 40-44	07:55.9
191	0:31:45	SKINNER, Steve	Looe Pioneers	Male Vet 35-39	07:56.1
192	0:31:45	EARNSHAW, Trinity	Cornwall AC	Female under 20	07:56.1
193	0:31:47	HAMMOND, Peter	Cornwall AC	Male Vet 45-49	07:56.6
194	0:31:47	WALLIS, Rachel	JP Fitness Cornwall	Female Vet 40-44	07:56.6
195	0:31:51	RICHARDS, Philip		Male Vet 40-44	07:57.6
196	0:32:00	SAVIN, Nick	Newquay Road Runners	Male under 35	07:59.9
197	0:32:02	TALLING, Sophie	Newquay Road Runners	Female under 35	08:00.4
198	0:32:03	BALES, Jo	Truro Running Club	Female Vet 35-39	08:00.6
199	0:32:03	HAYNES, Patrick	St Austell Running Club	Male Vet 55-59	08:00.6
200	0:32:05	OPIE, Kate		Female Vet 45-49	08:01.1
201	0:32:10	TREGENZA, Elizabeth	Cornwall AC	Female Vet 55-59	08:02.4
202	0:32:10	BENNETT, Emily	Hayle Runners	Female under 20	08:02.4
203	0:32:11	MOORE, Andy	Hayle Runners	Male Vet 55-59	08:02.6
204	0:32:12	BOYCE, Christian	Looe Pioneers	Male Vet 45-49	08:02.9
205	0:32:13	O'GORMAN, Anthony	Newquay Road Runners	Male Vet 45-49	08:03.1
206	0:32:14	WALTERS, Karen	Newquay Road Runners	Female Vet 45-49	08:03.4
207	0:32:20	JENKIN, Steve	Cornwall AC	Male Vet 45-49	08:04.9
208	0:32:22	BLACKBEARD, Marie	St Austell Running Club	Female Vet 50-54	08:05.4
209	0:32:23	WALKER, Karl	St Austell Running Club	Male Vet 55-59	08:05.6
210	0:32:23	WEBB, Helen	Mounts Bay Harriers	Female Vet 40-44	08:05.6
211	0:32:25	EVANS, Gareth	Carn Runners	Male under 35	08:06.1
212	0:32:31	COLLETT, Richard	Hayle Runners	Male Vet 35-39	08:07.6
213	0:32:39	WARREN, Diane	Hayle Runners	Female Vet 60-64	08:09.6
214	0:32:42	DREW, Peter	Carn Runners	Male Vet 65-69	08:10.4
215	0:32:44	STEWART, Juliet	Truro Running Club	Female Vet 50-54	08:10.9
216	0:32:49	LEACH, Ben		Male Vet 40-44	08:12.1
217	0:32:58	MANSFIELD, Sue	Truro Running Club	Female Vet 55-59	08:14.4
218	0:33:00	BEARD, Sharon	Bodmin Road Runners	Female Vet 45-49	08:14.9
219	0:33:08	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	08:16.9
220	0:33:11	COLLINS, Joanna	St Austell Running Club	Female under 35	08:17.6
221	0:33:15	GILLESPIE, Ayesha	Bodmin Womens RC	Female under 35	08:18.6
222	0:33:16	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	08:18.9
223	0:33:18	ELLISON, Eleanor	Newquay Road Runners	Female Vet 60-64	08:19.4
224	0:33:21	LAWES, Helen	Looe Pioneers	Female Vet 45-49	08:20.1
225	0:33:25	MARTIN, Colin	Newquay Road Runners	Male Vet 65-69	08:21.1
226	0:33:27	SUDELL, John	East Cornwall Harriers	Male Vet 60-64	08:21.6
227	0:33:29	WHETTON, Grace	Mounts Bay Harriers	Female under 35	08:22.1
228	0:33:32	TEMBY, Ross	East Cornwall Harriers	Male under 35	08:22.9
229	0:33:35	HOWARD, Tiffany	Bodmin Womens RC	Female under 35	08:23.6
230	0:33:39	TALLING, Scott	Newquay Road Runners	Male Vet 50-54	08:24.6
231	0:33:40	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49	08:24.9
232	0:33:50	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	08:27.4
233	0:33:51	BOUCHER, Richard	Mounts Bay Harriers	Male Vet 45-49	08:27.6
234	0:33:55	MORRIS, Tony	St Austell Running Club	Male Vet 50-54	08:28.6
235	0:33:56	MILLWARD, Laura	Carn Runners	Female Vet 55-59	08:28.9
236	0:33:58	ALLEN, Rebecca	Carn Runners	Female under 35	08:29.4
237	0:33:59	LAWES, Simon	Looe Pioneers	Male Vet 55-59	08:29.6
238	0:34:00	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	08:29.9
239	0:34:01	ASTILL, Naomi	Hayle Runners	Female under 35	08:30.1
240	0:34:02	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	08:30.4
241	0:34:05	LILLIS, John	Newquay Road Runners	Male Vet 70-74	08:31.1
242	0:34:07	EMMETT, Lucy	Newquay Road Runners	Female Vet 40-44	08:31.6
243	0:34:08	ROWE, Christopher	Carn Runners	Male Vet 50-54	08:31.9
244	0:34:10	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	08:32.4
245	0:34:11	GREGORY, Amy	Newquay Road Runners	Female under 35	08:32.6
246	0:34:12	OLIVER, Martin	Mounts Bay Harriers	Male Vet 60-64	08:32.9
247	0:34:19	EVANS, Alun	Hayle Runners	Male Vet 50-54	08:34.6
248	0:34:24	THOMAS, Alison	Hayle Runners	Female Vet 40-44	08:35.9

249	0:34:27	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 40-44	08:36.6
250	0:34:32	EARNSHAW, James		Male Vet 40-44	08:37.9
251	0:34:34	ELLIOTT, Tania	Looe Pioneers	Female Vet 45-49	08:38.4
252	0:34:41	POWELL, Tom	Falmouth Road Runners	Male under 35	08:40.1
253	0:34:46	WILLSON, Andrew		Male Vet 35-39	08:41.4
254	0:34:47	SMITH, Kate	St Austell Running Club	Female under 35	08:41.6
255	0:34:49	ETHERIDGE, Annie		Female Vet 50-54	08:42.1
256	0:34:49	PELLOWE, Olivia	Carn Runners	Female Vet 40-44	08:42.1
257	0:34:51	STEPTO, Brett	Cornwall AC	Male Vet 40-44	08:42.6
258	0:34:51	RICHARDS, Clair	Carn Runners	Female Vet 40-44	08:42.6
259	0:34:54	HOOPER, Paul	Mounts Bay Harriers	Male Vet 55-59	08:43.4
260	0:34:56	HARRINGTON, Mark	Carn Runners	Male Vet 50-54	08:43.9
261	0:34:58	GALE, Keith	Mounts Bay Harriers	Male Vet 45-49	08:44.4
262	0:34:58	JONES, Simon MB	Mounts Bay Harriers	Male Vet 40-44	08:44.4
263	0:35:03	SMITH, Hannah	Hayle Runners	Female under 35	08:45.6
264	0:35:03	WIDDERSHOVEN, Demelza	Carn Runners	Female Vet 35-39	08:45.6
265	0:35:07	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	08:46.6
266	0:35:11	MASTERS, Karen	Newquay Road Runners	Female Vet 45-49	08:47.6
267	0:35:12	TOWNEND, Stewart	Hayle Runners	Male Vet 75-79	08:47.9
268	0:35:15	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49	08:48.6
269	0:35:19	VISICK, Michael	Looe Pioneers	Male Vet 45-49	08:49.6
270	0:35:21	BANNISTER, Richard	JP Fitness Cornwall	Male under 35	08:50.1
271	0:35:24	WALKER, Daniella	St Austell Running Club	Female Vet 45-49	08:50.9
272	0:35:26	POPE, Robert	Truro Running Club	Male Vet 55-59	08:51.4
273	0:35:27	STEPHENS, Melanie		Female Vet 45-49	08:51.6
274	0:35:28	COLSELL, Sarah		Female Vet 35-39	08:51.9
275	0:35:28	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	08:51.9
276	0:35:32	HALL, Becky	Newquay Road Runners	Female Vet 35-39	08:52.9
277	0:35:35	HAM, Neil	Cornwall AC	Male Vet 50-54	08:53.6
278	0:35:38	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	08:54.4
279	0:35:39	THOMAS, Hannah	Truro Running Club	Female Vet 40-44	08:54.6
280	0:35:42	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54	08:55.4
281	0:35:44	PARSONS, Alison	Bodmin Womens RC	Female Vet 45-49	08:55.9
282	0:35:46	HOLT, Liane	Newquay Road Runners	Female under 35	08:56.4
283	0:35:48	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	08:56.9
284	0:35:51	BROWN, Lorraine	Truro Running Club	Female Vet 45-49	08:57.6
285	0:35:52	PETT, Jane	JP Fitness Cornwall	Female Vet 40-44	08:57.9
286	0:35:54	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	08:58.4
287	0:35:57	VIGGERS, Vickie		Female Vet 40-44	08:59.1
288	0:36:06	MACK, Mike	Carn Runners	Male Vet 65-69	09:01.4
289	0:36:09	KERLEY, Tara	St Austell Running Club	Female under 35	09:02.1
290	0:36:10	THURSTON, Katie	JP Fitness Cornwall	Female Vet 35-39	09:02.4
291	0:36:11	IACONIANNI, Gennara	St Austell Running Club	Female under 35	09:02.6
292	0:36:12	HARVEY, Lynn	Newquay Road Runners	Female Vet 65-69	09:02.9
293	0:36:13	JONES, Jon	Looe Pioneers	Male Vet 45-49	09:03.1
294	0:36:16	LYDALL, Denise	Falmouth Road Runners	Female Vet 50-54	09:03.9
295	0:36:18	BUSCOMBE, Lisa	Truro Running Club	Female Vet 45-49	09:04.4
296	0:36:27	WEIR, Alison	Falmouth Road Runners	Female Vet 45-49	09:06.6
297	0:36:31	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44	09:07.6
298	0:36:31	BURGESS, Mel	Hayle Runners	Female Vet 50-54	09:07.6
299	0:36:39	VIERA, Paula	St Austell Running Club	Female Vet 40-44	09:09.6
300	0:36:40	JOHNS, Kylie	St Austell Running Club	Female under 35	09:09.9
301	0:36:41	PARKIN, Eleanor	Truro Running Club	Female under 35	09:10.1
302	0:36:43	VENNING, Martin	Launceston Road Runners	Male Vet 65-69	09:10.6
303	0:36:43	MATTHEWS, Susan	Mounts Bay Harriers	Female Vet 55-59	09:10.6
304	0:36:44	FLOWER, Naomi	Newquay Road Runners	Female under 35	09:10.9
305	0:36:45	MARTIN, Sally	Falmouth Road Runners	Female Vet 40-44	09:11.1
306	0:36:48	CUTLAN, Jean	St Austell Running Club	Female Vet 50-54	09:11.9
307	0:36:49	ALLEN, Sarah		Female Vet 45-49	09:12.1
308	0:36:49	BILLS, Kelly	Carn Runners	Female Vet 40-44	09:12.1
309	0:36:52	LONG, Fran	Hayle Runners	Female Vet 55-59	09:12.9
310	0:36:53	MARSH, Kathryn	Carn Runners	Female Vet 40-44	09:13.1
311	0:36:57	BOSUSTOW, John	JP Fitness Cornwall	Male Vet 40-44	09:14.1

312	0:37:02	NEWTON, Roy	Falmouth Road Runners	Male Vet 70-74	09:15.4
313	0:37:04	PHILLIPS, Ruth	Hayle Runners	Female Vet 40-44	09:15.9
314	0:37:06	WATERS, Rachel	St Austell Running Club	Female Vet 50-54	09:16.4
315	0:37:12	HAMACHER, Norbert	Truro Running Club	Male Vet 55-59	09:17.9
316	0:37:13	HAISMAN, Matt	Launceston Road Runners	Male Vet 50-54	09:18.1
317	0:37:15	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 60-64	09:18.6
318	0:37:18	CHELL, Nina	Falmouth Road Runners	Female Vet 40-44	09:19.4
319	0:37:19	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	09:19.6
320	0:37:19	DREW, Barry	Carn Runners	Male Vet 70-74	09:19.6
321	0:37:21	CREHAN, Kate	Hayle Runners	Female Vet 35-39	09:20.1
322	0:37:30	HACKMAN, Tom	Newquay Road Runners	Male Vet 65-69	09:22.4
323	0:37:30	HORTON, Becky	Newquay Road Runners	Female under 35	09:22.4
324	0:37:32	WALTERS, Danielle	Newquay Road Runners	Female under 35	09:22.9
325	0:37:32	TAYLOR, Emma		Female Vet 35-39	09:22.9
326	0:37:40	WILLIS, Sharon	Newquay Road Runners	Female Vet 55-59	09:24.9
327	0:37:40	EVANS, Des	Newquay Road Runners	Male Vet 65-69	09:24.9
328	0:37:42	SIMMONS, Ruth	St Austell Running Club	Female Vet 45-49	09:25.4
329	0:37:43	COLLINS, Emma	Looe Pioneers	Female Vet 40-44	09:25.6
330	0:37:45	CLEMENTS, John	Carn Runners	Male Vet 55-59	09:26.1
331	0:37:47	HAMMOND, Gillian		Female Vet 40-44	09:26.6
332	0:37:48	TRELEVEN, Sandra	Mounts Bay Harriers	Female Vet 45-49	09:26.9
333	0:37:54	HOPE, Daniel	St Austell Running Club	Male Vet 35-39	09:28.4
334	0:37:55	RAIKER, Diana	Falmouth Road Runners	Female under 35	09:28.6
335	0:37:55	CROWE, Sharon	Bodmin Womens RC	Female Vet 45-49	09:28.6
336	0:37:57	WILDING, Sarah	Hayle Runners	Female Vet 40-44	09:29.1
337	0:37:58	DILLEIGH, Katherine	Carn Runners	Female Vet 45-49	09:29.4
338	0:38:01	HALLIBONE, Hollie	JP Fitness Cornwall	Female under 35	09:30.1
339	0:38:02	LOOSLEY, Alison	St Austell Running Club	Female Vet 50-54	09:30.4
340	0:38:03	JAMIESON, Sandy	Carn Runners	Female Vet 65-69	09:30.6
341	0:38:05	JAMES, Jennie	St Austell Running Club	Female Vet 35-39	09:31.1
342	0:38:07	JENKIN, Jacqueline	Cornwall AC	Female Vet 70-74	09:31.6
343	0:38:07	JENKIN, Richard	Cornwall AC	Male Vet 70-74	09:31.6
344	0:38:08	CUNDY-COOPER, Emma	Bodmin Womens RC	Female under 35	09:31.9
345	0:38:12	JAMESON, Judy	Carn Runners	Female Vet 55-59	09:32.9
346	0:38:13	OSBORNE, Simon	Falmouth Road Runners	Male Vet 40-44	09:33.1
347	0:38:18	ROWLANDS, Kate	Falmouth Road Runners	Female Vet 35-39	09:34.4
348	0:38:23	DUTCHAK, Hannah	JP Fitness Cornwall	Female under 35	09:35.6
349	0:38:25	ELLIOTT, Andrew	Looe Pioneers	Male Vet 50-54	09:36.1
350	0:38:32	WILLIAMS, Wendy	JP Fitness Cornwall	Female Vet 55-59	09:37.9
351	0:38:33	HOLT, Ashley	Carn Runners	Female under 35	09:38.1
352	0:38:36	GOWER, Emma	Bodmin Womens RC	Female under 35	09:38.9
353	0:38:37	FLOYD-NORRIS, Amy	St Austell Running Club	Female under 35	09:39.1
354	0:38:43	HARVEY, Sally	Launceston Road Runners	Female Vet 50-54	09:40.6
355	0:38:47	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 65-69	09:41.6
356	0:38:50	NEEDHAM, Sara	Newquay Road Runners	Female Vet 35-39	09:42.4
357	0:38:52	STONE, Jackie	Mounts Bay Harriers	Female Vet 55-59	09:42.9
358	0:38:53	CANN, Marie	Mounts Bay Harriers	Female Vet 45-49	09:43.1
359	0:38:53	SODERGREN, Nick		Male Vet 45-49	09:43.1
360	0:39:01	CUTLAN, Tim	St Austell Running Club	Male Vet 50-54	09:45.1
361	0:39:10	VAGUE, Joanna		Female Vet 35-39	09:47.4
362	0:39:12	CARTER, Andrea	Truro Running Club	Female Vet 50-54	09:47.9
363	0:39:14	RUSSELL, Fiona	Truro Running Club	Female Vet 50-54	09:48.4
364	0:39:17	LAWRY, Nikki	Hayle Runners	Female Vet 40-44	09:49.1
365	0:39:28	BOSTON, Samantha		Female Vet 45-49	09:51.9
366	0:39:36	HOLT, Claire	Newquay Road Runners	Female under 35	09:53.9
367	0:39:37	PAYNE, Claire	Carn Runners	Female Vet 45-49	09:54.1
368	0:39:38	VIEIRA, Armando	St Austell Running Club	Male Vet 40-44	09:54.4
369	0:39:49	DUDLEY, Michelle	St Austell Running Club	Female Vet 50-54	09:57.1
370	0:40:00	WILLIAMS, Laura	Hayle Runners	Female under 35	09:59.9
371	0:40:02	TRERISE, Catherine	Cornwall AC	Female Vet 45-49	10:00.4
372	0:40:04	GILBERT, Matthew	JP Fitness Cornwall	Male under 35	10:00.9
373	0:40:05	EVANS, Mollie	Carn Runners	Female Vet 40-44	10:01.1
374	0:40:12	DONNITHORNE, Nicola	Bodmin Womens RC	Female Vet 45-49	10:02.9

375	0:40:19	DORMER, Kathran	Falmouth Road Runners	Female Vet 65-69	10:04.6
376	0:40:26	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	10:06.4
377	0:40:26	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	10:06.4
378	0:40:27	HOCKING, Stacey	Hayle Runners	Female under 35	10:06.6
379	0:40:30	COSTELLO, Susan	Hayle Runners	Female Vet 45-49	10:07.4
380	0:40:30	DEERE, Louise	Hayle Runners	Female Vet 50-54	10:07.4
381	0:40:30	HAISMAN, Maria	Launceston Road Runners	Female Vet 50-54	10:07.4
382	0:40:36	MCKINLEY, Glennie	JP Fitness Cornwall	Female Vet 50-54	10:08.9
383	0:40:39	DENNIS, Pauline	Bodmin Womens RC	Female Vet 55-59	10:09.6
384	0:40:40	BOWDEN, Sally	Newquay Road Runners	Female Vet 55-59	10:09.9
385	0:40:43	CHILCOTT, Lucy	Bodmin Womens RC	Female Vet 40-44	10:10.6
386	0:40:47	SQUIRE, Helen	Mounts Bay Harriers	Female Vet 55-59	10:11.6
387	0:40:51	BOND, Nina	Looe Pioneers	Female under 35	10:12.6
388	0:40:52	SODERGREN, Jo		Female Vet 45-49	10:12.9
389	0:40:56	BRANNLUND, Rachel		Female under 35	10:13.9
390	0:41:03	KITNEY-BAKER, Michelle	Newquay Road Runners	Female Vet 45-49	10:15.6
391	0:41:11	GARSDIE, Jane	Newquay Road Runners	Female Vet 50-54	10:17.6
392	0:41:15	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	10:18.6
393	0:41:16	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	10:18.9
394	0:41:18	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69	10:19.4
395	0:41:29	MARTIN, Hayley	Carn Runners	Female Vet 35-39	10:22.1
396	0:41:30	RICHARDS, April		Female under 35	10:22.4
397	0:41:32	EDDY, Hannah		Female under 35	10:22.9
398	0:41:33	JOHNS, Cedric	Carn Runners	Male Vet 70-74	10:23.1
399	0:41:38	WOLSTENCROFT, Zoe	Carn Runners	Female Vet 40-44	10:24.4
400	0:41:44	TURNER, Jolene	Falmouth Road Runners	Female Vet 40-44	10:25.9
401	0:41:52	CARDELL, Timothea	Hayle Runners	Female Vet 75+	10:27.9
402	0:41:54	BOLT, Adrian	Truro Running Club	Male Vet 50-54	10:28.4
403	0:41:59	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	10:29.6
404	0:42:06	AZE-THOMAS, Gill	Launceston Road Runners	Female Vet 45-49	10:31.4
405	0:42:13	COKER, Lisa		Female Vet 40-44	10:33.1
406	0:42:16	STENT, Claire		Female Vet 40-44	10:33.9
407	0:42:21	PRIDEAUX, Rachel	Bodmin Womens RC	Female Vet 40-44	10:35.1
408	0:42:23	PEARSON, Danie		Female under 35	10:35.6
409	0:42:23	SHEFFORD, Andrew	Truro Running Club	Male under 35	10:35.6
410	0:42:25	WHITE, Amanda	Newquay Road Runners	Female under 35	10:36.1
411	0:42:43	BOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-54	10:40.6
412	0:42:45	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	10:41.1
413	0:43:11	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	10:47.6
414	0:43:38	RADLEY, Tracey	Carn Runners	Female Vet 45-49	10:54.4
415	0:43:47	REGAN, Victoria	St Austell Running Club	Female Vet 40-44	10:56.6
416	0:43:54	JOHNS, Sarah	Mounts Bay Harriers	Female Vet 35-39	10:58.4
417	0:43:56	STURGES, Deborah	Mounts Bay Harriers	Female Vet 55-59	10:58.9
418	0:43:57	KINGTON, Norris	Cornwall AC	Male Vet 75-79	10:59.1
419	0:44:08	STAPLES, Helen	Carn Runners	Male Vet 40-44	11:01.9
420	0:44:11	HOWARD, Sarah	Bodmin Womens RC	Female Vet 45-49	11:02.6
421	0:44:26	TODD, Christine	St Austell Running Club	Female Vet 55-59	11:06.4
422	0:44:28	EWART, Sam	St Austell Running Club	Female Vet 40-44	11:06.9
423	0:44:52	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 40-44	11:12.9
424	0:45:09	OVERD, Lynne	Looe Pioneers	Female Vet 55-59	11:17.1
425	0:45:52	ANDREWS, Emma	Bodmin Womens RC	Female under 35	11:27.8
426	0:45:58	MARKS, Victoria	Hayle Runners	Female Vet 45-49	11:29.3
427	0:46:04	ROBERTS, Samantha	Bodmin Womens RC	Female Vet 40-44	11:30.8
428	0:46:06	RUNDLE, Amanda	St Austell Running Club	Female Vet 45-49	11:31.3
429	0:46:06	BOWMAN, Lorretta		Female under 35	11:31.3
430	0:46:09	BOWDEN, Ian	Carn Runners	Male Vet 45-49	11:32.1
431	0:46:35	GARRARD, David	Falmouth Road Runners	Male Vet 70-74	11:38.6
432	0:46:44	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	11:40.8
433	0:47:00	FRANCIS, Donna	Newquay Road Runners	Female Vet 65-69	11:44.8
434	0:47:05	FOUND, Rachel	St Austell Running Club	Female Vet 45-49	11:46.1
435	0:47:21	BILLINGTON, Tish	Hayle Runners	Female under 35	11:50.1
436	0:47:24	NANCARROW, Karen	Hayle Runners	Female Vet 45-49	11:50.8
437	0:47:28	LANAWAY, Angela	Bodmin Womens RC	Female Vet 50-54	11:51.8

438	0:47:30	WARREN, Janice	Cornwall AC	Female Vet 65-69	11:52.3
439	0:47:41	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	11:55.1
440	0:47:44	WYATT, Liz	St Austell Running Club	Female Vet 45-49	11:55.8
441	0:47:47	WRIGHT, Mike	Hayle Runners	Male Vet 65-69	11:56.6
442	0:47:51	GRACE, Oliver	Falmouth Road Runners	Male Vet 45-49	11:57.6
443	0:47:58	WILKINSON, Hannah	Hayle Runners	Female under 35	11:59.3
444	0:48:12	LAY, Jo	Hayle Runners	Female Vet 50-54	12:02.8
445	0:48:18	FORD, Rosie	Bodmin Womens RC	Female under 35	12:04.3
446	0:48:19	BANBURY, David		Male Vet 50-54	12:04.6
447	0:48:27	EASTERBROOK, Liz	Mounts Bay Harriers	Female Vet 65-69	12:06.6
448	0:48:38	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	12:09.3
449	0:48:40	JOHNS, Emma	Mounts Bay Harriers	Female Vet 40-44	12:09.8
450	0:48:59	PROSSER, Amanda	Mounts Bay Harriers	Female Vet 45-49	12:14.6
451	0:49:11	HARRIS, Tegan	Mounts Bay Harriers	Female under 35	12:17.6
452	0:49:16	YATES, Angela	St Austell Running Club	Female Vet 60-64	12:18.8
453	0:49:44	HANNAFORD, Edwina	Looe Pioneers	Female Vet 55-59	12:25.8
454	0:49:49	CORNWELL, Sarah-jane	Bodmin Womens RC	Female under 35	12:27.1
455	0:49:52	BURTON, Lorna	Carn Runners	Female Vet 40-44	12:27.8
456	0:50:03	WILLIAMS, Jayne	St Austell Running Club	Female Vet 45-49	12:30.6
457	0:50:51	MERCHANT, Caroline	Bodmin Womens RC	Female Vet 35-39	12:42.6
458	0:50:51	MONTGOMERY, Pauline Claire	Bodmin Womens RC	Female Vet 35-39	12:42.6
459	0:52:06	LIDIARD, Sandra	Bodmin Womens RC	Female Vet 45-49	13:01.3
460	0:56:03	WILCOCK, Louise	Bodmin Road Runners	Female Vet 45-49	14:00.6
461	0:57:03	VENNING, Ann	Launceston Road Runners	Female Vet 65-69	14:15.6
462	0:59:37	COATES, Sue	Mounts Bay Harriers	Female Vet 40-44	14:54.1
463	1:00:34	BUSCOMBE, Kayleigh	St Austell Running Club	Female under 35	15:08.3
464	1:00:36	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	15:08.8