

STORM FORCE 10 ENTRIES AS AT 13TH JANUARY 2019

Entrants No	Name	Team	Category
396	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49
397	ADAMS, Elaine	Hayle Runners	Female Vet 40-44
151	ADAMS, Tim	St Austell Running Club	Male Vet 45-49
150	ADAMS, Hannah	St Austell Running Club	Female Vet 40-44
271	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54
114	ALFORD, Richard	Mounts Bay Harriers	Male under 35
76	ALLAN, Paul		Male Vet 50-54
80	ALLEN, Gary		Male under 35
518	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64
72	ALLEN, Marc		Male Vet 35-39
571	ANDREWS, Mark	East Cornwall Harriers	Male Vet 60-64
61	ANGELL, Dave	Mile High	Male under 35
272	ANGILLEY, Jayne	Cornwall AC	Female Vet 55-59
111	ANGOVE, Paul	Mounts Bay Harriers	Male Vet 50-54
392	ARMSTRONG, Justine	Tamar Trotters	Female Vet 50-54
137	ARTHUR, Sarah	JP Fitness Cornwall	Female Vet 45-49
273	ASPDEN, Gail	Cornwall AC	Female Vet 45-49
398	ASTILL, Naomi	Hayle Runners	Female under 35
298	ATTWOOD, James	Cornwall AC	Male Vet 45-49
483	BAINES, Tracie		Female Vet 50-54
99	BAKER, Phillipa	Launceston Road Runners	Female Vet 60-64
299	BALL, Adrian	Cornwall AC	Male Vet 50-54
44	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44
497	BARNES, John	Launceston Road Runners	Male Vet 55-59
331	BARNET, James	Falmouth Road Runners	Male under 35
399	BARRETT, Chris	Hayle Runners	Male Vet 45-49
400	BATCHELOR, David	Hayle Runners	Male Vet 60-64
259	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44
481	BEARE, Alison		Female Vet 55-59
570	BENNETT, Luke		Male Vet 55-59
125	BENNETT, Morwenna		Female Vet 50-54
487	BENNEY, Aaron	Mile High	Male Vet 35-39
226	BERRY, Tony	Truro Running Club	Male Vet 80+
269	BERRYMAN, Tom	Mounts Bay Harriers	Male under 35
152	BERTHO, Nicola	St Austell Running Club	Female Vet 40-44
401	BILLINGTON, Melanie	Hayle Runners	Female Vet 45-49
387	BIRD, Louise	Looe Pioneers	Female Vet 40-44
464	BISH, Ruth		Female Vet 35-39
402	BLACK, Sam	Hayle Runners	Female Vet 35-39
153	BLACKBEARD, Marie	St Austell Running Club	Female Vet 50-54
75	BLACKBURN, Simon	Mounts Bay Harriers	Male Vet 55-59
575	BLIGHT, Andrew		Male Vet 55-59
91	BOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-54
300	BOLT, Phil	Cornwall AC	Male Vet 50-54
403	BONAR, David	Hayle Runners	Male Vet 55-59
67	BOND, Nina	Looe Pioneers	Female under 35
138	BOSUSTOW, John	JP Fitness Cornwall	Male Vet 40-44
274	BOSUSTOW, Suzy	Cornwall AC	Female Vet 45-49
119	BOUCHER, Richard		Male Vet 45-49
504	BOWDEN, Ian	Carn Runners	Male Vet 45-49
546	BOWDEN, Sally	Newquay Road Runners	Female Vet 55-59
154	BOWERS, Karina	St Austell Running Club	Female Vet 35-39
332	BOXALL, Melanie	Falmouth Road Runners	Female Vet 55-59
68	BOYCE, Christian	Looe Pioneers	Male Vet 45-49
333	BOYES, Angela	Falmouth Road Runners	Female Vet 45-49
334	BRADBURY, Rosie	Falmouth Road Runners	Female under 35
253	BRADSHAW, Verity	Truro Running Club	Female Vet 40-44
301	BRAY, Vivian	Cornwall AC	Male Vet 50-54

155	BRAY, Daniel	St Austell Running Club	Male Vet 35-39
179	BRAY, Gennara	St Austell Running Club	Female under 35
275	BREAKSPEAR, Hannah	Cornwall AC	Female under 35
106	BREWER, Tony	Mile High	Male Vet 35-39
335	BROUGHTON, Sharon	Falmouth Road Runners	Female Vet 50-54
336	BROWN, Steven	Falmouth Road Runners	Male Vet 50-54
472	BRUMBY, Tandy	Falmouth Road Runners	Female Vet 55-59
323	BUCKINGHAM, Edward	Tamar Trotters	Male Vet 45-49
157	BUDGE, Claire	St Austell Running Club	Female Vet 40-44
156	BUDGE, Andrew	St Austell Running Club	Male Vet 50-54
574	BULLEN, Steve	Tamar Trotters	Male Vet 45-49
526	BULLOCK, Katie	Newquay Road Runners	Female under 35
133	BUNCE, James		Male Vet 35-39
404	BURFORD, Lee	Hayle Runners	Male Vet 35-39
276	BURGESS, Kathryn	Cornwall AC	Female Vet 40-44
405	BURGESS, Mel	Hayle Runners	Female Vet 50-54
406	BURNS, Julia	Hayle Runners	Female Vet 50-54
407	BURROW, Melissa	Hayle Runners	Female Vet 45-49
108	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64
160	BUSCOMBE, Ross	St Austell Running Club	Male under 35
246	BUSCOMBE, Lisa	Truro Running Club	Female Vet 45-49
118	BUTLER, Jenna		Female Vet 35-39
543	CAFF, Jane	Newquay Road Runners	Female Vet 55-59
542	CAFF, Wayne	Newquay Road Runners	Male Vet 45-49
161	CAIRNEY, Shirley	St Austell Running Club	Female Vet 50-54
572	CANN, Marie Ann	Mounts Bay Harriers	Female Vet 45-49
505	CARDEW, Barrie	Carn Runners	Male Vet 60-64
522	CARTER, Lee	Newquay Road Runners	Male under 35
521	CARTER, Anna	Newquay Road Runners	Female under 35
337	CARTHEY, Tom	Falmouth Road Runners	Male Vet 35-39
39	CATNACH, Peter	Looe Pioneers	Male Vet 55-59
38	CATNACH, Alison	Looe Pioneers	Female Vet 40-44
302	CHANNON, Lee	Cornwall AC	Male Vet 40-44
260	CHAPMAN, Julian		Male Vet 55-59
86	CHAPMAN, Mick	Mile High	Male Vet 55-59
162	CHASE, Andy	St Austell Running Club	Male under 35
340	CHELL, Nina	Falmouth Road Runners	Female Vet 40-44
338	CHOAK, Sarah	Falmouth Road Runners	Female Vet 50-54
341	CLASSEY, Mark	Falmouth Road Runners	Male Vet 55-59
303	CLAY, Jordan	Cornwall AC	Male under 35
553	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-39
500	COCKERILL, Rob		Male under 35
408	COLLETT, Richard	Hayle Runners	Male Vet 35-39
163	COLLINS, Jo	St Austell Running Club	Female under 35
252	COLTON-TAYLOR, Mark	Truro Running Club	Male Vet 55-59
549	COOKE-DAVIES, Louise	Newquay Road Runners	Female Vet 50-54
409	COOKSON, Neill	Hayle Runners	Male Vet 50-54
495	COOPER, Guy	Looe Pioneers	Male Vet 45-49
55	COOPER, Timothy		Male Vet 40-44
339	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64
410	COSTELLO, Daniel	Hayle Runners	Male under 35
29	COX, Daniel	Bodmin Road Runners	Male under 35
31	COX, Alison	Bodmin Womens RC	Female Vet 55-59
30	COX, Clive		Male Vet 55-59
304	COX, Chris	Cornwall AC	Male Vet 45-49
277	COX, Jo	Cornwall AC	Female Vet 40-44
94	CRABB, Sally	Looe Pioneers	Female Vet 40-44
506	CRABTREE, Jason	Carn Runners	Male Vet 35-39
411	CREHAN, Kate	Hayle Runners	Female Vet 35-39
45	CROWE, Sharon	Bodmin Womens RC	Female Vet 45-49
121	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59

122	CROWLE, Arron	East Cornwall Harriers	Male under 35
342	CRUDGINGTON, Karen	Falmouth Road Runners	Female Vet 40-44
164	CSECHI, Kim	St Austell Running Club	Female Vet 35-39
73	CUFF, Linda	Looe Pioneers	Female Vet 50-54
485	CUNNINGHAM, Julie		Female Vet 45-49
166	CUTLAN, James	St Austell Running Club	Male under 35
165	CUTLAN, Hannah	St Austell Running Club	Female under 35
343	CUTTS, Rita	Falmouth Road Runners	Female Vet 65-69
344	DALTON, Martin	Falmouth Road Runners	Male Vet 65-69
83	DANIELL, Jamie		Male under 35
528	DAVIES, Sarah	Newquay Road Runners	Female Vet 40-44
251	DAVIES, Jennifer	Truro Running Club	Female under 35
250	DAVIES, James	Truro Running Club	Male Vet 35-39
525	DAVIES, Nicola	Newquay Road Runners	Female Vet 40-44
471	DAVIES, Richard	Newquay Road Runners	Male Vet 50-54
540	DAVIS, Martin	Newquay Road Runners	Male Vet 60-64
27	DEACON, Mark	Looe Pioneers	Male under 35
412	DEERE, Louise	Hayle Runners	Female Vet 55-59
345	DEVENEY, Callum	Falmouth Road Runners	Male Vet 50-54
491	DINHAM, Martin		Male Vet 45-49
85	DITTY, Graham	Mile High	Male Vet 35-39
523	DIXON, Eleanor	Newquay Road Runners	Female Vet 40-44
257	DODWELL, Helen	Truro Running Club	Female Vet 40-44
562	DORRELL, Mark	Carn Runners	Male Vet 55-59
486	DOWLING, Nick		Male Vet 40-44
32	DOYLE, John	Mounts Bay Harriers	Male Vet 60-64
563	DREW, Peter	Carn Runners	Male Vet 65-69
507	DREW, Barry	Carn Runners	Male Vet 70-74
413	DREWETT, Toby	Hayle Runners	Male Vet 40-44
167	DUDLEY, Michelle	St Austell Running Club	Female Vet 50-54
40	DUDMAN, Kate	Bodmin Womens RC	Female Vet 40-44
395	DYER, Michelle Jane	Mounts Bay Harriers	Female Vet 45-49
229	EDWARDS, Glynn	Truro Running Club	Male under 35
508	ELDON, Jon	Carn Runners	Male Vet 55-59
414	ELLEN, Emily	Hayle Runners	Female Vet 35-39
267	ELLIOTT, Tania	Looe Pioneers	Female Vet 45-49
266	ELLIOTT, Andrew	Looe Pioneers	Male Vet 50-54
415	ELLIS, Andrew	Hayle Runners	Male Vet 45-49
278	EVA, Emma	Cornwall AC	Female Vet 35-39
537	EVANS, Des	Newquay Road Runners	Male Vet 70-74
328	EVANS, Dean		Male Vet 70-74
168	EWART, Sam	St Austell Running Club	Female Vet 40-44
169	FELL, Kim	St Austell Running Club	NDB
231	FERGUSON, Andrew	Truro Running Club	Male Vet 50-54
386	FISHER, Jennine	Looe Pioneers	Female Vet 35-39
172	FITZPATRICK, Anne	St Austell Running Club	Female Vet 55-59
346	FLANAGAN, Rachel	Falmouth Road Runners	Female Vet 50-54
279	FLANAGAN, Miranda	Cornwall AC	Female Vet 45-49
347	FLEET, Vicky	Falmouth Road Runners	Female Vet 40-44
171	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49
170	FLOYD-NORRIS, Amy	St Austell Running Club	Female under 35
509	FORBES, Jennifer	Carn Runners	Female under 35
56	FOSTER, Richard	Launceston Road Runners	Male Vet 45-49
499	FOSTER, Ann	Tamar Trotters	Female Vet 70-74
173	FOUND, Rachel	St Austell Running Club	Female Vet 45-49
348	FOY, David	Falmouth Road Runners	Male Vet 45-49
305	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54
349	FREEMAN, Fay	Falmouth Road Runners	Female Vet 45-49
416	FRIDAY, Lisa	Hayle Runners	Female Vet 35-39
558	FRITH, Ray	Newquay Road Runners	Male Vet 70-74
417	FULLER, Stephen	Hayle Runners	Male Vet 50-54

503	GALE, Keith	Mounts Bay Harriers	Male Vet 45-49
69	GARBETT, Holly	East Cornwall Harriers	Female under 35
350	GARRARD, David	Falmouth Road Runners	Male Vet 70-74
555	GARSIDE, Jane	Newquay Road Runners	Female Vet 50-54
36	GEARING, Nicola	Tri Logic Cornwall	Female Vet 35-39
418	GERRARD, Corinne	Hayle Runners	Female Vet 45-49
175	GIBBS, Debbie	St Austell Running Club	Female Vet 50-54
174	GIBBS, Clive	St Austell Running Club	Male Vet 50-54
57	GIBSON, Mandy	Looe Pioneers	Female Vet 40-44
98	GILLESPIE, Ayesha	Bodmin Womens RC	Female under 35
37	GODFREY, Nicola	Bodmin Womens RC	Female Vet 35-39
306	GOODCHILD, Sam	Cornwall AC	Male under 35
100	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 70-74
238	GOODWAY, Lucy	Truro Running Club	Female under 35
239	GOODWAY, Dan	Truro Running Club	Male under 35
90	GOULD, Phil		Male Vet 40-44
82	GOWER, Lisa	Tri Logic Cornwall	Female Vet 45-49
139	GOY, Lucy	JP Fitness Cornwall	Female Vet 40-44
496	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49
264	GREEN, Alan	East Cornwall Harriers	Male Vet 60-64
176	GREER, Mike	St Austell Running Club	Male Vet 35-39
390	GREGG, Paul	Tamar Trotters	Male Vet 50-54
389	GREGG, Louise	Tamar Trotters	Female Vet 45-49
520	GREGORY, Amy	Newquay Road Runners	Female under 35
280	HADEN, Heidi	Cornwall AC	Female Vet 35-39
531	HALL, Becky	Newquay Road Runners	Female Vet 35-39
579	HALLIBONE, Hollie	JP Fitness Cornwall	Female under 35
307	HAM, Neil	Cornwall AC	Male Vet 50-54
19	HAMSHIRE, Cordelia		Female under 35
308	HANLEY, Ryan	Cornwall AC	Male under 35
510	HANSEN, Wietske	Carn Runners	Female Vet 50-54
489	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39
351	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 50-54
393	HARPER, Kevan		Male Vet 35-39
129	HARPER-PENROSE, Will	Trailrunning Assoc	Male under 35
564	HARRINGTON, Mark	Carn Runners	Male Vet 50-54
71	HARRISON, Emily		Female under 35
419	HARRISON-WEBB, Debbie	Hayle Runners	Female Vet 45-49
475	HARWOOD, Susie		Female Vet 50-54
488	HAYDEN, Nick		Male Vet 35-39
26	HAYNES, Janet	Mounts Bay Harriers	Female Vet 50-54
467	HEAD, Martin	Bere Alston Trekkers	Male Vet 50-54
309	HEAD, Matthew	Cornwall AC	Male under 35
468	HEAD, Hilary	Bere Alston Trekkers	Female Vet 55-59
490	HEATHER, Lesly		Female Vet 50-54
177	HENDERSON, Mathew	St Austell Running Club	Male under 35
281	HEWITT, Amanda	Cornwall AC	Female Vet 45-49
527	HEWITT, Lucy	Newquay Road Runners	Female Vet 50-54
103	HICKSON, Andrew	Mounts Bay Harriers	Male Vet 50-54
87	HIGMAN, Lindsey		Female Vet 50-54
109	HILL, Nick		Male Vet 35-39
107	HILL, Charlie		Male Vet 35-39
461	HILL, Kara		Female under 35
324	HOARE, Oliver		Male under 35
178	HOCKING, Matt	St Austell Running Club	Male Vet 45-49
352	HODGES, Tracey	Falmouth Road Runners	Female Vet 40-44
42	HOGG, Lorna	Mud Crew Trail Runners	Female Vet 45-49
420	HOLLAND, Jo	Hayle Runners	Female under 35
6	HOOPER, Paul	Mounts Bay Harriers	Male Vet 55-59
532	HOSKEN, Lucy	Newquay Road Runners	Female under 35
33	HOSKIN, Sarah	Mile High	Female Vet 35-39

282	HOWARD, Tiffany	Cornwall AC	Female under 35
130	HOWARD, Jake		Male Vet 40-44
283	HOWARD, Sarah	Cornwall AC	Female Vet 45-49
81	HOWELL, Tom	Mile High	Male under 35
462	HUDSON, Anita	Vegan Runners	Female Vet 45-49
104	JAGO, Lisa	Looe Pioneers	Female Vet 45-49
180	JAMES, Jennie	St Austell Running Club	Female Vet 40-44
34	JAMIESON, Sandy	Carn Runners	Female Vet 65-69
181	JAY, Andrew	St Austell Running Club	Male Vet 40-44
577	JAYNE, Samantha	Newquay Road Runners	Female Vet 45-49
353	JENKIN, Peter	Falmouth Road Runners	Male Vet 60-64
310	JENKIN, Richard	Cornwall AC	Male Vet 70-74
79	JENKIN, David		Male under 35
284	JENKIN, Jacqueline	Cornwall AC	Female Vet 70-74
88	JENNINGS, Gina		Female Vet 55-59
479	JENNINGS, Gary	Southville RC	Male Vet 60-64
244	JEPSON, Aidan	Truro Running Club	Male Vet 35-39
182	JOHNS, Kylie	St Austell Running Club	Female under 35
422	JOHNS, Phillip	Hayle Runners	Male under 35
159	JOHNSON, Paul	St Austell Running Club	Male under 35
384	JOHNSTON, Sally	Tamar Trotters	Female Vet 55-59
92	JONES, Jon	Looe Pioneers	Male Vet 45-49
237	JONES, Stephen	Truro Running Club	Male Vet 35-39
63	JONES, Emma	Launceston Road Runners	Female Vet 45-49
502	JONES, Simon MB	Mounts Bay Harriers	Male Vet 45-49
423	JOSE, Amy	Hayle Runners	Female under 35
492	JULEFF, Gary		Male Vet 55-59
263	KEARNS, Joe	East Cornwall Harriers	Male Vet 55-59
354	KEEFE, Richard	Falmouth Road Runners	Male Vet 45-49
51	KENNEDY, Hilary	Brixham Harriers	Female Vet 55-59
183	KERLEY, Tara	St Austell Running Club	Female under 35
535	KESTLE, Mike	Newquay Road Runners	Male Vet 65-69
424	KING, Kevin	Hayle Runners	Male Vet 55-59
355	KING, Russell	Falmouth Road Runners	Male Vet 35-39
484	KINGTON, Norris	Cornwall AC	Male Vet 75-79
58	KINNEY, Andrew	Harlow Running Club	Male Vet 50-54
140	KINSELLA, Sharon	JP Fitness Cornwall	Female Vet 40-44
134	KIRTON, Sandy		Male under 35
234	KIRTON, James	Truro Running Club	Male under 35
425	KITCHEN, Amelia	Hayle Runners	Female Vet 40-44
556	KITNEY-BAKER, Michelle	Newquay Road Runners	Female Vet 45-49
184	KNIGHT, Mark	St Austell Running Club	Male Vet 45-49
427	KNOWLES, Helen	Hayle Runners	Female Vet 40-44
426	KNOWLES, Simon	Hayle Runners	Male Vet 40-44
235	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64
311	KNUCKEY, Craig	Cornwall AC	Male Vet 50-54
356	LAKE, Christina	Falmouth Road Runners	Female Vet 60-64
35	LATHOM, Janet	Launceston Road Runners	Female Vet 60-64
5	LAWES, Helen	Looe Pioneers	Female Vet 45-49
473	LAWLESS, Matt		Male Vet 40-44
357	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64
185	LAWRY, Ross	St Austell Running Club	Male Vet 40-44
428	LAY, Jo	Hayle Runners	Female Vet 50-54
128	LEACH, Ben		Male Vet 40-44
84	LEADBETTER, Nicki		Female Vet 45-49
243	LEE, Trevor	Truro Running Club	Male Vet 55-59
470	LEO, Cas	Hayle Runners	Male Vet 55-59
581	LEVERTON, Steven		Male under 35
135	LIDIARD, Sandra	Bodmin Womens RC	Female Vet 45-49
524	LILLIS, John	Newquay Road Runners	Male Vet 70-74
358	LITTLEJOHNS, Mark	Falmouth Road Runners	Male Vet 45-49

421	LIVONEN-GRAY, Katri	Hayle Runners	Female Vet 35-39
429	LOCK, Zoe	Hayle Runners	Female Vet 35-39
536	LOCKETT, Pat	Newquay Road Runners	Male Vet 70-74
430	LONG, Fran	Hayle Runners	Female Vet 55-59
77	LONGHORN, Jason	Mile High	Male Vet 45-49
256	LONGMAN, Claire	Truro Running Club	Female Vet 40-44
65	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64
359	LYDALL, Denise	Falmouth Road Runners	Female Vet 50-54
360	MACKENZIE, Alan	Falmouth Road Runners	Male Vet 55-59
431	MACLAREN, Steve	Hayle Runners	Male Vet 50-54
511	MANKEE, Walter	Carn Runners	Male Vet 60-64
432	MANNING, James	Hayle Runners	Male Vet 40-44
230	MANSFIELD, Sue	Truro Running Club	Female Vet 55-59
559	MARCINEKOVA, Joanna	Cornwall AC	Female Vet 35-39
186	MARKS, Stacie	St Austell Running Club	Female under 35
330	MARQUIS, Peter		Male Vet 60-64
566	MARSH, Kathryn	Carn Runners	Female Vet 40-44
64	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 65-69
362	MARSHALL, Terry	Falmouth Road Runners	Female Vet 65-69
361	MARSHALL, Keith	Falmouth Road Runners	Male Vet 70-74
547	MARTIN, Colin	Newquay Road Runners	Male Vet 65-69
363	MARTIN, Sally	Falmouth Road Runners	Female Vet 40-44
187	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49
102	MARTIN, Andrew	Mile High	Male Vet 35-39
554	MASTERS, Karen	Newquay Road Runners	Female Vet 45-49
512	MATRAVES, Julie	Carn Runners	Female Vet 50-54
561	MCCHRYSTAL, Joel	Cornwall AC	Male Vet 45-49
529	MCKENZIE, Tracy	Newquay Road Runners	Female Vet 40-44
141	MCKINLEY, Glennie	JP Fitness Cornwall	Female Vet 50-54
95	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35
433	MEDLOCK, Kirsty	Hayle Runners	Female Vet 35-39
124	MEDWAY, Jeffrey		Male Vet 45-49
227	MENSING, Claire	Truro Running Club	Female Vet 45-49
513	MILLWARD, Andy	Carn Runners	Male Vet 55-59
142	MINERS, Jo	JP Fitness Cornwall	Female Vet 40-44
312	MITCHELL, Jon	Cornwall AC	Male Vet 45-49
434	MITCHELL, Debbie	Hayle Runners	Female Vet 40-44
117	MITCHELL, John	Tri Logic Cornwall	Male Vet 55-59
329	MONTAGUE, Fiona	Tamar Trotters	Female Vet 40-44
188	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 40-44
313	MOORE, David	Cornwall AC	Male Vet 45-49
189	MOORE, Jane	St Austell Running Club	Female Vet 55-59
435	MORANT, Jordan	Hayle Runners	Male under 35
232	MORGAN, Rebecca	Truro Running Club	Female Vet 40-44
190	MORRIS, Tony	St Austell Running Club	Male Vet 55-59
110	MORTON, Richard	Tamar Trotters	Male Vet 65-69
364	MOSSOP, Emma	Falmouth Road Runners	Female Vet 45-49
143	MOYE, Jennifer	JP Fitness Cornwall	Female Vet 40-44
3	MULLEN, Shona	Truro Running Club	Female Vet 55-59
365	MURRANT, Kieran	Falmouth Road Runners	Male under 35
388	MUTSAERS, Adrian	Mile High	Male Vet 45-49
8	NICHOLLS, Tracey	Mounts Bay Harriers	Female Vet 55-59
18	NORTHCOTT, Sandra	Looe Pioneers	Female Vet 40-44
116	NORTHEY, Jo	Launceston Road Runners	Female Vet 45-49
573	O'LEARY, Kat		Female Vet 35-39
53	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44
436	OLLIVIER, Louise	Hayle Runners	Female Vet 50-54
126	ORCHARD, Mike	Hayle Runners	Male Vet 60-64
285	ORCHARD, Ruby	Cornwall AC	Female Vet 35-39
101	OVERD, Lynne	Looe Pioneers	Female Vet 55-59
158	OWEN, Mark	St Austell Running Club	Male Vet 40-44

265	PAGET, Jon	Mile High	Male under 35
258	PALMER, Stefan	Bodmin Road Runners	Male Vet 45-49
385	PALMER, Michael	East Cornwall Harriers	Male Vet 70-74
191	PARKS, Jason	St Austell Running Club	Male Vet 35-39
437	PAULL, Emma	Hayle Runners	Female under 35
192	PAYNE, Holly	St Austell Running Club	Female under 35
193	PAYTON, Alexandra	St Austell Running Club	Female Vet 35-39
286	PEARCE, Julia	Cornwall AC	Female Vet 40-44
366	PECK, James	Falmouth Road Runners	NDB
115	PECK, Cris	Tamar Trotters	Male Vet 50-54
514	PELLOWE, Olivia	Carn Runners	Female Vet 40-44
112	PENHAUL, Antony	Mounts Bay Harriers	Male Vet 70-74
314	PETERS, Joseph	Cornwall AC	Male under 35
70	PETERS, Jason		Male under 35
144	PETT, Jane	JP Fitness Cornwall	Female Vet 40-44
113	PHELPS, Fiona	Tamar Trotters	Female Vet 50-54
438	PHILLIPS, Ruth	Hayle Runners	Female Vet 40-44
93	PICK, Robert	East Cornwall Harriers	Male Vet 60-64
476	PICKARD, David	Launceston Road Runners	Male Vet 60-64
477	PICKARD, Linda	Launceston Road Runners	Female Vet 55-59
9	PICKERING, Stuart	Tri Logic Cornwall	Male Vet 50-54
439	POCHEE, Amanda	Hayle Runners	Female Vet 40-44
567	POOLEY, Robert	Carn Runners	Male Vet 40-44
52	POPE, Robert	Truro Running Club	Male Vet 55-59
78	POPPERWELL, Beth	Mile High	Female Vet 45-49
105	PRING, Robert		Male Vet 40-44
367	RAIKER, Diana	Falmouth Road Runners	Female under 35
194	RALLS, David	St Austell Running Club	Male Vet 55-59
195	RALLS, Patsy	St Austell Running Club	Female Vet 50-54
123	RALPH, Helen	Tamar Trotters	Female Vet 55-59
254	RAMSEY, Chris	Truro Running Club	Male Vet 65-69
368	RAPIER, Jacquie	Falmouth Road Runners	Female Vet 55-59
268	RATCLIFFE, Floyd	Mile High	Male under 35
466	REEKS, Kayleigh	PB Running Club	Female under 35
548	RENDE, Steve	Newquay Road Runners	Male Vet 50-54
97	REYNOLDS, Julie	East Cornwall Harriers	Female Vet 45-49
196	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44
440	RICHARDS, Sara	Hayle Runners	Female under 35
441	RICHARDS, Robert	Hayle Runners	Male Vet 65-69
498	RICHARDSON, Mark		Male Vet 40-44
247	RICHARDSON, Christiana	Truro Running Club	Female Vet 35-39
197	RICKSON, Leanne	St Austell Running Club	Female Vet 40-44
2	RINGER, Ian	Bodmin Road Runners	Male Vet 70-74
96	ROBERTS, Malcolm	St Austell Running Club	Male Vet 65-69
369	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39
7	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49
541	ROBINS, Sara	Newquay Road Runners	Female under 35
552	RONNGARD, Mattias	Newquay Road Runners	Male Vet 50-54
530	ROOSE, Alison	Newquay Road Runners	Female Vet 40-44
442	ROSENFELD, Thomas	Hayle Runners	Male Vet 35-39
443	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49
20	ROSSETTI, Mary		Female Vet 40-44
198	ROWE, Melissa	St Austell Running Club	Female Vet 45-49
25	ROWE, Liam	Tri Logic Cornwall	Male under 35
568	ROWE, Christopher	Carn Runners	Male Vet 50-54
199	ROWETT, Gareth	St Austell Running Club	Male under 35
370	ROWLANDS, Kate	Falmouth Road Runners	Female Vet 35-39
326	ROWSWELL, Huw		Male Vet 50-54
200	ROYCROFT, Jodie	St Austell Running Club	Female under 35
565	RUMBLE, Rupert		Male under 35
240	RUSSELL, Fiona	Truro Running Club	Female Vet 50-54

501	RYAN, Karen	Tamar Trotters	Female Vet 40-44
10	SANT, Rebecca	Launceston Road Runners	Female Vet 45-49
11	SANT, Andrew	Launceston Road Runners	Male Vet 45-49
255	SARA, Wayne	Truro Running Club	Male Vet 35-39
445	SAVAGE, Faye	Hayle Runners	Female Vet 40-44
446	SAVAGE, Rich	Hayle Runners	Male Vet 50-54
444	SAVAGE, Jon	Hayle Runners	Male under 35
270	SAVILLE, Mike		Male Vet 45-49
287	SCULLION, Heather	Cornwall AC	Female under 35
478	SEAMAN, Stuart		Male Vet 55-59
447	SENIOR, Ann	Hayle Runners	Female Vet 60-64
49	SHAW, Sian	Newquay Road Runners	Female Vet 40-44
50	SHAW, Stuart		Male Vet 45-49
28	SHEER, Andrew	Looe Pioneers	Male under 35
13	SHUTE, Clive	East Cornwall Harriers	Male Vet 40-44
201	SIMMONS, Ruth	St Austell Running Club	Female Vet 45-49
248	SKEPLORN, James	Truro Running Club	Male Vet 35-39
449	SMITH, Derek	Hayle Runners	Male Vet 55-59
448	SMITH, Hannah	Hayle Runners	Female under 35
43	SMITH, Mandy	Mud Crew Trail Runners	Female Vet 55-59
493	SMITH, Glenda		Female Vet 50-54
21	SMITH, Sharon	Carn Runners	Female Vet 45-49
202	SMITH, Andrew	St Austell Running Club	Male Vet 40-44
315	SNOOK, Colin	Cornwall AC	Male Vet 40-44
517	SOLE, Paul	Cornwall AC	Male Vet 35-39
288	SOLE, Amy	Cornwall AC	Female under 35
47	SOLOMON, Andrew	Bodmin Road Runners	Male Vet 55-59
46	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59
371	SOPP, Thomas	Falmouth Road Runners	Male Vet 40-44
249	SOWERBY, Nicky	Truro Running Club	Female Vet 50-54
204	SPEAKE, Georgina	St Austell Running Club	Female Vet 40-44
203	SPEAKE, David	St Austell Running Club	Male Vet 45-49
89	SPEARE, Adam	Tamar Trotters	Male Vet 50-54
242	SPENCER, Katie	Truro Running Club	Female Vet 45-49
241	SPENCER, Julian	Truro Running Club	Male Vet 50-54
23	SQUIRE, Helen	Mounts Bay Harriers	Female Vet 55-59
24	SQUIRE, Mark	Mounts Bay Harriers	Male Vet 60-64
145	STAINSBY, Elaine	JP Fitness Cornwall	Female Vet 45-49
233	STANDING, Rob	Truro Running Club	Male Vet 45-49
469	STEPHENS, Emma	Bodmin Road Runners	Female under 35
450	STEPHENS, Jeremy	Hayle Runners	Male Vet 50-54
394	STEPHENSON, Jamie	Mile High	Male under 35
560	STEPTO, Emma	Cornwall AC	Female Vet 45-49
205	STEVENS, Paul	St Austell Running Club	Male Vet 40-44
289	STOBART, Rebecca	Cornwall AC	Female under 35
474	STOKELD, Matt		Male Vet 40-44
66	STONE, Jackie	Mounts Bay Harriers	Female Vet 55-59
578	STRACHAN, Steven	Mile High	Male Vet 40-44
146	STUTELEY, Rebecca	JP Fitness Cornwall	Female Vet 35-39
482	SULLIVAN, Paul		Male Vet 50-54
372	SYRETT, Paul	Falmouth Road Runners	Male Vet 45-49
551	TALLING, Sophie	Newquay Road Runners	Female under 35
545	TALLING, Lisa	Newquay Road Runners	Female Vet 50-54
544	TALLING, Glyn	Newquay Road Runners	Male Vet 45-49
206	TAMBLING, Lee	St Austell Running Club	Male Vet 35-39
1	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59
373	TAMBLYN, Mark	Falmouth Road Runners	Male Vet 60-64
291	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44
580	THOMAS, Helen	Carn Runners	Female Vet 45-49
569	THOMAS, Steven	Carn Runners	Male Vet 40-44
290	THOMAS, Rachael	Cornwall AC	Female Vet 45-49

17	THOMSON, Rachel	Mounts Bay Harriers	Female Vet 50-54
16	THOMSON, Stuart	Mounts Bay Harriers	Male Vet 40-44
147	THURSTON, Katie	JP Fitness Cornwall	Female Vet 40-44
374	TIPPETTS, Hannah	Falmouth Road Runners	Female under 35
207	TODD, Christine	St Austell Running Club	Female Vet 55-59
208	TODD, Claire	St Austell Running Club	Female Vet 45-49
515	TONKIN, Craig	Carn Runners	Male Vet 45-49
132	TONKIN, Michelle		Female Vet 35-39
480	TONKIN, Simon		Male Vet 50-54
209	TONKINS, Richard	St Austell Running Club	Male Vet 45-49
74	TORRES, Mick	Looe Pioneers	Male Vet 55-59
451	TOSSELL, Rebecca	Hayle Runners	Female Vet 35-39
62	TOWNEND, Stewart	Hayle Runners	Male Vet 75-79
120	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54
316	TREBILCOCK, Mark	Cornwall AC	Male Vet 55-59
292	TREGENZA, Heidi	Cornwall AC	Female under 35
494	TREGENZA, Mark	St Austell Running Club	Male Vet 45-49
210	TREGONNING, David	St Austell Running Club	Male under 35
293	TRERISE, Catherine	Cornwall AC	Female Vet 45-49
211	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 40-44
212	TRETHEWEY, Martin	St Austell Running Club	Male Vet 50-54
317	TREVENA, Nigel	Cornwall AC	Male Vet 50-54
236	TREWEEK, Paul	Truro Running Club	Male Vet 55-59
228	TULLET, Claire	Truro Running Club	Female under 35
375	TURNER, Jolene	Falmouth Road Runners	Female Vet 40-44
131	TURNER, Lucy		Female under 35
14	TWIGGS, Tim	Mounts Bay Harriers	Male Vet 50-54
460	UNGVARI, Tamas		Female Vet 35-39
213	VIEIRA, Armando	St Austell Running Club	Male Vet 40-44
214	VIEIRA, Paula	St Austell Running Club	Female Vet 40-44
294	VINNICOMBE, Caroline	Cornwall AC	Female Vet 40-44
516	WADE, Margaret	Carn Runners	Female Vet 65-69
539	WALE, Mathew	Newquay Road Runners	Male under 35
215	WALKER, Daniella	St Austell Running Club	Female Vet 45-49
550	WALKER, Elliot	Newquay Road Runners	Male Vet 45-49
519	WALKER, Chris N	Newquay Road Runners	Male Vet 45-49
216	WALKER, Karl	St Austell Running Club	Male Vet 55-59
148	WALLIS, Rachel	JP Fitness Cornwall	Female Vet 40-44
136	WARE, Daryll	PB Running Club	Male Vet 50-54
325	WARING, Chris		Male Vet 55-59
452	WARMINGTON, Paul	Hayle Runners	Male Vet 35-39
59	WARREN, Emily	Mud Crew Trail Runners	Female under 35
453	WARREN, Diane	Hayle Runners	Female Vet 60-64
60	WARREN, Derrick		Male under 35
217	WATERS, Rachel	St Austell Running Club	Female Vet 50-54
383	WATSON, Janet	Falmouth Road Runners	Female Vet 65-69
218	WATTS, Hannah	St Austell Running Club	Female under 35
463	WATTS, Chris		Male Vet 35-39
376	WEBB, Sarah	Falmouth Road Runners	Female Vet 45-49
318	WEBB, Jason	Cornwall AC	Male Vet 45-49
219	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49
48	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64
557	WEBSTER, Craig	Newquay Road Runners	Male Vet 45-49
377	WEIR, Alison	Falmouth Road Runners	Female Vet 45-49
295	WEYERS, Zeinab	Cornwall AC	Female under 35
319	WHEAR, Paul	Cornwall AC	Male Vet 50-54
454	WHERRY, Steve	Hayle Runners	Male Vet 50-54
538	WHITE, Lynsey	Newquay Road Runners	Female under 35
456	WILDING, Sarah	Hayle Runners	Female Vet 40-44
455	WILDING, David	Hayle Runners	Male Vet 40-44
22	WILES, Brian	Launceston Road Runners	Male Vet 70-74

378	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 60-64
261	WILLIAMS, Tony		Male Vet 55-59
221	WILLIAMS, Jayne	St Austell Running Club	Female Vet 45-49
54	WILLIAMS, Gary	Looe Pioneers	Male Vet 35-39
458	WILLIAMS, Maria	Hayle Runners	Female Vet 55-59
457	WILLIAMS, Laura	Hayle Runners	Female under 35
379	WILLIAMS, Ryan	Falmouth Road Runners	Male under 35
220	WILLIAMS, Simon S	St Austell Running Club	Male Vet 45-49
533	WILLIAMS, Ella	Newquay Road Runners	Female Vet 40-44
149	WILLIAMS, Wendy	JP Fitness Cornwall	Female Vet 55-59
262	WILLIAMS, Maggie		Female Vet 50-54
380	WILLS, David	Falmouth Road Runners	Male Vet 35-39
41	WILLS, Janet		Female Vet 65-69
127	WILSHER, Rachael	Bodmin Road Runners	Female Vet 55-59
245	WILSON, Michael	Truro Running Club	Male Vet 60-64
296	WILSON, Matthew	Cornwall AC	Male Vet 40-44
381	WILTON, David	Falmouth Road Runners	Male Vet 60-64
12	WINFIELD, Claire	Launceston Road Runners	Female Vet 50-54
223	WISNER, Kath	St Austell Running Club	Female Vet 45-49
222	WISNER, John	St Austell Running Club	Male Vet 45-49
320	WITHAM, Neville	Cornwall AC	Male Vet 60-64
391	WOLF, Jan	Mounts Bay Harriers	Male Vet 40-44
327	WONES, Sophie	Looe Pioneers	Female under 35
297	WOOD, Susanne	Cornwall AC	Female Vet 40-44
382	WOOD, Lorna	Falmouth Road Runners	Female Vet 65-69
465	WOOD, Glenn	East Cornwall Harriers	Male Vet 55-59
4	WOODARD, Stephen	Bodmin Road Runners	Male Vet 60-64
534	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39
15	WORTH, Sarah	Launceston Road Runners	Female Vet 40-44
576	WRIGHT, Lisa G		Female Vet 50-54
459	WRIGHT, David	Hayle Runners	Male Vet 50-54
321	WRIGHT, Tony	Cornwall AC	Male Vet 50-54
224	WYATT, Jordan	St Austell Running Club	Male under 35
225	YATES, Angela	St Austell Running Club	Female Vet 60-64
322	YATES, Matt	Cornwall AC	Male under 35