



# An Res Hellys

## 10 Mile Multi-Terrain Run

**Sunday 14 April 2019 ~ Start 10.30am**

**Race HQ - Old Cattle Market, Helston, TR13 0SR**

Carn Runners and Tri-Logic bring you the fifth race of the  
Cornwall Glass & Glazing Grand Prix Series ~ Run Under UKA Rules (Licence Applied For 2019-35419)

### Entry Form

Name ..... Tel.....

M or F..... Date of Birth ..... /..... /..... Age on Race Day (Minimum Age 17yrs) .....

Address.....

..... Postcode.....Affiliated Club .....

E-mail Address.....UKA Licence Number .....

**Declaration:** I wish to enter the AN RES HELLYS. I hereby declare that I am medically fit to run and I understand that whilst the organisers will make every effort to ensure my safety they will not in any way be held responsible for any injury, illness, damage or loss to my person or possessions during or as a result of my participation in the event. I will be 17 years old or older on the race day. I agree to abide by UKA Rules.

**Data Protection:** The information you provide will be used for the purpose of race results, information and identification for health and safety reasons. The information will be made available to members of the results team, appropriate race officials and UK Athletics.

Signed..... Date.....

I Enclose the Event Fee of: **£16** Affiliated  **£18** Non-Affiliated  (£2 extra on the day)

Cheques payable to: **Carn Runners** Closing date for entries: **Friday 29<sup>th</sup> March 2019**

Please Return Completed Form and Appropriate Entry Fee To:-

An Res Hellys, Jan Sargent, Byeways, Lewannick Road, Cubert, Cornwall, TR8 5HJ

**Email Enquiries:** [peteandjansargent@hotmail.co.uk](mailto:peteandjansargent@hotmail.co.uk)

Please note: We cannot acknowledge receipt of entry forms. Race numbers to be collected on day.

The race will be chip timed however placings will be awarded using gun to chip times.

