

SHOW THE BEST 2018/19

FIRST QUARTER'S LEAGUE TABLE

The league table for the first quarter of the 2018/19 Show the Best competition is attached. The best performances at a qualifying distance are shown for all members who have completed at least one qualifying race but, to be ranked, two qualifying distances need to have been completed. The best two performances for each qualifying member have been highlighted in red and these are the percentages which give the average in the end column.

The best individual performance in the first quarter was Tommy Polglase's 77.55% for the Mob Match (actual time 36:32). The best individual performance by a female member was Meryl Elstone's 75.04% for the Penrose parkrun (actual time 22:22).

The leader of the competition this quarter is Barrie Cardew with an average percentage of 77.37%. Jon Eldon is in second place with an average percentage of 75.08% and Craig Hall is in third place with an average percentage of 74.60%. The top female member is Meryl Elstone who is in fourth place overall with an average percentage of 73.61% with Sandy Jamieson the second placed female with an average percentage of 73.22%.

There are thirty eight members who have qualified in the first quarter compared with forty eight who qualified in the first quarter of last year. There are another thirty nine members who have completed one qualifying distance so they will need to complete two more qualifying distance to be ranked at the end of April. All other members who have not raced at a qualifying distance since 1 November 2018 will need to have completed three races at qualifying distances to be ranked at the end of April.

The actual times which give the percentages in the league table are shown in the summary attached to the table. If a member has any queries on the times shown please refer them to me.

I can confirm that I monitor all the road and multi terrain grand prix results, Penrose, Heartlands and Trelissick parkruns and any other major races within Cornwall (using the Tamar Trotters results page) but, if any member does a race over one of the qualifying distances in any other event, it would be helpful if you let me know your result in order that I can include it in the tables.

Barry Drew