

BOCONNOC 6 -26TH JUNE 2019

Position	Time	Name	Team	Category	Pace
1	0:30:42	YEARLING, Sam	Plymouth Harriers	Male under 35	04:52.3
2	0:30:52	TREGONNING, David	St Austell Running Club	Male under 35	04:53.9
3	0:31:01	SMERDON, Marc	East Cornwall Harriers	Male under 35	04:55.3
4	0:31:03	KIRTON, James	Truro Running Club	Male under 35	04:55.6
5	0:31:11	CUTLAN, James	St Austell Running Club	Male under 35	04:56.9
6	0:31:17	STEVENS, Paul	St Austell Running Club	Male Vet 40-44	04:57.8
7	0:31:31	STACEY, Doug	East Cornwall Harriers	Male Vet 40-44	05:00.0
8	0:31:44	MARPLES, Alex	Truro Running Club	Male Vet 40-44	05:02.1
9	0:31:55	JONES, Oliver	East Cornwall Harriers	Male Vet 45-49	05:03.9
10	0:32:05	HOWES, Dan	PB Running Club	Male Vet 40-44	05:05.4
11	0:32:16	HOWARD-ENDEAN, Jacob	St Austell Running Club	Male under 35	05:07.2
12	0:32:45	SOLE, Paul	Cornwall AC	Male Vet 40-44	05:11.8
13	0:33:05	BARNET, James	Falmouth Road Runners	Male under 35	05:15.0
14	0:33:23	BRYDON, James Lee	St Austell Running Club	Male under 35	05:17.8
15	0:33:33	MURRANT, Kieran	Falmouth Road Runners	Male under 35	05:19.4
16	0:33:35	MILLS-SHUTE, Samuel	East Cornwall Harriers	Male under 35	05:19.7
17	0:33:41	DEACON, Mark	Looe Pioneers	Male under 35	05:20.7
18	0:33:58	STANDING, Rob	Truro Running Club	Male Vet 45-49	05:23.4
19	0:34:08	PARKS, Jason	St Austell Running Club	Male Vet 35-39	05:25.0
20	0:34:11	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44	05:25.4
21	0:34:13	SAWFORD, Paul	Carn Runners	Male Vet 50-54	05:25.8
22	0:34:55	LOWE, Toby	Newquay Road Runners	Male Vet 45-49	05:32.4
23	0:34:58	DANIELL, Jamie		Male under 35	05:32.9
24	0:35:00	AMY, Martin	St Petrocs Dragons Tri Club	Male Vet 35-39	05:33.2
25	0:35:10	BAKER, Naomi	Launceston Road Runners	Female under 35	05:34.8
26	0:35:11	YOULDEN, Jamie	St Austell Running Club	Male Vet 40-44	05:35.0
27	0:35:19	HIEBER, Ben	Newquay Road Runners	Male Vet 55-59	05:36.2
28	0:35:20	WILLS, Marcus	East Cornwall Harriers	Male Vet 35-39	05:36.4
29	0:35:24	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	05:37.0
30	0:35:32	ROOSE, Darren	Newquay Road Runners	Male Vet 40-44	05:38.3
31	0:35:41	TURNER, James		Male Vet 40-44	05:39.7
32	0:36:02	SOLE, Amy	Cornwall AC	Female under 35	05:43.1
33	0:36:10	STAFF, Dale	Looe Pioneers	Male Vet 40-44	05:44.3
34	0:36:11	KENDALL, Carly	St Austell Running Club	Female under 35	05:44.5
35	0:36:16	GREER, Mike	St Austell Running Club	Male Vet 35-39	05:45.3
36	0:36:18	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	05:45.6
37	0:36:20	HENDERSON, Mathew	St Austell Running Club	Male under 35	05:45.9
38	0:36:21	PHILP, David	East Cornwall Harriers	Male Vet 55-59	05:46.1
39	0:36:27	TWIGGS, Tim	Mounts Bay Harriers	Male Vet 50-54	05:47.0
40	0:36:33	DAVIES, Matt	East Cornwall Harriers	Male under 35	05:48.0
41	0:36:34	MCLEAN, Luke	Mounts Bay Harriers	Male Vet 35-39	05:48.1
42	0:36:41	CARTER, Lee	Newquay Road Runners	Male under 35	05:49.2
43	0:36:44	CROWLE, Cadan	East Cornwall Harriers	Male under 35	05:49.7
44	0:36:54	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	05:51.3
45	0:36:58	CROWLE, Arron	East Cornwall Harriers	Male under 35	05:51.9
46	0:37:03	CARDEW, Barrie	Carn Runners	Male Vet 60-64	05:52.7
47	0:37:11	WILLIAMS, Gary	Looe Pioneers	Male Vet 35-39	05:54.0
48	0:37:20	TAMBLING, Lee	St Austell Running Club	Male Vet 35-39	05:55.4
49	0:37:31	PATTERSON, Kaye	East Cornwall Harriers	Female under 35	05:57.2
50	0:37:37	BATHE, Colin	Truro Running Club	Male Vet 50-54	05:58.1
51	0:37:43	BLEWETT, Derren	St Austell Running Club	Male Vet 50-54	05:59.1
52	0:37:53	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	06:00.7
53	0:37:54	YEARLING, Michael	Plymouth Harriers	Male Vet 45-49	06:00.8
54	0:37:58	MENSING, Claire	Truro Running Club	Female Vet 45-49	06:01.5
55	0:38:00	GRZENDA, Matthew	Plymouth Musketeers	Male Vet 40-44	06:01.8
56	0:38:04	PHILP, Damian	Bodmin Road Runners	Male Vet 35-39	06:02.4
57	0:38:19	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	06:04.8
58	0:38:37	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	06:07.6
59	0:38:41	SPENCER, Julian	Truro Running Club	Male Vet 50-54	06:08.3

60	0:39:01	TUNNEY, Mike	Bude Rats	Male Vet 50-54	06:11.5
61	0:39:01	BAKER, Emma	Launceston Road Runners	Female under 35	06:11.5
62	0:39:03	POOL, Oliver	Truro Running Club	Male Vet 40-44	06:11.8
63	0:39:07	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-39	06:12.4
64	0:39:11	ADIE, Gordon	Truro Running Club	Male Vet 55-59	06:13.0
65	0:39:15	CHASE, Andy	St Austell Running Club	Male under 35	06:13.7
66	0:39:16	OSBORNE, Barry	PB Running Club	Male Vet 45-49	06:13.8
67	0:39:18	GILES, Alan	St Austell Running Club	Male Vet 35-39	06:14.2
68	0:39:23	ARROWSMITH, Paul	East Cornwall Harriers	Male Vet 40-44	06:14.9
69	0:39:30	EMMETT, Mark	Thame Road Runners	Male Vet 55-59	06:16.1
70	0:39:31	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	06:16.2
71	0:39:32	MOUNTFORD, Frazer	Newquay Road Runners	Male Vet 35-39	06:16.4
72	0:39:34	WALTERS, Karen	Newquay Road Runners	Female Vet 45-49	06:16.7
73	0:39:38	MARKS, Stacie	St Austell Running Club	Female under 35	06:17.3
74	0:39:42	HARTILL, Gail	Bodmin Road Runners	Female Vet 45-49	06:18.0
75	0:39:45	WILLIAMS, Andy	Truro Running Club	Male Vet 45-49	06:18.4
76	0:39:52	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	06:19.6
77	0:39:55	ROSS, Andrew	Bodmin Road Runners	Male Vet 55-59	06:20.0
78	0:40:03	BEARD, Robert	PB Running Club	Male Vet 50-54	06:21.3
79	0:40:09	MORSE, Helen	East Cornwall Harriers	Female under 35	06:22.2
80	0:40:35	WILSON, Michael	Truro Running Club	Male Vet 60-64	06:26.4
81	0:40:41	RILEY, Lea		Male Vet 35-39	06:27.3
82	0:40:47	BRAY, Vivian	Cornwall AC	Male Vet 50-54	06:28.3
83	0:40:48	JONES, Mark	Launceston Road Runners	Male Vet 40-44	06:28.4
84	0:40:52	SEARLE, Dee	Mounts Bay Harriers	Female Vet 35-39	06:29.1
85	0:40:53	ELDING, Shannon	St Austell Running Club	Male under 35	06:29.2
86	0:40:55	STEPHENS, Emma	Bodmin Road Runners	Female under 35	06:29.5
87	0:40:55	DUBARE, Ervin	St Austell Running Club	Male Vet 35-39	06:29.5
88	0:40:57	HUTCHINSON, Stephen	Bude Rats	Male Vet 65-69	06:29.9
89	0:41:15	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54	06:32.7
90	0:41:30	GIBSON, Mandy	Looe Pioneers	Female Vet 40-44	06:35.1
91	0:41:31	MILLWARD, Andy	Carn Runners	Male Vet 55-59	06:35.3
92	0:41:36	THOMAS, Rachael	Cornwall AC	Female Vet 45-49	06:36.1
93	0:41:42	TURPIE, Aimee	East Cornwall Harriers	Female under 35	06:37.0
94	0:41:43	HOWARD-ENDEAN, Jessica		Female under 35	06:37.2
95	0:41:46	ELLIS, Rebecca	Bodmin Womens RC	Female under 35	06:37.6
96	0:41:47	SPARKES, Vicki	Bodmin Road Runners	Female Vet 35-39	06:37.8
97	0:41:50	BRYDON, Jackie	PB Running Club	Female Vet 50-54	06:38.3
98	0:41:56	SKEA, Katie	Bodmin Road Runners	Female Vet 40-44	06:39.2
99	0:41:58	EVANS, Max	Looe Pioneers	Male under 35	06:39.5
100	0:42:05	EGGINTON, Michael	East Cornwall Harriers	Male Vet 55-59	06:40.7
101	0:42:12	SOLOMON, Pam	PB Running Club	Female Vet 55-59	06:41.8
102	0:42:12	GWYNNE, Paul	Mud Crew Trail Runners	Male Vet 50-54	06:41.8
103	0:42:14	BEARD, Sharon	Bodmin Road Runners	Female Vet 45-49	06:42.1
104	0:42:18	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	06:42.7
105	0:42:22	COX, Clive		Male Vet 55-59	06:43.4
106	0:42:26	FERGUSON, Andrew	Truro Running Club	Male Vet 50-54	06:44.0
107	0:42:29	FOSTER, James		Male Vet 45-49	06:44.5
108	0:42:31	COLEY, Alex	East Cornwall Harriers	Male under 35	06:44.8
109	0:42:32	ANSELL, Terry		Male Vet 40-44	06:44.9
110	0:42:33	BUSCOMBE, Ross	St Austell Running Club	Male under 35	06:45.1
111	0:42:39	LANGSTAFF, Emma	Looe Pioneers	Female Vet 40-44	06:46.1
112	0:42:44	SOLOMON, Andrew	PB Running Club	Male Vet 55-59	06:46.8
113	0:42:47	ROWE, Gareth	Newquay Road Runners	Male Vet 60-64	06:47.3
114	0:42:52	MITCHELL, Debbie	Hayle Runners	Female Vet 40-44	06:48.1
115	0:43:04	SLEEMAN, Jenna		Female under 35	06:50.0
116	0:43:07	GRAVES, Les	Newquay Road Runners	Male Vet 60-64	06:50.5
117	0:43:26	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	06:53.5
118	0:43:38	VAUGHNLEY, Craig	East Cornwall Harriers	Male Vet 45-49	06:55.4
119	0:43:41	MERRETT, Trish	Hayle Runners	Female Vet 50-54	06:55.9
120	0:43:48	SUDELL, John	East Cornwall Harriers	Male Vet 60-64	06:57.0
121	0:43:55	BICKLE, Andrew	100 Marathon Club	Male Vet 60-64	06:58.1
122	0:44:10	BALDWIN, Mike	Hayle Runners	Male Vet 55-59	07:00.5

123	0:44:15	NICHOLLS, Meeta	East Cornwall Harriers	Female Vet 40-44	07:01.3
124	0:44:16	HOLLAND, Sarah	Tavistock AC	Female Vet 40-44	07:01.4
125	0:44:17	KERNAGHAN, Robert	Looe Pioneers	Male Vet 45-49	07:01.6
126	0:44:19	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-49	07:01.9
127	0:44:22	STEDMAN, Jane	100 Marathon Club	Female Vet 55-59	07:02.4
128	0:44:23	BOARDMAN, Antony		Male Vet 45-49	07:02.6
129	0:44:25	CARTER, Benedicte	Launceston Road Runners	Female Vet 35-39	07:02.9
130	0:44:29	BURKEY, Angela		Female Vet 40-44	07:03.5
131	0:44:34	HEARNDEN, Megan	Looe Pioneers	Female under 35	07:04.3
132	0:44:38	VIEIRA, Armando	St Austell Running Club	Male Vet 40-44	07:04.9
133	0:44:44	BARNFIELD, Marty		Male Vet 45-49	07:05.9
134	0:44:54	LUCAS, Andrew	Mud Crew Trail Runners	Male Vet 50-54	07:07.5
135	0:44:55	PARSONS, Annie		Female under 35	07:07.6
136	0:45:10	ROWE, Maisie		Female Vet 40-44	07:10.0
137	0:45:12	KENT, Mele	Newquay Road Runners	Female Vet 45-49	07:10.3
138	0:45:14	MCKEE, Clare	Bodmin Road Runners	Female Vet 40-44	07:10.7
139	0:45:14	FULLER, Darrell	St Petrocs Dragons Tri Club	Male Vet 50-54	07:10.7
140	0:45:16	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	07:11.0
141	0:45:17	PHILLIPS, Matt	St Austell Running Club	Male Vet 50-54	07:11.1
142	0:45:27	GEEVES, Jo	St Austell Brewery Proper Joggers	Female under 35	07:12.7
143	0:45:34	MOORE, Jane	St Austell Running Club	Female Vet 55-59	07:13.8
144	0:45:34	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	07:13.8
145	0:45:44	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	07:15.4
146	0:45:48	SARGENT, Pete	South West Vets AC	Male Vet 70-74	07:16.0
147	0:45:49	RILEY, Gemma	Looe Pioneers	Female Vet 35-39	07:16.2
148	0:45:57	HATWELL, Barn		Male under 35	07:17.5
149	0:46:00	WILLIAMS, Amy	East Cornwall Harriers	Female Vet 35-39	07:18.0
150	0:46:21	FULLER, Clare	St Petrocs Dragons Tri Club	Female Vet 45-49	07:21.3
151	0:46:33	ANDREWS, Mark	East Cornwall Harriers	Male Vet 60-64	07:23.2
152	0:46:38	WERRAN, Louise	Launceston Road Runners	Female Vet 40-44	07:24.0
153	0:46:45	MORSE, Nicky	Mounts Bay Harriers	Male Vet 60-64	07:25.1
154	0:46:48	VAN HEERDEN, Dillan	St Austell Running Club	Male Vet 45-49	07:25.6
155	0:46:49	JAMIESON, Craig	East Cornwall Harriers	Male Vet 55-59	07:25.7
156	0:46:54	CARTER, Anna	Newquay Road Runners	Female under 35	07:26.5
157	0:46:57	ACASTER, Dawn	Launceston Road Runners	Female Vet 40-44	07:27.0
158	0:46:58	STEVENSON, Helen	Bodmin Road Runners	Female Vet 35-39	07:27.2
159	0:47:00	SARGENT, Kelly	Launceston Road Runners	Female Vet 40-44	07:27.5
160	0:47:07	SPEAKE, Georgina	St Austell Running Club	Female Vet 40-44	07:28.6
161	0:47:12	STEWART, Juliet	Truro Running Club	Female Vet 50-54	07:29.4
162	0:47:16	KERLEY, Tara	St Austell Running Club	Female under 35	07:30.0
163	0:47:19	ROWE, Paul	Bodmin Road Runners	Male Vet 45-49	07:30.5
164	0:47:22	STEPHENS, Jane	PB Running Club	Female Vet 50-54	07:31.0
165	0:47:27	DREW, Peter	Carn Runners	Male Vet 70-74	07:31.8
166	0:47:28	WATERING, Liam		Male under 35	07:31.9
167	0:47:30	WILLIAMS, Nikki	Looe Pioneers	Female Vet 40-44	07:32.2
168	0:47:31	ROOSE, Alison	Newquay Road Runners	Female Vet 40-44	07:32.4
169	0:47:32	WARREN, Diane	Hayle Runners	Female Vet 60-64	07:32.6
170	0:47:50	MERRETT, Graham	Hayle Runners	Male Vet 60-64	07:35.4
171	0:47:51	MARSHALL, Nigel	St Austell Running Club	Male Vet 45-49	07:35.6
172	0:47:55	WISE, Rebecca	Launceston Road Runners	Female Vet 40-44	07:36.2
173	0:47:59	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	07:36.8
174	0:48:01	HAMILTON, Mark		Male Vet 60-64	07:37.2
175	0:48:07	PAYNE, Holly	St Austell Running Club	Female under 35	07:38.1
176	0:48:10	COOK, Damian	Mounts Bay Harriers	Male Vet 45-49	07:38.6
177	0:48:13	BATHE, Nicola	Truro Running Club	Female Vet 45-49	07:39.1
178	0:48:23	LAWES, Helen	Looe Pioneers	Female Vet 45-49	07:40.6
179	0:48:24	COOKE-DAVIES, Louise	Newquay Road Runners	Female Vet 50-54	07:40.8
180	0:48:26	WATSON, Janet	Falmouth Road Runners	Female Vet 65-69	07:41.1
181	0:48:28	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	07:41.4
182	0:48:34	MUDD, Calvin	Bodmin Road Runners	Male Vet 45-49	07:42.4
183	0:48:44	HILL, Charlie		Male Vet 35-39	07:44.0
184	0:48:45	ROWE, Jane	Newquay Road Runners	Female Vet 55-59	07:44.1
185	0:48:51	LOEWENDAHL, Jake		Male Vet 65-69	07:45.1

186	0:48:54	BOWDEN, John	Looe Pioneers	Male Vet 60-64	07:45.6
187	0:48:57	GLENCROSS, Matthew		Male Vet 45-49	07:46.0
188	0:49:00	TYLER, Jacky	Bodmin Road Runners	Female Vet 60-64	07:46.5
189	0:49:01	GREGORY, Michael		Male Vet 45-49	07:46.7
190	0:49:03	KOENEN, Jurgen		Male Vet 50-54	07:47.0
191	0:49:04	JOHNS, Kylie	St Austell Running Club	Female under 35	07:47.2
192	0:49:07	ROBERTS, Mary	Launceston Road Runners	Female Vet 45-49	07:47.6
193	0:49:11	BUSE, Zoe	Bodmin Road Runners	Female Vet 45-49	07:48.3
194	0:49:20	STRINGER, Kayleigh	Launceston Road Runners	Female under 35	07:49.7
195	0:49:24	DAVEY, Tracey	East Cornwall Harriers	Female Vet 45-49	07:50.3
196	0:49:25	BROWN, Lorraine	Truro Running Club	Female Vet 45-49	07:50.5
197	0:49:32	VIEIRA, Paula	St Austell Running Club	Female Vet 40-44	07:51.6
198	0:49:39	EDYVEAN, Dave	St Austell Brewery Proper Joggers	Male Vet 45-49	07:52.7
199	0:49:40	MILLWARD, Laura	Carn Runners	Female Vet 55-59	07:52.9
200	0:49:48	DREW, Barry	Carn Runners	Male Vet 70-74	07:54.1
201	0:49:55	KERLEY, Linda		Female Vet 55-59	07:55.2
202	0:50:03	PETTIT, Daniel		Male Vet 50-54	07:56.5
203	0:50:11	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 60-64	07:57.8
204	0:50:16	JENKIN, Steven	Cornwall AC	Male Vet 45-49	07:58.6
205	0:50:19	WILTON, David	Falmouth Road Runners	Male Vet 60-64	07:59.1
206	0:50:22	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	07:59.5
207	0:50:48	CLINTON, Sophie	Bodmin Road Runners	Female under 35	08:03.7
208	0:50:55	MAYWOOD, Kirstie	Looe Pioneers	Female Vet 50-54	08:04.8
209	0:50:58	HARRISON, Victoria	Launceston Road Runners	Female Vet 40-44	08:05.2
210	0:51:08	RINGER, Ian	Bodmin Road Runners	Male Vet 70-74	08:06.8
211	0:51:15	ROWE, Sam	Mounts Bay Harriers	Female Vet 45-49	08:07.9
212	0:51:19	EGGINTON, Liz	East Cornwall Harriers	Female Vet 50-54	08:08.6
213	0:51:39	ROSKILLY, Michelle	Hayle Runners	Female Vet 45-49	08:11.7
214	0:51:45	LONG, Fran	Hayle Runners	Female Vet 55-59	08:12.7
215	0:51:55	CLARKE, Ray		Male Vet 45-49	08:14.3
216	0:51:58	COLEY, Simon	East Cornwall Harriers	Male Vet 50-54	08:14.8
217	0:52:01	SMERDON, Lindsey		Female under 35	08:15.2
218	0:52:10	FELL, Kim	St Austell Running Club	Female under 35	08:16.7
219	0:52:18	TILLEY, John	Bodmin Road Runners	Male Vet 65-69	08:17.9
220	0:52:24	RUSSELL, Fiona	Truro Running Club	Female Vet 50-54	08:18.9
221	0:52:37	BILLS, Kelly	Carn Runners	Female Vet 40-44	08:21.0
222	0:52:38	HOGG, Alice		Female under 35	08:21.1
223	0:52:39	SMITH, Graham	Falmouth Road Runners	Male Vet 55-59	08:21.3
224	0:52:40	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	08:21.4
225	0:52:42	FALLON, Susan	Thame Road Runners	Female Vet 55-59	08:21.7
226	0:52:51	PARKER, Kerrie	Bodmin Road Runners	Female Vet 45-49	08:23.2
227	0:52:52	LOOSLEY, Alison	St Austell Running Club	Female Vet 50-54	08:23.3
228	0:52:56	CHAPMAN, Sharon		Female Vet 45-49	08:24.0
229	0:52:57	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	08:24.1
230	0:53:05	HAMER, Tamzin		Female Vet 40-44	08:25.4
231	0:53:10	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	08:26.2
232	0:53:13	BUSCOMBE, Lisa	Truro Running Club	Female Vet 45-49	08:26.7
233	0:53:25	FULLER, Lucy		Female under 35	08:28.6
234	0:53:26	BAKER, Phillipa	Launceston Road Runners	Female Vet 60-64	08:28.7
235	0:53:26	CORNELIUS, Barry	St Austell Brewery Proper Joggers	Male Vet 55-59	08:28.7
236	0:53:27	MULLIS, Katherine		Female under 35	08:28.9
237	0:53:31	BROWN, Andrew	Truro Running Club	Male Vet 55-59	08:29.5
238	0:53:38	BARRIBALL, Ann	Launceston Road Runners	Female Vet 45-49	08:30.6
239	0:53:52	LAMBERT, Eve		Female Vet 40-44	08:32.9
240	0:53:54	COLES, Grant	St Austell Brewery Proper Joggers	Male under 35	08:33.2
241	0:53:55	FRANK, Michelle		Female Vet 45-49	08:33.3
242	0:54:03	BEAZLEY, Steve	East Cornwall Harriers	Male Vet 55-59	08:34.6
243	0:54:27	BOWDEN, Geraldine	Looe Pioneers	Female Vet 55-59	08:38.4
244	0:55:37	BRENTON, Nicky		Female Vet 50-54	08:49.5
245	0:55:41	STEDMAN, John	Bodmin Road Runners	Male Vet 55-59	08:50.2
246	0:55:43	HATWELL, Claire	Lonely Goats RC	Female Vet 35-39	08:50.5
247	0:55:56	HOPE, Daniel	St Austell Running Club	Male Vet 35-39	08:52.5
248	0:56:07	CAREY, Eliza	Bodmin Road Runners	Female Vet 45-49	08:54.3

249	0:56:07	CAREY, Nicholas	Bodmin Road Runners	Male Vet 40-44	08:54.3
250	0:56:42	HART, Katy		Female Vet 40-44	08:59.8
251	0:56:44	CHAMBERS, Bernadette		Female Vet 35-39	09:00.1
252	0:56:44	GRAY, Mary		Male under 35	09:00.1
253	0:56:48	WELCH, Craig	Bodmin Road Runners	Male Vet 35-39	09:00.8
254	0:57:18	TILLEY, Suzanne	Tamar Trotters	Female Vet 35-39	09:05.5
255	0:57:27	DAVIES, Jessica	St Austell Running Club	Female Vet 35-39	09:07.0
256	0:57:27	CRADDOCK, Jo	St Austell Running Club	Female Vet 45-49	09:07.0
257	0:57:32	DUDMAN, Kate	Bodmin Womens RC	Female Vet 40-44	09:07.8
258	0:57:34	COX, Alison	Bodmin Womens RC	Female Vet 55-59	09:08.1
259	0:57:36	GODFREY, Nicola	Bodmin Womens RC	Female Vet 40-44	09:08.4
260	0:57:58	CROWLE, Kim	East Cornwall Harriers	Female Vet 40-44	09:11.9
261	0:58:05	LIDIARD, Sandra	Bodmin Womens RC	Female Vet 45-49	09:13.0
262	0:58:10	WILLIAMS, David	Launceston Road Runners	Male Vet 55-59	09:13.8
263	0:58:18	BURDEN, Jennifer	St Austell Running Club	Female Vet 35-39	09:15.1
264	0:58:22	SMITH, Deirdre	Bodmin Road Runners	Female Vet 50-54	09:15.7
265	0:58:49	WADE, Margaret	Carn Runners	Female Vet 65-69	09:20.0
266	0:58:59	JONES, Broni	St Austell Running Club	Female Vet 40-44	09:21.6
267	0:59:07	ATHERTON, Julie	Bodmin Road Runners	Female Vet 50-54	09:22.8
268	0:59:15	ANDREWS, Damian	PB Running Club	Male Vet 35-39	09:24.1
269	0:59:40	RAPIER, Jacquie	Falmouth Road Runners	Female Vet 60-64	09:28.1
270	1:00:21	SANDS, Samie	Looe Pioneers	Female under 35	09:34.6
271	1:00:25	NELSON, Sadie	PB Running Club	Female Vet 40-44	09:35.2
272	1:00:47	KINGTON, Norris	Cornwall AC	Male Vet 75-79	09:38.7
273	1:00:54	BOLT, Adrian	Truro Running Club	Male Vet 50-54	09:39.8
274	1:01:05	CHOAK, Sarah	Falmouth Road Runners	Female Vet 50-54	09:41.6
275	1:01:20	ROWLEDGE, Becky		Female Vet 35-39	09:43.9
276	1:01:20	BOND, Nina	Looe Pioneers	Female under 35	09:43.9
277	1:01:28	CHAPMAN, Jackie	Launceston Road Runners	Female Vet 55-59	09:45.2
278	1:02:14	ALLEN, Trevor	Acorns A C	Male Vet 35-39	09:52.5
279	1:02:39	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	09:56.5
280	1:02:45	MASSEY, Jennie	Hayle Runners	Female Vet 55-59	09:57.4
281	1:04:20	TREVAINS, Rosie	Bodmin Womens RC	Female under 35	10:12.5
282	1:04:20	BANBURY, David		Male Vet 55-59	10:12.5
283	1:04:40	SULLIVAN, Paul		Male Vet 50-54	10:15.7
284	1:04:40	BOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-54	10:15.7
285	1:04:41	BAINES, Tracie		Female Vet 50-54	10:15.8
286	1:05:13	WILLETTS, Chris		Male Vet 35-39	10:20.9
287	1:05:17	TURNER, Sally	St Austell Running Club	Female Vet 45-49	10:21.6
288	1:05:31	SULLY, Karen	Bodmin Road Runners	Female Vet 50-54	10:23.8
289	1:06:16	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	10:30.9
290	1:07:02	LEVENE, Duncan	Hazlemere Runners	Male Vet 35-39	10:38.2
291	1:07:12	SAUNDERS, Kathy	Looe Pioneers	Female Vet 65-69	10:39.8
292	1:07:27	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	10:42.2
293	1:07:39	WILLS, Janet	St Austell Running Club	Female Vet 65-69	10:44.1
294	1:08:32	SEYMOUR, Anna	St Austell Running Club	Female Vet 35-39	10:52.5
295	1:08:41	MORSE, Jackie	Bys Vyken	Female Vet 55-59	10:53.9
296	1:08:41	TRUDGEON, Yvonne		Female Vet 55-59	10:53.9
297	1:09:17	DREW, Carole	Carn Runners	Female Vet 70-74	10:59.6
298	1:09:17	WRIGHT, Michael	Hayle Runners	Male Vet 70-74	10:59.6
299	1:09:47	PENGELLY, Shaun	Looe Pioneers	Male Vet 50-54	11:04.4
300	1:09:48	COOPER, Guy	Looe Pioneers	Male Vet 45-49	11:04.6
301	1:12:40	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	11:31.9
302	1:14:22	JOHNS, Sarah	Mounts Bay Harriers	Female Vet 40-44	11:48.0
303	1:14:22	JOHNS, Emma	Mounts Bay Harriers	Female Vet 40-44	11:48.0
304	1:15:07	WOLSTENCROFT, Zoe	Carn Runners	Female Vet 40-44	11:55.2
305	1:15:12	BOWDEN, Ian	Carn Runners	Male Vet 45-49	11:56.0
306	1:16:13	ADDISON, Kerry		Female Vet 50-54	12:05.7
307	1:16:58	WILLCOCK, Louise	Bodmin Womens RC	Female Vet 45-49	12:12.8
308	1:16:59	HAMBLEY, Sharon	Bodmin Womens RC	Female Vet 50-54	12:13.0
309	1:25:57	BUSCOMBE, Kayleigh	St Austell Running Club	Female under 35	13:38.3