

SHOW THE BEST 2018/19

FINAL LEAGUE TABLE

The final league table for the 2018/19 Show the Best competition is attached. The table shows the final rankings for all members who have completed races over four qualifying distances. Where more than four distances have been included for a member, the best four have been highlighted in red and these are the results which give the average in the end column.

The best individual performance in the final quarter was Paul Sawford's 79.16% for St Levan 10K (actual time 38:28). The best individual performance by a female member was Sandy Jamieson's 74.38% for the Summer Handicap (actual time 35:39).

The winner this year is Barrie Cardew, who has won for the first time after several near misses in recent years, with an average percentage of 77.66% for his best four performances. Glynn Davis is in second place on 77.44% with Paul Sawford in third place on 77.40%. Both Glynn and Paul are past winners of the trophy and, in the closest ever finish, Barrie was only 0.22% ahead of Glynn and Glynn was only 0.04% ahead of Paul. To put this in perspective Glynn would only need to have been 29 seconds quicker at St Levan 10K to have beaten Barrie and Paul would only need to have been 3 seconds quicker at the parkrun to have beaten Glynn. The highest placed female member is Meryl Elstone on 73.11% in fifth place overall with Margaret Wade the second placed female member in sixth place overall with an average of 72.45%.

Of the thirty nine members who were qualifiers in both this year and last year twenty one improved their percentage score and eighteen recorded a lower percentage this year.

There are ninety two members who completed at least one race at a qualifying distance this year compared with one hundred and four last year. Of these forty eight completed races at four distances and qualified to be ranked compared with fifty three last year. There were twelve members who completed races at three distances so, hopefully, they can be encouraged to race over four distances next year. This year there was only one member who completed races at all eight qualifying distances, namely Kathryn Marsh.

The actual times which give the percentages in the league table are shown in the summary attached to the table.

I hope to run the competition again in 2019/20 but, if anyone has any comments to make on the competition, I would be pleased to receive them.

Barry Drew