

**CARN RUNNERS  
SHOW THE BEST  
2018/19 SEASON  
FINAL TABLE**

**ACTUAL TIMES (ALPHABETICAL)**

	NAME	AGE AT	DISTANCE							
		01/11/2018	5KM	4MILES	5MILES	10KM	7MILES	10MILES	HALF MAR	MARATHON
1	Alex Hocking	38.48	38:20							
2	Ali Galloway	55.13	27:38			1:06:18		1:39:33	2:22:02	
3	Amanda Lawry	44.24	29:36							
4	Andrew Key	32.80		24:08	30:14	39:53		1:15:13	1:24:35	3:06:54
5	Andy Millward	58.27	22:02	29:15	37:00			1:16:34	1:43:54	3:43:05
6	Ashley Holt	30.16		36:05	45:49	57:26			2:29:16	
7	Barrie Cardew	60.24	20:58	27:38	33:54	41:17	49:57	1:09:53	1:35:26	
8	Barry Drew	71.36	27:06		44:46	56:21		1:32:15	2:12:59	
9	Carole Drew	70.99	34:55		58:50	1:16:29				
10	Caroline Phillips	52.72	45:12							
11	Carrie Fisher	25.13	34:47							
12	Cedric Johns	74.47	30:32	42:44	56:19		1:18:43			
13	Ceri Harvey	41.43	25:27			49:53				
14	Chris Rowe	52.33		30:25	39:24	48:37		1:22:06	1:54:55	
15	Claire Payne	47.78		41:52	52:27	1:03:23	1:21:54		2:43:55	
16	Clair Richards	42.91		35:14	41:41	54:05		2:00:30	2:20:32	
17	Craig Hall	44.45	25:26	24:30	30:57		48:08	1:18:26		
18	Dawn Scallan	47.02			51:09				2:29:16	
19	Debbie Hocking	51.21	32:46						2:08:46	
20	Demelza Widdershoven	36.73	31:16	35:00		54:34		1:48:59	2:29:49	
21	Denise Cardew	57.14			47:57					
22	Dennis Burrell	73.97	47:24		57:38					
23	Diane Catterall	33.20		36:26	43:51	56:50		1:38:15	2:10:42	

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24	Emma Mankee	49.36	36:39			59:32		1:58:22	2:20:33	
25	Eoin Stockdale	48.08				1:00:30			2:29:35	
26	Faye Gibson	42.35			45:48	54:02				4:30:20
27	Gareth Evans	27.59		31:16		48:37				
28	Glynn Davis	54.56		25:42	31:13	41:08	46:17	1:08:57	1:31:32	
29	Greg May	37.78		30:58	37:38	47:50	57:56	1:21:56	1:57:08	
30	Hayley Martin	39.24	40:27		53:49			2:11:26	2:29:58	5:40:51
31	Hazel Brady	54.20	31:31			1:20:33			3:03:28	
32	Helen Staples	45.14	31:21							
33	Ian Bowden	47.68			59:15	1:32:08		2:03:46		
34	James Findlay	33.86	20:15	26:40	33:51	42:12	51:08	1:10:32	1:36:22	
35	Janet Ritchie	57.12			44:49	1:09:09				
36	Janna Eyre	37.17	23:31		38:29					3:46:20
37	Jason Vinnicombe	43.98		24:30	31:02		43:50	1:13:40	1:35:27	3:06:11
38	Jeanette Toy	48.29	32:42		57:23			1:59:09	2:48:45	
39	Joanne Sidney	34.10	31:13		51:29					
40	John Clements	56.07		34:34	44:36					
41	John Matthews	79.65	34:56							
42	John Mitchell	59.07				58:11				
43	Jon Eldon	58.26	19:54	26:17	33:06	44:30	49:42	1:16:35	1:37:52	
44	Jo Smitheram	44.60	37:09		1:01:03				2:40:55	
45	Judy Jameson	59.49	28:25	37:32		1:03:12		1:48:32	2:14:41	
46	Julian Lewis	50.11	20:27						1:50:39	
47	Julie Honeychurch	60.51			1:00:42	1:20:39			3:14:50	

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		01/11/2018	5KM	4MILES	5MILES	10KM	7MILES	10MILES	HALF MAR	MARATHON
48	Julie Matraves	50.27	30:28			1:04:41		1:47:49		5:21:09
49	Julie Toy	53.78								4:53:09
50	June Nisbet	57.29	32:48		56:13	1:12:03			2:56:08	
51	Katherine Dilleigh	47.01	27:50	39:50	48:12	1:00:17				
52	Kathryn Marsh	43.47	28:45	41:52	47:17	1:03:23	1:21:53	1:37:32	2:21:07	5:05:47
53	Kelly Bills	42.57	27:18		43:03				2:10:26	4:53:11
54	Laura Millward	56.56	25:36		49:40				2:04:35	4:19:07
55	Leanna Cox	46.15	34:12		58:08					
56	Lisa Uren	41.39			41:37	52:51				
57	Lorna Burton	45.21	39:57		1:03:33					
58	Lucy Jose	35.78	33:02		52:36					
59	Margaret Wade	67.01	28:30	36:55	47:16	58:27	1:10:31	1:37:19	2:18:37	
60	Marion Eldon	65.56			1:04:23					
61	Mark Dorrell	55.56	20:58					1:15:26	1:46:17	
62	Mark Harrington	54.50		32:51	42:16	51:59		1:28:39		
63	Mark Smitheram	45.70	22:56	27:53	37:28			1:41:53	1:40:26	3:53:29
64	Matt Walters	44.48			36:46				2:23:15	
65	Meryl Elstone	51.42	22:19	30:45	38:19	46:09		1:23:14	1:54:59	3:39:32
66	Mike Bawden	59.63	24:15		47:04	58:07		1:40:11	2:23:33	
67	Mike Mack	70.14		37:52	48:13	59:36		1:44:20	2:19:38	
68	Natalie Blewett	37.73	28:16					2:00:30	2:30:22	
69	Olivia Pellowe	41.59	23:53	31:28	38:46	50:51		1:24:13	1:55:54	
70	Paul Sawford	51.59	19:16		34:13	38:28			1:20:55	
71	Pete Kearney	56.17	20:51			43:41		1:23:07	1:43:18	





