

Bude Lifeboat Run

Wednesday 10 June 2015. 7:15 pm

Provisional Results for All Competitors in finish order.

	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
1	0:31:51 JENKIN, Mark	Bideford AAC	male 35-39	05:18.4	483
2	0:34:45 DEVENPORT, Peter	Bude Rats	male 15-34	05:47.4	1458
3	0:35:22 FERGUSON, Ian	Falmouth Road Runners	male 35-39	05:53.5	304
4	0:35:40 ANGELL, Dave	Mile High	male 15-34	05:56.5	239
5	0:36:03 CLARK, Mike	South Molton Strugglers	male 40-44	06:00.4	1412
6	0:36:11 RICHARDS, Gary	Carn Runners	male 45-49	06:01.7	425
7	0:36:33 SHAPLAND, Keith	Bideford AAC	NDB	06:05.4	1456
8	0:37:02 GARRET, Mike	Outdoor Adventure	male 15-34	06:10.2	430
9	0:37:05 BATEMAN, Dominic	Bodmin Road Runners	male 15-34	06:10.7	308
10	0:37:14 CARTHEY, Tom	Falmouth Road Runners	male 15-34	06:12.2	303
11	0:37:22 HOWELL, Tom	Mile High	male 15-34	06:13.5	1423
12	0:37:30 COLVIN, Brent	Bideford AAC	male 40-44	06:14.9	462
13	0:37:39 BLACKMAN, Jamie	Bideford AAC	male 15-34	06:16.4	228
14	0:37:42 HALL, Craig	Carn Runners	male 40-44	06:16.9	361
15	0:37:47 WILLIAMS, Simon S	St Austell RC	male 40-44	06:17.7	1426
16	0:37:57 LAMBERT, Anthony	Torrington AAC	male 40-44	06:19.4	1428
17	0:37:58 LONGHORN, Jason	Falmouth Road Runners	male 40-44	06:19.5	1424
18	0:38:15 LLOYD, Scott	Werrington Joggers	male 35-39	06:22.4	1417
19	0:38:18 KNIGHT, Mark	Launceston Road Runners	male 15-34	06:22.9	500
20	0:38:20 HUTCHESON, Mark	Bude Rats	male 50-54	06:23.2	326
21	0:38:26 TITHECOTT, Simon	Torrington AAC	male 40-44	06:24.2	1429
22	0:38:28 SARA, Wayne	Truro Running Club	male 35-39	06:24.5	398
23	0:38:30 VINNICOMBE, Jason	Carn Runners	male 40-44	06:24.9	204
24	0:38:37 LITTLEJOHNS, Mark	Falmouth Road Runners	male 40-44	06:26.0	397
25	0:38:40 CORTHINE, Paul	Bude Rats	male 15-34	06:26.5	458
26	0:39:10 JEWELL, James	Bideford AAC	male 35-39	06:31.5	226
27	0:39:15 RENDLE, Steve	Newquay Road Runners	male 45-49	06:32.4	492
28	0:39:23 ANDREW, Brian	Bideford AAC	male 15-34	06:33.7	1437
29	0:39:34 MURPHY, Carl	Torrington AAC	male 35-39	06:35.5	300
30	0:39:36 VERNON, Andrew	Okehampton R C	male 45-49	06:35.9	407
31	0:39:39 RADLEY, Drew	Outdoor Adventure	male 15-34	06:36.4	432
32	0:39:42 STARKEY, Debbie	St Austell RC	female 40-44	06:36.9	334
33	0:39:59 WOLFENDEN-BROWN, Lewis	Outdoor Adventure	male 15-34	06:39.7	431
34	0:40:11 WATSON, Robin	Falmouth Road Runners	male 50-54	06:41.7	272
35	0:40:14 YEARLING, Michael		male 40-44	06:42.2	464
36	0:40:19 GWYNNE, Paul	Mud Crew	male 50-54	06:43.0	259
37	0:40:20 SHUTE, Clive	East Cornwall Harriers	male 35-39	06:43.2	269
38	0:40:27 STURTRIDGE, Nick	Bideford AAC	male 50-54	06:44.4	1435
39	0:40:32 MURRAY, James	Newquay Road Runners	male 40-44	06:45.2	499
40	0:40:33 ALLEN, Peter	Newquay Road Runners	male 55-59	06:45.4	244
41	0:40:35 TOMES, Pete		male 35-39	06:45.7	455
42	0:40:45 ULLMAN, Chris	East Cornwall Harriers	male 40-44	06:47.4	1422
43	0:40:46 MORWOOD, Sarah	Mud Crew	female 15-34	06:47.5	476
44	0:40:53 CARDOO, Brown	Bude Lifeboat Crew	male 35-39	06:48.7	482
45	0:40:59 CROWLE, Ian	East Cornwall Harriers	male 55-59	06:49.7	424
46	0:41:06 NASH, Jenny	East Cornwall Harriers	female 50-54	06:50.9	292
47	0:41:11 ASTLEY, Hannah		female 35-39	06:51.7	236
48	0:41:18 COPELAND, Barry	Tamar Trotters	male 55-59	06:52.9	1414
49	0:41:23 TUCKER, Chris	Bude Rats	male 35-39	06:53.7	316
50	0:41:25 SQUIRE, Darren	St Austell RC	male 40-44	06:54.0	340
51	0:41:27 WOOLDRIDGE, David	Newquay Road Runners	male 50-54	06:54.4	1450
52	0:41:30 ABBOTT, Brian	St Austell RC	male 50-54	06:54.9	331
53	0:41:38 SIMS, Andrew	East Cornwall Harriers	male 45-49	06:56.2	401
54	0:41:41 EYRE, Janna	Carn Runners	female 15-34	06:56.7	240
55	0:41:47 ALDIS, Philip	Bude Rats	male 50-54	06:57.7	225
56	0:41:48 PEARSON, Andrew	Bideford AAC	male 40-44	06:57.9	419

	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
57	0:42:00 SCAIFE, Lloyd		male 15-34	06:59.9	439
58	0:42:07 MURRIN, Tommy	Outdoor Adventure	male 15-34	07:01.0	429
59	0:42:12 HILL, Jeremy	St Austell RC	male 50-54	07:01.9	1438
60	0:42:16 BRYDON, James	Bodmin Road Runners	male 15-34	07:02.5	311
61	0:42:26 STAPLETON, Wayne	Torrington AAC	male 40-44	07:04.2	393
62	0:42:29 MURRAY, Robbie	Bideford AAC	male 15-34	07:04.7	467
63	0:42:30 WHITLEY, Mike	Launceston Road Runners	male 50-54	07:04.9	477
64	0:42:33 PRITCHARD, Jane	Launceston Road Runners	female 50-54	07:05.4	277
65	0:42:36 PERRING, Ryan	Mud Crew	male 15-34	07:05.9	344
66	0:42:37 FLEMING, Ben	Adventure International	male 15-34	07:06.0	349
67	0:42:38 BROWN, Jeremy	Bude Lifeboat Crew	male 40-44	07:06.2	417
68	0:42:47 KEARNS, Joe	East Cornwall Harriers	male 50-54	07:07.7	271
69	0:42:52 CLOKE, Andy	Bude Lifeboat Crew	male 40-44	07:08.5	418
70	0:42:54 STEVENSON, Helen		female 35-39	07:08.9	234
71	0:42:57 HARVEY, Richard	Carn Runners	male 35-39	07:09.4	208
72	0:42:59 YOUNG, Andy	St Austell RC	male 50-54	07:09.7	329
73	0:43:00 HOADLEY, Keith	Torrington AAC	male 50-54	07:09.9	299
74	0:43:10 KETTLE, Adrian	Okehampton R C	male 15-34	07:11.5	486
75	0:43:16 CANN, James	Bude Rats	male 15-34	07:12.5	438
76	0:43:25 SANDERS, Steve	Bideford AAC	male 50-54	07:14.0	1433
77	0:43:27 MOUNTFORD, Frazer	Newquay Road Runners	male 15-34	07:14.4	447
78	0:43:29 SIMPSON, Chirs	South Molton Strugglers	male 40-44	07:14.7	484
79	0:43:33 JONES, Tim	North Devon RR	male 60-64	07:15.4	498
80	0:43:34 CONNETT, Richard	South Molton Strugglers	male 35-39	07:15.5	1453
81	0:43:35 GLENDINNING, Tom	Launceston Road Runners	male 15-34	07:15.7	394
82	0:43:54 WILSON, Dale		NDB	07:18.9	471
83	0:43:55 JENNINGS, Paul	Bideford AAC	male 50-54	07:19.0	353
84	0:44:00 JACK, Sean	Bude Rats	male 55-59	07:19.9	444
85	0:44:12 BRYDON, Jim	Bodmin Road Runners	male 50-54	07:21.9	314
86	0:44:14 THOMAS, Rachael	Cornwall AC	female 40-44	07:22.2	264
87	0:44:19 HARRIS, Richard		male 40-44	07:23.0	445
88	0:44:28 ANDREW, Jamie		male 40-44	07:24.5	1410
89	0:44:33 MCMORROW, Dave	Teignbridge Trotters	male 15-34	07:25.4	441
90	0:44:36 CANN, Gareth		male 45-49	07:25.9	422
91	0:44:38 CHUBB, Matt		male 15-34	07:26.2	1439
92	0:44:39 WALLBANK, Rob	St Austell RC	male 15-34	07:26.4	1415
93	0:44:41 PENBERTHY, Michael	Hayle Runners	male 55-59	07:26.7	336
94	0:44:46 HARDING, Benjamin	East Cornwall Harriers	male 15-34	07:27.5	214
95	0:44:47 AVERY, Jason	Torrington AAC	male 40-44	07:27.7	1436
96	0:44:48 CULLEY, Spencer	Mud Crew	male 40-44	07:27.9	1408
97	0:44:50 RICHMOND, Harvey		male 35-39	07:28.2	436
98	0:44:51 CLEMENTS, Colette	Newquay Road Runners	female 35-39	07:28.4	460
99	0:44:52 GATRELL, John		male 35-39	07:28.5	233
100	0:44:57 COLES, Ray	Stibb Stompers	male 60-64	07:29.4	351
101	0:45:07 ALSOP, Doug	St Austell RC	male 65-69	07:31.0	342
102	0:45:09 JEANS, Percy	Crediton Running Nework	male 55-59	07:31.4	217
103	0:45:16 SHARP, Sam		male 15-34	07:32.5	421
104	0:45:23 JEWITT, Victoria	Adventure International	female 15-34	07:33.7	350
105	0:45:33 OLLIFFE, Steph	Torrington AAC	female 45-49	07:35.4	322
106	0:45:43 BINNS, John	Okehampton R C	male 50-54	07:37.0	1448
107	0:45:44 LAMING, Andrew	Newquay Road Runners	male 45-49	07:37.2	1461
108	0:45:45 CIANO, Phillip	Newquay Road Runners	male 50-54	07:37.4	399
109	0:45:54 CLARKE, Lee		male 15-34	07:38.9	347
110	0:45:57 CROWLE, Jonathan	Truro Running Club	male 40-44	07:39.4	230
111	0:45:58 WILCOX, David	Truro Running Club	male 40-44	07:39.5	224
112	0:46:08 DAVIS, Andrew	Bude Lifeboat Crew	male 15-34	07:41.2	433
113	0:46:11 GILL, Ken		male 50-54	07:41.7	206
114	0:46:16 READ, Tom		male 15-34	07:42.5	1460
115	0:46:21 MCGRATH, Rollo	Bude Rats	male 50-54	07:43.4	289
116	0:46:23 LITTLEWOOD, Louise	East Cornwall Harriers	female 45-49	07:43.7	211

	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
117	0:46:29 HORTON, John	Newquay Par AC	male 70+	07:44.7	266
118	0:46:33 NICHOLLS, Meeta	East Cornwall Harriers	female 40-44	07:45.4	257
119	0:46:38 RICE, Mervyn	Okehampton R C	male 55-59	07:46.2	346
120	0:46:43 PICK, Robert	East Cornwall Harriers	male 55-59	07:47.0	359
121	0:46:48 SEIDENTEISS, Reinhard		male 45-49	07:47.9	463
122	0:46:49 STANFORD, Joseph		male 40-44	07:48.0	449
123	0:46:51 PAYNTER, Adam	Launceston Road Runners	male 40-44	07:48.4	287
124	0:46:52 O'DWYER, Donna		female 15-34	07:48.5	481
125	0:46:56 CURRAN, Joseph		NDB	07:49.2	448
126	0:47:00 NEWCOMBE, Michael	Torrington AAC	male 40-44	07:49.9	387
127	0:47:01 POTTER, Alison	Newquay Road Runners	female 35-39	07:50.0	288
128	0:47:03 STURTRIDGE, Paul	Bideford AAC	male 60-64	07:50.4	1434
129	0:47:14 NADAUD, Julia	St Austell RC	female 35-39	07:52.2	333
130	0:47:15 THOMPSON, Adam	Newquay Road Runners	male 15-34	07:52.4	1431
131	0:47:31 SNOW, Ian	Torrington AAC	male 60-64	07:55.0	319
132	0:47:33 JENNINGS, Peter	Launceston Road Runners	male 50-54	07:55.4	434
133	0:47:42 LATHOM, Paul		male 15-34	07:56.9	295
134	0:47:45 COLWILL, Robert		male 35-39	07:57.4	386
135	0:47:48 COLVIN, Sara	Bideford AAC	female 40-44	07:57.9	461
136	0:47:51 PARKER, Andrew	Launceston Road Runners	male 50-54	07:58.4	268
137	0:47:52 KING, Darren	Plymouth Muskateers	male 35-39	07:58.5	479
138	0:47:54 FOLEY, Joanne	Plymouth Muskateers	female 15-34	07:58.9	478
139	0:48:09 LILLIS, John	Newquay Road Runners	male 65-69	08:01.4	466
140	0:48:19 MARQUIS, Peter		male 55-59	08:03.0	254
141	0:48:20 GOLDBERG, Jessica	Launceston Road Runners	female 15-34	08:03.2	366
142	0:48:21 WORTH, Sarah	Launceston Road Runners	female 35-39	08:03.4	494
143	0:48:28 BATEMAN, Rebecca	Bodmin Road Runners	female 35-39	08:04.5	309
144	0:48:34 STEPHENS, Emma	Bodmin Road Runners	female 15-34	08:05.5	313
145	0:48:38 MCFADZEAN, Jeanette	Launceston Road Runners	female 45-49	08:06.2	291
146	0:48:42 LATTER, Andy	Bude Rats	male 55-59	08:06.9	409
147	0:48:43 GOODMAN, Andrew	Birstall Runners	male 65-69	08:07.0	275
148	0:48:47 WILLSHIRE, Simon		male 40-44	08:07.7	415
149	0:48:53 LEE, Lisa	Torrington AAC	female 15-34	08:08.7	1430
150	0:48:58 BRYDON, Jackie	Bodmin Road Runners	female 45-49	08:09.5	312
151	0:49:04 WHITEFIELD, Ed		male 40-44	08:10.5	281
152	0:49:11 REAY, Leila	Bude Rats	female 60-64	08:11.7	242
153	0:49:14 THOMPSON, Adam	Newquay Road Runners	male 15-34	08:12.2	1431
154	0:49:18 PYKE, Pauline	Torrington AAC	female 45-49	08:12.9	411
155	0:49:19 SPITERI, Dawn	St Austell RC	female 35-39	08:13.0	330
156	0:49:23 IRETON, Robert	Bude Rats	male 45-49	08:13.7	442
157	0:49:24 JOHNS, Nic		female 15-34	08:13.9	435
158	0:49:27 STACEY CHEEL, Teresa		female 45-49	08:14.4	1447
159	0:49:28 BROOKS, Martin		male 45-49	08:14.5	241
160	0:49:31 LOVEDAY, Allan	Newquay Road Runners	male 65-69	08:15.0	396
161	0:49:45 BARNFIELD, Marty		male 40-44	08:17.4	465
162	0:49:47 FRITH, Ray	Newquay Road Runners	male 65-69	08:17.7	469
163	0:49:58 RIONELINO, Decca		male 15-34	08:19.5	1416
164	0:50:03 HOARE, Shelley	Dreckly Runners	female 15-34	08:20.4	405
165	0:50:06 TRETHERWEY, Martin	St Austell RC	male 45-49	08:20.9	341
166	0:50:08 GIBBS, Sonya	Bodmin Womens RC	female 50-54	08:21.2	1425
167	0:50:12 STANDFORD, Susan		female 50-54	08:21.9	1419
168	0:50:17 LUCAS, Andrew	St Austell RC	male 45-49	08:22.7	332
169	0:50:19 HULFORD, Stephanie	Bradworthy RG	female 45-49	08:23.0	258
170	0:50:22 RITCHIE, Janet	Carn Runners	female 50-54	08:23.5	278
171	0:50:46 WEST, Jon	Bude Rats	male 50-54	08:27.5	337
172	0:50:48 HOWLAND, Chris	Felixstowe R R	male 50-54	08:27.8	382
173	0:50:49 WILLSON, Richard	Truro Running Club	male 60-64	08:28.0	293
174	0:50:50 NEAL, Claire	Bude Rats	female 15-34	08:28.2	459
175	0:50:59 DREW, Peter	Carn Runners	male 65-69	08:29.7	237
176	0:51:09 JENKIN, Doug	Bideford AAC	male 55-59	08:31.3	279

	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
177	0:51:16 PENBERTHY, Carol	Carn Runners	female 55-59	08:32.5	335
178	0:51:17 CLEMENCE, Sarah	Carn Runners	female 45-49	08:32.7	426
179	0:51:25 PRITCHARD , Christopher	Launceston Road Runners	male 50-54	08:34.0	276
180	0:51:40 WERRAN, Louise	Launceston Road Runners	female 35-39	08:36.5	490
181	0:51:41 WALTERS, Karen	Newquay Road Runners	female 40-44	08:36.7	473
182	0:51:42 WOOLGAR, Lorrie	Bideford AAC	female 50-54	08:36.8	489
183	0:51:43 HUTCHINGS, Lisa		female 35-39	08:37.0	1420
184	0:51:52 HOWLAND, Christina	Felixstowe R R	female 45-49	08:38.5	383
185	0:51:54 VEALE, Derek	Launceston Road Runners	male 70+	08:38.8	385
186	0:51:57 HARRIS, Claire	Torrington AAC	female 15-34	08:39.3	1442
187	0:52:28 LITTLEWOOD, Ian	East Cornwall Harriers	male 35-39	08:44.5	210
188	0:52:30 HYDE, Jason	Plymouth Muskateers	male 35-39	08:44.8	1418
189	0:52:33 HEDDERLY, Jo	Bideford AAC	female 40-44	08:45.3	1452
190	0:52:40 PARSONS, Alison	Bodmin Womens RC	female 45-49	08:46.5	1454
191	0:52:40 BRADY, Jeanette	Bodmin Womens RC	female 45-49	08:46.5	1455
192	0:52:47 POOL, Mary	Bideford AAC	female 55-59	08:47.7	320
193	0:52:48 EDWARDS, Kathryn	North Devon RR	female 50-54	08:47.8	389
194	0:52:49 WISE, Matthew	Launceston Road Runners	male 35-39	08:48.0	1444
195	0:52:55 GRANT, Karen	North Devon RR	female 50-54	08:49.0	297
196	0:52:56 RESQUIRREL, Malcolm		male 40-44	08:49.2	1409
197	0:53:00 MORSE, Nicky	Mounts Bay Harriers	male 55-59	08:49.8	376
198	0:53:07 SPEAKE, Georgina	St Austell RC	female 35-39	08:51.0	328
199	0:53:12 DREW, Barry	Carn Runners	male 65-69	08:51.8	209
200	0:53:14 BARNBROOK, Samantha	Bideford AAC	female 35-39	08:52.2	253
201	0:53:17 COZENS, Keith		male 65-69	08:52.7	365
202	0:53:26 BARRIBALL, Julie	Launceston Road Runners	female 45-49	08:54.2	290
203	0:53:27 ZAHARIA, Margaret	Torrington AAC	female 40-44	08:54.3	410
204	0:53:35 THOMPSON, John	Newquay Road Runners	male 55-59	08:55.7	403
205	0:53:36 DAVEY, Leah		female 15-34	08:55.8	472
206	0:53:39 NORRIS, Chris	Launceston Road Runners	male 40-44	08:56.3	363
207	0:53:43 BOARDMAN, Diane	Truro Running Club	female 15-34	08:57.0	485
208	0:53:46 KAUFMAN-HILL, Joanne	Bideford AAC	male 45-49	08:57.5	1449
209	0:53:47 STEPHENS, Jane	Bodmin Road Runners	female 45-49	08:57.7	307
210	0:53:57 GLOVER, Ruth	Mounts Bay Harriers	female 15-34	08:59.3	375
211	0:53:58 KNOTT, Steve	Crediton Running Neywork	male 55-59	08:59.5	215
212	0:53:59 MIGUEL-LOPEZ, Amanda		female 45-49	08:59.7	232
213	0:54:02 SAUNTER, Jenny	Bodmin Womens RC	female 45-49	09:00.2	338
214	0:54:22 CRYER, Jon		male 60-64	09:03.5	250
215	0:54:30 WALKER, Chris	Bodmin Road Runners	male 45-49	09:04.8	423
216	0:54:31 LAKE, Clare		female 15-34	09:05.0	420
217	0:54:32 EMMETT, Nicola	Launceston Road Runners	female 40-44	09:05.2	286
218	0:54:35 STEELE, Gemma	Bideford AAC	female 15-34	09:05.7	1457
219	0:54:39 NEWTON, Roy	Falmouth Road Runners	male 65-69	09:06.3	202
220	0:55:03 HILLMAN, Michaela	Torrington AAC	female 50-54	09:10.3	1432
221	0:55:11 BOTTING-PAGE, David		male 65-69	09:11.7	305
222	0:55:13 MARTIN, Steven		male 40-44	09:12.0	325
223	0:55:17 ATACK, Katherine		female 35-39	09:12.7	454
224	0:55:21 CAROFIGLIO, Francesca	Bude Rats	female 15-34	09:13.3	243
225	0:55:22 FINDING, Annie	Stibb Stompers	female 60-64	09:13.5	352
226	0:55:24 CARR, Martin	Stainland Lions	male 40-44	09:13.8	457
227	0:55:27 THOMAS, Owain	Plymouth Muskateers	male 35-39	09:14.3	1411
228	0:55:31 HOLMES, Alison		female 45-49	09:15.0	402
229	0:55:35 LATHOM, Janet	Launceston Road Runners	female 55-59	09:15.7	296
230	0:55:36 BENFORD, Kirsty		NDB	09:15.8	1440
231	0:55:39 VAN DER LINDEN, Sarah		female 15-34	09:16.3	412
232	0:55:50 CADMAN, Jenny	Torrington AAC	female 15-34	09:18.2	381
233	0:55:51 MACEY, Marcia	Plymouth Harriers	female 55-59	09:18.3	282
234	0:55:53 SMITH, Susan	Bude Rats	female 55-59	09:18.7	223
235	0:56:05 PIPE, Nicola	Launceston Road Runners	female 40-44	09:20.7	358
236	0:56:11 JENKIN, Kim	Bideford AAC	female 15-34	09:21.7	280

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237	0:56:11 MURRAY, Leonie	Bideford AAC	female 15-34	09:21.7	468
238	0:56:16 SMITH, Peter	East Cornwall Harriers	male 45-49	09:22.5	446
239	0:56:20 HOLT, Victoria	Launceston Road Runners	female 15-34	09:23.2	1443
240	0:56:27 FURSY, David		male 50-54	09:24.3	416
241	0:56:38 HEYWOOD, Steve	Bideford AAC	male 60-64	09:26.2	235
242	0:56:52 STEVENSON, Jamie		male 45-49	09:28.5	428
243	0:56:55 CROTHALL, Hatty		female 15-34	09:29.0	1421
244	0:56:56 VENNING, Martin	Launceston Road Runners	male 65-69	09:29.2	453
245	0:56:57 MCAUGHEY, Peter	Launceston Road Runners	male 45-49	09:29.3	285
246	0:56:58 GILMORE, Michael	Bideford AAC	male 70+	09:29.5	390
247	0:57:05 MARTIN, Sue	Torrington AAC	female 50-54	09:30.7	360
248	0:57:09 BROWN, Adrian	Launceston Road Runners	male 35-39	09:31.3	362
249	0:57:16 NEWBERRY, Suzy	Launceston Road Runners	female 35-39	09:32.5	321
250	0:57:18 GIBSON, Faye	Dreckly Runners	female 35-39	09:32.8	368
251	0:57:27 GOODWIN, Laura		female 15-34	09:34.3	408
252	0:57:29 BURKE, Lyndsey		female 35-39	09:34.7	451
253	0:57:31 DOOLAN, Lisa		female 35-39	09:35.0	437
254	0:57:40 WESTAWAY, Mark		male 40-44	09:36.5	248
255	0:57:41 WATKINS, Adam		male 35-39	09:36.7	249
256	0:57:42 BARKER, Alice	Bodmin Road Runners	female 15-34	09:36.8	310
257	0:57:43 JEFFERY, Grant		male 35-39	09:37.0	274
258	0:57:45 ALSWORTH, Michael	100 Marathon Club	male 60-64	09:37.3	377
259	0:57:46 YEO, Elizabeth		female 15-34	09:37.5	496
260	0:57:47 WERREN, Katrina		female 15-34	09:37.7	495
261	0:58:05 TOLLEY, Sarah		female 35-39	09:40.7	475
262	0:58:07 SWIFT, Sarah	Launceston Road Runners	female 15-34	09:41.0	324
263	0:58:19 MORSE, Jackie	Mounts Bay Harriers	female 55-59	09:43.0	212
264	0:58:20 SQUIRE, Susan	Torrington AAC	female 45-49	09:43.2	379
265	0:58:21 THOMAS, Louise	Bodmin Womens RC	female 15-34	09:43.3	318
266	0:58:22 PRITCHARD, Jane	Launceston Road Runners	female 50-54	09:43.5	277
267	0:58:26 STEVENSON, Emma		female 40-44	09:44.2	427
268	0:58:34 CLARKE, Ray		male 45-49	09:45.5	327
269	0:58:36 JAMESON, Judy	Carn Runners	female 55-59	09:45.8	203
270	0:58:50 HARWOOD, Elly	Bude Rats	female 15-34	09:48.2	414
271	0:58:52 GARDNER, Catherine		female 45-49	09:48.5	493
272	0:59:04 WELLS, Janet	Bude Rats	female 45-49	09:50.5	388
273	0:59:12 SMITH, Lotte	Okehampton R C	male 45-49	09:51.8	406
274	0:59:26 FORD, Sarah	Crediton Running Neywork	female 45-49	09:54.2	216
275	0:59:38 BRYANT, Sally	Crediton Running Neywork	female 55-59	09:56.2	213
276	0:59:40 GILL, Tina		female 50-54	09:56.5	205
277	0:59:45 JONES, Joanna		female 15-34	09:57.3	497
278	0:59:53 HADFIELD, Dawn	Launceston Road Runners	female 45-49	09:58.7	370
279	0:59:53 KINSMAN, Emma		female 15-34	09:58.7	488
280	1:00:03 KINSMAN, Lindsey		female 40-44	10:00.3	487
281	1:00:07 KELLY, Tina	Bodmin Womens RC	female 45-49	10:01.0	378
282	1:00:09 ANDREAS, Sophie		NDB	10:01.3	1445
283	1:00:14 CORNEY, Robert		male 65-69	10:02.2	218
284	1:00:25 BOX, Sharon		female 45-49	10:04.0	302
285	1:00:31 JONES, Jane		female 50-54	10:05.0	294
286	1:00:58 JONES, Caroline		female 35-39	10:09.5	247
287	1:00:59 SPEAK, Katy	Okehampton R C	female 50-54	10:09.7	470
288	1:01:00 VINCENT, Giuseppina	Dreckly Runners	female 55-59	10:09.8	369
289	1:01:05 BRAY, Dalton		male 15-34	10:10.7	1459
290	1:01:09 SHADRICK, Keith		male 65-69	10:11.3	345
291	1:01:09 GIBSON, Claire	Plymouth Coasters	female 40-44	10:11.3	392
292	1:01:13 GOLDSMITH, Neil		male 40-44	10:12.0	391
293	1:01:15 HOLDCROFT, Emma		female 40-44	10:12.3	474
294	1:01:17 KINGTON, Norris	Cornwall AC	male 70+	10:12.7	315
295	1:01:40 TREGEAR, Sarah	Mounts Bay Harriers	female 15-34	10:16.5	222
296	1:02:17 SMITH, Glenda		female 45-49	10:22.7	491

	<u>Name</u>	<u>Team</u>	<u>Cat</u>	<u>Grad</u>	<u>EntrantNo</u>
297	1:02:33 MANDER, Peter	Launceston Road Runners	male 70+	10:25.3	238
298	1:02:33 POMEROY, Rachel	Bradworthy RG	female 15-34	10:25.3	317
299	1:02:44 CANN, Sarah	Bude Rats	female 15-34	10:27.2	413
300	1:03:19 CROWELLS-HODGE, Kate	Launceston Road Runners	female 15-34	10:33.0	245
301	1:03:20 WILD, Emma	Launceston Road Runners	female 35-39	10:33.2	395
302	1:03:25 BRAUND, Marion	Crediton Running Neywork	female 55-59	10:34.0	219
303	1:03:32 CLOKE, Phil		male 60-64	10:35.2	440
304	1:03:33 HUBBER, Eric	Bideford AAC	male 70+	10:35.3	357
305	1:03:59 FLACK, Steve		male 50-54	10:39.7	201
306	1:04:03 COURTNEY, James		male 45-49	10:40.3	220
307	1:04:37 HORTON, Ann	Newquay Par AC	female 65+	10:46.0	265
308	1:04:38 STAPLE, Lucy		female 35-39	10:46.2	263
309	1:04:53 DUNCAN, Elizabeth		female 35-39	10:48.7	323
310	1:05:26 WONG-BROOKS, Lai-Yin	Plymouth Harriers	female 40-44	10:54.2	1427
311	1:05:29 HUXTABLE, Sarah	Bradworthy RG	female 35-39	10:54.7	260
312	1:05:37 DANIEL, Leanne		female 15-34	10:56.0	380
313	1:05:39 BOWDEN, Jenny	Newquay Road Runners	female 50-54	10:56.3	400
314	1:05:56 MARSH, Kathryn	Dreckly Runners	female 40-44	10:59.2	367
315	1:06:00 SQUIRES, Mike		male 15-34	10:59.8	1446
316	1:06:32 GRILLS, Rachel		female 15-34	11:05.2	348
317	1:06:36 METHERELL, Ian		male 50-54	11:05.8	443
318	1:06:37 PERRING, Sharon	Bodmin Womens RC	female 40-44	11:06.0	343
319	1:06:54 DAVIS, Stephen	Preston Gate	male 55-59	11:08.8	480
320	1:07:06 FROST, Nicola		female 40-44	11:10.8	246
321	1:07:07 LAWRENCE, Steve	Falmouth Road Runners	male 60-64	11:11.0	283
322	1:08:15 GARRARD, David	Falmouth Road Runners	male 65-69	11:22.3	339
323	1:08:31 WALKER, Belinda	Bradworthy RG	female 50-54	11:25.0	261
324	1:08:37 DALTON, Beverley	Falmouth Road Runners	female 60-64	11:26.0	251
325	1:08:54 DALTON, Martin	Falmouth Road Runners	male 60-64	11:28.8	252
326	1:10:13 ROSS, Sarah Jane	Tamar Trotters	female 50-54	11:42.0	364
327	1:10:13 PAPWORTH, Sarah	Tamar Trotters	female 45-49	11:42.0	1413
328	1:10:28 YATES, Viv	North Devon RR	female 65+	11:44.5	256
329	1:10:28 GUTTERIDGE, Anita	North Devon RR	female 45-49	11:44.5	255
330	1:11:01 LAWSON, Verity		female 40-44	11:50.0	354
331	1:11:03 ELLMER, Gill		female 50-54	11:50.3	355
332	1:13:10 HUMPHRIES, Georgia		female 40-44	12:11.5	356
333	1:13:10 HOBBS, Nicola	Plymouth Coasters	female 45-49	12:11.5	404
334	1:13:10 CARTER, Andree	Bradworthy RG	female 55-59	12:11.5	262
335	1:13:57 MOXHAY, Marion	Plymouth Muskateers	female 55-59	12:19.3	231
336	1:14:05 CANN, Ron		male 55-59	12:20.6	306
337	1:14:29 LYON, Melissa	Bude Rats	female 15-34	12:24.6	450
338	1:15:50 JONES, Margaret	North Devon RR	female 65+	12:38.1	284
339	1:16:34 ROWLAND, Nicole	Bude Rats	female 15-34	12:45.5	456
340	1:17:12 ASHFORD, Simon	Moorhaven RC	male 45-49	12:51.8	384
341	1:17:32 WARREN, Janice	Hastings Road Runners	female 65+	12:55.1	1451
342	1:17:33 WELSH, Michelle	Bude Rats	female 15-34	12:55.3	452