

Bude Lifeboat RunWednesday 14 June 2017. 7:15 pmResults for All Competitors in finish order

| <u>Place</u> | <u>Time</u> | <u>Name</u> | <u>Team</u> | <u>Category</u> | <u>EntrantNo</u> | <u>Posn</u> |
|--------------|-------------|--------------------|-------------------------|-----------------|------------------|-------------|
| 1 | 0:34:14 | ROMERIL, Dan | | Male U35 | 332 | 1 |
| 2 | 0:34:15 | DOBSON, Jacob | Falmouth Road Runners | Male U35 | 76 | 2 |
| 3 | 0:34:51 | BARNET, James | Falmouth Road Runners | Male U35 | 261 | 3 |
| 4 | 0:35:41 | WILLIAMS, Simon S | St Austell RC | Male 40-44 | 326 | 4 |
| 5 | 0:36:37 | STRACHAN, Stephen | Falmouth Road Runners | Male 40-44 | 86 | 5 |
| 6 | 0:37:00 | EVANS, Darren | Launceston Road Runners | Male 35-39 | 72 | 6 |
| 7 | 0:37:08 | RAMSDEN, Clive | Bodmin Road Runners | Male 40-44 | 352 | 7 |
| 8 | 0:37:14 | JARVIS, Antony | St Austell RC | Male 40-44 | 28 | 8 |
| 9 | 0:37:15 | CUTLAN, James | St Austell RC | Male U35 | 22 | 9 |
| 10 | 0:37:28 | HILL, Geoffrey | Okehampton R C | Male 40-44 | 206 | 10 |
| 11 | 0:37:34 | VERNON, Gary | | Male 45-49 | 124 | 11 |
| 12 | 0:37:37 | STACEY, Doug | East Cornwall Harriers | Male 35-39 | 384 | 12 |
| 13 | 0:37:45 | KNIGHT, Mark | Launceston Road Runners | Male U35 | 35 | 13 |
| 14 | 0:37:51 | NEWTON, Larry | | Male 35-39 | 120 | 14 |
| 15 | 0:37:55 | RICHARDS, Gary | Mounts Bay Harriers | Male 45-49 | 141 | 15 |
| 16 | 0:38:12 | STANDING, Robert | Truro Running Club | Male 40-44 | 274 | 16 |
| 17 | 0:38:18 | HORN, Edward | Launceston Road Runners | Male U35 | 102 | 17 |
| 18 | 0:39:05 | BROWN, Jeremy | Bude Rats | Male 45-49 | 260 | 18 |
| 19 | 0:39:50 | ANDREW, Brian | | Male U35 | 19 | 19 |
| 20 | 0:39:53 | CANN, Gareth | | Male 45-49 | 212 | 20 |
| 21 | 0:40:09 | TAPHOUSE, Joshua | Bodmin Road Runners | Male U35 | 215 | 21 |
| 22 | 0:40:16 | KERNAHAN, Euan | North Devon AC | Male U35 | 378 | 22 |
| 23 | 0:40:22 | ASTLEY, Hannah | | Female 35-39 | 10 | 23 |
| 24 | 0:40:27 | WATSON, Robin | Falmouth Road Runners | Male 50-54 | 87 | 24 |
| 25 | 0:40:35 | PICTON, John | East Cornwall Harriers | Male 35-39 | 210 | 25 |
| 26 | 0:40:48 | SOLE, John | Bodmin Road Runners | Male 35-39 | 267 | 26 |
| 27 | 0:40:49 | KIRWAN, Dee | Launceston Road Runners | Male 40-44 | 32 | 27 |
| 28 | 0:40:57 | GWYNNE, Paul | Mud Crew | Male 50-54 | 17 | 28 |
| 29 | 0:41:05 | ULLMAN, Chris | East Cornwall Harriers | Male 45-49 | 357 | 29 |
| 30 | 0:41:19 | ANDERTON, Graeme | Budeiful Runners | Male 50-54 | 204 | 30 |
| 31 | 0:41:20 | HARTILL, Taylor | Bodmin Road Runners | Male U35 | 270 | 31 |
| 32 | 0:41:34 | BOON, Andy | Truro Running Club | Male 35-39 | 323 | 32 |
| 33 | 0:41:37 | LITTLEWOOD, Ian | East Cornwall Harriers | Male 35-39 | 221 | 33 |
| 34 | 0:41:48 | FOSTER, Richard | Launceston Road Runners | Male 40-44 | 65 | 34 |
| 35 | 0:41:51 | WILLSHIRE, Simon | Bude Rats | Male 45-49 | 7 | 35 |
| 36 | 0:41:57 | DAVIS, Andrew | | Male 35-39 | 5 | 36 |
| 37 | 0:41:59 | COX, Daniel | | Male U35 | 154 | 37 |
| 38 | 0:42:06 | HARVEY, Richmond | Bude Rats | Male 35-39 | 393 | 38 |
| 39 | 0:42:11 | WALKER, Iain | St Austell RC | Male 60-64 | 29 | 39 |
| 40 | 0:42:18 | WOOD, Sam | Torrington AAC | Male 35-39 | 203 | 40 |
| 41 | 0:42:20 | DARWIN, Shane | | Male 40-44 | 334 | 41 |
| 42 | 0:42:22 | SHUTE, Ian | | Male 40-44 | 219 | 42 |
| 43 | 0:42:31 | NEWTON, Helen | | Female 40-44 | 119 | 43 |
| 44 | 0:42:34 | RIGLER, Peter | Bideford AAC | Male 50-54 | 253 | 44 |
| 45 | 0:42:37 | BLAIR, Marilyn | Torrington AAC | Female 55-59 | 372 | 45 |
| 46 | 0:42:41 | CROWLE, Revis | East Cornwall Harriers | Female 55-59 | 386 | 46 |
| 47 | 0:42:47 | CLOKE, Andy | Bude Rats | Male 40-44 | 322 | 47 |
| 48 | 0:42:51 | RAPSON, Nigel | St Austell RC | Male 55-59 | 27 | 48 |
| 49 | 0:42:53 | REDDICLIFFE, Nigel | Launceston Road Runners | Male 50-54 | 58 | 49 |
| 50 | 0:43:17 | WILSON, Richard | Torrington AAC | Male 50-54 | 364 | 50 |

| <u>Place</u> | <u>Time</u> | <u>Name</u> | <u>Team</u> | <u>Category</u> | <u>EntrantNo</u> | <u>Posn</u> |
|--------------|-------------|--------------------|--------------------------|-----------------|------------------|-------------|
| 51 | 0:43:20 | BRIGHT, Clive | Bideford AAC | Male 50-54 | 137 | 51 |
| 52 | 0:43:22 | COLEY, Alex | East Cornwall Harriers | Male U35 | 368 | 52 |
| 53 | 0:43:26 | COX, Stephen | Launceston Road Runners | Male 45-49 | 104 | 53 |
| 54 | 0:43:29 | ALLEN, Peter | Newquay Road Runners | Male 60-64 | 16 | 54 |
| 55 | 0:43:56 | BRYDON, Jim | Bodmin Road Runners | Male 55-59 | 190 | 55 |
| 56 | 0:44:01 | KERNAHAN, Nick | Torrington AAC | Male 65-69 | 379 | 56 |
| 57 | 0:44:04 | SWATTON, Thomas | | Male U35 | 128 | 57 |
| 58 | 0:44:05 | LEETON, Russell | Launceston Road Runners | Male 45-49 | 52 | 58 |
| 59 | 0:44:06 | REEBY, Neil | Torrington AAC | Male 40-44 | 150 | 59 |
| 60 | 0:44:07 | STANFORD, Joe | Bodmin Road Runners | Male 40-44 | 272 | 60 |
| 61 | 0:44:12 | MORSE, Helen | East Cornwall Harriers | Female U35 | 377 | 61 |
| 62 | 0:44:14 | SHAW, Jim | Launceston Road Runners | Male 35-39 | 99 | 62 |
| 63 | 0:44:16 | CROWLE, Ian | East Cornwall Harriers | Male 55-59 | 387 | 63 |
| 64 | 0:44:20 | EDWARDS, Glynn | Newquay Road Runners | Male U35 | 170 | 64 |
| 65 | 0:44:21 | CARTER, Steven | Truro Running Club | Male 40-44 | 309 | 65 |
| 66 | 0:44:34 | MOORE, Paul | Launceston Road Runners | Male 50-54 | 64 | 66 |
| 67 | 0:44:35 | RICE, Mervyn | Okehampton R C | Male 60-64 | 295 | 67 |
| 68 | 0:44:38 | COLVIN, Sara | Bideford AAC | Female 45-49 | 275 | 68 |
| 69 | 0:44:43 | YOUNG, Andy | St Austell RC | Male 55-59 | 24 | 69 |
| 70 | 0:44:50 | DINNER, Dale | | Male 35-39 | 9 | 70 |
| 71 | 0:44:52 | WATERS, Ella | Launceston Road Runners | Female U35 | 63 | 71 |
| 72 | 0:44:53 | BROOKS, Martin | | Male 50-54 | 235 | 72 |
| 73 | 0:44:58 | PENBERTHY, Michael | Hayle Runners | Male 55-59 | 113 | 73 |
| 74 | 0:45:01 | ALLAN, Matt | Camelford Up & Running | Male 35-39 | 185 | 74 |
| 75 | 0:45:02 | GEORGE, William | | Male U35 | 306 | 75 |
| 76 | 0:45:09 | HARTILL, Gail | Bodmin Road Runners | Female 40-44 | 269 | 76 |
| 77 | 0:45:13 | ALLAN, Sam | Camelford Up & Running | Female U35 | 186 | 77 |
| 78 | 0:45:19 | HARRISON, Nick | Launceston Road Runners | Male 40-44 | 51 | 78 |
| 79 | 0:45:25 | ROGERS, Ben | | Male 35-39 | 176 | 79 |
| 80 | 0:45:34 | GEORGE, Eddie | | Male U35 | 307 | 80 |
| 81 | 0:45:35 | JONES, Adam | | Male U35 | 256 | 81 |
| 82 | 0:45:36 | HOADLEY, Keith | Torrington AAC | Male 50-54 | 294 | 82 |
| 83 | 0:45:43 | BROWN, Tracey | East Cornwall Harriers | Female 35-39 | 117 | 83 |
| 84 | 0:45:45 | SPARKES, Vicki | Bodmin Road Runners | Female U35 | 266 | 84 |
| 85 | 0:45:58 | WATERS, Claire | Launceston Road Runners | Female 45-49 | 62 | 85 |
| 86 | 0:46:03 | WATKINS, Adam | | Male 35-39 | 8 | 86 |
| 87 | 0:46:06 | BARRIBALL, Tom | Launceston Road Runners | Male U35 | 54 | 87 |
| 88 | 0:46:10 | BOLT, Karen | Bude Rats | Female 50-54 | 167 | 88 |
| 89 | 0:46:15 | ARTHUR, Tom | | Male 35-39 | 211 | 89 |
| 90 | 0:46:22 | WILLS, Marcus | East Cornwall Harriers | Male 35-39 | 390 | 90 |
| 91 | 0:46:26 | ELLIS, Andrew | Hayle Runners | Male 45-49 | 389 | 91 |
| 92 | 0:46:30 | SOLOMON, Pam | Bodmin Road Runners | Female 55-59 | 271 | 92 |
| 93 | 0:46:32 | JARRAM, Ben | Camelford Up & Running | Male U35 | 144 | 93 |
| 94 | 0:46:34 | SANDERS, Steve | Bideford AAC | Male 55-59 | 196 | 94 |
| 95 | 0:46:36 | HUNT, Jenna | Falmouth Road Runners | Female U35 | 80 | 95 |
| 96 | 0:46:40 | MOORE, Thomas | Truro Running Club | Male 35-39 | 232 | 96 |
| 97 | 0:46:41 | BINNS, John | Okehampton R C | Male 50-54 | 92 | 97 |
| 98 | 0:46:42 | STAPLETON, Wayne | Torrington AAC | Male 45-49 | 347 | 98 |
| 99 | 0:46:43 | OLLIFFE, Steph | Torrington AAC | Female 45-49 | 319 | 99 |
| 100 | 0:46:45 | WILCOX, David | Truro Running Club | Male 40-44 | 18 | 100 |
| 101 | 0:46:47 | JEANS, Kevan | Crediton Running Network | Male 55-59 | 14 | 101 |
| 102 | 0:46:48 | WATERS, Paul | | Male 50-54 | 299 | 102 |
| 103 | 0:46:50 | STACEY, Hayley | East Cornwall Harriers | Female 35-39 | 383 | 103 |

| <u>Place</u> | <u>Time</u> | <u>Name</u> | <u>Team</u> | <u>Category</u> | <u>EntrantNo</u> | <u>Posn</u> |
|--------------|-------------|------------------------|-------------------------|-----------------|------------------|-------------|
| 104 | 0:46:58 | LITTLEWOOD, Louise | East Cornwall Harriers | Female 45-49 | 222 | 104 |
| 105 | 0:46:59 | PIPET, Martin | Bodmin Road Runners | Male 40-44 | 197 | 105 |
| 106 | 0:47:01 | MARTIN, Steven | | Male 40-44 | 116 | 106 |
| 107 | 0:47:03 | BRIGHT, Michelle | Bideford AAC | Female 40-44 | 138 | 107 |
| 108 | 0:47:16 | THOMAS, Rachael | Cornwall AC | Female 40-44 | 13 | 108 |
| 109 | 0:47:26 | RICHARDSON, Mark | Bradworthy Runners | Male 45-49 | 245 | 109 |
| 110 | 0:47:30 | PYKE, Pauline | Torrington AAC | Female 50-54 | 343 | 110 |
| 111 | 0:47:32 | TURNER, Jo-Anne | Okehampton R C | Female 40-44 | 374 | 111 |
| 112 | 0:47:39 | COLES, Ray | Stibb Stompers | Male 60-64 | 220 | 112 |
| 113 | 0:47:47 | MCAUGHEY, Peter | Launceston Road Runners | Male 45-49 | 39 | 113 |
| 114 | 0:47:49 | BRYDON, Jackie | Bodmin Road Runners | Female 50-54 | 191 | 114 |
| 115 | 0:47:55 | RUNDLE, Wayne | Launceston Road Runners | Male 40-44 | 69 | 115 |
| 116 | 0:47:56 | SHUTE, Holly | Scrambled Legs | Female U35 | 217 | 116 |
| 117 | 0:48:18 | JOLLOW, Hayley | Bradworthy Runners | Female 40-44 | 238 | 117 |
| 118 | 0:48:32 | NICHOLLS, Meeta | East Cornwall Harriers | Female 40-44 | 373 | 118 |
| 119 | 0:48:37 | LEE, Matthew | Bodmin Road Runners | Male 35-39 | 288 | 119 |
| 120 | 0:48:38 | UNSWORTH, Sophie | Bodmin Road Runners | Female U35 | 216 | 120 |
| 121 | 0:48:53 | LATHOM, Paul | | Male U35 | 330 | 121 |
| 122 | 0:48:59 | LILLIS, John | Newquay Road Runners | Male 70 + | 346 | 122 |
| 123 | 0:49:10 | COX, Clive | | Male 55-59 | 153 | 123 |
| 124 | 0:49:14 | WILSON, Dale | Bideford AAC | Male U35 | 289 | 124 |
| 125 | 0:49:15 | DAVEY, Leah Marie | Bideford AAC | Female U35 | 290 | 125 |
| 126 | 0:49:20 | VALLANCE, Karen | Okehampton R C | Female 45-49 | 296 | 126 |
| 127 | 0:49:21 | HYNES, Jaine | Launceston Road Runners | Female 50-54 | 44 | 127 |
| 128 | 0:49:24 | PATTENDEN, Mark | | Male 40-44 | 292 | 128 |
| 129 | 0:49:35 | WESTLAND, Mike | Okehampton R C | Male 60-64 | 298 | 129 |
| 130 | 0:49:41 | PENBERTHY, Carol | Carn Runners | Female 55-59 | 114 | 130 |
| 131 | 0:49:43 | COLWILL, Claire | | Female 35-39 | 225 | 131 |
| 132 | 0:49:45 | PRITCHARD, Christopher | Launceston Road Runners | Male 55-59 | 46 | 132 |
| 133 | 0:49:46 | PASCOE, Anna | Mud Crew | Female 35-39 | 361 | 133 |
| 134 | 0:49:49 | HALLETT, Paul | | Male 60-64 | 371 | 134 |
| 135 | 0:49:50 | TANNER, Anna | Scrambled Legs | Female 35-39 | 218 | 135 |
| 136 | 0:49:53 | COLEY, Simon | East Cornwall Harriers | Male 50-54 | 367 | 136 |
| 137 | 0:49:57 | PARKER, Andrew | Launceston Road Runners | Male 55-59 | 61 | 137 |
| 138 | 0:49:58 | SOUTH, Ben | | Male U35 | 257 | 138 |
| 139 | 0:50:02 | MCKENZIE, Tracy | Newquay Road Runners | Female 35-39 | 20 | 139 |
| 140 | 0:50:03 | TOWE, Ben | | Male 40-44 | 205 | 140 |
| 141 | 0:50:06 | BEARD, Robert | Bodmin Road Runners | Male 50-54 | 340 | 141 |
| 142 | 0:50:07 | HORSFIELD, Steve | | Male 40-44 | 125 | 142 |
| 143 | 0:50:08 | HOBBS, Laura | Torrington AAC | Female 35-39 | 262 | 143 |
| 144 | 0:50:09 | PANTER, Geoffrey | | Male 35-39 | 254 | 144 |
| 145 | 0:50:10 | ANNS, Tessa Ann | Torrington AAC | Female 45-49 | 126 | 145 |
| 146 | 0:50:11 | RICHARDS, Emma | Mounts Bay Harriers | Female 35-39 | 140 | 146 |
| 147 | 0:50:12 | TOPLIS, Rachel | Long Eaton RC | Female U35 | 115 | 147 |
| 148 | 0:50:13 | TAMBLYN, Mark | Falmouth Road Runners | Male 55-59 | 83 | 148 |
| 149 | 0:50:14 | PATON, Bruce | | Male 45-49 | 228 | 149 |
| 150 | 0:50:26 | DEVOY, Stephanie | Bude Rats | Female U35 | 166 | 150 |
| 151 | 0:50:34 | SANDERS, Mandy | Torrington AAC | Female 45-49 | 281 | 151 |
| 152 | 0:50:35 | SOLOMON, Andrew | Bodmin Road Runners | Male 55-59 | 392 | 152 |
| 153 | 0:50:37 | ROWE, Melissa | St Austell RC | Female 45-49 | 73 | 153 |
| 154 | 0:50:38 | NORRIS, Chris | Launceston Road Runners | Male 40-44 | 57 | 154 |
| 155 | 0:50:39 | CROWLE, Jonathan | Truro Running Club | Male 45-49 | 398 | 155 |
| 156 | 0:50:44 | MORSE, Nicky | Mounts Bay Harriers | Male 55-59 | 184 | 156 |

| <u>Place</u> | <u>Time</u> | <u>Name</u> | <u>Team</u> | <u>Category</u> | <u>EntrantNo</u> | <u>Posn</u> |
|--------------|-------------|-----------------------|---------------------------|-----------------|------------------|-------------|
| 157 | 0:50:45 | WOOLGAR, Lorrie | Bideford AAC | Female 55-59 | 328 | 157 |
| 158 | 0:50:48 | BRIMACOMBE, Catherine | | Female U35 | 249 | 158 |
| 159 | 0:50:49 | MITCHELL, Clive | Launceston Road Runners | Male 60-64 | 59 | 159 |
| 160 | 0:50:52 | GARMORY, Joanne | | Female 40-44 | 301 | 160 |
| 161 | 0:50:54 | DAWES, Jackie | Okehampton R C | Female 45-49 | 21 | 161 |
| 162 | 0:51:00 | COOK, Gregory | | Male 35-39 | 179 | 162 |
| 163 | 0:51:05 | RINGER, Ian | Bodmin Road Runners | Male 70 + | 250 | 163 |
| 164 | 0:51:06 | MASKELL, Melanie | St Austell RC | Female 45-49 | 93 | 164 |
| 165 | 0:51:07 | JOLLOW, Jeremy | Bradworthy Runners | Male 50-54 | 237 | 165 |
| 166 | 0:51:08 | SPETTIGUE, Jon | Launceston Road Runners | Male 40-44 | 60 | 166 |
| 167 | 0:51:10 | REYNOLDS, Liam | Hartland Hillbilly Gruffs | Male U35 | 355 | 167 |
| 168 | 0:51:11 | TREGIDGO, Steve | St Austell RC | Male 35-39 | 74 | 168 |
| 169 | 0:51:12 | ROWE, Kevin | Hartland Hillbilly Gruffs | Male U35 | 356 | 169 |
| 170 | 0:51:13 | WISE, Rebecca | Launceston Road Runners | Female 35-39 | 155 | 170 |
| 171 | 0:51:16 | BOUNDY, Mark | Launceston Road Runners | Male 40-44 | 105 | 171 |
| 172 | 0:51:25 | JONES, Malcolm | Launceston Road Runners | Male 55-59 | 71 | 172 |
| 173 | 0:51:30 | WILKES, Judith | Falmouth Road Runners | Female 50-54 | 88 | 173 |
| 174 | 0:51:30 | COPE, Jackie | Falmouth Road Runners | Female 60-64 | 77 | 174 |
| 175 | 0:51:36 | WHITEFIELD, Ed | | Male 40-44 | 188 | 175 |
| 176 | 0:51:40 | FRANK, Laura | Hartland Hillbilly Gruffs | Female U35 | 353 | 176 |
| 177 | 0:51:40 | COLEMAN, Jack | Hartland Hillbilly Gruffs | Male U35 | 354 | 177 |
| 178 | 0:51:44 | MCMAHON, Ian | | Male 55-59 | 198 | 178 |
| 179 | 0:51:45 | ALLBROOK, Alice | Torrington AAC | Female U35 | 149 | 179 |
| 180 | 0:51:46 | LYDALL, Denise | Falmouth Road Runners | Female 45-49 | 82 | 180 |
| 181 | 0:51:56 | CORNISH, Darren | Launceston Road Runners | Male 35-39 | 56 | 181 |
| 182 | 0:52:03 | WILLCOCKS, Bob | Falmouth Road Runners | Male 55-59 | 89 | 182 |
| 183 | 0:52:04 | JENKIN, Steven | Cornwall AC | Male 45-49 | 333 | 183 |
| 184 | 0:52:05 | CUDLIPP, Mark | | Male U35 | 207 | 184 |
| 185 | 0:52:29 | HILLMAN, Michaela | Torrington AAC | Female 50-54 | 313 | 185 |
| 186 | 0:52:37 | GIBSON, Jack | | Male U35 | 173 | 186 |
| 187 | 0:52:41 | STEPHENS, Jane | Bodmin Road Runners | Female 50-54 | 195 | 187 |
| 188 | 0:52:42 | MARRIOTT, Jo | | Female 40-44 | 174 | 188 |
| 189 | 0:52:53 | MAYNARD, Gemma | | Female U35 | 209 | 189 |
| 190 | 0:52:58 | LEAN, David | East Cornwall Harriers | Male 55-59 | 391 | 190 |
| 191 | 0:52:59 | BARRIBALL, Julie | Launceston Road Runners | Female 50-54 | 95 | 191 |
| 192 | 0:53:14 | HUTCHINGS, Lisa | Hartland Hillbilly Goats | Female 35-39 | 277 | 192 |
| 193 | 0:53:18 | TILLEY, John | Bodmin Road Runners | Male 65-69 | 90 | 193 |
| 194 | 0:53:24 | BROWNING, Simon | | Male 40-44 | 394 | 194 |
| 195 | 0:53:25 | SAUNTER, Jenny | Bodmin Womens RC | Female 50-54 | 3 | 195 |
| 196 | 0:53:26 | RUSSELL, Andy | | Male 55-59 | 178 | 196 |
| 197 | 0:53:30 | HEDDERLY, Jo | Bideford AAC | Female 40-44 | 329 | 197 |
| 198 | 0:53:31 | DANKS, Caroline | | Female U35 | 312 | 198 |
| 199 | 0:53:36 | FINCH, Lauren | Camelford Up & Running | Female 35-39 | 164 | 199 |
| 200 | 0:53:40 | GAUNT, Chris | Launceston Road Runners | Male 60-64 | 37 | 200 |
| 201 | 0:53:44 | BROWN, Roger | Mud Crew | Male 50-54 | 337 | 201 |
| 202 | 0:53:46 | ROBERTS, Mary | Launceston Road Runners | Female 45-49 | 146 | 202 |
| 203 | 0:53:47 | BARRIBALL, Ann | Launceston Road Runners | Female 40-44 | 53 | 203 |
| 204 | 0:53:54 | HARP, Chantal | | Female U35 | 226 | 204 |
| 205 | 0:53:57 | BEARD, Sharon | Bodmin Road Runners | Female 40-44 | 341 | 205 |
| 206 | 0:54:11 | PICKARD, Linda | Launceston Road Runners | Female 50-54 | 49 | 206 |
| 207 | 0:54:12 | KNIGHT, Huw | North Devon RR | Male 50-54 | 127 | 207 |
| 208 | 0:54:13 | NORTHEY, Joanna | Launceston Road Runners | Female 40-44 | 36 | 208 |
| 209 | 0:54:14 | NESBITT, Mark | Hartland Hillbilly Goats | Male 55-59 | 320 | 209 |

| <u>Place</u> | <u>Time</u> | <u>Name</u> | <u>Team</u> | <u>Category</u> | <u>EntrantNo</u> | <u>Posn</u> |
|--------------|-------------|---------------------|--------------------------|-----------------|------------------|-------------|
| 210 | 0:54:17 | GOODRIGHT, Ray | East Cornwall Harriers | Male 70 + | 382 | 210 |
| 211 | 0:54:23 | MILLS, Tracey | Okehampton R C | Female 50-54 | 297 | 211 |
| 212 | 0:54:26 | JAMES, Becky | St Austell RC | Female 45-49 | 103 | 212 |
| 213 | 0:54:27 | BARNBROOK, Samantha | Bideford AAC | Female 35-39 | 285 | 213 |
| 214 | 0:54:28 | PENTREATH, Nick | Falmouth Road Runners | Male 50-54 | 78 | 214 |
| 215 | 0:54:29 | POOLE, Andrew | | Male 35-39 | 147 | 215 |
| 216 | 0:54:30 | BARNES, John | Launceston Road Runners | Male 55-59 | 66 | 216 |
| 217 | 0:54:43 | COUCH, Jacqui | Torrington AAC | Female 45-49 | 358 | 217 |
| 218 | 0:55:01 | LISMORE, James | | Male 35-39 | 160 | 218 |
| 219 | 0:55:01 | GREEN, Charlie | | Male 35-39 | 159 | 219 |
| 220 | 0:55:03 | BENFORD, Kirsty | | Female 40-44 | 321 | 220 |
| 221 | 0:55:18 | MARTIN, Sue | Torrington AAC | Female 55-59 | 345 | 221 |
| 222 | 0:55:27 | VEALE, Derek | | Male 70 + | 276 | 222 |
| 223 | 0:55:38 | BAKER, Philippa | Launceston Road Runners | Female 60-64 | 94 | 223 |
| 224 | 0:55:41 | ALLAN, David | Camelford Up & Running | Male 40-44 | 233 | 224 |
| 225 | 0:55:42 | RUNDLE, Sharon | Launceston Road Runners | Female 50-54 | 70 | 225 |
| 226 | 0:55:43 | EMMETT, Nicola | Launceston Road Runners | Female 40-44 | 175 | 226 |
| 227 | 0:55:55 | GOATMAN, Charlotte | Bodmin Womens RC | Female U35 | 251 | 227 |
| 228 | 0:56:08 | EDWARDS, Victoria | Just Jog Bideford | Female U35 | 111 | 228 |
| 229 | 0:56:10 | BAKER, Marc | Hartland Hillbilly Goats | Male 45-49 | 284 | 229 |
| 230 | 0:56:12 | BARRACLOUGH, Joanne | | Female 45-49 | 162 | 230 |
| 231 | 0:56:13 | PRITCHARD, Jane | Launceston Road Runners | Female 50-54 | 45 | 231 |
| 232 | 0:56:16 | BEGG, Nicola | | Female 35-39 | 236 | 232 |
| 233 | 0:56:17 | GAMAGE, Kirsty | | Female 45-49 | 234 | 233 |
| 234 | 0:56:19 | MORSE, Jackie | Mounts Bay Harriers | Female 55-59 | 183 | 234 |
| 235 | 0:56:29 | LATHOM, Janet | Launceston Road Runners | Female 60-64 | 30 | 235 |
| 236 | 0:56:42 | PETHICK, Leah | | Female U35 | 172 | 236 |
| 237 | 0:56:49 | SPEAKE, Georgina | St Austell RC | Female 35-39 | 23 | 237 |
| 238 | 0:57:00 | MCFADDEN, Tracy | Bodmin Womens RC | Female 50-54 | 145 | 238 |
| 239 | 0:57:03 | HOLT, Matthew | | Male 40-44 | 318 | 239 |
| 240 | 0:57:12 | NEWBERRY, Ray | | Male 50-54 | 200 | 240 |
| 241 | 0:57:15 | GOLDBERG, Jessica | Launceston Road Runners | Female U35 | 38 | 241 |
| 242 | 0:57:28 | GAYTON, Lizzie | | Female 45-49 | 264 | 242 |
| 243 | 0:57:33 | BELLEW, Amy | Bradworthy Runners | Female U35 | 246 | 243 |
| 244 | 0:57:35 | HYDE, Rebekah | Launceston Road Runners | Female U35 | 100 | 244 |
| 245 | 0:57:48 | BURKE, Jemma | | Female 40-44 | 169 | 245 |
| 246 | 0:57:49 | DYMOND, Amanda | Bodmin Womens RC | Female 40-44 | 363 | 246 |
| 247 | 0:57:52 | SMITH, Paul | Mud Crew | Male 55-59 | 348 | 247 |
| 248 | 0:57:53 | GOWER, Emma | | Female U35 | 229 | 248 |
| 249 | 0:57:58 | HEYWOOD, Steve | Bideford AAC | Male 60-64 | 177 | 249 |
| 250 | 0:58:02 | SWIFT, Sarah | Launceston Road Runners | Female U35 | 41 | 250 |
| 251 | 0:58:03 | SWIFT, Antony | | Male U35 | 96 | 251 |
| 252 | 0:58:04 | SWATTON, Kelly | | Female U35 | 129 | 252 |
| 253 | 0:58:08 | MORGAN, Janet | Plymouth Musketeers | Female 55-59 | 336 | 253 |
| 254 | 0:58:09 | HAIGH, Sarah | Bude Rats | Female 40-44 | 293 | 254 |
| 255 | 0:58:11 | TURNER, Philip | Okehampton R C | Male 40-44 | 376 | 255 |
| 256 | 0:58:12 | CUNNINGHAM, Deborah | Okehampton R C | Female 50-54 | 91 | 256 |
| 257 | 0:58:13 | HOLT, Victoria | Launceston Road Runners | Female 35-39 | 123 | 257 |
| 258 | 0:58:14 | MCMILLAN, Penny | Launceston Road Runners | Female 50-54 | 101 | 258 |
| 259 | 0:58:17 | TUCKER, Lisa | Torrington AAC | Female U35 | 344 | 259 |
| 260 | 0:58:18 | LUCAS, Andrew | St Austell RC | Male 50-54 | 26 | 260 |
| 261 | 0:58:19 | CHARLTON, Tory | Torrington AAC | Female U35 | 381 | 261 |
| 262 | 0:58:20 | ALFORD, Jennie | Torrington AAC | Female 40-44 | 370 | 262 |

| <u>Place</u> | <u>Time</u> | <u>Name</u> | <u>Team</u> | <u>Category</u> | <u>EntrantNo</u> | <u>Posn</u> |
|--------------|-------------|----------------------|--------------------------|-----------------|------------------|-------------|
| 263 | 0:58:23 | RICHARDSON, Sarah | Bradworthy Runners | Female 35-39 | 388 | 263 |
| 264 | 0:58:28 | JOLLOW, Fiona | | Female 40-44 | 223 | 264 |
| 265 | 0:58:33 | BRENTON, Tara | Bodmin Road Runners | Female 40-44 | 335 | 265 |
| 266 | 0:58:34 | BUSHELL, Ruth | Okehampton R C | Female 50-54 | 199 | 266 |
| 267 | 0:58:42 | ROSS, Sarah Jane | Tamar Trotters | Female 50-54 | 304 | 267 |
| 268 | 0:58:43 | BEAZLEY, Steve | East Cornwall Harriers | Male 55-59 | 338 | 268 |
| 269 | 0:58:46 | TOWE, Rebecca | | Female 40-44 | 112 | 269 |
| 270 | 0:58:47 | GILMORE, Michael | Bideford AAC | Male 70 + | 227 | 270 |
| 271 | 0:59:13 | BUSE, Zoe | Bodmin Road Runners | Female 40-44 | 11 | 271 |
| 272 | 0:59:14 | GAY, Jackie | Launceston Road Runners | Female 50-54 | 31 | 272 |
| 273 | 0:59:29 | RIDLEY, Zoe | Camelford Up & Running | Female 35-39 | 143 | 273 |
| 274 | 0:59:36 | TOLLEY, Sarah | | Female 40-44 | 244 | 274 |
| 275 | 0:59:49 | STEPHEN, Charlie | Bude Army Cadets | Male U35 | 107 | 275 |
| 276 | 0:59:50 | MARTIN, George | Bude Army Cadets | Male U35 | 108 | 276 |
| 277 | 0:59:51 | BUSBY, Max | Bude Army Cadets | Male U35 | 109 | 277 |
| 278 | 1:00:05 | SNOWSILL, Tammy | | Female 35-39 | 224 | 278 |
| 279 | 1:00:09 | TAMBLYN, Sharon | Bodmin Womens RC | Female 50-54 | 2 | 279 |
| 280 | 1:00:17 | SUSSEX, Anthea | | Female 45-49 | 279 | 280 |
| 281 | 1:00:37 | SCHOLES, Claire | Truro Running Club | Female 35-39 | 400 | 281 |
| 282 | 1:00:41 | HADFIELD, Dawn | St Austell RC | Female 45-49 | 25 | 282 |
| 283 | 1:00:50 | WILLIAMS, Sarah-Jane | Camelford Up & Running | Female U35 | 273 | 283 |
| 284 | 1:00:58 | FARROW, Theia | | Female U35 | 397 | 284 |
| 285 | 1:00:58 | DENNIS, Clare | | Female 35-39 | 396 | 285 |
| 286 | 1:00:59 | HUNKIN, Samantha | East Cornwall Harriers | Female 45-49 | 365 | 286 |
| 287 | 1:01:00 | WARDLAW, Jane | Bude Rats | Female 55-59 | 268 | 287 |
| 288 | 1:01:32 | LATHAM, Jim | | Male 50-54 | 168 | 288 |
| 289 | 1:01:35 | RICHARDSON, Jane | Okehampton R C | Female 65+ | 171 | 289 |
| 290 | 1:01:56 | ROBSON, Rebecca | Camelford Up & Running | Female 40-44 | 192 | 290 |
| 291 | 1:01:56 | SAUNTER, Dave | | Male 50-54 | 4 | 291 |
| 292 | 1:02:36 | BROWN, Suzanne | | Female 50-54 | 259 | 292 |
| 293 | 1:02:38 | PARKER, Chloe | Launceston Road Runners | Female U35 | 33 | 293 |
| 294 | 1:02:56 | HARVEY, Sally | Bodmin Womens RC | Female 50-54 | 303 | 294 |
| 295 | 1:03:01 | JONES, Jane | | Female 50-54 | 6 | 295 |
| 296 | 1:03:02 | JONES, Caroline | | Female 35-39 | 180 | 296 |
| 297 | 1:03:03 | ODAM, Paula | | Female 50-54 | 339 | 297 |
| 298 | 1:03:08 | HUNT, Louise | Camelford Up & Running | Female U35 | 308 | 298 |
| 299 | 1:03:20 | ANDREWS, George | Mounts Bay Harriers | Male 65-69 | 291 | 299 |
| 300 | 1:03:31 | FERRY, Nicola | Torrington AAC | Female 45-49 | 280 | 300 |
| 301 | 1:03:32 | COX, Alison | Bodmin Womens RC | Female 50-54 | 158 | 301 |
| 302 | 1:03:33 | GILLIES, Amy | | Female U35 | 242 | 302 |
| 303 | 1:03:37 | MARSHALL, Terry | Falmouth Road Runners | Female 65+ | 84 | 303 |
| 304 | 1:03:38 | MASON, John | Launceston Road Runners | Male 50-54 | 48 | 304 |
| 305 | 1:03:41 | CLARKE, Vicky | Hartland Hillbilly Girls | Female 40-44 | 283 | 305 |
| 306 | 1:03:42 | PENN, Rachel | Bude Rats | Female 40-44 | 395 | 306 |
| 307 | 1:03:43 | MORLEY, Di | Hartland Hillbilly Girls | Female 55-59 | 300 | 307 |
| 308 | 1:03:55 | BLOWS, Francesca | | Female U35 | 165 | 308 |
| 309 | 1:03:58 | MARSHALL, Sarah | | Female 40-44 | 193 | 309 |
| 310 | 1:03:59 | GALLIFORD, Becky | | Female 35-39 | 194 | 310 |
| 311 | 1:04:03 | BRYANT, Sally | Crediton Running Network | Female 55-59 | 15 | 311 |
| 312 | 1:04:14 | SHUTE, Natalie | Launceston Road Runners | Female 35-39 | 263 | 312 |
| 313 | 1:04:34 | DICKINSON, Maggie | Launceston Road Runners | Female 50-54 | 68 | 313 |
| 314 | 1:05:01 | CORCORAN, Jessica | Okehampton R C | Female 45-49 | 201 | 314 |
| 315 | 1:05:03 | SMITH, Mandy | St Austell RC | Female 55-59 | 349 | 315 |

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|--------------|-------------|-----------------------|-------------------------|-----------------|------------------|-------------|
| 316 | 1:05:18 | CHEESEMAN, Gordon Lee | Camelford Up & Running | Male 35-39 | 131 | 316 |
| 317 | 1:05:33 | WADE, Margaret | Carn Runners | Female 65+ | 163 | 317 |
| 318 | 1:05:35 | WHITE, Janet | Okehampton R C | Female 65+ | 182 | 318 |
| 319 | 1:05:38 | MORASHTI, Kerry | Okehampton R C | Female 60-64 | 248 | 319 |
| 320 | 1:05:40 | HOWARD, Sarah | Bodmin Womens RC | Female 45-49 | 136 | 320 |
| 321 | 1:05:45 | PARSONS, Janet | Womens Running Net (C) | Female 50-54 | 265 | 321 |
| 322 | 1:05:45 | PARSONS, Alison | Bodmin Womens RC | Female 45-49 | 139 | 322 |
| 323 | 1:06:01 | GEEN, Pauline | | Female 55-59 | 241 | 323 |
| 324 | 1:06:03 | COLLINS, Hayley | | Female 40-44 | 287 | 324 |
| 325 | 1:06:21 | REES, Juliet | Torrington AAC | Female U35 | 342 | 325 |
| 326 | 1:06:27 | BRIGHT, Sarah | Torrington AAC | Female 40-44 | 278 | 326 |
| 327 | 1:06:35 | DREW, Carole | Carn Runners | Female 65+ | 360 | 327 |
| 328 | 1:06:37 | DREW, Barry | Carn Runners | Male 65-69 | 359 | 328 |
| 329 | 1:06:45 | TOY, Jeanette | Carn Runners | Female 45-49 | 380 | 329 |
| 330 | 1:07:17 | SLATER, Kirstie | Truro Running Club | Female 40-44 | 399 | 330 |
| 331 | 1:07:20 | TAPHOUSE, Lesley | Bodmin Road Runners | Female 55-59 | 214 | 331 |
| 332 | 1:07:38 | LAWRENCE, Steve | Falmouth Road Runners | Male 60-64 | 81 | 332 |
| 333 | 1:08:03 | ROWLAND, Sally | Launceston Road Runners | Female 60-64 | 97 | 333 |
| 334 | 1:08:48 | SPRAGUE, Claire | Okehampton R C | Female 40-44 | 181 | 334 |
| 335 | 1:09:04 | WALKER, Belinda | Bradworthy Runners | Female 50-54 | 121 | 335 |
| 336 | 1:09:24 | LATHAM, Donna | Bodmin Womens RC | Female 40-44 | 362 | 336 |
| 337 | 1:10:04 | HEAD, Joanne | | Female 40-44 | 314 | 337 |
| 338 | 1:10:07 | WILKINSON, Hannah | Hayle Runners | Female U35 | 385 | 338 |
| 339 | 1:10:10 | BROOKS, Jessica | | Female U35 | 316 | 339 |
| 340 | 1:10:14 | STEVENS, Diana | | Female 45-49 | 315 | 340 |
| 341 | 1:10:19 | STYLES-POWER, Sarah | Bradworthy Runners | Female 50-54 | 239 | 341 |
| 342 | 1:10:27 | GARRARD, David | Falmouth Road Runners | Male 70 + | 79 | 342 |
| 343 | 1:10:36 | SOUTHALL, Lynne | Plymouth Musketeers | Female 55-59 | 317 | 343 |
| 344 | 1:10:39 | COURTNEY, James | | Male 45-49 | 135 | 344 |
| 345 | 1:10:55 | HARVEY, Pamela | Torrington AAC | Female 45-49 | 350 | 345 |
| 346 | 1:11:15 | BEETLES, Danielle | | Female U35 | 331 | 346 |
| 347 | 1:11:16 | JAMES, Lucy | | Female U35 | 247 | 347 |
| 348 | 1:11:20 | RAYER, Anita | | Female 50-54 | 311 | 348 |
| 349 | 1:11:43 | COLLINGS, Louise | | Female U35 | 305 | 349 |
| 350 | 1:11:48 | ANDREWS, Emma | Bodmin Womens RC | Female U35 | 152 | 350 |
| 351 | 1:11:48 | HAMBLEY, Sharon | Bodmin Womens RC | Female 50-54 | 50 | 351 |
| 352 | 1:13:17 | ROBERTS, Nigel | Falmouth Road Runners | Male 35-39 | 85 | 352 |
| 353 | 1:14:00 | HODGE, Terry | | Male 50-54 | 243 | 353 |
| 354 | 1:14:12 | CROCKER-WHITE, Sue | Bude Rats | Female 50-54 | 202 | 354 |
| 355 | 1:15:25 | SAMPSON, Sarah | Launceston Road Runners | Female 45-49 | 55 | 355 |
| 356 | 1:15:25 | DQ | | | | 356 |
| 357 | 1:15:47 | COLLINGS, Fiona | Bodmin Womens RC | Female 45-49 | 161 | 357 |
| 358 | 1:15:53 | CARTER, Andree | Bradworthy Runners | Female 55-59 | 240 | 358 |
| 359 | 1:17:12 | LIDIARD, Sandra | Bodmin Womens RC | Female 45-49 | 230 | 359 |
| 360 | 1:17:12 | CARTHEW, Samantha | Bodmin Womens RC | Female 45-49 | 231 | 360 |
| 361 | 1:17:33 | THOMAS, Kathryn | Cornwall AC | Female 40-44 | 12 | 361 |
| 362 | 1:18:00 | FORD, Rosie | Bodmin Womens RC | Female U35 | 134 | 362 |
| 363 | 1:18:59 | STANDEN, Sharon | Bodmin Womens RC | Female 45-49 | 366 | 363 |
| 364 | 1:19:05 | BARNES, Sarah | Launceston Road Runners | Female 45-49 | 67 | 364 |
| 365 | 1:20:44 | KELLY, Tina | Bodmin Womens RC | Female 45-49 | 142 | 365 |
| 366 | 1:20:44 | PERRING, Sharon | Bodmin Womens RC | Female 45-49 | 133 | 366 |
| 367 | 1:22:11 | MARKS, Emma | Launceston Road Runners | Female 45-49 | 43 | 367 |
| 368 | 1:22:20 | DOWNING, Mandy | Launceston Road Runners | Female 55-59 | 98 | 368 |

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|--------------|-------------|--------------------|-------------------------|-----------------|------------------|-------------|
| 369 | 1:22:26 | BARTLETT, Lisa | Launceston Road Runners | Female 40-44 | 42 | 369 |
| 370 | 1:22:31 | DEAR, Anne | Bodmin Womens RC | Female 50-54 | 157 | 370 |
| 371 | 1:22:38 | ASHLEY, Lucille | | Female U35 | 189 | 371 |
| 372 | 1:22:39 | SILLIFANT, Natalie | | Female U35 | 187 | 372 |
| 373 | 1:30:47 | WARREN, Janice | Bideford AAC | Female 65+ | 258 | 373 |
| 374 | 1:32:55 | JOHNS, Mel | | Female 50-54 | 351 | 374 |