

Remembrance Run 2015 Sunday 8 November 2015. 11:00 am

Position without dogs	Time	Name	Club	Age group	min per mile	Race no.	Position with dogs
1	0:29:34	DAWSON, Martin	North Derbyshire Runners	Male 40-44	04:32.8	20	2
2	0:29:36	CARTHEY, Tom	Falmouth Road Runners	Male under 35	04:33.1	99	3
3	0:30:00	RANDALL, Gary	Mounts Bay Harriers	Male 40-44	04:36.8	114	4
4	0:30:29	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	04:41.3	240	5
5	0:30:44	COLACO, Jonny	Newquay Road Runners	Male 40-44	04:43.6	225	6
6	0:30:58	ANGELL, Dave	Mile High	Male under 35	04:45.7	214	7
7	0:31:04	DOWRICK, Mike	Cornwall AC	Male 40-44	04:46.7	220	8
8	0:31:14	SAWFORD, Paul	Carn Runners	Male 45-49	04:48.2	219	10
9	0:31:22	CLARK, Will	Epsom & Ewell	Male under 35	04:49.4	63	11
10	0:31:23	HALL, Craig	Carn Runners	Male 40-44	04:49.6	132	12
11	0:31:25	STRACHAN, Stephen	Falmouth Road Runners	Male 40-44	04:49.9	239	13
12	0:31:29	BARNET, James	Falmouth Road Runners	Male under 35	04:50.5	39	14
13	0:31:51	RICHARDS, Gary	Carn Runners	Male 45-49	04:53.9	195	15
14	0:32:05	SWIFT, Nigel	Newquay Road Runners	Male 35-39	04:56.0	231	16
15	0:32:14	KEMP, Barry	Tamar Trotters	Male 40-44	04:57.4	130	17
16	0:32:16	PORTER, Darrin	Tri Logic	Male 50-54	04:57.7	197	18
17	0:32:24	BRYDON, James	Bodmin Road Runners	Male under 35	04:59.0	70	19
18	0:32:26	HARTLEY, Nick		Male under 35	04:59.3	253	20
19	0:32:35	VINNICOMBE, Jason	Carn Runners	Male 40-44	05:00.7	201	21
20	0:32:55	LITTLEJOHNS, Mark	Falmouth Road Runners	Male 40-44	05:03.7	246	22
21	0:33:00	WATSON, Robin	Falmouth Road Runners	Male 50-54	05:04.5	112	23
22	0:33:13	ILIFFE, James		Male under 35	05:06.5	202	24
23	0:33:15	MURRANT, Kieran	Hayle Runners	Male under 35	05:06.8	196	25
24	0:33:16	SIMS, Nigel	Mounts Bay Harriers	Male 50-54	05:07.0	173	26
25	0:33:22	RANDALL, Carol	Mounts Bay Harriers	Female 45-49	05:07.9	228	27
26	0:33:31	WOOD, Jacob	Mounts Bay Harriers	Male under 35	05:09.3	223	28
27	0:34:13	SQUIRE, Darren	St Austell RC	Male 45-49	05:15.7	94	29
28	0:34:21	LAMPISHIRE, Kris		Male under 35	05:17.0	160	30
29	0:34:35	LOCKHURST, Will		Male 45-49	05:19.1	248	31
30	0:34:36	JAMES, Ian	Mounts Bay Harriers	Male 50-54	05:19.3	243	32
31	0:34:44	WRIGHT, Tom	Truro Running Club	Male 40-44	05:20.5	233	33
32	0:34:44	TUCKER, Dave	Tamar Trotters	Male 35-39	05:20.5	117	34
33	0:35:07	RICHARDS, Jason	Carn Runners	Male under 35	05:24.0	83	35
34	0:35:09	CARDEW, Barrie	Carn Runners	Male 55-59	05:24.3	35	36
35	0:35:16	SPENCE, Rob		Male under 35	05:25.4	186	38
36	0:35:23	THOMSON, Stuart	Mounts Bay Harriers	Male 40-44	05:26.5	15	39
37	0:35:36	HARTLEY, Simon		Male 35-39	05:28.5	245	40
38	0:35:41	DEVENEY, Callum	Falmouth Road Runners	Male 45-49	05:29.3	102	41
39	0:35:55	ABBOTT, Brian	St Austell RC	Male 50-54	05:31.4	115	42
40	0:35:56	SOLE, John	Bodmin Road Runners	Male under 35	05:31.6	57	43
41	0:36:00	EYRE, Janna	Carn Runners	Female under 35	05:32.2	82	44
42	0:36:04	COCKS, Daniel		Male under 35	05:32.8	146	45
43	0:36:05	REEVE, Paul	Cornwall AC	Male 45-49	05:33.0	192	46
44	0:36:07	HAYWARD, Alexander	Mounts Bay Harriers	Male under 35	05:33.3	203	47
45	0:36:13	MATTHEWS, Ian	Mounts Bay Harriers	Male 45-49	05:34.2	175	48
46	0:36:44	HOADLEY, Ben	Mounts Bay Harriers	Male 45-49	05:39.0	242	49
47	0:36:55	GWYNNE, Paul	Mud Crew	Male 50-54	05:40.6	13	50
48	0:37:16	ALLEN, Peter	Newquay Road Runners	Male 55-59	05:43.9	23	51
49	0:37:25	ALDIS, Philip	Bude Rats	Male 50-54	05:45.3	135	52
50	0:37:33	BRINNEN, Alex	Gyllynvase S L S C	Male 35-39	05:46.5	206	53
51	0:37:34	BATHE, Colin	Truro Running Club	Male 45-49	05:46.6	199	54
52	0:37:36	CHESTERMAN, Robyn	Falmouth Road Runners	Female under 35	05:46.9	207	55
53	0:37:42	MCCLAY, Karen	Mounts Bay Harriers	Female 45-49	05:47.9	189	56
54	0:37:51	HARVEY, Richard	Carn Runners	Male 35-39	05:49.3	43	57
55	0:37:58	HARVEY, Ceri	Carn Runners	Female 35-39	05:50.3	44	58
56	0:38:04	GARVEY, Jessica	Hayle Runners	Female under 35	05:51.3	77	59
57	0:38:10	HORTON, John	Newquay Par AC	Male 70 Plus	05:52.2	142	60
58	0:38:16	HARDING, Ben	East Cornwall Harriers	Male under 35	05:53.1	48	61
59	0:38:19	CROWLE, Jonathan	Truro Running Club	Male 40-44	05:53.6	150	62
60	0:38:26	GOUNDRY, Andrew	Truro Running Club	Male 50-54	05:54.6	66	63
61	0:38:27	ROGERS, Laura	Cornwall AC	Female under 35	05:54.8	144	64
62	0:38:28	COAD, Andrew		Male under 35	05:54.9	167	65
63	0:38:57	QUARMBY, Ann	East Cornwall Harriers	Female 40-44	05:59.4	40	66
64	0:39:07	ANDREWARTHA, David		Male under 35	06:00.9	153	67
65	0:39:10	MARSTON, Jeremy	Mounts Bay Harriers	Male 45-49	06:01.4	174	68
66	0:39:16	WARWICK, Rupert	Bodmin Road Runners	Male 45-49	06:02.3	232	69
67	0:39:20	CLEMENTS, Colette	Newquay Road Runners	Female 35-39	06:02.9	226	70
68	0:39:26	RINGER, Ian	Bodmin Road Runners	Male 65-69	06:03.9	50	71
69	0:39:35	JONES, Dean	29 Commando	Male 40-44	06:05.3	54	72
70	0:39:37	GALSWORTHY, Andrew		Male 50-54	06:05.6	163	73
71	0:39:39	MACAULEY, Alan	Tamar Trotters	Male 45-49	06:05.9	119	74
72	0:39:51	MOORE, Thomas	Truro Running Club	Male under 35	06:07.7	65	75
73	0:39:56	DUNCAN, Andy	29 Commando	Male under 35	06:08.5	56	76
74	0:39:56	STAVES, Jo	Truro Running Club	Female 35-39	06:08.5	235	77
75	0:39:57	KLEINMAN, Michael	Mounts Bay Harriers	Male 45-49	06:08.6	69	78

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Position without dogs	Time	Name	Club	Age group	min per mile	Race no.	Position with dogs
76	0:39:58	ANSELL, Dax	Mounts Bay Harriers	Male 40-44	06:08.8	178	79
77	0:39:58	CALLAWAY, William	Bodmin Road Runners	Male 35-39	06:08.8	184	80
78	0:40:02	ALLEN, Mark		Male 35-39	06:09.4	53	81
79	0:40:03	LONGMAN, Claire	Truro Running Club	Female 35-39	06:09.6	6	82
80	0:40:05	RINGWOOD, Ellie	Mounts Bay Harriers		06:09.9	251	83
81	0:40:18	STEPHENS, Emma	Bodmin Road Runners	Female under 35	06:11.9	73	84
82	0:40:35	KAVANAGH, James		Male 35-39	06:14.5	55	85
83	0:40:39	VOSPER, Andy	Bodmin Road Runners	Male 55-59	06:15.1	96	86
84	0:40:45	TUCKER, Ian	Mounts Bay Harriers	Male under 35	06:16.0	138	87
85	0:40:48	EAGLING, Nigel	Truro Running Club	Male 60-64	06:16.5	216	88
86	0:40:51	MATTHEWS, Owen		Male under 35	06:16.9	187	89
87	0:40:55	RINGWOOD, Michael	Mounts Bay Harriers	Male 45-49	06:17.6	224	90
88	0:40:58	COLLINS, Paul	Tamar Trotters	Male 35-39	06:18.0	131	91
89	0:41:02	NUGENT, Debbie	Carn Runners	Female 50-54	06:18.6	221	92
90	0:41:04	SMITH, Samantha	Mud Crew	Female 35-39	06:18.9	151	93
91	0:41:08	BUNCE, Richard	Mounts Bay Harriers	Male 50-54	06:19.6	148	94
92	0:41:13	SEDDON, Andrew	Tamar Trotters	Male 50-54	06:20.3	121	95
93	0:41:35	MARQUIS, Peter		Male 55-59	06:23.7	45	96
94	0:41:37	WILLIAMS, Kelly		Female under 35	06:24.0	250	97
95	0:41:57	WILCOX, David	Truro Running Club	Male 40-44	06:27.1	2	98
96	0:42:00	FRITH, Ray	Newquay Road Runners	Male 65-69	06:27.6	237	99
97	0:42:02	BURROWS, Robert	Mounts Bay Harriers	Male 60-64	06:27.9	176	100
98	0:42:02	CLARKE, Mike		Male 55-59	06:27.9	205	101
99	0:42:08	DAVY, Jason		Male 40-44	06:28.8	244	102
100	0:42:22	DOW, Amanda	Tamar Trotters	Female 35-39	06:30.9	129	103
101	0:42:27	TURTLE, John	Mounts Bay Harriers	Male 50-54	06:31.7	183	104
102	0:42:37	MERRIKIN, Carolyn	Newquay Road Runners	Female 50-54	06:33.2	204	105
103	0:42:37	BRYDON, Jackie	Bodmin Road Runners	Female 45-49	06:33.2	71	106
104	0:42:47	DINHAM, Martin		Male 45-49	06:34.8	29	107
105	0:42:51	COLEY, ALEX	East Cornwall Harriers	Male under 35	06:35.4	85	108
106	0:43:08	TREWHELLA, Thomas		Male under 35	06:38.0	222	109
107	0:43:25	ROWE, Kerri	Bodmin Road Runners	Female under 35	06:40.6	89	110
108	0:43:26	WALLENS-HANCOCK, Philip	Mud Crew	Male under 35	06:40.8	64	111
109	0:43:34	CLARK, Katie	Mounts Bay Harriers	Female under 35	06:42.0	181	112
110	0:43:36	MITCHELL, Jason		Male 35-39	06:42.3	209	113
111	0:43:48	MACKIE, Rachael		Female under 35	06:44.2	254	114
112	0:44:11	CLARK, Julie	Mounts Bay Harriers	Female 50-54	06:47.7	188	115
113	0:44:13	WILLIAMS, Amy	East Cornwall Harriers	Female under 35	06:48.0	86	116
114	0:44:21	SPITERI, Dawn	St Austell RC	Female 35-39	06:49.2	116	117
115	0:44:26	PICKARD, Linda	Launceston Road Runners	Female 50-54	06:50.0	90	118
116	0:44:37	KNUCKEY, Nigel	Truro Running Club	Male 55-59	06:51.7	191	119
117	0:44:39	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	06:52.0	67	120
118	0:44:44	SMITH, Sharon	Carn Runners	Female 40-44	06:52.8	179	121
119	0:44:55	MACEY, Marcia	Plymouth Harriers	Female 55-59	06:54.5	24	122
120	0:44:56	DREW, Barry	Carn Runners	Male 65-69	06:54.6	42	123
121	0:45:00	RITCHIE, Janet	Carn Runners	Female 50-54	06:55.2	141	124
122	0:45:28	MCKENZIE, Tracy	Newquay Road Runners	Female 35-39	06:59.5	162	125
123	0:45:42	RALPH, Helen	Tamar Trotters	Female 55-59	07:01.7	51	126
124	0:45:43	HAY, Adam	Truro Running Club	Male under 35	07:01.9	193	127
125	0:45:49	PALFREYMAN, Kerry	Tamar Trotters	Female 35-39	07:02.8	123	128
126	0:46:03	WALKER, Chris	Bodmin Road Runners	Male 45-49	07:04.9	72	129
127	0:46:11	UREN, Lisa	Carn Runners	Female 35-39	07:06.2	208	130
128	0:46:12	KEMP, Keith		Male 35-39	07:06.3	217	131
129	0:46:16	BADGE, Steven	Tamar Trotters	Male 50-54	07:06.9	52	132
130	0:46:24	SPARGO, Philip	Truro Running Club	Male 55-59	07:08.2	18	133
131	0:46:27	BROWN, Roger	Falmouth Road Runners	Male 45-49	07:08.6	98	134
132	0:46:28	SULLY, Mark	Tamar Trotters	Male 50-54	07:08.8	120	135
133	0:46:41	WHEATLEY, Wendy		Female 45-49	07:10.8	172	136
134	0:46:43	BRADY, Jeanette	Bodmin Womens RC	Female 45-49	07:11.1	30	137
135	0:46:43	PARSONS, Alison	Bodmin Womens RC	Female 45-49	07:11.1	22	138
136	0:46:58	RUSHBROOKE, Jacqueline		Female 50-54	07:13.4	84	139
137	0:46:58	RINGWOOD, Owen	Mounts Bay Harriers		07:13.4	252	140
138	0:46:58	RICHARDS, Emma	Carn Runners	Female 35-39	07:13.4	194	141
139	0:47:07	NEWTON, Roy	Falmouth Road Runners	Male 65-69	07:14.8	108	142
140	0:47:09	CARDEW, Denise	Carn Runners	Female 50-54	07:15.1	34	143
141	0:47:19	MIDDLETON, Paul	Truro Running Club	Male 40-44	07:16.6	7	144
142	0:47:29	STUART, Jade	Mounts Bay Harriers	Female under 35	07:18.2	49	145
143	0:47:46	TONKIN, Tracy		Female 40-44	07:20.8	10	146
144	0:47:48	PHILLIPS, Steven	Carn Runners	Male 40-44	07:21.1	238	147
145	0:47:51	TURNER, Clare		Female 35-39	07:21.5	165	148
146	0:47:57	DE BARROS, Sara	Hayle Runners	Female 40-44	07:22.5	75	149
147	0:48:14	BARWICK, Nigel		Male 55-59	07:25.1	3	150
148	0:48:17	WIDDERSHOVEN, Demelza	Carn Runners	Male under 35	07:25.5	87	151
149	0:49:10	BOLT, Adrian	Truro Running Club	Male 45-49	07:33.7	14	152
150	0:49:10	LONG, Fran	Hayle Runners	Female 55-59	07:33.7	78	153

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Position without dogs	Time	Name	Club	Age group	min per mile	Race no.	Position with dogs
151	0:49:14	PRETTEJOHN, Demelza		Female 45-49	07:34.3	229	154
152	0:49:14	LAYTON, Jessica		Female under 35	07:34.3	241	155
153	0:49:38	JAKES, Karyn	Mounts Bay Harriers	Female 35-39	07:38.0	137	156
154	0:49:38	MCLENNAN, Chantal	Mounts Bay Harriers	Female 35-39	07:38.0	139	157
155	0:49:55	ANDREWS, George	Mounts Bay Harriers	Male 60-64	07:40.6	27	158
156	0:50:10	HEYWOOD, Steve	Bideford AAC	Male 60-64	07:42.9	134	159
157	0:50:13	COLEMAN, Nikki	Cornwall AC	Female 45-49	07:43.4	218	160
158	0:50:15	MULLEN, Shona	Truro Running Club	Female 50-54	07:43.7	92	161
159	0:50:23	MATTHEWS, Sian	Mounts Bay Harriers	Female 35-39	07:44.9	227	162
160	0:50:23	SWABY, Heidi	Mounts Bay Harriers	Female 45-49	07:44.9	171	163
161	0:50:23	DYMOND, Stephanie	Mounts Bay Harriers	Female 45-49	07:44.9	93	164
162	0:50:30	DEFRIEZ, Jenny		Female under 35	07:46.0	169	165
163	0:50:30	SMITH, Jade		Female under 35	07:46.0	168	166
164	0:50:48	DOWLING, John		Male 65-69	07:48.8	164	167
165	0:50:48	FRANKLIN, Craig	Tamar Trotters	Male under 35	07:48.8	157	168
166	0:50:48	LAMMERS, Wiebke	Falmouth Road Runners	Female 35-39	07:48.8	104	169
167	0:50:55	EATOCK, Annette		Female 40-44	07:49.8	166	170
168	0:50:55	MCCOLL, Debbie	Falmouth Road Runners	Female 45-49	07:49.8	107	171
169	0:51:00	BRAY, Claire		Female 35-39	07:50.6	91	172
170	0:51:03	LYDALL, Denise	Falmouth Road Runners	Female 45-49	07:51.1	212	173
171	0:51:47	BRUMBY, Tandy	Falmouth Road Runners	Female 50-54	07:57.8	249	174
172	0:51:49	CHEMINANT, Oliver		Male 50-54	07:58.1	158	175
173	0:51:50	JONES, Aimee		Female under 35	07:58.3	31	176
174	0:51:50	ALLEN, Nicola		Female under 35	07:58.3	161	177
175	0:52:15	BUCKINGHAM, Tobias		Male under 35	08:02.1	182	178
176	0:52:21	SQUIRE, Mark		Male 60-64	08:03.1	36	179
177	0:52:55	WALLACE, Geraldine	Mounts Bay Harriers	Female 60-64	08:08.3	8	180
178	0:53:03	DALTON, Martin	Falmouth Road Runners	Male 60-64	08:09.5	101	181
179	0:53:13	HORTON, Ann	Newquay Par AC	Female 65 Plus	08:11.1	143	182
180	0:53:33	HEAD, Vanessa		Female under 35	08:14.1	230	183
181	0:53:33	THWAITES, Nicola	Falmouth Road Runners	Female under 35	08:14.1	213	184
182	0:53:38	HOCKING, Deborah	Carn Runners	Female 45-49	08:14.9	140	185
183	0:53:45	NEWCOMBE, Giles	Hayle Runners	Male 55-59	08:16.0	80	186
184	0:53:46	NEWCOMBE, Jo	Hayle Runners	Female 55-59	08:16.1	81	187
185	0:53:56	BRANDWOOD, Laura	Falmouth Road Runners	Female 35-39	08:17.7	210	188
186	0:54:00	CHAPMAN, Jackie	Launceston Road Runners	Female 50-54	08:18.3	58	189
187	0:54:21	PRADY, Liz	Mounts Bay Harriers	Female 55-59	08:21.5	9	190
188	0:54:57	THOMSON, Rachel	Mounts Bay Harriers	Female 50-54	08:27.1	16	191
189	0:55:01	KING, Gary	Mounts Bay Harriers	Male 35-39	08:27.7	211	192
190	0:55:03	PADDON, Alison	Tamar Trotters	Female 40-44	08:28.0	124	193
191	0:55:04	KINGTON, Norris	Cornwall AC	Male 70 Plus	08:28.1	62	194
192	0:55:10	SAUNTER, Jenny	Bodmin Womens RC	Female 50-54	08:29.1	46	195
193	0:55:10	SAUNTER, Dave		Male 50-54	08:29.1	47	196
194	0:55:12	CROCKER, Holly		Female under 35	08:29.4	215	197
195	0:55:25	BURR, Rebecca		Male under 35	08:31.4	170	198
196	0:57:25	DREW, Carole	Carn Runners	Female 65 Plus	08:49.8	41	199
197	0:57:26	CRAYFORD, Tony		Male 50-54	08:50.0	60	200
198	0:57:26	CRAYFORD, Jo		Female 55-59	08:50.0	61	201
199	0:57:54	WONG, Lai-Yin	Bere AlstonTrekks	Female 40-44	08:54.3	25	202
200	0:57:55	MASSEY, Jenny	Hayle Runners	Female 55-59	08:54.4	79	203
201	0:58:26	HUBAND, Sophie	Mounts Bay Harriers	Female 40-44	08:59.2	177	204
202	0:58:40	LAWRENCE, Trudi	Falmouth Road Runners	Female under 35	09:01.4	106	205
203	0:58:45	SAVAGE, Wendy	Carn Runners	Female 50-54	09:02.1	147	206
204	0:58:55	HAM, Benjamin		Male 35-39	09:03.7	236	207
205	0:59:17	BOOTH, Sally		Female 50-54	09:07.1	156	208
206	0:59:21	PENTREATH, Jackie	Falmouth Road Runners	Female 55-59	09:07.7	111	209
207	0:59:39	FLANAGAN, Rachel	Falmouth Road Runners	Female 45-49	09:10.4	190	210
208	0:59:44	TOY, Jeanette	Carn Runners	Female 45-49	09:11.2	180	211
209	0:59:59	DALTON, Beverley	Falmouth Road Runners	Female 60-64	09:13.5	100	212
210	1:00:13	WILKINSON, Hannah	Carn Runners	Female under 35	09:15.7	95	213
211	1:00:17	JOLLIFF, Christy	Bodmin Road Runners	Female under 35	09:16.3	59	214
212	1:00:28	CHEMINANT, Becky		Female 40-44	09:18.0	159	215
213	1:00:28	ATHERTON, Jules	Hayle Runners	Female 45-49	09:18.0	74	216
214	1:00:30	LAWRENCE, Steve	Falmouth Road Runners	Male 60-64	09:18.3	105	217
215	1:00:34	MEEK, Rachael	Tamar Trotters	Female under 35	09:18.9	118	218
216	1:00:44	PAUL, Tracey	Bodmin Womens RC	Female 35-39	09:20.4	145	219
217	1:00:44	KELLY, Tina	Bodmin Womens RC	Female 45-49	09:20.4	154	220
218	1:00:44	PERRING, Sharon	Bodmin Womens RC	Female 45-49	09:20.4	136	221
219	1:00:55	CALLAWAY, Kerry	Bodmin Road Runners	Female 35-39	09:22.1	185	222
220	1:00:57	HAMMOND, Gillian		Female 35-39	09:22.4	88	223
221	1:00:57	HILLIER, Sally	Falmouth Road Runners	Female 50-54	09:22.4	21	224
222	1:00:57	WOTTON, Nicola	Falmouth Road Runners	Female 35-39	09:22.4	33	225
223	1:01:43	GARRARD, David	Falmouth Road Runners	Male 65-69	09:29.5	103	226
224	1:02:55	GRANT, Lucy		Female under 35	09:40.6	149	227
225	1:03:26	ROBERTS, Nigel	Falmouth Road Runners	Male 35-39	09:45.4	109	228

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226	1:03:39	FOSTER, Ann	Tamar Trotters	Female 65 Plus	09:47.4	128	229
227	1:03:39	DUKE, Jan	Tamar Trotters	Male 65-69	09:47.4	127	230
228	1:04:01	VINNICOMBE, Caroline	Carn Runners	Female 40-44	09:50.7	200	231
229	1:04:14	TUCKER, Jeremy	Mounts Bay Harriers	Male under 35	09:52.7	1	232
230	1:04:14	CROSSE, Lexie	Mounts Bay Harriers	Female under 35	09:52.7	37	233
231	1:04:28	HALL, Zoe	Carn Runners	Female 45-49	09:54.9	133	234
232	1:09:18	ANDREWS, Greta	Mounts Bay Harriers	Female 35-39	10:39.5	28	235
233	1:10:23	SLATER, Kirstie		Female 40-44	10:49.5	198	236
234	1:11:21	HUDSON, Mark		Male 45-49	10:58.4	247	237
235	1:12:23	THOMAS, Kathryn	Cornwall AC	Female 40-44	11:07.9	155	238
236	1:14:27	DODDS, Susan	Mounts Bay Harriers	Female 65 Plus	11:27.0	17	239
237	1:18:57	BROWN, Helen	Falmouth Road Runners	Female 45-49	12:08.6	97	240
238	1:20:08	ORPWOOD, Jenny	Mounts Bay Harriers	Female 45-49	12:19.5	68	241
239	1:20:08	EASTERBROOK, Liz		Female 65 Plus	12:19.5	234	242
240	1:20:08	ANDREWS, Naomi	Mounts Bay Harriers	Female under 35	12:19.5	26	243
241	1:21:18	SAVERTON, Debra	Falmouth Road Runners	Female 55-59	12:30.2	110	244
242	1:21:18	WHITE, Chris	Falmouth Road Runners	Female 65 Plus	12:30.2	113	245
243	1:21:27	BROOKS, Lindsay		Female 35-39	12:31.6	11	246
244	1:21:27	ST JOHN, Claire		Female 40-44	12:31.6	12	247
245	1:35:59	DONOHUE, Mel	Tamar Trotters	Female 40-44	14:45.7	126	248
246	1:35:59	COPE, Jo-Anne	Tamar Trotters	Female 45-49	14:45.7	125	249
with dogs	0:23:38	PASCOE, Jason	Cornwall AC	Male 40-44	03:38.1	152	1
with dogs	0:31:10	LITTLEWOOD, Ian	East Cornwall Harriers	Male 35-39	04:47.6	5	9
with dogs	0:35:10	LITTLEWOOD, Louise	East Cornwall Harriers	Female 45-49	05:24.5	4	37