

## **Carn Runners - Code of Conduct**

As an England Athletics Accredited Club, it is imperative that all athletes, coaches, volunteers and officials read and abide by all appropriate codes of conduct. If you feel in any way that others within the club are not following these codes of conduct then contact the Club Secretary as soon as possible.

See below and further details can be read on the England Athletics Website at - [www.englandathletics.org/athletics-clubs/i-help-to-run-a-club/welfare-everyones-responsibility/welfare-everyones-responsibility](http://www.englandathletics.org/athletics-clubs/i-help-to-run-a-club/welfare-everyones-responsibility/welfare-everyones-responsibility)

### **As a responsible Athlete, when participating in or attending any athletics activities, including training/coaching sessions and competition events you will -**

Display courtesy and good manners towards others, respecting the rights, dignity and worth of every athlete, coach, technical official and others involved in athletics and treat everyone equally.

Uphold the same values of sportsmanship off the field as you do when engaged in athletics. Avoid swearing and abusive language and irresponsible behaviour including behaviour that is dangerous to yourself or others, acts of violence, bullying, harassment and physical and sexual abuse.

Avoid destructive behaviour and leave athletics venues as you find them.

Challenge inappropriate behaviour and language by others.

Cooperate fully with others involved in the sport such as coaches, technical officials, team managers, and representatives of the governing body in the best interests of yourself and other athletes.

Always thank the coaches, officials and volunteers who enable you to participate in athletics.

Consistently promote positive aspects of the sport such as fair play and never condone rule violations or the use of prohibited or age-inappropriate substances.

Anticipate and be responsible for your own needs including being organised, having the appropriate equipment and being on time. Avoid carrying any items that could be dangerous to yourself or others excluding athletics equipment used in the course of your athletics activity.

Not carry or consume alcohol to excess and/or illegal substances.

## **Code of Conduct - Social Media**

### **Carn Runners respects all our members' rights to a private life. However, the Club must also ensure that confidentiality and its reputation are protected at all times.**

Any communications that Club Members make in a personal capacity through social media must not:

- bring the club into disrepute, for example by:- making defamatory comments about individuals or other organisations or groups; posting political comments or images; posting images that are inappropriate or links to inappropriate content; being seen to support (for example by liking on Facebook or retweeting on Twitter) a comment or post that would fall into any of the above categories.

- breach confidentiality, for example by:- giving away information about an individual (such as a fellow volunteer or athlete) or organisation; revealing information held by the club where there would be reasonable expectation of confidentiality.

- breach copyright, for example by:- using someone else's images or written content without permission; or failing to give acknowledgement where permission has been given to reproduce something.

- do anything that could be considered discriminatory against, or bullying or harassment of, any individual, for example by:- making offensive or derogatory comments relating to sex, gender reassignment, race (including nationality), disability, sexual orientation, religion or belief or age; using social media to bully another individual; posting images that are discriminatory or offensive.

Please also see the Guidelines given by England Athletics at [www.englandathletics.org/athletes/athlete-zone/social-media-guidance?search=](http://www.englandathletics.org/athletes/athlete-zone/social-media-guidance?search=)