

## BOCONNOC 5 – 26TH JUNE 2018

Position	Time	Name	Team	Category	Pace
1	0:27:29	ORTON, Rob	Bodmin Road Runners	Male Vet 35-39	05:29.7
2	0:27:47	RATCLIFFE, Floyd	Mile High	Male under 35	05:33.3
3	0:28:23	CARTHEY, Tom	Falmouth Road Runners	Male Vet 35-39	05:40.5
4	0:28:56	COLACO, Jonny	Newquay Road Runners	Male Vet 45-49	05:47.1
5	0:29:02	BRYDON, James	Bodmin Road Runners	Male under 35	05:48.3
6	0:29:09	RAMSDEN, Clive	Bodmin Road Runners	Male Vet 40-44	05:49.7
7	0:29:16	KIRTON, James	Truro Running Club	Male under 35	05:51.1
8	0:29:27	MARPLES, Alex	Truro Running Club	Male Vet 35-39	05:53.3
9	0:29:32	CUTLAN, James	St Austell Running Club	Male under 35	05:54.3
10	0:29:38	TRUBRIDGE, James		Male Vet 40-44	05:55.5
11	0:29:57	YEARLING, Samuel	Erme Valley Harriers	Male under 35	05:59.3
12	0:30:02	WILLIAMS, Simon S	St Austell Running Club	Male Vet 45-49	06:00.3
13	0:30:04	STEVENS, Paul	St Austell Running Club	Male Vet 40-44	06:00.7
14	0:30:21	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:04.1
15	0:30:49	TREGONNING, David	St Austell Running Club	Male under 35	06:09.7
16	0:30:49	DAWBER, Phil	Bodmin Road Runners	Male under 35	06:09.7
17	0:30:55	STANDING, Rob	Truro Running Club	Male Vet 45-49	06:10.9
18	0:31:07	MURRANT, Kieran	Falmouth Road Runners	Male under 35	06:13.3
19	0:31:11	JEPSON, Aidan	Truro Running Club	Male Vet 35-39	06:14.1
20	0:31:21	YOULDEN, Jamie	St Austell Running Club	Male Vet 35-39	06:16.1
21	0:31:42	SARA, Wayne	Truro Running Club	Male Vet 35-39	06:20.3
22	0:31:59	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:23.7
23	0:32:30	CHAPMAN, Wendy	Truro Running Club	Female Vet 40-44	06:29.9
24	0:32:44	DOWRICK, Mike	Cornwall AC	Male Vet 45-49	06:32.7
25	0:32:58	STACEY, Doug	East Cornwall Harriers	Male Vet 40-44	06:35.5
26	0:32:58	KEEFE, Richard	Falmouth Road Runners	Male Vet 45-49	06:35.5
27	0:33:00	BARNET, James	Falmouth Road Runners	Male under 35	06:35.9
28	0:33:08	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	06:37.5
29	0:33:09	LITTLEJOHNS, Mark	Falmouth Road Runners	Male Vet 45-49	06:37.7
30	0:33:10	LUCKHURST, Will	Hayle Runners	Male Vet 50-54	06:37.9
31	0:33:17	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	06:39.3
32	0:33:44	STAFF, Dale	Looe Pioneers	Male Vet 40-44	06:44.7
33	0:33:47	PARKS, Jason		Male Vet 35-39	06:45.3
34	0:33:52	TAPHOUSE, Joshua	Bodmin Road Runners	Male under 35	06:46.3
35	0:33:56	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	06:47.1
36	0:34:05	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	06:48.9
37	0:34:18	TIMMS, Jake	Falmouth Road Runners	Male under 35	06:51.5
38	0:34:21	WILLS, Julian	Tamar Trotters	Male Vet 45-49	06:52.1
39	0:34:23	ARROWSMITH, Paul	East Cornwall Harriers	Male Vet 40-44	06:52.5
40	0:34:25	GREER, Mike	St Austell Running Club	Male under 35	06:52.9
41	0:34:26	HANNAH, David	East Cornwall Harriers	Male under 35	06:53.1
42	0:34:28	ALLEN, Steve		Male Vet 40-44	06:53.5
43	0:34:33	SPARKES, Tom	Bodmin Road Runners	Male under 35	06:54.5
44	0:34:36	COX, Daniel	Bodmin Road Runners	Male under 35	06:55.1
45	0:34:38	RICHES, Pippa		Female Vet 35-39	06:55.5
46	0:34:45	RAPSON, Nigel	St Austell Running Club	Male Vet 55-59	06:56.9
47	0:34:51	WHEELER, Adam		Male Vet 55-59	06:58.1
48	0:34:52	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44	06:58.3
49	0:34:58	JOHNSON, Paul	St Austell Running Club	Male under 35	06:59.5
50	0:35:00	CARTER, Steven	Truro Running Club	Male Vet 45-49	06:59.9
51	0:35:02	CARDEW, Barrie	Carn Runners	Male Vet 55-59	07:00.3
52	0:35:06	PHILP, David	East Cornwall Harriers	Male Vet 55-59	07:01.1
53	0:35:32	WALKER, Iain	St Austell Running Club	Male Vet 60-64	07:06.2
54	0:35:40	MORSE, Helen	East Cornwall Harriers	Female under 35	07:07.8
55	0:35:40	HUGHES, Alan	Bodmin Road Runners	Male under 35	07:07.8
56	0:35:41	MACKELLAR, Billy	Bodmin Road Runners	Male Vet 50-54	07:08.0
57	0:35:45	FERGUSON, Andrew	Mud Crew Trail Runners	Male Vet 50-54	07:08.8
58	0:35:47	ADIE, Gordon	Truro Running Club	Male Vet 55-59	07:09.2
59	0:35:56	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	07:11.0

60	0:36:05	BATHE, Colin	Truro Running Club	Male Vet 45-49	07:12.8
61	0:36:19	SHIRLEY, Rich	St Austell Running Club	Male under 35	07:15.6
62	0:36:30	BRAY, Vivian	Cornwall AC	Male Vet 50-54	07:17.8
63	0:36:32	ALLEN, Marc		Male under 35	07:18.2
64	0:36:37	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:19.2
65	0:36:43	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-39	07:20.4
66	0:36:49	EDWARDS, Glynn	Truro Running Club	Male under 35	07:21.6
67	0:36:50	BRYER, Lee		Male Vet 40-44	07:21.8
68	0:36:51	DIXON, Eleanor	Newquay Road Runners	Female Vet 40-44	07:22.0
69	0:36:52	CHASE, Andy	St Austell Running Club	Male under 35	07:22.2
70	0:36:54	ROBERTS, Adam	St Petrocs Dragons Tri Club	Male Vet 35-39	07:22.6
71	0:37:01	LLOYD, James	Truro Running Club	Male Vet 40-44	07:24.0
72	0:37:07	HILL, Gordon		Male Vet 60-64	07:25.2
73	0:37:10	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	07:25.8
74	0:37:11	VICARY, Darren	St Austell Running Club	Male Vet 35-39	07:26.0
75	0:37:30	REGAN, Alicia	Plymouth Harriers	Female under 35	07:29.8
76	0:37:41	ULLMAN, Chris	East Cornwall Harriers	Male Vet 45-49	07:32.0
77	0:37:44	HUNT, Gary	East Cornwall Harriers	Male Vet 50-54	07:32.6
78	0:37:45	STANFORD, Joseph	Bodmin Road Runners	Male Vet 40-44	07:32.8
79	0:37:47	MARKS, Stacie	St Austell Running Club	Female under 35	07:33.2
80	0:37:49	GWYNNE, Paul	Mud Crew Trail Runners	Male Vet 50-54	07:33.6
81	0:37:50	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	07:33.8
82	0:37:54	ALLEN, Gary		Male under 35	07:34.6
83	0:38:06	PICK, Robert	East Cornwall Harriers	Male Vet 60-64	07:37.0
84	0:38:08	GARDINER, Steven	St Austell Running Club	Male under 35	07:37.4
85	0:38:09	BEER, Connor		Male under 35	07:37.6
86	0:38:10	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	07:37.8
87	0:38:12	DODWELL, Helen	Truro Running Club	Female Vet 40-44	07:38.2
88	0:38:14	EYRE, Janna	Carn Runners	Female Vet 35-39	07:38.6
89	0:38:15	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	07:38.8
90	0:38:19	GAY, Jennifer	Truro Running Club	Female under 35	07:39.6
91	0:38:20	STEPHENS, Emma	Bodmin Road Runners	Female under 35	07:39.8
92	0:38:22	EGGINTON, Michael	East Cornwall Harriers	Male Vet 50-54	07:40.2
93	0:38:27	ROONEY, Michael	Mounts Bay Harriers	Male under 35	07:41.2
94	0:38:31	WILSON, Michael	Truro Running Club	Male Vet 60-64	07:42.0
95	0:38:33	THOMAS, Mark	Truro Running Club	Male Vet 40-44	07:42.4
96	0:38:39	MENSING, Claire	Truro Running Club	Female Vet 45-49	07:43.6
97	0:38:40	OSBORNE, Barry	Newquay Road Runners	Male Vet 45-49	07:43.8
98	0:38:44	PROUSE, Martyn		Male Vet 40-44	07:44.6
99	0:38:54	STACEY, Hayley	East Cornwall Harriers	Female Vet 35-39	07:46.6
100	0:38:59	OWEN, Mark	St Austell Running Club	Male Vet 40-44	07:47.6
101	0:39:15	NICHOLLS, Martin	East Cornwall Harriers	Male Vet 45-49	07:50.8
102	0:39:19	STAVES, Jo	Truro Running Club	Female Vet 40-44	07:51.6
103	0:39:22	THOMAS, Rachael	Cornwall AC	Female Vet 45-49	07:52.2
104	0:39:30	BUSCOMBE, Ross		Male under 35	07:53.8
105	0:39:31	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54	07:54.0
106	0:39:39	PASCOE, Anna	Mud Crew Trail Runners	Female Vet 35-39	07:55.6
107	0:39:42	CRABB, Sally	Looe Pioneers	Female Vet 40-44	07:56.2
108	0:39:50	HUMPHREY, Irwin	Hayle Runners	Male Vet 60-64	07:57.8
109	0:39:50	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59	07:57.8
110	0:40:00	LANGSTAFF, Emma	Looe Pioneers	Female Vet 40-44	07:59.8
111	0:40:01	SLEEMAN, Jenna		Female under 35	08:00.0
112	0:40:03	JEFFREY-JONES, Monique	Bodmin Womens RC	Female Vet 45-49	08:00.4
113	0:40:04	DALE, Steve	Newquay Road Runners	Male Vet 40-44	08:00.6
114	0:40:07	LEE, Steven		Male Vet 35-39	08:01.2
115	0:40:14	BRYDON, Jackie	Bodmin Road Runners	Female Vet 50-54	08:02.6
116	0:40:19	WOOD, Glenn	East Cornwall Harriers	Male Vet 50-54	08:03.6
117	0:40:41	STOCKDALE, Peter	Carlisle Tri Club	Male Vet 40-44	08:08.0
118	0:40:43	JENKIN, Steve	Cornwall AC	Male Vet 45-49	08:08.4
119	0:40:45	WILCOX, David	Truro Running Club	Male Vet 40-44	08:08.8
120	0:40:50	SOLOMON, Andrew	Bodmin Road Runners	Male Vet 55-59	08:09.8
121	0:40:53	ROWE, Paul	Bodmin Road Runners	Male Vet 40-44	08:10.4
122	0:41:03	LOVE, Christian		Male under 35	08:12.4

123	0:41:21	BARNFIELD, Marty		Male Vet 40-44	08:16.0
124	0:41:25	ROWE, Gareth	Newquay Road Runners	Male Vet 60-64	08:16.8
125	0:41:37	MCLEAN, Luke	Mounts Bay Harriers	Male Vet 35-39	08:19.2
126	0:42:05	SARGENT, Pete	South West Vets AC	Male Vet 70+	08:24.8
127	0:42:06	MOORE, Andy	Hayle Runners	Male Vet 55-59	08:25.0
128	0:42:07	FORBES, Jennifer	Carn Runners	Female under 35	08:25.2
129	0:42:08	PEARCE, Ryan		Male under 35	08:25.4
130	0:42:09	VAUGHNLEY, Craig	East Cornwall Harriers	Male Vet 45-49	08:25.6
131	0:42:13	STEDMAN, Jane	100 Marathon Club	Female Vet 55-59	08:26.4
132	0:42:15	ELLIS, Rebecca	Bodmin Womens RC	Female under 35	08:26.8
133	0:42:28	RICHARDS, Emma	Mounts Bay Harriers	Female Vet 35-39	08:29.4
134	0:42:28	GLOVER, Ruth	Mounts Bay Harriers	Female under 35	08:29.4
135	0:42:29	MCBAIN, Vanessa May	Newquay Road Runners	Female under 35	08:29.6
136	0:42:37	DREW, Peter	Carn Runners	Male Vet 65-69	08:31.2
137	0:42:40	MARSHALL, Nigel	St Austell Running Club	Male Vet 45-49	08:31.8
138	0:42:45	COOPER, Mike	Woodbridge Shufflers RC	Male Vet 60-64	08:32.8
139	0:42:58	EAGLING, Nigel	Truro Running Club	Male Vet 65-69	08:35.4
140	0:42:58	ANDREWS, Mark	East Cornwall Harriers	Male Vet 60-64	08:35.4
141	0:43:02	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	08:36.2
142	0:43:12	LONGMAN, Claire	Truro Running Club	Female Vet 40-44	08:38.2
143	0:43:21	ELLIS, Steve		Male Vet 50-54	08:40.0
144	0:44:00	HARTILL, Taylor	Bodmin Road Runners	Male under 35	08:47.8
145	0:44:02	O'GORMAN, Anthony	Newquay Road Runners	Male Vet 45-49	08:48.2
146	0:44:06	COOKE, Rhianna	St Austell Running Club	Female Vet 35-39	08:49.0
147	0:44:09	HOLLAND, Sarah	Tavistock AC	Female Vet 40-44	08:49.6
148	0:44:11	MORSE, Nicky	Mounts Bay Harriers	Male Vet 60-64	08:50.0
149	0:44:14	RINGER, Ian	Bodmin Road Runners	Male Vet 70+	08:50.6
150	0:44:14	GOATMAN, Charlotte	Bodmin Womens RC	Female under 35	08:50.6
151	0:44:16	PICKARD, Linda	Launceston Road Runners	Female Vet 55-59	08:51.0
152	0:44:20	GOUNDRY, Karen	Truro Running Club	Female Vet 50-54	08:51.8
153	0:44:30	STEWART, Juliet	Truro Running Club	Female Vet 50-54	08:53.8
154	0:44:40	JENKINS, Steve		Male Vet 50-54	08:55.8
155	0:44:41	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	08:56.0
156	0:44:44	HILL, Charlie		Male Vet 35-39	08:56.6
157	0:44:54	TILLEY, John	Bodmin Road Runners	Male Vet 65-69	08:58.6
158	0:44:58	HORTON, Sarah	Plymouth Coasters	Female Vet 45-49	08:59.4
159	0:45:03	COLLINS, Joanna		Female under 35	09:00.4
160	0:45:07	CARTER, Anna	Newquay Road Runners	Female under 35	09:01.2
161	0:45:11	KENT, Mele	Newquay Road Runners	Female Vet 40-44	09:02.0
162	0:45:15	BENDE, Cassi	Truro Running Club	Female under 35	09:02.8
163	0:45:17	GEEVES, Jo		Female under 35	09:03.2
164	0:45:17	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	09:03.2
165	0:45:18	BUSE, Zoe	Bodmin Road Runners	Female Vet 45-49	09:03.4
166	0:45:23	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	09:04.4
167	0:45:25	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:04.8
168	0:45:27	STEPHENS, Jane	Bodmin Road Runners	Female Vet 50-54	09:05.2
169	0:45:39	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54	09:07.6
170	0:45:42	PINCHIN, Caroline		Female Vet 45-49	09:08.2
171	0:45:42	SULLIVAN, Kate		Female Vet 40-44	09:08.2
172	0:45:52	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	09:10.2
173	0:45:53	PAGE, Nick		Male Vet 50-54	09:10.4
174	0:46:00	STEVENSON, Helen	Bodmin Road Runners	Female Vet 35-39	09:11.8
175	0:46:02	GILLESPIE, Ayesha	Bodmin Womens RC	Female under 35	09:12.2
176	0:46:12	FLAVIN, Cecile		Female under 35	09:14.2
177	0:46:12	COOK, Damian	Mounts Bay Harriers	Male Vet 45-49	09:14.2
178	0:46:22	DICKSON, Helen		Female Vet 45-49	09:16.2
179	0:46:23	MCFADDEN, Tracy	Bodmin Womens RC	Female Vet 50-54	09:16.4
180	0:46:29	POTTER, Alison	Newquay Road Runners	Female Vet 40-44	09:17.6
181	0:46:37	ROWE, Jane		Female Vet 55-59	09:19.2
182	0:46:40	WALKER, Daron		Female Vet 35-39	09:19.8
183	0:46:47	BARNICOAT, George	Plymouth Coasters	Male Vet 65-69	09:21.2
184	0:46:55	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	09:22.8
185	0:47:00	DREW, Barry	Carn Runners	Male Vet 70+	09:23.8

186	0:47:01	PASCOE, Peter	Carn Runners	Male Vet 50-54	09:24.0
187	0:47:14	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	09:26.6
188	0:47:23	PICKARD, David	Launceston Road Runners	Male Vet 55-59	09:28.4
189	0:47:24	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	09:28.6
190	0:47:25	ROOSE, Alison	Newquay Road Runners	Female Vet 40-44	09:28.8
191	0:47:28	KERLEY, Tara	St Austell Running Club	Female under 35	09:29.4
192	0:47:29	LAMMERS, Wiebke	Falmouth Road Runners	Female Vet 40-44	09:29.6
193	0:47:36	DAVIES, Jeff	Meirionnydd RC	Male Vet 70+	09:31.0
194	0:47:46	THOMAS, Hannah	Truro Running Club	Female Vet 40-44	09:33.0
195	0:47:53	BATHE, Nicola	Truro Running Club	Female Vet 40-44	09:34.4
196	0:48:14	HAMILTON, Mark		Male Vet 60-64	09:38.6
197	0:48:22	STEAD, Rob	Looe Pioneers	Male under 35	09:40.2
198	0:48:24	CASSIDY, Lisa	Bodmin Womens RC	Female Vet 40-44	09:40.6
199	0:48:45	KINVER, Kerenza	Looe Pioneers	Female under 35	09:44.8
200	0:48:46	BUSCOMBE, Lisa	Truro Running Club	Female Vet 45-49	09:45.0
201	0:48:47	KINVER, Tamsyn		Female under 35	09:45.2
202	0:49:05	PENTREATH, Nick	Falmouth Road Runners	Male Vet 55-59	09:48.8
203	0:49:07	TAYLOR, Sean		Male Vet 50-54	09:49.2
204	0:49:08	NEWTON, Roy	Falmouth Road Runners	Male Vet 70+	09:49.4
205	0:49:10	LONG, Fran	Hayle Runners	Female Vet 55-59	09:49.8
206	0:49:11	KELLY, Debbie	Bodmin Womens RC	Female Vet 45-49	09:50.0
207	0:49:12	JOHNS, Kylie	St Austell Running Club	Female under 35	09:50.2
208	0:49:15	FLETCHER, Sally	St Austell Running Club	Female Vet 50-54	09:50.8
209	0:49:17	DAVIES, Sarah	Newquay Road Runners	Female Vet 40-44	09:51.2
210	0:49:18	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	09:51.4
211	0:49:19	MARTINDALE, Anthony	Bodmin Road Runners	Male Vet 55-59	09:51.6
212	0:49:22	MULLARKEY, Mary	East Cornwall Harriers	Female Vet 65+	09:52.2
213	0:49:23	DALES, Emma	East Cornwall Harriers	Female Vet 55-59	09:52.4
214	0:49:46	MICEK, Sophie		Female under 35	09:57.0
215	0:49:54	KNUCKEY, Nigel	Truro Running Club	Male Vet 60-64	09:58.6
216	0:49:55	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	09:58.8
217	0:49:57	VIEIRA, Armando		Male Vet 40-44	09:59.2
218	0:49:59	SPEAKE, Georgina	St Austell Running Club	Female Vet 40-44	09:59.6
219	0:49:59	ROWE, Maisie		Female Vet 40-44	09:59.6
220	0:50:23	WADE, Margaret	Carn Runners	Female Vet 65+	10:04.4
221	0:50:23	REYNOLDS, Julie		Female Vet 45-49	10:04.4
222	0:50:27	BILLS, Kelly	Carn Runners	Female Vet 40-44	10:05.2
223	0:50:32	PROUDFOOT, Julia	Plymouth Coasters	Female Vet 55-59	10:06.2
224	0:50:54	BRUMBY, Tandy	Falmouth Road Runners	Female Vet 55-59	10:10.6
225	0:51:09	LAMBERT, Eve		Female Vet 35-39	10:13.6
226	0:51:16	HOGARTH, Malcolm	Woodbridge Shufflers RC	Male Vet 60-64	10:15.0
227	0:51:33	BRIDGE, Joanne	Plymouth Coasters	Female Vet 45-49	10:18.4
228	0:51:42	LEAN, David	East Cornwall Harriers	Male Vet 55-59	10:20.2
229	0:51:56	JAMIESON, Sandy	Carn Runners	Female Vet 65+	10:23.0
230	0:52:06	BAYS, Shannon	Plymouth Coasters	Female under 35	10:25.0
231	0:52:16	BEAZLEY, Steve	East Cornwall Harriers	Male Vet 55-59	10:27.0
232	0:52:28	JAMESON, Judy	Carn Runners	Female Vet 55-59	10:29.4
233	0:52:32	HEYWOOD, Steve	Bideford AAC	Male Vet 60-64	10:30.2
234	0:52:39	COX, Alison	Bodmin Womens RC	Female Vet 50-54	10:31.6
235	0:52:40	CROWE, Sharon	Bodmin Womens RC	Female Vet 45-49	10:31.8
236	0:52:41	GODFREY, Nicola	Bodmin Womens RC	Female Vet 35-39	10:32.0
237	0:52:47	MULLIS, Katherine		Female under 35	10:33.2
238	0:52:48	MULLIS, Adrian		Male Vet 35-39	10:33.4
239	0:53:20	ROWE-BEST, Rosie		Female under 35	10:39.8
240	0:53:21	BEST, Claire		Female Vet 50-54	10:40.0
241	0:53:24	SOUTHEY, Joanna		Female Vet 50-54	10:40.6
242	0:53:34	THORNTON, Jen		Female under 35	10:42.6
243	0:53:45	BOWDEN, Sally	Newquay Road Runners	Female Vet 55-59	10:44.8
244	0:53:49	BOLT, Adrian	Truro Running Club	Male Vet 50-54	10:45.6
245	0:53:51	RAIKER, Diana	Falmouth Road Runners	Female under 35	10:46.0
246	0:53:54	MASSEY, Jennie	Hayle Runners	Female Vet 55-59	10:46.6
247	0:54:01	DORMER, Kathran	Falmouth Road Runners	Female Vet 65+	10:48.0
248	0:54:03	DAVIES, Jessica	St Austell Running Club	Female Vet 35-39	10:48.4

249	0:54:17	BOXALL, Melanie	Falmouth Road Runners	Female Vet 50-54	10:51.2
250	0:54:26	PALMER, Rebecca		Female under 35	10:53.0
251	0:54:51	PERRING, Amanda		Female Vet 55-59	10:58.0
252	0:55:10	BOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-54	11:01.8
253	0:55:22	ATHERTON, Julie	Bodmin Womens RC	Female Vet 50-54	11:04.2
254	0:55:22	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	11:04.2
255	0:55:29	ANDREWS, Damian		Male Vet 35-39	11:05.6
256	0:55:37	KEMP, Mandy	Looe Pioneers	Female Vet 60-64	11:07.2
257	0:55:44	RAPIER, Jacquie	Falmouth Road Runners	Female Vet 55-59	11:08.6
258	0:55:47	BISCOMBE, Susan	Bodmin Womens RC	Female under 35	11:09.2
259	0:55:48	BRIGGS, Beth	Bodmin Womens RC	Female Vet 35-39	11:09.4
260	0:55:49	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	11:09.6
261	0:56:54	JOHNSON, Ken		Male Vet 70+	11:22.6
262	0:57:12	WOLSTENCROFT, Zoe	Carn Runners	Female Vet 40-44	11:26.2
263	0:57:14	WHITRIDGE, Tilly	Cornwall AC	Female Vet 45-49	11:26.6
264	0:57:22	DREW, Carole	Carn Runners	Female Vet 65+	11:28.2
265	0:57:22	VINNICOMBE, Caroline	Carn Runners	Female Vet 40-44	11:28.2
266	0:57:39	SKEATS, Alison		Female under 35	11:31.6
267	0:57:39	WELCH, Craig		Male Vet 35-39	11:31.6
268	0:57:39	MAY, Josephine		Female Vet 35-39	11:31.6
269	0:57:45	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	11:32.8
270	0:57:55	TOY, Jeanette	Carn Runners	Female Vet 45-49	11:34.8
271	0:58:13	EWART, Sam	St Austell Running Club	Female Vet 40-44	11:38.4
272	0:59:05	GARRARD, David	Falmouth Road Runners	Male Vet 70+	11:48.8
273	0:59:11	RUNDLE, Amanda	St Austell Running Club	Female Vet 45-49	11:50.0
274	0:59:11	REGAN, Victoria	St Austell Running Club	Female Vet 40-44	11:50.0
275	0:59:11	WEBBER, Sharon	St Austell Running Club	Female Vet 45-49	11:50.0
276	0:59:28	PARNELL, Stephen	Plymouth Coasters	Male Vet 55-59	11:53.4
277	0:59:46	TODD, Christine	St Austell Running Club	Female Vet 55-59	11:57.0
278	0:59:51	HART, Hannah		Female Vet 35-39	11:58.0
279	0:59:51	CORNELIUS, Barry		Male Vet 55-59	11:58.0
280	1:00:00	ANDREWS, Emma	Bodmin Womens RC	Female under 35	11:59.8
281	1:00:03	BLIGHT, Mandy	St Austell Running Club	Female Vet 60-64	12:00.4
282	1:00:08	REGAN, Angela		Female Vet 55-59	12:01.4
283	1:00:13	PENTREATH, Jackie	Falmouth Road Runners	Female Vet 55-59	12:02.4
284	1:03:35	TURNER, Sally	St Austell Running Club	Female Vet 45-49	12:42.8
285	1:04:27	FORD, Rosie	Bodmin Womens RC	Female under 35	12:53.2
286	1:04:27	BANBURY, David		Male Vet 50-54	12:53.2
287	1:04:32	WRIGHT, Mike	Hayle Runners	Male Vet 65-69	12:54.2
288	1:05:30	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	13:05.8
289	1:06:42	BAINES, Tracie		Female Vet 50-54	13:20.2
290	1:06:42	SULLIVAN, Paul		Male Vet 50-54	13:20.2
291	1:06:43	WARE, Daryll		Male Vet 50-54	13:20.4
292	1:06:45	LIDIARD, Sandra	Bodmin Womens RC	Female Vet 45-49	13:20.8
293	1:07:28	GREY, Jan		Female Vet 45-49	13:29.4
294	1:08:01	ADAMS, Gemma		Female under 35	13:36.0
295	1:11:02	WEAVER-GORE, Kathryn	Plymouth Musketeers	Female Vet 55-59	14:12.1
296	1:11:07	DYER, Mary Frances	Plymouth Harriers	Female Vet 65+	14:13.1
297	1:11:28	DAVIES, Jules	Plymouth Musketeers	Female Vet 55-59	14:17.3
298	1:13:28	WILLCOCK, Louise	Mud Crew Trail Runners	Female Vet 45-49	14:41.3
299	1:13:50	HARRIS, Tegan	Mounts Bay Harriers	Female under 35	14:45.7
300	1:13:52	MCLEAN, Dee	Mounts Bay Harriers	Female Vet 35-39	14:46.1
301	1:15:02	MASON, Matthew		Male Vet 40-44	15:00.1