

INDIAN QUEENS HALF MARATHON – 5TH AUGUST 2018

Position	Time	Name	Team	Category	Place	No
1	1:11:32	JENKIN, Mark	Bideford AAC	Male Vet 35-39	05:27.5	421
2	1:15:23	STEELE, Chris	Netherhall AC	Male Vet 35-39	05:45.2	154
3	1:16:18	SNOOK, Colin	Cornwall AC	Male Vet 40-44	05:49.4	373
4	1:17:01	GOODING, Ian	Bideford AAC	Male Vet 45-49	05:52.6	321
5	1:18:58	WRIGHT, Tony	Cornwall AC	Male Vet 50-54	06:01.6	390
6	1:19:25	INGLE, Andrew	Bideford AAC	Male Vet 35-39	06:03.6	322
7	1:19:52	COLACO, Jonny	Newquay Road Runners	Male Vet 45-49	06:05.7	442
8	1:20:08	STEPHENSON, Jamie	Mile High	Male under 35	06:06.9	612
9	1:20:47	MCWILLIAMS, John	Mounts Bay Harriers	Male under 35	06:09.9	261
10	1:20:58	WHEAR, Paul	Cornwall AC	Male Vet 50-54	06:10.7	374
11	1:21:20	ARGALL, Joe	Cornwall AC	Male under 35	06:12.4	376
12	1:21:23	DANIELS, Alex	Newquay Road Runners	Male Vet 45-49	06:12.6	200
13	1:21:44	ORCHARD, Darren		Male Vet 45-49	06:14.2	414
14	1:22:19	OLSEN, Hugo		Male Vet 50-54	06:16.9	249
15	1:22:59	ROBINSON, Tim	Launceston Road Runners	Male under 35	06:20.0	254
16	1:23:01	GOODCHILD, Sam	Cornwall AC	Male under 35	06:20.1	489
17	1:23:08	CUTLAN, James	St Austell Running Club	Male under 35	06:20.6	97
18	1:23:10	ELLIS, Peter	Hayle Runners	Male under 35	06:20.8	504
19	1:23:18	CASH, Mike	Newquay Road Runners	Male under 35	06:21.4	402
20	1:23:57	NORRIS, Peter	Newquay Road Runners	Male Vet 50-54	06:24.4	469
21	1:24:12	STEPTO, Emma	Cornwall AC	Female Vet 45-49	06:25.5	388
22	1:24:22	SLATTERY, Tom	Cornwall AC	Male under 35	06:26.3	270
23	1:25:11	ABRAHAM, Scott	Hayle Runners	Male Vet 45-49	06:30.0	496
24	1:25:13	BUTLER, Liam	Royton Road Runners	Male under 35	06:30.2	306
25	1:25:19	WEBSTER, Mark	Cornwall AC	Male under 35	06:30.6	375
26	1:25:23	ATTWOOD, James	Cornwall AC	Male Vet 45-49	06:30.9	576
27	1:25:29	FULLER, Stephen	Hayle Runners	Male Vet 50-54	06:31.4	506
28	1:25:34	WARMINGTON, Paul	Hayle Runners	Male Vet 35-39	06:31.8	512
29	1:25:54	TELFORD, John	Cornwall AC	Male Vet 60-64	06:33.3	418
30	1:26:12	ROSENFELD, Thomas	Hayle Runners	Male Vet 35-39	06:34.7	524
31	1:26:20	RUFUS, Don		Male Vet 40-44	06:35.3	184
32	1:26:22	DITTY, Graham	Mile High	Male Vet 35-39	06:35.5	586
33	1:26:27	LONGHORN, Jason	Mile High	Male Vet 45-49	06:35.8	594
34	1:26:38	SAVAGE, Rich	Hayle Runners	Male Vet 50-54	06:36.7	526
35	1:26:45	ADAMS, Tim	St Austell Running Club	Male Vet 45-49	06:37.2	89
36	1:27:02	PAULL, Emma	Hayle Runners	Female under 35	06:38.5	521
37	1:27:36	KNUCKEY, Craig	Cornwall AC	Male Vet 45-49	06:41.1	379
38	1:27:58	SEWELL, Ben	Royton Road Runners	Male under 35	06:42.8	560
39	1:28:13	WISNER, John	St Austell Running Club	Male Vet 45-49	06:43.9	149
40	1:28:50	TREGONNING, David	St Austell Running Club	Male under 35	06:46.7	141
41	1:29:20	KEY, Andrew	Carn Runners	Male under 35	06:49.0	325
42	1:29:28	BOHANE, Betty	Royton Road Runners	Female under 35	06:49.6	305
43	1:29:50	BALL, Adrian	Cornwall AC	Male Vet 50-54	06:51.3	393
44	1:30:31	PASSINGHAM, Oliver		Male Vet 35-39	06:54.5	467
45	1:30:54	BURNETT, Christopher		Male Vet 45-49	06:56.2	74
46	1:31:07	DAVIS, Andy	Newquay Road Runners	Male Vet 55-59	06:57.2	446
47	1:31:45	TREGENZA, Heidi	Cornwall AC	Female under 35	07:00.1	389
48	1:31:58	DAVIES, James	Truro Running Club	Male Vet 35-39	07:01.1	543
49	1:32:17	HEAD, Matthew	Cornwall AC	Male under 35	07:02.5	386
50	1:32:31	KARPINSKI, Joshua		Male under 35	07:03.6	276
51	1:32:41	MURRANT, Kieran	Falmouth Road Runners	Male under 35	07:04.4	352
52	1:32:59	WALTON, Sophie		Female under 35	07:05.8	584
53	1:33:06	ARMSTRONG, Colin	Winchester & District AC	Male Vet 50-54	07:06.3	233
54	1:33:35	MOORE, David	Cornwall AC	Male Vet 45-49	07:08.5	380
55	1:33:43	DEACON, Mark	Looe Pioneers	Male under 35	07:09.1	409
56	1:33:47	HUTCHESON, Mark	Bude Rats	Male Vet 50-54	07:09.4	46
57	1:34:47	TWIGGS, Tim	Hayle Runners	Male Vet 50-54	07:14.0	530
58	1:34:53	WILDING, David	Hayle Runners	Male Vet 40-44	07:14.5	531
59	1:35:02	KNOWLES, Simon	Hayle Runners	Male Vet 40-44	07:15.1	510

60	1:35:03	PAYTON, Alexandra	St Austell Running Club	Female under 35	07:15.2	130
61	1:35:04	MONTGOMERY-SMITH, Phil	St Austell Running Club	Male Vet 45-49	07:15.3	124
62	1:35:28	STEPHENS, Jeremy	Hayle Runners	Male Vet 45-49	07:17.1	518
63	1:35:45	GEEN, Martin		Male Vet 35-39	07:18.4	152
64	1:35:47	MARSHALL, Kevin	Launceston Road Runners	Male Vet 50-54	07:18.6	84
65	1:35:50	ROBINSON, Luke		Male under 35	07:18.8	483
66	1:35:51	BATTY, Michael	Newquay Road Runners	Male Vet 50-54	07:18.9	463
67	1:35:54	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44	07:19.1	611
68	1:36:03	BROWN, Steven	Falmouth Road Runners	Male Vet 50-54	07:19.8	350
69	1:36:05	BROWN, Blake	Falmouth Road Runners	Male under 35	07:19.9	349
70	1:36:14	NORTH, Heidi	Stroud & District AC	Female Vet 40-44	07:20.6	574
71	1:36:45	MORTON, Tom		Male under 35	07:23.0	555
72	1:36:47	WILLIAMS, Gary	Looe Pioneers	Male under 35	07:23.2	310
73	1:36:59	MANNING, James	Hayle Runners	Male Vet 35-39	07:24.1	513
74	1:37:15	BABB, Steve	Newquay Road Runners	Male Vet 50-54	07:25.3	431
75	1:37:18	GILES, Nick		Male Vet 35-39	07:25.5	210
76	1:37:26	BOOTY, Paul	Newquay Road Runners	Male Vet 45-49	07:26.1	433
77	1:37:32	LAKE, Emma	Erme Valley Harriers	Female Vet 40-44	07:26.6	268
78	1:37:43	JONES, Dan		Male Vet 35-39	07:27.4	221
79	1:37:44	RONNGARD, Mattias	Newquay Road Runners	Male Vet 50-54	07:27.5	471
80	1:37:45	WILLIAMS, Ryan	Falmouth Road Runners	Male under 35	07:27.6	370
81	1:37:46	RENDLE, Steve	Newquay Road Runners	Male Vet 50-54	07:27.7	470
82	1:37:54	WEBBER, Simon	East Cornwall Harriers	Male Vet 60-64	07:28.3	49
83	1:38:02	TAYLOR, James	Cornwall AC	Male under 35	07:28.9	381
84	1:38:05	TIMMS, Jake	Falmouth Road Runners	Male under 35	07:29.1	364
85	1:38:13	WILLMOTT, Matthew	South West Road Runner	Male under 35	07:29.7	252
86	1:38:40	HOWELL, Tom	Mile High	Male under 35	07:31.8	225
87	1:38:48	WHERRY, Alan	St Austell Running Club	Male Vet 50-54	07:32.4	244
88	1:38:52	HOSKEN, Richard		Male Vet 35-39	07:32.7	216
89	1:39:03	BATCHELOR, David	Hayle Runners	Male Vet 60-64	07:33.5	499
90	1:39:08	RICHARDS, Stuart	St Austell Running Club	Male Vet 40-44	07:33.9	133
91	1:39:13	KING, Melissa	Newquay Road Runners	Female Vet 35-39	07:34.3	461
92	1:39:17	STARKEY, Debbie	St Austell Running Club	Female Vet 40-44	07:34.6	585
93	1:39:26	EDWARDS, Glynn	Truro Running Club	Male under 35	07:35.3	204
94	1:39:42	KENDALL, Carly	St Austell Running Club	Female under 35	07:36.5	115
95	1:39:57	MORGAN, Becky	Truro Running Club	Female Vet 40-44	07:37.7	546
96	1:40:04	GREER, Mike	St Austell Running Club	Male Vet 35-39	07:38.2	105
97	1:40:15	PEGLER, Matt	Somer AC	Male Vet 40-44	07:39.0	241
98	1:40:30	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	07:40.2	571
99	1:40:33	COLVILLE, Gail	Barnsley A C	Female Vet 50-54	07:40.4	266
100	1:40:37	WIDDERSHOVEN, Tim	Carn Runners	Male Vet 35-39	07:40.7	565
101	1:40:53	FOSTER, Richard	Launceston Road Runners	Male Vet 45-49	07:41.9	206
102	1:41:14	JOHNSON, Paul	St Austell Running Club	Male under 35	07:43.5	114
103	1:41:25	CLEMENTS, Colette	Newquay Road Runners	Female Vet 35-39	07:44.4	441
104	1:41:27	COX, Steve	Launceston Road Runners	Male Vet 50-54	07:44.5	160
105	1:41:28	MUTSAERS, Adrian	Mile High	Male Vet 45-49	07:44.6	596
106	1:41:32	NICHOLLS, Emma		Female Vet 35-39	07:44.9	205
107	1:41:33	DIXON, Eleanor	Newquay Road Runners	Female Vet 40-44	07:45.0	447
108	1:41:33	GREENSLADE, Michael	Newquay Road Runners	Male Vet 40-44	07:45.0	452
109	1:41:43	FULFORD, Joe		Male under 35	07:45.7	609
110	1:41:54	SHIPTON, Andrew		Male Vet 45-49	07:46.6	326
111	1:42:02	CUDBY, Dave	Truro Running Club	Male Vet 35-39	07:47.2	229
112	1:42:03	SEABRIGHT, Gordon		Male Vet 50-54	07:47.3	77
113	1:42:38	AINSLEY, Simon		Male Vet 35-39	07:49.9	329
114	1:42:45	WEBB, Jason	Cornwall AC	Male Vet 45-49	07:50.5	581
115	1:42:47	FINDLAY, James	Carn Runners	Male under 35	07:50.6	408
116	1:42:53	BEARD, Robert	Bodmin Road Runners	Male Vet 50-54	07:51.1	293
117	1:43:04	KEARNS, Joe	East Cornwall Harriers	Male Vet 55-59	07:51.9	10
118	1:43:07	EASTERBROOK, Joe	Mounts Bay Harriers	Male under 35	07:52.2	598
119	1:43:16	SHINN, Peter		Male Vet 45-49	07:52.8	617
120	1:43:17	BREMNER, Jane	Tamar Trotters	Female Vet 60-64	07:52.9	561
121	1:43:25	ROBINSON, Joanne	Looe Pioneers	Female Vet 40-44	07:53.5	412
122	1:43:36	COLEMAN, Darren		Male Vet 45-49	07:54.4	341

123	1:43:49	SPENCER, Julian	Truro Running Club	Male Vet 50-54	07:55.4	162
124	1:43:54	RICHARDS, Robert	Hayle Runners	Male Vet 65-69	07:55.7	523
125	1:44:00	ELLIS, Andrew	Hayle Runners	Male Vet 45-49	07:56.2	505
126	1:44:11	KNIGHT, Mark	St Austell Running Club	Male Vet 45-49	07:57.0	117
127	1:44:19	HARPER, Craig	Bude Rats	Male Vet 40-44	07:57.6	281
128	1:44:21	SAVAGE, Faye	Hayle Runners	Female Vet 40-44	07:57.8	525
129	1:44:37	MOYSE, Kelvin	Bude Rats	Male under 35	07:59.0	280
130	1:44:38	GERRARD, Corinne	Hayle Runners	Female Vet 45-49	07:59.1	507
131	1:44:56	TIER, Naomi	Cornwall AC	Female under 35	08:00.5	593
132	1:45:42	WILLMOTT, Rachel	South West Road Runner	Female under 35	08:04.0	251
133	1:45:50	LEDGER, Alan	Tiverton Harriers	Male Vet 35-39	08:04.6	287
134	1:45:57	FRANTZ, Derrick	Cornwall AC	Male Vet 50-54	08:05.1	382
135	1:46:09	BRADY, Robbie		Male under 35	08:06.0	247
136	1:46:28	BLAKE, Richard		Male Vet 55-59	08:07.5	343
137	1:46:29	BUCKINGHAM, Edward	Tamar Trotters	Male Vet 45-49	08:07.6	183
138	1:47:05	PRICE, Gareth		Male Vet 45-49	08:10.3	279
139	1:47:06	TIPPETT, Nick		Male under 35	08:10.4	331
140	1:47:07	SMITH, Sharon	Carn Runners	Female Vet 40-44	08:10.5	22
141	1:47:18	POLGLASE, Tom	Carn Runners	Male Vet 65-69	08:11.3	554
142	1:47:23	ROBBINS, Jason		Male Vet 35-39	08:11.7	559
143	1:47:31	BURFORD, Lee	Hayle Runners	Male Vet 35-39	08:12.3	500
144	1:47:40	KING, Kevin	Hayle Runners	Male Vet 55-59	08:13.0	508
145	1:47:41	HAYNES, Janet	Mounts Bay Harriers	Female Vet 50-54	08:13.1	318
146	1:47:44	CHESTERFIELD, Caroline	Hayle Runners	Female Vet 50-54	08:13.3	502
147	1:47:45	CHESTERFIELD, Paul		Male Vet 55-59	08:13.4	265
148	1:47:46	SAUNDERS, Paul		Male under 35	08:13.4	181
149	1:47:48	REED, Leslie	Torrington AAC	Male Vet 60-64	08:13.6	426
150	1:47:54	ADAMS, Mark	Devizes RC	Male Vet 50-54	08:14.1	220
151	1:48:04	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	08:14.8	430
152	1:48:08	GOLDSWORTHY, Rosalie	East Cornwall Harriers	Female Vet 40-44	08:15.1	264
153	1:48:15	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 50-54	08:15.7	355
154	1:48:18	BEECHEY, Mike	Keswick AC	Male Vet 50-54	08:15.9	231
155	1:48:18	JENKIN, Paul		Male Vet 35-39	08:15.9	423
156	1:48:19	ASPDEN, Gail	Cornwall AC	Female Vet 45-49	08:16.0	387
157	1:48:27	MORAN, Tim	Carn Runners	Male Vet 35-39	08:16.6	610
158	1:48:40	HARTILL, Gail	Bodmin Road Runners	Female Vet 40-44	08:17.6	284
159	1:48:49	JARRAM, Ben	Launceston Road Runners	Male under 35	08:18.3	404
160	1:48:52	LEWIS, Richard		Male Vet 50-54	08:18.5	569
161	1:48:56	PASCOE, Karen	Cornwall AC	Female Vet 50-54	08:18.8	592
162	1:49:08	ANGILLEY, Jayne	Cornwall AC	Female Vet 55-59	08:19.7	391
163	1:49:12	WILSON, Chris		Male Vet 50-54	08:20.0	214
164	1:49:13	WILSON, Laura	Warminsterr RC	Female under 35	08:20.1	73
165	1:49:19	BUNCE, James		Male Vet 35-39	08:20.5	215
166	1:49:23	GREGG, Louise	Tamar Trotters	Female Vet 45-49	08:20.8	235
167	1:49:24	SHAPLAND, Nick		Male Vet 45-49	08:20.9	156
168	1:49:47	MORRIS, Tony	St Austell Running Club	Male Vet 50-54	08:22.7	126
169	1:49:53	THORNTON, Paul	Springfield Striders RC	Male Vet 45-49	08:23.1	186
170	1:50:02	RICHARDS, Edward		Male under 35	08:23.8	589
171	1:50:12	STORRAR, Kerry	Barnsley A C	Female Vet 45-49	08:24.6	267
172	1:50:18	CONNOR, Gavin	South West Road Runner	Male Vet 35-39	08:25.0	62
173	1:50:25	WILES, Brian	Launceston Road Runners	Male Vet 70-74	08:25.6	174
174	1:50:29	WARD, Nigel		Male Vet 50-54	08:25.9	495
175	1:50:30	TOSSELL, Rebecca	Hayle Runners	Female Vet 35-39	08:26.0	528
176	1:50:31	COLLACOTT, Ian	Tavistock AC	Male Vet 35-39	08:26.0	553
177	1:50:39	LOWE, Stacey	Carn Runners	Female Vet 35-39	08:26.7	23
178	1:50:47	CARTER, Lee	Newquay Road Runners	Male under 35	08:27.3	440
179	1:50:50	GRASSAM, Mark	Looe Pioneers	Male Vet 45-49	08:27.5	185
180	1:50:53	WALE, Mathew	Newquay Road Runners	Male under 35	08:27.7	475
181	1:50:54	TIPPETS, Hana	Falmouth Road Runners	Female under 35	08:27.8	365
182	1:50:55	WATSON, Robin	Falmouth Road Runners	Male Vet 50-54	08:27.9	367
183	1:51:13	SOLOMON, Pam	Bodmin Road Runners	Female Vet 55-59	08:29.2	15
184	1:51:15	MILLS, Jenny	Launceston Road Runners	Female Vet 65-69	08:29.4	26
185	1:51:21	HITCHENS, Wietske	Carn Runners	Female Vet 50-54	08:29.9	260

186	1:52:08	AXE, Jason		Male under 35	08:33.4	493
187	1:52:09	WATT, Holly		Female under 35	08:33.5	313
188	1:52:12	TREVENA, Nigel	Cornwall AC	Male Vet 50-54	08:33.7	591
189	1:52:38	JEFFERY, Andrew	Just Jog Bideford	Male Vet 50-54	08:35.7	283
190	1:52:39	KESTLE, Mike	Newquay Road Runners	Male Vet 65-69	08:35.8	460
191	1:52:50	MANUEL, Simon	St Austell Running Club	Male Vet 35-39	08:36.6	139
192	1:52:59	SPEARE, Adam	Tamar Trotters	Male Vet 50-54	08:37.3	108
193	1:53:05	BRAY, Vivian	Cornwall AC	Male Vet 50-54	08:37.8	577
194	1:53:05	BROWN, David	St Petrocs Dragons Tri Club	Male Vet 50-54	08:37.8	29
195	1:53:07	THOMAS, Rachael	Cornwall AC	Female Vet 45-49	08:37.9	392
196	1:53:15	STACKHOUSE, Helena	Cornwall AC	Female Vet 35-39	08:38.6	580
197	1:53:24	WHITE, Andrew	Local	Male Vet 55-59	08:39.2	6
198	1:53:36	SHOBBROOK, Mark		Male Vet 45-49	08:40.2	337
199	1:53:59	CAMPBELL, Amy		Female under 35	08:41.9	406
200	1:54:10	MAIDWELL-SMITH, Mark	Truro Running Club	Male Vet 60-64	08:42.8	300
201	1:54:11	GEARING, Nicola	Tri Logic Cornwall	Female Vet 35-39	08:42.8	428
202	1:54:13	JOHNS, Phillip		Male under 35	08:43.0	566
203	1:54:15	BRIGHT, Michelle	Bideford AAC	Female Vet 40-44	08:43.1	273
204	1:54:33	MOORE, Andy	Hayle Runners	Male Vet 55-59	08:44.5	517
205	1:54:42	WILLIAMSON, Mathew		Male Vet 40-44	08:45.2	492
206	1:54:52	GUTTRIDGE, Paul	Local	Male under 35	08:46.0	537
207	1:55:04	ROCHOWIAK, Robert	Carn Runners	Male Vet 55-59	08:46.9	51
208	1:55:09	ELSTONE, Meryl	Carn Runners	Female Vet 50-54	08:47.3	82
209	1:55:21	ROGERS, Matthew		Male Vet 45-49	08:48.2	616
210	1:55:21	SMITHERAM, Mark	Carn Runners	Male Vet 45-49	08:48.2	18
211	1:55:32	CHASE, Andy	St Austell Running Club	Male under 35	08:49.0	95
212	1:55:34	WALDRON, Alison	Vegan Runners	Female Vet 45-49	08:49.2	323
213	1:55:35	BLACKBURN, Simon	Mounts Bay Harriers	Male Vet 55-59	08:49.2	570
214	1:55:38	GOLDRING, Ellen		Female Vet 40-44	08:49.5	299
215	1:55:39	BURROWS, Lee	Cornwall AC	Male Vet 40-44	08:49.5	384
216	1:55:45	MARKS, Stacie	St Austell Running Club	Female under 35	08:50.0	119
217	1:55:46	HARLEY, David	St Austell Running Club	Male Vet 35-39	08:50.1	92
218	1:55:54	RAMSEY, Chris	Truro Running Club	Male Vet 65-69	08:50.7	548
219	1:56:01	HEWITT, Amanda	Cornwall AC	Female Vet 45-49	08:51.2	396
220	1:56:15	CLITHEROW, Hana	Truro Running Club	Female Vet 55-59	08:52.3	66
221	1:56:19	LAWRY, Ross	St Austell Running Club	Male Vet 40-44	08:52.6	118
222	1:56:23	SAVAGE, Emma	Newquay Road Runners	Female Vet 35-39	08:52.9	472
223	1:56:25	ASH, Graeme		Male Vet 50-54	08:53.1	324
224	1:56:44	SOMERS, Nigel		Male Vet 45-49	08:54.5	332
225	1:56:53	OWEN, Mark	St Austell Running Club	Male Vet 40-44	08:55.2	128
226	1:57:06	TAMBLING, Lee		Male Vet 35-39	08:56.2	416
227	1:57:10	WILLIAMS, Maria	Hayle Runners	Female Vet 55-59	08:56.5	535
228	1:57:11	JAY, Andrew	St Austell Running Club	Male Vet 40-44	08:56.6	112
229	1:57:17	WALKER, Karl	St Austell Running Club	Male Vet 55-59	08:57.0	143
230	1:57:23	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	08:57.5	328
231	1:57:29	GYNN, Laine	St Austell Running Club	Male Vet 45-49	08:57.9	271
232	1:57:37	NICHOLLS, Martin	East Cornwall Harriers	Male Vet 45-49	08:58.6	317
233	1:57:38	WOODFINE-BEARD, Kelly	Newquay Road Runners	Female Vet 35-39	08:58.6	477
234	1:57:43	RUSSELL, Barry	St Austell Running Club	Male Vet 40-44	08:59.0	137
235	1:57:45	HITCHENS, Emma		Female under 35	08:59.2	302
236	1:57:56	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	09:00.0	43
237	1:57:58	BULLOCK, Katie	Newquay Road Runners	Female under 35	09:00.2	435
238	1:58:23	PROCTOR, Robert		Male Vet 45-49	09:02.1	415
239	1:58:25	SOLOMON, Andrew	Bodmin Road Runners	Male Vet 55-59	09:02.2	16
240	1:58:39	GUFFICK, David		Male Vet 35-39	09:03.3	240
241	1:58:42	KERR, James		Male under 35	09:03.5	572
242	1:58:51	TALLING, Lisa	Newquay Road Runners	Female Vet 50-54	09:04.2	473
243	1:58:51	TALLING, Sophie	Newquay Road Runners	Female under 35	09:04.2	474
244	1:58:53	BRIGHT, Clive	Bideford AAC	Male Vet 55-59	09:04.4	272
245	1:59:06	CROCK, Andy	Dawlish Coasters	Male Vet 60-64	09:05.3	226
246	1:59:08	SPINKS, Trevor		Male Vet 45-49	09:05.5	407
247	1:59:17	HOPE, Dave	Basingstoke & Mid Hants	Male Vet 70-74	09:06.2	27
248	1:59:26	STEELE, John	Derwent AC	Male Vet 60-64	09:06.9	175

249	1:59:27	MONTGOMERY-SMITH, Taryn	St Austell Running Club	Female Vet 40-44	09:06.9	125
250	1:59:30	WALLBANK, Rob	St Austell Running Club	Male Vet 35-39	09:07.2	106
251	1:59:45	LEACH, Ben		Male Vet 40-44	09:08.3	217
252	2:00:00	WYATT, Oliver		Male Vet 35-39	09:09.5	164
253	2:00:00	DALE, Steve	Newquay Road Runners	Male Vet 40-44	09:09.5	445
254	2:00:00	LOCK, Zoe	Hayle Runners	Female Vet 35-39	09:09.5	511
255	2:00:00	KNOWLES, Helen	Hayle Runners	Female Vet 40-44	09:09.5	509
256	2:00:02	MANSFIELD, Sue	Truro Running Club	Female Vet 55-59	09:09.6	545
257	2:00:03	HENRY, Jon		Male under 35	09:09.7	3
258	2:00:06	GREGORY, Amy	Newquay Road Runners	Female under 35	09:09.9	453
259	2:00:15	BROWN, Tracey	East Cornwall Harriers	Female Vet 35-39	09:10.6	432
260	2:00:20	GWYNNE, Paul	Mud Crew Trail Runners	Male Vet 50-54	09:11.0	245
261	2:01:15	KNAB, Tim	Bodmin Road Runners	Male Vet 50-54	09:15.2	11
262	2:01:17	STEELE, Michelle	Newquay Road Runners	Female Vet 35-39	09:15.3	253
263	2:01:40	ALLAN, Paul		Male Vet 50-54	09:17.1	75
264	2:01:54	STEDMAN, Jane	100 Marathon Club	Female Vet 55-59	09:18.2	275
265	2:02:23	CARTER, Anna	Newquay Road Runners	Female under 35	09:20.4	439
266	2:02:31	BALE, Matt	Local	Male under 35	09:21.0	403
267	2:02:32	WALLIS, Rachel	JP Fitness Cornwall	Female Vet 40-44	09:21.1	314
268	2:02:57	RINGER, Ian	Bodmin Road Runners	Male Vet 70-74	09:23.0	55
269	2:03:05	HAYNES, Patrick	St Austell Running Club	Male Vet 55-59	09:23.6	109
270	2:03:25	WILLIAMS, Trevor	Tamar Trotters	Male Vet 55-59	09:25.1	107
271	2:03:31	BATEMAN, Dominic	Bodmin Road Runners	Male under 35	09:25.6	294
272	2:03:40	LOCKETT, Pat	Newquay Road Runners	Male Vet 70-74	09:26.3	464
273	2:03:43	ROWE, Paul	Bodmin Road Runners	Male Vet 40-44	09:26.5	33
274	2:04:06	STEELE, Graham		Male Vet 45-49	09:28.2	263
275	2:04:12	BEARD, Sharon	Bodmin Road Runners	Female Vet 45-49	09:28.7	292
276	2:04:12	MILES, Nick	Newquay Road Runners	Male Vet 65-69	09:28.7	466
277	2:04:48	HALL, Lee	Newquay Road Runners	Male Vet 40-44	09:31.4	456
278	2:04:54	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	09:31.9	94
279	2:04:56	THOMAS, Helen	Carn Runners	Female Vet 45-49	09:32.1	148
280	2:04:58	TAME, Lisa	Bude Rats	Female Vet 35-39	09:32.2	319
281	2:05:00	MYCOCK, Steven		Male Vet 35-39	09:32.4	47
282	2:05:08	HOUGH, Tim	Stafford Harriers	Male Vet 45-49	09:33.0	1
283	2:05:08	SYLVESTER, Matt		Male under 35	09:33.0	304
284	2:05:24	DOWRICK, Chris		Male under 35	09:34.2	303
285	2:05:37	FULLER, Darrell	St Petrocs Dragons Tri Club	Male Vet 45-49	09:35.2	28
286	2:05:39	CLARK, Emma	Looe Pioneers	Female Vet 35-39	09:35.3	413
287	2:05:44	GEEVES, Jo		Female under 35	09:35.7	168
288	2:05:54	AINSWORTH, John	Tamar Trotters	Male Vet 50-54	09:36.5	563
289	2:05:59	JONES, Stephen CR	Carn Runners	Male Vet 45-49	09:36.9	78
290	2:06:26	CONNOR, Tracy	South West Road Runner	Female Vet 45-49	09:38.9	63
291	2:06:32	RAYMENT, Claire	Truro Running Club	Female under 35	09:39.4	547
292	2:06:39	GIBBS, Clive	St Austell Running Club	Male Vet 50-54	09:39.9	103
293	2:06:56	HOCKING, Stephen		Male Vet 50-54	09:41.2	296
294	2:06:58	SMITH, Jenny	Tamar Trotters	Female Vet 40-44	09:41.4	234
295	2:07:04	JARVIS, Jodie-May	St Austell Running Club	Female Vet 40-44	09:41.8	90
296	2:07:26	PAYNE, Holly	St Austell Running Club	Female under 35	09:43.5	129
297	2:07:29	CASEY, Gareth		Male Vet 40-44	09:43.7	274
298	2:07:30	DRAPER, Martin	Quantock Harriers	Male Vet 55-59	09:43.8	236
299	2:07:30	PECKHAM, Keith		Male Vet 60-64	09:43.8	228
300	2:07:34	DREW, Barry	Carn Runners	Male Vet 70-74	09:44.1	540
301	2:07:35	KNIGHTON, Daniel		Male under 35	09:44.2	327
302	2:07:39	ROWE, Melissa	St Austell Running Club	Female Vet 45-49	09:44.5	134
303	2:07:48	DAVIES, Richard	Newquay Road Runners	Male Vet 50-54	09:45.2	462
304	2:07:55	BARRIBALL, Julie	Launceston Road Runners	Female Vet 50-54	09:45.7	195
305	2:07:58	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 40-44	09:45.9	346
306	2:07:58	SARGENT, Pete	South West Vets AC	Male Vet 70-74	09:45.9	422
307	2:08:02	CROCK, Amy	Newquay Road Runners	Female under 35	09:46.3	590
308	2:08:23	STUART-MILLS, James	Ripon Runners	Male Vet 50-54	09:47.9	290
309	2:08:32	JENKIN, Steve	Cornwall AC	Male Vet 45-49	09:48.5	383
310	2:08:36	PITMAN, Vinny	Tamar Trotters	Male Vet 55-59	09:48.8	481
311	2:08:47	WELLS, Wes	Tamar Trotters	Male Vet 35-39	09:49.7	177

312	2:09:09	MASKELL, Melanie	St Austell Running Club	Female Vet 50-54	09:51.4	122
313	2:09:14	HADEN, Heidi	Cornwall AC	Female Vet 35-39	09:51.7	397
314	2:09:16	STORER, Graham	Cornwall AC	Male Vet 60-64	09:51.9	377
315	2:09:18	SCHMID, Megan	Newquay Road Runners	Female Vet 35-39	09:52.1	458
316	2:09:18	WATSON, Janet	Falmouth Road Runners	Female Vet 65-69	09:52.1	366
317	2:09:33	POULTON, Patricia	Bermuda Stridders	Female Vet 50-54	09:53.2	286
318	2:09:43	RAY, Ema		Female under 35	09:54.0	222
319	2:09:43	KENYON, Josie		Female under 35	09:54.0	209
320	2:09:43	HEATHER, Nicky		Female Vet 50-54	09:54.0	551
321	2:09:55	CAFF, Wayne	Newquay Road Runners	Male Vet 45-49	09:54.9	437
322	2:10:25	FLAVELLE, Mike		Male Vet 60-64	09:57.2	588
323	2:10:30	WRIGHT, Jennifer	Ipswich Jaffo AC	Female Vet 35-39	09:57.5	308
324	2:10:30	BLACKBEARD, Marie	St Austell Running Club	Female Vet 50-54	09:57.5	93
325	2:10:37	ALEXANDER, Samantha	Cornwall AC	Female Vet 50-54	09:58.1	399
326	2:10:40	HARRINGTON, Mark	Carn Runners	Male Vet 50-54	09:58.3	191
327	2:10:44	MERRETT, Trish	Hayle Runners	Female Vet 45-49	09:58.6	516
328	2:10:46	WHETTON, Grace	Mounts Bay Harriers	Female under 35	09:58.8	250
329	2:10:53	MARQUIS, Peter		Male Vet 60-64	09:59.3	410
330	2:10:56	TOWNEND, Stewart	Hayle Runners	Male Vet 75-79	09:59.5	330
331	2:10:56	WILTON, David	Falmouth Road Runners	Male Vet 60-64	09:59.5	371
332	2:11:02	MURRAY, Patrick		Male Vet 45-49	10:00.0	552
333	2:11:22	OLDHAM, Lucy	East Cornwall Harriers	Female Vet 40-44	10:01.5	173
334	2:11:41	SMITH, Nicola	St Austell Running Club	Female under 35	10:03.0	88
335	2:11:42	ROWETT, Gareth	St Austell Running Club	Male under 35	10:03.0	135
336	2:11:47	BRENTON, Nicky		Female Vet 50-54	10:03.4	163
337	2:11:48	MCLAUGHLAN, Charlotte		Female Vet 40-44	10:03.5	320
338	2:11:50	HUGHES, Lizzie		Female under 35	10:03.7	113
339	2:11:50	HILL, Kara		Female under 35	10:03.7	127
340	2:12:05	ARNOLD, Elliot		Male Vet 50-54	10:04.8	218
341	2:12:05	GREEN, Julie	Carn Runners	Female Vet 50-54	10:04.8	340
342	2:12:10	BURROWS, Robert	Mounts Bay Harriers	Male Vet 60-64	10:05.2	334
343	2:12:11	WALKER, Daniella	St Austell Running Club	Female Vet 45-49	10:05.3	142
344	2:12:18	VAUGHNLEY, Craig	East Cornwall Harriers	Male Vet 45-49	10:05.8	338
345	2:12:34	ROSSETTI, Mary		Female Vet 35-39	10:07.0	9
346	2:12:34	MALONEY, Matt	Carn Runners	Male under 35	10:07.0	578
347	2:12:41	LEO, Cas	Hayle Runners	Male Vet 55-59	10:07.5	501
348	2:12:50	WHITFIELD, Steve	Dagenham 88 Runners	Male Vet 55-59	10:08.2	65
349	2:13:00	CORNES, Sheona		Female Vet 40-44	10:09.0	246
350	2:13:09	NOLLETT, Aurelie		Female under 35	10:09.7	405
351	2:13:16	BOHANE, Davina	Truro Running Club	Female Vet 60-64	10:10.2	307
352	2:13:18	FISHER, Kirsty		Female Vet 45-49	10:10.4	538
353	2:13:22	BUDGE, Claire	St Austell Running Club	Female Vet 40-44	10:10.7	243
354	2:14:01	TRETHEWEY, Martin	St Austell Running Club	Male Vet 50-54	10:13.7	347
355	2:14:04	TRIO LAIRE, Matthew		Male Vet 45-49	10:13.9	420
356	2:14:15	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	10:14.7	38
357	2:14:21	FARMAR, Mark	Plymouth Musketeers	Male Vet 50-54	10:15.2	485
358	2:14:39	SMITH, Laura	East Cornwall Harriers	Female under 35	10:16.6	223
359	2:15:00	COLLETT, Richard	Hayle Runners	Male Vet 35-39	10:18.2	503
360	2:15:00	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	10:18.2	7
361	2:15:02	HOLT, Liane	Newquay Road Runners	Female under 35	10:18.3	459
362	2:15:03	COOK, Damian	Mounts Bay Harriers	Male Vet 45-49	10:18.4	301
363	2:15:17	LOWE, Wendy	Bodmin Womens RC	Female Vet 60-64	10:19.5	36
364	2:15:28	ALLEN, Rebecca	Carn Runners	Female under 35	10:20.3	60
365	2:15:30	MACK, Mike	Carn Runners	Male Vet 65-69	10:20.4	192
366	2:15:34	PETT, Jane	JP Fitness Cornwall	Female Vet 40-44	10:20.8	312
367	2:15:35	THURSTON, Katie	JP Fitness Cornwall	Female Vet 35-39	10:20.8	491
368	2:15:40	MARSH, Kathryn	Carn Runners	Female Vet 40-44	10:21.2	239
369	2:15:41	SULLIVAN, Sharon	Carn Runners	Female Vet 45-49	10:21.3	289
370	2:15:45	PICKARD, David	Launceston Road Runners	Male Vet 55-59	10:21.6	277
371	2:16:02	GEORGE, Jennifer		Female under 35	10:22.9	558
372	2:16:02	HILTON, Glen		Male under 35	10:22.9	42
373	2:16:08	BENNETT, Shirley	Bodmin Womens RC	Female Vet 40-44	10:23.3	76
374	2:16:12	WHITEHEAD, Martin	St Austell Running Club	Male Vet 35-39	10:23.7	146

375	2:16:20	YOUNGMAN, Paul	Plymouth Musketeers	Male Vet 55-59	10:24.3	583
376	2:16:20	COOK, Julie	Plymouth Musketeers	Female Vet 45-49	10:24.3	556
377	2:16:43	GARDINER, Tristen		Male under 35	10:26.0	188
378	2:16:53	MERRETT, Graham	Hayle Runners	Male Vet 60-64	10:26.8	515
379	2:16:56	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	10:27.0	394
380	2:17:17	BETTS, Richard		Male Vet 40-44	10:28.6	285
381	2:17:37	JANODY, Cyril		Male under 35	10:30.1	429
382	2:17:44	NORRIS, Mick	Local	Male Vet 55-59	10:30.7	203
383	2:17:45	ELLISON, Eleanor	Newquay Road Runners	Female Vet 60-64	10:30.7	448
384	2:17:51	MASON, Peter	Hayle Runners	Male Vet 55-59	10:31.2	529
385	2:17:56	BATEMAN, Rebecca	Bodmin Road Runners	Female Vet 40-44	10:31.6	25
386	2:18:01	FLOYD-NORRIS, Sue	St Austell Running Club	Female Vet 45-49	10:32.0	101
387	2:18:01	WISNER, Kath	St Austell Running Club	Female Vet 45-49	10:32.0	147
388	2:18:06	TEMBY, Ross	Local	Male under 35	10:32.4	31
389	2:18:35	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 55-59	10:34.6	369
390	2:18:38	COPPING, Michael		Male Vet 50-54	10:34.8	582
391	2:18:45	HALL, Becky	Newquay Road Runners	Female Vet 35-39	10:35.3	455
392	2:18:52	ORCHARD, Hayley		Female Vet 40-44	10:35.9	170
393	2:18:59	TRUSCOTT, Neil	St Austell Running Club	Male Vet 40-44	10:36.4	102
394	2:19:05	BEECH, Clive		Male Vet 60-64	10:36.9	256
395	2:19:08	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	10:37.1	351
396	2:19:29	STUTHRIDGE, Helen	St Austell Running Club	Female Vet 50-54	10:38.7	138
397	2:19:33	SUDELL, John	East Cornwall Harriers	Male Vet 60-64	10:39.0	575
398	2:19:42	WATERS, Rachel	St Austell Running Club	Female Vet 50-54	10:39.7	144
399	2:19:43	MCGEE, Elizabeth		Female under 35	10:39.8	298
400	2:19:45	STEELE, Stacey		Female Vet 40-44	10:39.9	262
401	2:19:45	BARRETT, Catherine		Female under 35	10:39.9	230
402	2:19:51	ALLAN, David		Male Vet 35-39	10:40.4	67
403	2:19:52	HOOKINS, Christopher	Storm Running Plymouth	Male under 35	10:40.4	597
404	2:20:58	WADE, Margaret	Carn Runners	Female Vet 65-69	10:45.5	8
405	2:21:01	COLLINS, Joanna	St Austell Running Club	Female under 35	10:45.7	96
406	2:21:03	MARSHALL, Debbie	St Austell Running Club	Female Vet 40-44	10:45.9	120
407	2:21:14	NEWTON, Roy	Falmouth Road Runners	Male Vet 70-74	10:46.7	360
408	2:21:24	VENNING, Martin	Launceston Road Runners	Male Vet 65-69	10:47.5	5
409	2:21:55	VOSPER, Nicola	Bodmin Road Runners	Female Vet 55-59	10:49.8	32
410	2:22:23	BEARE, Alison	Local	Female Vet 55-59	10:52.0	417
411	2:22:26	BILLS, Kelly	Carn Runners	Female Vet 40-44	10:52.2	68
412	2:22:29	CHAPMAN, Julian		Male Vet 55-59	10:52.4	159
413	2:22:48	IACONIANNI, Gennara	St Austell Running Club	Female under 35	10:53.9	110
414	2:22:55	COMBELLACK, Peter	Newquay Road Runners	Male Vet 45-49	10:54.4	443
415	2:22:55	HACKMAN, Tom	Newquay Road Runners	Male Vet 65-69	10:54.4	454
416	2:22:59	JAMIESON, Sandy	Carn Runners	Female Vet 65-69	10:54.7	35
417	2:23:23	MARTIN, Sally	Falmouth Road Runners	Female Vet 40-44	10:56.5	359
418	2:23:44	FLOYD-NORRIS, Amy	St Austell Running Club	Female under 35	10:58.1	100
419	2:23:48	BAZELEY, Sarah	St Austell Running Club	Female Vet 50-54	10:58.5	91
420	2:23:50	RICHARDS, April		Female under 35	10:58.6	199
421	2:23:57	WILDING, Sarah	Hayle Runners	Female Vet 40-44	10:59.1	532
422	2:24:04	MARSHALL, Lavinia	Launceston Road Runners	Female Vet 65-69	10:59.7	85
423	2:24:10	DAVIES, Jenna		Female under 35	11:00.1	72
424	2:24:15	JOHNSTON, Sally	Tamar Trotters	Female Vet 55-59	11:00.5	425
425	2:24:19	GLADWIN, Claire		Female Vet 40-44	11:00.8	579
426	2:24:24	EVANS, Alun	Hayle Runners	Male Vet 50-54	11:01.2	514
427	2:24:48	BARNES, Gavin		Male Vet 50-54	11:03.0	269
428	2:24:48	GOODRIGHT, Ray	East Cornwall Harriers	Male Vet 70-74	11:03.0	157
429	2:25:22	JONES, Jon	Looe Pioneers	Male Vet 45-49	11:05.6	172
430	2:25:24	LAWRENCE, Samantha		Female Vet 35-39	11:05.8	288
431	2:25:25	BALE, Mike	Local	Male under 35	11:05.9	449
432	2:25:36	BROWN, Lorraine	Truro Running Club	Female Vet 45-49	11:06.7	541
433	2:25:41	HUTCHESON, Alex	Bude Rats	Female Vet 55-59	11:07.1	45
434	2:25:47	GILES, Kate		Female under 35	11:07.5	309
435	2:26:05	HAM, Neil	Cornwall AC	Male Vet 50-54	11:08.9	378
436	2:26:08	ROWLANDS, Kate	Falmouth Road Runners	Female Vet 35-39	11:09.1	363
437	2:26:28	SNELSON, Karen	Bude Rats	Female Vet 50-54	11:10.7	291

438	2:26:48	WILLIS, Sharon	Newquay Road Runners	Female Vet 55-59	11:12.2	476
439	2:26:48	EVANS, Des	Newquay Road Runners	Male Vet 65-69	11:12.2	450
440	2:26:58	HARVEY, Sally	Launceston Road Runners	Female Vet 50-54	11:13.0	61
441	2:27:03	HALLIBONE, Hollie	JP Fitness Cornwall	Female under 35	11:13.3	488
442	2:27:06	BEECHEY, Jen		Female Vet 40-44	11:13.6	232
443	2:27:31	WEBB, Sarah	Falmouth Road Runners	Female Vet 40-44	11:15.5	368
444	2:27:32	THOMAS, Hannah	Truro Running Club	Female Vet 40-44	11:15.5	544
445	2:27:38	IRWIN, Isabel	St Austell Running Club	NDB	11:16.0	111
446	2:28:07	BARNES, John	Launceston Road Runners	Male Vet 55-59	11:18.2	562
447	2:28:32	TRERISE, Catherine	Cornwall AC	Female Vet 45-49	11:20.1	401
448	2:29:01	YEOMANS, Jane		Female Vet 45-49	11:22.3	189
449	2:29:01	FOSTER, Sara		Female Vet 40-44	11:22.3	211
450	2:29:45	SAUNDERS, Lyndsey	East Cornwall Harriers	Female Vet 35-39	11:25.7	161
451	2:30:10	PICKARD, Linda	Launceston Road Runners	Female Vet 55-59	11:27.6	278
452	2:30:15	ROWE, Sam	Mounts Bay Harriers	Female Vet 45-49	11:28.0	219
453	2:30:26	AINSWORTH, Clare	Tamar Trotters	Female Vet 50-54	11:28.8	564
454	2:30:29	CAFF, Tristan	Newquay Road Runners	Male under 35	11:29.1	436
455	2:30:49	JENKIN, Jacqueline	Cornwall AC	Female Vet 70-74	11:30.6	395
456	2:30:49	BRAVERMAN, Diane	Cambridge & Coleridge AC	Female Vet 65-69	11:30.6	155
457	2:30:51	JENKIN, Richard	Cornwall AC	Male Vet 70-74	11:30.7	385
458	2:30:55	LYME, Chloe		Female under 35	11:31.0	180
459	2:31:02	COWBURN, Sarah		Female Vet 45-49	11:31.6	424
460	2:31:06	EUSTICE, Hannah		Female Vet 40-44	11:31.9	479
461	2:31:18	RAIKER, Diana	Falmouth Road Runners	Female under 35	11:32.8	361
462	2:31:23	MORGAN, Iain	Newquay Road Runners	Male Vet 60-64	11:33.2	468
463	2:31:33	HIGGINS, Roisin		Female Vet 35-39	11:33.9	339
464	2:31:53	PALMER, Stefan	Bodmin Road Runners	Male Vet 45-49	11:35.5	24
465	2:32:53	DUDLEY, Michelle	St Austell Running Club	Female Vet 50-54	11:40.0	98
466	2:33:32	SMITH, Kate	St Austell Running Club	Female under 35	11:43.0	132
467	2:33:33	HOPE, Daniel	St Austell Running Club	Male Vet 35-39	11:43.1	131
468	2:33:43	MOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-54	11:43.9	178
469	2:34:07	PRIOR, Sarah	Tavistock AC	Female Vet 45-49	11:45.7	494
470	2:34:07	JONES, Ian	Tavistock AC	Male Vet 65-69	11:45.7	600
471	2:34:15	WHEELER, Becky		Female Vet 45-49	11:46.3	198
472	2:34:15	ROBERTS, Andrew		Male Vet 45-49	11:46.3	86
473	2:34:16	BEARD, John		Male Vet 40-44	11:46.4	169
474	2:35:01	TOWNER, Stacey		Female under 35	11:49.8	484
475	2:35:01	REED, Ann	Benfleet RC	Female Vet 45-49	11:49.8	81
476	2:35:16	MCCLELLAND, Sally		Female Vet 40-44	11:51.0	478
477	2:35:56	MACMILLAN, Tamsyn		Female Vet 35-39	11:54.0	480
478	2:36:00	PEARCE, Deborah	Hayle Runners	Female Vet 45-49	11:54.3	519
479	2:36:14	BOND, Nina	Looe Pioneers	Female under 35	11:55.4	487
480	2:36:15	WELLS, Heather	Local	Female Vet 45-49	11:55.5	212
481	2:36:43	PHILLIPS, Ruth	Hayle Runners	Female Vet 40-44	11:57.6	520
482	2:36:48	HOLT, Ashley	Carn Runners	Female under 35	11:58.0	151
483	2:36:53	MCTAVISH, Susan		Female Vet 40-44	11:58.4	30
484	2:37:00	WILLIAMS, Laura	Hayle Runners	Female under 35	11:58.9	534
485	2:37:57	TREWEEK, Paul	Truro Running Club	Male Vet 55-59	12:03.2	550
486	2:38:00	WATTS, Hannah	St Austell Running Club	Female under 35	12:03.5	145
487	2:38:00	GIBBS, Debbie	St Austell Running Club	Female Vet 50-54	12:03.5	104
488	2:38:20	BOYCE, Christian	Looe Pioneers	Male Vet 45-49	12:05.0	486
489	2:38:23	WOLSTENCROFT, Zoe	Carn Runners	Female Vet 40-44	12:05.2	69
490	2:38:28	JARVIS, Tanya	Launceston Road Runners	Female Vet 50-54	12:05.6	297
491	2:38:32	PEARN, Chris		Male Vet 45-49	12:05.9	19
492	2:38:38	LEDDY, Judi	Orion Harriers	Female Vet 50-54	12:06.4	316
493	2:38:47	KINAHAN, Ann	Serpentine Running Club	Female Vet 65-69	12:07.1	257
494	2:39:40	CAFF, Jane	Newquay Road Runners	Female Vet 55-59	12:11.1	438
495	2:39:59	HART, Hannah		Female Vet 35-39	12:12.6	167
496	2:40:01	CORNELIUS, Barry		Male Vet 55-59	12:12.7	166
497	2:40:08	ROBERTS, Nigel	Falmouth Road Runners	Male Vet 35-39	12:13.2	362
498	2:40:33	MORGAN, Hannah		Female Vet 35-39	12:15.2	176
499	2:40:39	JAMESON, Judy	Carn Runners	Female Vet 55-59	12:15.6	208
500	2:40:47	BROMFIELD, Katrina	Local	Female Vet 50-54	12:16.2	64

501	2:41:15	PAYNE, Claire	Carn Runners	Female Vet 45-49	12:18.4	539
502	2:42:21	COOK-HANNAH, Kirsty		Female under 35	12:23.4	587
503	2:42:38	MARTIN, Hayley	Carn Runners	Female Vet 35-39	12:24.7	427
504	2:44:10	BURROWS, Samantha		Female under 35	12:31.7	70
505	2:44:10	EDDY, Amy		Female under 35	12:31.7	71
506	2:45:46	BOWDEN, Sally	Newquay Road Runners	Female Vet 55-59	12:39.0	434
507	2:45:46	DOWLING, John		Male Vet 70-74	12:39.0	194
508	2:47:11	MARTIN, Jacqui	St Austell Running Club	Female Vet 45-49	12:45.5	121
509	2:47:26	HOWARD, Sarah	Bodmin Womens RC	Female Vet 45-49	12:46.7	187
510	2:47:27	HUTCHINS, Holly		Female under 35	12:46.8	50
511	2:47:59	HARVEY, Lynn	Newquay Road Runners	Female Vet 65-69	12:49.2	457
512	2:47:59	DAVIS, Ruth		Female Vet 50-54	12:49.2	53
513	2:47:59	TRETHOWAN, Mads		Female Vet 45-49	12:49.2	52
514	2:48:33	BOXALL, Melanie	Falmouth Road Runners	Female Vet 55-59	12:51.8	348
515	2:50:05	OVERD, Lynne	Looe Pioneers	Female Vet 55-59	12:58.8	419
516	2:50:30	ANDREWS, George	Mounts Bay Harriers	Male Vet 65-69	13:00.7	13
517	2:50:37	ARMSTRONG, Justine	Tamar Trotters	Female Vet 50-54	13:01.3	171
518	2:51:00	WILLIAMS, Darren	Plymouth Musketeers	Male Vet 45-49	13:03.0	207
519	2:51:50	FRANCIS, Donna	Newquay Road Runners	Female Vet 65-69	13:06.8	451
520	2:52:16	ASPINALL, Louise		Female Vet 40-44	13:08.8	41
521	2:52:45	SYCAMORE, Grace	Hayle Runners	Female under 35	13:11.0	527
522	2:52:52	MCKINLEY, Glennie	JP Fitness Cornwall	Female Vet 50-54	13:11.6	311
523	2:53:02	WILLIAMS, Wendy	JP Fitness Cornwall	Female Vet 55-59	13:12.3	315
524	2:53:32	PASCOE, Mark	Tamar Trotters	Male Vet 50-54	13:14.6	193
525	2:53:34	PITMAN, Debbie	Tamar Trotters	Female Vet 55-59	13:14.8	482
526	2:55:28	ANDREWS, Emma	Bodmin Womens RC	Female under 35	13:23.5	17
527	2:56:01	LAWRENCE, Steven	Falmouth Road Runners	Male Vet 60-64	13:26.0	358
528	2:57:28	TAPHOUSE, Lesley	Bodmin Road Runners	Female Vet 55-59	13:32.6	34
529	2:58:29	COOKE-DAVIES, Louise	Newquay Road Runners	Female Vet 50-54	13:37.3	444
530	2:58:47	WEBB, Leanne		Female under 35	13:38.7	190
531	3:00:49	OSBORNE, Louise	Falmouth Road Runners	Female Vet 35-39	13:48.0	357
532	3:00:49	OSBORNE, Simon	Falmouth Road Runners	Male Vet 40-44	13:48.0	372
533	3:01:08	ROYCROFT, Jodie	St Austell Running Club	Female under 35	13:49.4	136
534	3:01:33	ANDREWS, Greta	Mounts Bay Harriers	Female Vet 40-44	13:51.3	14
535	3:02:45	WYATT, Liz	St Austell Running Club	Female Vet 45-49	13:56.8	150
536	3:03:06	JOHNS, Emma	Mounts Bay Harriers	Female Vet 40-44	13:58.4	213
537	3:04:34	LAKE, Christina	Falmouth Road Runners	Female Vet 60-64	14:05.1	356
538	3:06:49	GARRARD, David	Falmouth Road Runners	Male Vet 70-74	14:15.4	353
539	3:09:19	THOMAS, Kathryn	Cornwall AC	Female Vet 40-44	14:26.9	400
540	3:10:55	FORD, Rosie	Bodmin Womens RC	Female under 35	14:34.2	58
541	3:10:55	BANBURY, David		Male Vet 55-59	14:34.2	59
542	3:14:48	EWART, Sam	St Austell Running Club	Female Vet 40-44	14:52.0	99
543	3:14:48	TODD, Christine	St Austell Running Club	Female Vet 55-59	14:52.0	140
544	3:18:54	WILKINSON, Hannah	Hayle Runners	Female under 35	15:10.8	533
545	3:19:36	LAY, Jo	Hayle Runners	Female Vet 50-54	15:14.0	522
546	3:19:43	GRACE, Oliver	Falmouth Road Runners	Male Vet 45-49	15:14.5	354