

## BODMIN HALF MARATHON ñ 17TH FEBRUARY 2019

Position	Time	Name	Team	Category	Pace	No
1	1:26:32	WILLIAMS, Simon S	St Austell Running Club	Male Vet 45-49	06:36.2	65
2	1:27:55	CARTHEY, Tom	Falmouth Road Runners	Male Vet 35-39	06:42.5	240
3	1:29:25	TREGONNING, David	St Austell Running Club	Male under 35	06:49.4	221
4	1:30:16	BRYDON, James Lee	Bodmin Road Runners	Male under 35	06:53.3	319
5	1:32:17	MASTERS, Jamie	St Austell Running Club	Male under 35	07:02.5	380
6	1:33:24	ROBINSON, David	East Cornwall Harriers	Male Vet 40-44	07:07.7	295
7	1:34:01	HOWES, Dan	PB Running Club	Male Vet 40-44	07:10.5	213
8	1:34:56	ALFORD, Richard	Mounts Bay Harriers	Male under 35	07:14.7	255
9	1:35:04	WISNER, John	St Austell Running Club	Male Vet 45-49	07:15.3	352
10	1:35:31	HUGHES, Joe		Male under 35	07:17.4	368
11	1:35:35	JEFFREY, Alan	St Petrocs Dragons Tri Club	Male Vet 45-49	07:17.7	396
12	1:35:48	PARKS, Jason	St Austell Running Club	Male Vet 35-39	07:18.6	115
13	1:36:06	SAWFORD, Paul	Carn Runners	Male Vet 50-54	07:20.0	101
14	1:36:36	RUSSELL-SMALL, Alexandra	St Austell Running Club	Female Vet 35-39	07:22.3	205
15	1:36:46	LOEWY, Jacob		Male under 35	07:23.1	296
16	1:36:56	BELCHER, Peter	Exmouth Harriers	Male Vet 40-44	07:23.8	104
17	1:37:03	STRACHAN, Steven	Mile High	Male Vet 40-44	07:24.4	89
18	1:37:27	WEBB, Hayden		Male under 35	07:26.2	292
19	1:37:44	CAPPS, David	Falmouth Road Runners	Male Vet 35-39	07:27.5	166
20	1:38:14	KEEFE, Richard	Falmouth Road Runners	Male Vet 45-49	07:29.8	179
21	1:38:43	DALTON, Matthew	Riviera Racers	Male Vet 45-49	07:32.0	187
22	1:38:59	HARDING, Ben	East Cornwall Harriers	Male Vet 35-39	07:33.2	340
23	1:39:03	BURN, Robert		Male Vet 55-59	07:33.5	226
24	1:39:15	WATERS, Jon		Male under 35	07:34.4	398
25	1:39:42	CHAPMAN, Wendy	Truro Running Club	Female Vet 40-44	07:36.5	347
26	1:39:50	FERGUSON, Ian	Falmouth Road Runners	Male Vet 35-39	07:37.1	314
27	1:40:08	MADELEY, Chris	Bodmin Road Runners	Male under 35	07:38.5	77
28	1:40:19	RICHMOND, Harvey	Bude Rats	Male Vet 40-44	07:39.3	375
29	1:41:03	LUTEY, Nigel		Male Vet 35-39	07:42.7	321
30	1:41:05	STANDING, Rob	Truro Running Club	Male Vet 45-49	07:42.8	94
31	1:41:24	WOODLEY, Kevin		Male Vet 40-44	07:44.3	138
32	1:41:49	HARVEY, Darren	East Cornwall Harriers	Male Vet 40-44	07:46.2	335
33	1:42:13	GILES, Nick		Male Vet 35-39	07:48.0	307
34	1:42:35	ENGLEDEW, David	Erme Valley Harriers	Male Vet 55-59	07:49.7	127
35	1:42:45	MUSSON, Stuart	Truro Running Club	Male Vet 35-39	07:50.5	348
36	1:42:55	BAKER, Emma	Launceston Road Runners	Female under 35	07:51.2	332
37	1:43:54	WATSON, Jamie		Male Vet 35-39	07:55.7	51
38	1:44:12	CARDEW, Barrie	Carn Runners	Male Vet 60-64	07:57.1	191
39	1:44:51	RICHARDS, Gary	Mounts Bay Harriers	Male Vet 50-54	08:00.1	36
40	1:45:30	HUTCHESON, Mark	Bude Rats	Male Vet 55-59	08:03.1	329
41	1:45:50	CHYNOWETH, Richard	Truro Running Club	Male Vet 35-39	08:04.6	308
42	1:45:56	EVA, Emma	Cornwall AC	Female Vet 35-39	08:05.1	71
43	1:46:06	KEARNEY, Peter	Carn Runners	Male Vet 55-59	08:05.8	102
44	1:46:12	REA, Paul		Male Vet 50-54	08:06.3	317
45	1:46:25	PHILP, Damian	Bodmin Road Runners	Male Vet 35-39	08:07.3	111
46	1:46:43	MUTTON, James		Male Vet 35-39	08:08.6	199
47	1:47:20	MORGAN, Rebecca	Truro Running Club	Female Vet 40-44	08:11.5	344
48	1:47:27	GILBERT, Mark	Lonely Goats RC	Male under 35	08:12.0	386
49	1:47:49	FAIRLIE, Tavis		Female under 35	08:13.7	290
50	1:47:52	MENSING, Claire	Truro Running Club	Female Vet 45-49	08:13.9	116
51	1:47:59	CARTER, Steven	Truro Running Club	Male Vet 45-49	08:14.4	5
52	1:48:42	PEARSON, Michael		Male under 35	08:17.7	207
53	1:48:44	SWANN-PIPER, Richard	Bude Rats	Male Vet 50-54	08:17.9	204
54	1:48:47	MORSE, Helen	East Cornwall Harriers	Female under 35	08:18.1	336
55	1:48:51	LITTLE, Sam	Hayle Runners	Male under 35	08:18.4	311
56	1:48:58	JACKSON, Matthew		Male Vet 35-39	08:18.9	365
57	1:48:59	CROWLE, Revis	East Cornwall Harriers	Female Vet 55-59	08:19.0	121
58	1:49:02	ROBERTS, Malcolm	St Austell Running Club	Male Vet 65-69	08:19.2	265
59	1:49:35	BENTHAM, Harvey		Male under 35	08:21.8	346

60	1:49:41	JOHNS, Chris		Male Vet 45-49	08:22.2	277
61	1:50:04	KNIGHT, Mark	St Austell Running Club	Male Vet 45-49	08:24.0	208
62	1:50:06	COX, Daniel	Bodmin Road Runners	Male under 35	08:24.1	239
63	1:50:18	HARBER, Dean	Plymouth Musketeers	Male Vet 45-49	08:25.0	331
64	1:51:29	HOSKEN, Richard		Male Vet 40-44	08:30.5	34
65	1:51:39	BRIGHT, Steve	Plymouth Musketeers	Male under 35	08:31.2	56
66	1:51:44	PARNELL, Andrew		Male Vet 50-54	08:31.6	261
67	1:52:06	GIBSON, Mandy	Looe Pioneers	Female Vet 40-44	08:33.3	108
68	1:52:06	ALDIS, Phil	Bude Rats	Male Vet 55-59	08:33.3	146
69	1:52:32	BUCKINGHAM, Edward	Tamar Trotters	Male Vet 45-49	08:35.3	358
70	1:52:39	MARKS, Stacie	St Austell Running Club	Female under 35	08:35.8	220
71	1:52:41	BREMNER, Jane	Tamar Trotters	Female Vet 60-64	08:36.0	214
72	1:52:49	MASKELL, Anne	Truro Running Club	Female Vet 50-54	08:36.6	122
73	1:52:54	MCEWEN, Ed		Male under 35	08:37.0	361
74	1:52:58	GRZENDA, Matthew	Plymouth Musketeers	Male Vet 40-44	08:37.3	324
75	1:53:09	BAKER, James		Male Vet 40-44	08:38.1	147
76	1:53:13	DALGLEISH, Bruce		Male Vet 60-64	08:38.4	252
77	1:53:34	KERR, James		Male under 35	08:40.0	82
78	1:53:42	GIBBONS, Stuart		Male Vet 55-59	08:40.6	251
79	1:53:59	TIMMS, Jake	Falmouth Road Runners	Male under 35	08:41.9	401
80	1:54:01	WEBSTER, Andrew		Male Vet 40-44	08:42.1	163
81	1:54:04	CAUGHEY, Shane	East Cornwall Harriers	Male under 35	08:42.3	91
82	1:54:10	POYNTER, Kyle		Male under 35	08:42.8	316
83	1:54:18	SPENCER, Julian	Truro Running Club	Male Vet 50-54	08:43.4	97
84	1:54:37	MCLEAN, Luke	Mounts Bay Harriers	Male Vet 35-39	08:44.8	35
85	1:54:50	SKEA, Katie	Bodmin Road Runners	Female Vet 40-44	08:45.8	291
86	1:54:56	BAZLEY, Peter	Tavistock AC	Male Vet 60-64	08:46.3	229
87	1:55:09	HOCKING, Matt	St Austell Running Club	Male Vet 45-49	08:47.3	58
88	1:55:17	GOODSPEED, David		Male under 35	08:47.9	389
89	1:55:18	WALKER, Elliot	Newquay Road Runners	Male Vet 45-49	08:47.9	169
90	1:55:22	KEY, Beth	Truro Running Club	Female under 35	08:48.2	334
91	1:55:51	HARGREAVES, Pez	Falmouth Road Runners	Male Vet 50-54	08:50.5	141
92	1:55:58	GRAYSTON, Paul		Male Vet 55-59	08:51.0	349
93	1:56:37	ENGLEDEW, Alison	Erme Valley Harriers	Female Vet 60-64	08:54.0	126
94	1:56:40	LANGFORD, Gemma		Female Vet 40-44	08:54.2	154
95	1:56:41	LESTER, David		Male Vet 50-54	08:54.3	342
96	1:56:52	DAVIES, Jennifer	Truro Running Club	Female under 35	08:55.1	183
97	1:57:07	POWLESLAND, Simon		Male under 35	08:56.3	225
98	1:57:17	KNIGHT, Peter	Quantock Harriers	Male Vet 55-59	08:57.0	193
99	1:57:20	ALLEN, Peter	Newquay Road Runners	Male Vet 60-64	08:57.3	394
100	1:57:36	HEWITT, David		Male Vet 45-49	08:58.5	373
101	1:57:48	TUNNEY, Mike	Bude Rats	Male Vet 50-54	08:59.4	201
102	1:58:02	TREBILCOCK, Liz	Truro Running Club	Female Vet 50-54	09:00.5	10
103	1:58:12	HUTCHINSON, Stephen	Bude Rats	Male Vet 65-69	09:01.2	142
104	1:58:15	LAURIE, Andrew	Falmouth Road Runners	Male Vet 55-59	09:01.5	302
105	1:58:16	VIGGERS, Sean		Male Vet 45-49	09:01.5	84
106	1:58:17	BROWN, Oliver		Male under 35	09:01.6	162
107	1:58:19	HARRIS, Rob		Male Vet 35-39	09:01.8	211
108	1:58:22	CHASE, Andy	St Austell Running Club	Male under 35	09:02.0	67
109	1:58:27	WALSH, Ellie		Female under 35	09:02.4	360
110	1:58:37	MILLS, Jenny	Launceston Road Runners	Female Vet 65-69	09:03.1	227
111	1:58:51	PICK, Robert	East Cornwall Harriers	Male Vet 60-64	09:04.2	174
112	1:58:54	WOOD, Simon	Mud Crew Trail Runners	Male Vet 40-44	09:04.4	385
113	1:59:18	CLIFTON, Luke		Male Vet 55-59	09:06.3	19
114	1:59:31	GWYNNE, Paul	Mud Crew Trail Runners	Male Vet 50-54	09:07.3	325
115	1:59:35	EGGINTON, Michael	East Cornwall Harriers	Male Vet 50-54	09:07.6	119
116	1:59:50	DODWELL, Helen	Truro Running Club	Female Vet 40-44	09:08.7	59
117	1:59:53	HELSON, Neil		Male Vet 45-49	09:08.9	42
118	1:59:57	BACKALLER, Peter	Tavistock Run Project	Male Vet 35-39	09:09.2	303
119	2:00:08	BROWN, David	St Petrocs Dragons Tri Club	Male Vet 50-54	09:10.1	355
120	2:00:24	MOUNTFORD, Frazer	Newquay Road Runners	Male Vet 35-39	09:11.3	153
121	2:00:35	BEES, Andy	Plymouth Musketeers	Male Vet 35-39	09:12.1	351
122	2:00:37	HOARE, Darren		Male Vet 40-44	09:12.3	88

123	2:00:53	LOEWY, Alex		Male under 35	09:13.5	297
124	2:01:12	CRABB, Sally	Looe Pioneers	Female Vet 40-44	09:15.0	69
125	2:01:12	RICHARDS, Tracey		Female Vet 45-49	09:15.0	37
126	2:01:43	CARTER, Anna	Newquay Road Runners	Female under 35	09:17.3	117
127	2:01:48	CRESSWELL, Jonathan		Male under 35	09:17.7	218
128	2:01:58	EBDON, Harry	Frome RC	Male Vet 50-54	09:18.5	270
129	2:02:12	TOSH, Suzie	South West Road Runner	Female Vet 40-44	09:19.5	123
130	2:02:18	GAMBLE, David		Male Vet 50-54	09:20.0	47
131	2:02:19	WALLINGTON, Jonathan		Male Vet 45-49	09:20.1	202
132	2:02:25	WOOD, Susanne	Cornwall AC	Female Vet 40-44	09:20.5	384
133	2:02:25	SPROULL, John		Male Vet 45-49	09:20.5	362
134	2:02:51	POPE, Gary	Plymouth Musketeers	Male Vet 45-49	09:22.5	238
135	2:03:11	HARRISON, Matthew		Male Vet 40-44	09:24.0	29
136	2:03:16	SLEEMAN, Jenna		Female under 35	09:24.4	304
137	2:03:20	PELLATT, James		Male under 35	09:24.7	306
138	2:03:22	TILEY, Chris		Male Vet 50-54	09:24.9	155
139	2:03:35	LUCAS, Andrew	Mud Crew Trail Runners	Male Vet 50-54	09:25.9	338
140	2:03:44	GREGORY, Amy	Newquay Road Runners	Female under 35	09:26.6	46
141	2:03:46	ROWSWELL, Huw		Male Vet 50-54	09:26.7	92
142	2:03:50	BOARDMAN, Antony		Male Vet 45-49	09:27.0	80
143	2:04:04	BLAKE, Richard		Male Vet 55-59	09:28.1	125
144	2:04:17	BUSCOMBE, Ross	St Austell Running Club	Male under 35	09:29.1	390
145	2:04:31	CATNACH, Alison	Looe Pioneers	Female Vet 40-44	09:30.1	93
146	2:05:11	BULLEN, Steve	Tamar Trotters	Male Vet 45-49	09:33.2	363
147	2:05:13	CURTIS, Robert	Bude Rats	Male Vet 40-44	09:33.4	200
148	2:05:16	HOWARD-ENDEAN, Jessica		Female under 35	09:33.6	250
149	2:05:16	HOWARD-ENDEAN, Jacob		Male under 35	09:33.6	249
150	2:05:32	HILTON, James		Male Vet 55-59	09:34.8	33
151	2:05:38	RICHARDSON, Sarah	Bromsgrove & Redditch	Female Vet 50-54	09:35.3	391
152	2:05:51	BURLEY, Damien		Male Vet 40-44	09:36.3	247
153	2:05:52	VOSPER, Andy	Bodmin Road Runners	Male Vet 55-59	09:36.3	269
154	2:05:52	FULLER, Darrell	St Petrocs Dragons Tri Club	Male Vet 45-49	09:36.3	256
155	2:05:55	WILLIAMS, Amy	East Cornwall Harriers	Female Vet 35-39	09:36.6	237
156	2:06:24	STEVENS, Matthew		Male Vet 40-44	09:38.8	60
157	2:06:24	KNELL, Felicity		Female Vet 35-39	09:38.8	81
158	2:07:02	CAMBERS, Andrew		Male under 35	09:41.7	215
159	2:07:10	SKEPLORN, James	Truro Running Club	Male Vet 35-39	09:42.3	24
160	2:07:19	HEAD, Martin	Bere Alston Trekkers	Male Vet 50-54	09:43.0	280
161	2:07:27	HYNES, Jaine	Launceston Road Runners	Female Vet 50-54	09:43.6	48
162	2:07:32	SPEAR, Mark		Male Vet 55-59	09:44.0	224
163	2:07:34	HILTON, Michaela		Female under 35	09:44.1	32
164	2:07:53	TAPSELL, Jo	Bodmin Womens RC	Female Vet 45-49	09:45.6	31
165	2:07:58	SPENCER, Katie	Truro Running Club	Female Vet 45-49	09:45.9	98
166	2:08:06	GIBBONS, Andrew		Male Vet 50-54	09:46.6	210
167	2:08:23	GOUDE, Andrea	Bristol & West	Female Vet 45-49	09:47.9	357
168	2:08:29	HILL, Sarah	Newquay Road Runners	Female Vet 45-49	09:48.3	370
169	2:09:00	MARPLES, Matthew		Male under 35	09:50.7	320
170	2:09:06	PRITCHARD, James	St Petrocs Dragons Tri Club	Male Vet 45-49	09:51.1	189
171	2:09:24	BURCH, James		Male under 35	09:52.5	244
172	2:09:25	PEPLOW, Chris		Male under 35	09:52.6	54
173	2:09:27	GOODSPEED, Laura		Female under 35	09:52.7	388
174	2:09:45	ARSCOTT, Jo	Tavistock Run Project	Female Vet 35-39	09:54.1	286
175	2:09:46	NICHOLLS, Laura	South West Road Runner	Female under 35	09:54.2	233
176	2:09:47	SABINE, Rhiannon		Female under 35	09:54.3	64
177	2:09:47	EDIE, Tom		Male Vet 35-39	09:54.3	57
178	2:09:49	HUNT, Gary	East Cornwall Harriers	Male Vet 50-54	09:54.4	124
179	2:09:56	CADDIS, Laura		Female under 35	09:55.0	305
180	2:10:00	PIPER, Jacqueline		Female Vet 50-54	09:55.3	161
181	2:10:10	MURRAY, Patrick		Male Vet 45-49	09:56.0	235
182	2:12:28	CALVERT, Chris	Vegan Runners	Male under 35	10:06.6	275
183	2:12:46	SLEIGH, Adam		Male Vet 40-44	10:07.9	283
184	2:12:49	BELL, Chris		Male Vet 35-39	10:08.2	231
185	2:12:54	WATSON, Janet	Falmouth Road Runners	Female Vet 65-69	10:08.5	203

186	2:13:03	GUEST, Nicola		Female Vet 45-49	10:09.2	318
187	2:13:14	LOCKETT, Pat	Newquay Road Runners	Male Vet 70-74	10:10.1	190
188	2:14:03	WRIGHT, Kate		Female under 35	10:13.8	236
189	2:14:18	FORRISTAL, Jason		Male Vet 50-54	10:14.9	152
190	2:14:45	BARNFIELD, Marty		Male Vet 45-49	10:17.0	299
191	2:14:46	BLIGHT, Andrew		Male Vet 55-59	10:17.1	186
192	2:14:48	RICHARDS, Emma	Mounts Bay Harriers	Female Vet 35-39	10:17.2	259
193	2:14:54	FRANCEY, Lisa		Female under 35	10:17.7	159
194	2:15:07	BOWERS, Karina	St Austell Running Club	Female Vet 35-39	10:18.7	160
195	2:15:09	BROWN, Jack		Male under 35	10:18.8	75
196	2:15:13	TRETHEWEY, Martin	St Austell Running Club	Male Vet 50-54	10:19.1	266
197	2:15:29	BURNS, Jason	Bere Alston Trekkers	Male Vet 45-49	10:20.4	310
198	2:15:36	EVANS, Lee		Male Vet 40-44	10:20.9	109
199	2:15:37	CLAYTON, Kirsty	PB Running Club	Female Vet 45-49	10:21.0	254
200	2:15:53	FLETCHER, Simon		Male Vet 60-64	10:22.2	309
201	2:15:56	BARLOW, Claire	Bodmin Road Runners	Female Vet 40-44	10:22.4	2
202	2:15:56	STEWART, Juliet	Truro Running Club	Female Vet 50-54	10:22.4	173
203	2:16:16	DEKKERS, Jacobus		Male Vet 35-39	10:24.0	219
204	2:16:17	HOULTON, Adam		Male Vet 40-44	10:24.0	298
205	2:16:17	BEST, Rod		Male Vet 45-49	10:24.0	400
206	2:16:21	OLLIVIER, Louise	Hayle Runners	Female Vet 50-54	10:24.3	397
207	2:16:33	SAUNDERS, Nick		Male Vet 35-39	10:25.3	276
208	2:16:39	PAYNE, Holly	St Austell Running Club	Female under 35	10:25.7	322
209	2:16:53	BRADISH, Chris		Male Vet 65-69	10:26.8	6
210	2:17:43	HARPER, Kevan		Male Vet 35-39	10:30.6	165
211	2:17:54	ARRIES, Kelly		Female Vet 40-44	10:31.4	350
212	2:18:04	TONKIN, Sarah	Bude Rats	Female Vet 40-44	10:32.2	27
213	2:18:11	DAVEY, Tamzin	Cornwall AC	Female Vet 45-49	10:32.7	359
214	2:18:38	BOUNDY, Mark	Launceston Road Runners	Male Vet 40-44	10:34.8	216
215	2:18:40	BOOTH, Colin		Male Vet 45-49	10:34.9	175
216	2:18:41	JONES, Mark	Launceston Road Runners	Male Vet 40-44	10:35.0	168
217	2:19:11	WARREN, Diane	Hayle Runners	Female Vet 60-64	10:37.3	95
218	2:19:22	DAWE, Tamsin	Plymouth Striders	Female under 35	10:38.2	288
219	2:19:23	TRUDGEON, Phil		Male Vet 35-39	10:38.2	136
220	2:19:23	GOUGH, Anna		Female Vet 40-44	10:38.2	253
221	2:19:23	POWELL, Arlene	Tamar Trotters	Female Vet 35-39	10:38.2	53
222	2:19:24	SIMS, Catherine	Tamar Trotters	Female Vet 45-49	10:38.3	285
223	2:19:38	WISE, Rebecca	Launceston Road Runners	Female Vet 35-39	10:39.4	105
224	2:20:00	MEDWAY, Jeffrey		Male Vet 45-49	10:41.1	234
225	2:20:02	CUSICK, Lee	South West Road Runner	Male Vet 50-54	10:41.2	74
226	2:20:05	NORRIS, David		Male Vet 55-59	10:41.4	258
227	2:20:14	BISHOP, Andy		Male Vet 45-49	10:42.1	151
228	2:20:17	CONNOR, Kevin		Male Vet 35-39	10:42.3	393
229	2:20:17	COPE, Jackie	Falmouth Road Runners	Female Vet 60-64	10:42.3	99
230	2:20:19	HOLLAND, Sarah	Tavistock AC	Female Vet 40-44	10:42.5	110
231	2:20:19	ROGERS, Kate	Tavistock AC	Female Vet 60-64	10:42.5	185
232	2:20:21	BRENTON, Adam		Male Vet 35-39	10:42.7	399
233	2:20:32	TRETHEWEY, Charlie	St Austell Running Club	Female Vet 40-44	10:43.5	267
234	2:20:33	BRENTON, Nicky	St Petrocs Dragons Tri Club	Female Vet 50-54	10:43.6	157
235	2:20:46	WILTON, David	Falmouth Road Runners	Male Vet 60-64	10:44.6	188
236	2:21:12	PORT, Ricky		Male Vet 35-39	10:46.5	86
237	2:21:13	KELSEY, Paul		Male Vet 40-44	10:46.6	87
238	2:21:18	CAREY, Nick	Bodmin Road Runners	Male Vet 40-44	10:47.0	62
239	2:21:22	WATSON, Paul		Male Vet 40-44	10:47.3	78
240	2:21:33	LAWES, Helen	Looe Pioneers	Female Vet 45-49	10:48.1	209
241	2:21:33	SAUNTER, Jenny	Bodmin Womens RC	Female Vet 50-54	10:48.1	68
242	2:21:39	BISCOMBE, Susan	Bodmin Womens RC	Female under 35	10:48.6	294
243	2:21:47	BALE, Mike		Male under 35	10:49.2	343
244	2:22:44	BOWDEN, John	Looe Pioneers	Male Vet 60-64	10:53.6	378
245	2:22:55	MCAULEY, Vikki	Steel City Striders	Female Vet 45-49	10:54.4	181
246	2:23:02	ELDING, Shannon		Male under 35	10:54.9	195
247	2:23:05	PAGE, Nick	East Cornwall Harriers	Male Vet 50-54	10:55.2	83
248	2:23:17	BEECH, Clive	Trailrunning Assoc	Male Vet 60-64	10:56.1	196

249	2:23:27	BARRITT, Jim		Male Vet 45-49	10:56.9	76
250	2:24:32	GILLESPIE, Ayesha	Bodmin Womens RC	Female under 35	11:01.8	268
251	2:24:32	CASSIDY, Lisa	Bodmin Womens RC	Female Vet 40-44	11:01.8	301
252	2:24:33	MORGAN, Hayley	Bodmin Womens RC	Female Vet 35-39	11:01.9	364
253	2:24:48	STEWART, Peter		Male Vet 60-64	11:03.0	313
254	2:25:07	WALKER, Daron		Female Vet 40-44	11:04.5	96
255	2:25:19	POPE, Robert	Truro Running Club	Male Vet 55-59	11:05.4	184
256	2:25:29	ASHTON, Debbie	Bere Alston Trekkers	Female Vet 45-49	11:06.2	118
257	2:25:32	MILLWARD, Laura	Carn Runners	Female Vet 55-59	11:06.4	372
258	2:25:40	BUNTING, Maggie	Tamar Trotters	Female Vet 50-54	11:07.0	395
259	2:25:56	SILVERTHORN, Kevin	Mounts Bay Harriers	Male Vet 55-59	11:08.2	223
260	2:26:06	HOLDING, Ruth	Mile High	Female Vet 55-59	11:09.0	333
261	2:26:21	KENNEDY, Hilary	Brixham Harriers	Female Vet 55-59	11:10.1	337
262	2:26:24	ADAMS, David		Male Vet 45-49	11:10.4	137
263	2:26:26	HALLIDAY, Bryony		Female under 35	11:10.5	79
264	2:26:39	RUTLIDGE, Lisa	Bude Rats	Female Vet 50-54	11:11.5	356
265	2:26:39	SNELSON, Karen	Bude Rats	Female Vet 50-54	11:11.5	366
266	2:27:07	MORRIS, Rebecca		Female under 35	11:13.6	144
267	2:27:14	WENDIK-BYFIELD, Ann	East Cornwall Harriers	Female Vet 50-54	11:14.2	167
268	2:27:15	SHEFLIN, Connor		Male under 35	11:14.3	369
269	2:27:21	HUTCHESON, Jane	Bude Rats	Female Vet 55-59	11:14.7	330
270	2:27:33	COX, Clive		Male Vet 55-59	11:15.6	40
271	2:27:39	BERNARD-JOHN, Eden		Female under 35	11:16.1	392
272	2:27:55	FURLONGER, Neill		Male Vet 35-39	11:17.3	374
273	2:28:13	SMERDON, Paula	Tavistock AC	Female Vet 40-44	11:18.7	232
274	2:28:25	MAYWOOD, Bryan	Looe Pioneers	Male Vet 50-54	11:19.6	55
275	2:28:43	CARTER, Anne	Bude Rats	Female Vet 45-49	11:21.0	198
276	2:28:47	BROWN, Mark		Male Vet 45-49	11:21.3	293
277	2:28:47	TRETHEWEY, Helen		Female Vet 35-39	11:21.3	287
278	2:28:50	ROGERS, Ben		Male Vet 35-39	11:21.5	26
279	2:29:03	TAYLOR, Emma		Female Vet 35-39	11:22.5	85
280	2:29:37	MCGREGOR, Catherine		Female Vet 35-39	11:25.1	73
281	2:29:52	FINCH, Kevin		Male Vet 55-59	11:26.2	63
282	2:30:01	EGGINTON, Liz	East Cornwall Harriers	Male Vet 50-54	11:26.9	120
283	2:30:19	DALES, Emma	East Cornwall Harriers	Female Vet 55-59	11:28.3	222
284	2:30:19	TAMBLYN, Sharon	Bodmin Womens RC	Female Vet 55-59	11:28.3	25
285	2:30:25	RUSS, Phil		Male Vet 55-59	11:28.8	17
286	2:30:51	VINNICOMBE, Caroline	Cornwall AC	Female Vet 45-49	11:30.7	148
287	2:31:01	BENNETT, Shirley	Bodmin Womens RC	Female Vet 40-44	11:31.5	241
288	2:31:35	ELDRIDGE, Natalie		Female Vet 35-39	11:34.1	22
289	2:31:49	GOODACRE, Mary	Tamar Trotters	Female Vet 65-69	11:35.2	262
290	2:31:58	REID, Lewis		Male under 35	11:35.9	379
291	2:32:03	HARLAND, Simon		Male Vet 50-54	11:36.2	279
292	2:32:03	BROWN, Lorraine	Truro Running Club	Female Vet 45-49	11:36.2	177
293	2:32:03	BATHE, Nicola	Truro Running Club	Female Vet 45-49	11:36.2	128
294	2:32:51	GILBERT, Cara		Female Vet 40-44	11:39.9	143
295	2:32:56	SMITH, Nicci		Female under 35	11:40.3	326
296	2:33:02	KING, Jeannette		Female Vet 40-44	11:40.7	176
297	2:33:02	BENDE, Cassi	Truro Running Club	Female under 35	11:40.7	3
298	2:33:40	TREVARTHEN, Andrew		Male under 35	11:43.6	246
299	2:33:50	WIDDERSHOVEN, Demelza	Carn Runners	Female Vet 35-39	11:44.4	278
300	2:35:54	BEARMAN, Nick		Male under 35	11:53.9	217
301	2:35:55	SMITH, Graham	Falmouth Road Runners	Male Vet 55-59	11:53.9	180
302	2:36:06	SAUNDERS, Rachel	Sutton & District AC	Female Vet 50-54	11:54.8	112
303	2:36:06	SAUNDERS, Richard		Male Vet 60-64	11:54.8	113
304	2:36:33	EDWARDS, Claire		Female Vet 50-54	11:56.8	129
305	2:36:55	GALVIN, Yssie		Female under 35	11:58.5	257
306	2:36:55	WALL, Leza	East Cornwall Harriers	Female Vet 40-44	11:58.5	339
307	2:37:58	PRIDEAUX, Rachel	Bodmin Womens RC	Female Vet 40-44	12:03.3	228
308	2:38:01	TRUDGEON, Helen		Female Vet 35-39	12:03.6	315
309	2:38:32	FORD, Amanda		Female Vet 45-49	12:05.9	158
310	2:39:22	DUDMAN, Kate	Bodmin Womens RC	Female Vet 40-44	12:09.7	21
311	2:39:23	GODFREY, Nicola	Bodmin Womens RC	Female Vet 35-39	12:09.8	41

312	2:39:25	COX, Alison	Bodmin Womens RC	Female Vet 55-59	12:10.0	39
313	2:39:25	CROWE, Sharon	Bodmin Womens RC	Female Vet 45-49	12:10.0	114
314	2:40:35	CAREY, Eliza	Bodmin Road Runners	Female Vet 45-49	12:15.3	131
315	2:41:34	REEKS, Kayleigh	PB Running Club	Female under 35	12:19.8	43
316	2:42:46	ROGERS, Natalie		Female Vet 40-44	12:25.3	387
317	2:42:58	LIGHT, Lisa	Plymouth Musketeers	Female Vet 55-59	12:26.2	130
318	2:43:07	KING, Louise	Plymouth Musketeers	Female Vet 50-54	12:26.9	273
319	2:43:13	KING, Bryan	Plymouth Musketeers	Male Vet 65-69	12:27.4	274
320	2:43:13	MELMOTH, Oliver		Male Vet 40-44	12:27.4	271
321	2:43:14	HICKEN, Paul		Male Vet 40-44	12:27.4	264
322	2:43:15	HARRIS, Ben		Male under 35	12:27.5	150
323	2:43:44	SCREECH, Mark		Male Vet 45-49	12:29.7	45
324	2:43:56	WILLCOCKS, Bob	Falmouth Road Runners	Male Vet 60-64	12:30.6	90
325	2:44:35	HOGG, Lorna	Mud Crew Trail Runners	Female Vet 45-49	12:33.6	28
326	2:45:38	VANT, Lorna		Female Vet 50-54	12:38.4	4
327	2:45:38	REEVE, Paul	Carn Runners	Male Vet 50-54	12:38.4	354
328	2:45:41	BOLT, Adrian	Truro Running Club	Male Vet 50-54	12:38.7	1
329	2:46:35	HARVEY, Sally	Launceston Road Runners	Female Vet 50-54	12:42.8	328
330	2:46:37	BEAVER, Carol	Looe Pioneers	Female Vet 55-59	12:42.9	312
331	2:48:46	BARRITT, Mini		Female Vet 40-44	12:52.8	49
332	2:49:02	MORRISSEY, James		Male under 35	12:54.0	192
333	2:50:00	INMAN, Darrell		Male Vet 45-49	12:58.4	212
334	2:50:36	SANDERS, Amber-naomi		Female under 35	13:01.2	107
335	2:52:28	BROWN, Andrew		Male Vet 50-54	13:09.7	178
336	2:54:06	HAWKEN, Katie		Female Vet 35-39	13:17.2	156
337	2:55:05	GLADWELL, Zoe	Bude Rats	Female Vet 40-44	13:21.7	206
338	2:56:01	LAKE, Christina	Falmouth Road Runners	Female Vet 60-64	13:26.0	345
339	2:56:35	HEATHER, Kylie		Female Vet 35-39	13:28.6	18
340	2:56:38	DUNN, Vicki	Plymouth Musketeers	Female Vet 35-39	13:28.8	383
341	2:56:45	KINGDOM-ANDREWS, Mel	Plymouth Musketeers	Female Vet 40-44	13:29.3	381
342	2:56:48	WILLIAMS, Darren	Plymouth Musketeers	Male Vet 45-49	13:29.6	139
343	2:59:09	TYSON, Julian		Male Vet 50-54	13:40.3	245
344	3:00:02	HEARN, Rebecca	Bodmin Womens RC	Female Vet 35-39	13:44.4	13
345	3:00:04	TREVARTHEN, Emily	Bodmin Womens RC	Female Vet 35-39	13:44.5	243
346	3:00:04	ROYCROFT, Jodie	St Austell Running Club	Female under 35	13:44.5	263
347	3:00:04	WARE, Daryll	PB Running Club	Male Vet 50-54	13:44.5	15
348	3:02:03	LIDIARD, Sandra	Bodmin Womens RC	Female Vet 45-49	13:53.6	14
349	3:05:42	BRADISH, Hazel		Female Vet 60-64	14:10.3	7
350	3:06:49	BEESON, Charly		Female under 35	14:15.4	170
351	3:08:50	BOLITHO, Julie	Mounts Bay Harriers	Female Vet 50-54	14:24.7	140
352	3:10:33	HEAD, Hilary	Bere Alston Trekkers	Female Vet 55-59	14:32.5	281
353	3:11:27	DOBSON, Clare		Female Vet 35-39	14:36.7	106
354	3:11:28	GORDON, Emma		Female Vet 35-39	14:36.7	52
355	3:11:29	MERCHANT, Caroline	Bodmin Womens RC	Female Vet 35-39	14:36.8	12
356	3:11:29	MONTGOMERY, Pauline Claire	Bodmin Womens RC	Female Vet 35-39	14:36.8	11
357	3:11:32	WASHER, Sarah	Bodmin Womens RC	Female Vet 35-39	14:37.0	23
358	3:15:53	HEMENS, Claire	Falmouth Road Runners	Female Vet 55-59	14:57.0	70
359	3:25:52	SHAPCOTT, Paul	Storm Academy	Male Vet 45-49	15:42.7	341