

Place	Bib	Name	AG	Club	ChipTime	GunTime
1.	655	Dave ANGELL	Male 35-39	Mile High	1:03:05	1:03:05
2.	345	Liam STOREY	Male 35-39	Climb Southwest	1:03:42	1:03:42
3.	659	John MCWILLIAMS	Male 35-39	Mile High	1:04:20	1:04:20
4.	428	Graham BALE	Male 50-54	Plymstock Road Runners	1:04:58	1:04:59
5.	658	Andrew MARTIN	Male 35-39	Mile High	1:05:43	1:05:43
6.	517	James DWYER	Male 17-34		1:06:01	1:06:01
7.	93	James BRYDON	Male 17-34	St Austell Running Club	1:06:20	1:06:20
8.	312	Ruth BARNES	Female 40-44	Falmouth Road Runners	1:06:32	1:06:32
9.	163	Roger EASTERBROOK	Male 45-49	Teignbridge Trotters	1:07:15	1:07:15
10.	657	Tom HOWELL	Male 35-39	Mile High	1:07:19	1:07:19
11.	696	Luke LISLEY	Male 17-34	Exeter Harriers	1:07:20	1:07:23
12.	660	Carl MURPHY	Male 40-44	Mile High	1:07:34	1:07:35
13.	256	David TREGONNING	Male 17-34	St Austell Running Club	1:08:14	1:08:15
14.	735	Ian SYMINGTON	Male 40-44	Todmorden Harriers	1:08:19	1:08:20
15.	436	Sean CHILDS	Male 45-49	Royal Navy AC	1:08:35	1:08:35
16.	426	James WICKETT	Male 17-34	Plymouth Harriers	1:08:47	1:08:50
17.	187	James BLIGHT	Male 35-39	Tamar Trotters	1:09:06	1:09:07
18.	430	Daniel THRIFT	Male 17-34	Pontypridd Roadents AC	1:09:07	1:09:07
19.	288	Simon KNOWLES	Male 45-49	Hayle Runners	1:09:09	1:09:09
20.	617	Ollie SLEE	Male 17-34		1:09:26	1:09:27
21.	435	Julian SMITH	Male 35-39	Riviera Racers	1:09:32	1:09:34
22.	661	Dave BECKENKRAGE	Male 50-54	Plymouth Harriers	1:09:45	1:09:46
23.	656	Aaron Benney	Male 35-39	Mile High	1:10:03	1:10:03
24.	719	Neil HAYHURST	Male 35-39	Hayle Runners	1:10:07	1:10:09
25.	319	Kieran MURRANT	Male 17-34	Falmouth Road Runners	1:10:34	1:10:35
26.	706	Simon PARRY	Male 45-49	Royal Navy AC	1:10:34	1:10:36
27.	605	Lloyd ROBERTS	Male 17-34		1:10:41	1:10:43
28.	403	Tim TWIGGS	Male 50-54	Mounts Bay Harriers	1:11:13	1:11:16
29.	648	Mark WILLIAMS	Male 17-34		1:11:51	1:11:55
30.	395	James OVERTON	Male 35-39	Lowenek Runners	1:12:01	1:12:01
31.	642	Jon WATERS	Male 17-34		1:12:13	1:12:16
32.	694	Tom Berryman	Male 17-34	Cornwall AC	1:12:35	1:12:36
33.	500	James COCKLEY	Male 17-34		1:12:56	1:12:57
34.	353	Steve Strachan	Male 45-49	Storm Running Plymouth	1:12:59	1:13:00
35.	294	Josh HARRIS	Male 45-49	Lonely Goats RC	1:12:59	1:13:02
36.	69	Lee HERBERT	Male 40-44	Plymouth Musketeers	1:13:33	1:13:34
37.	548	Joe HUGHES	Male 17-34		1:13:58	1:14:00
38.	686	Chris COX	Male 45-49	Cornwall AC	1:14:45	1:14:48
39.	102	Paul JOHNSON	Male 17-34	St Austell Running Club	1:14:59	1:15:01
40.	128	Mark DEACON	Male 35-39	Looe Pioneers	1:15:08	1:15:09
41.	453	Oliver POOL	Male 40-44	Truro Running Club	1:16:02	1:16:04
42.	206	Alan WILLIAMS	Male 40-44	Tamar Trotters	1:16:02	1:16:07
43.	508	Nathan COOPER	Male 40-44		1:16:10	1:16:14
44.	167	Duncan KNIGHT	Male 45-49	Teignbridge Trotters	1:16:13	1:16:18
45.	118	Mark SWEENEY	Male 55-59	St Austell Running Club	1:16:30	1:16:31
46.	370	Russ MOGRIDGE	Male 55-59	Erme Valley Harriers	1:16:30	1:16:33

47.	689 Sean SANDOE	Male 50-54	Cornwall AC	1:16:37	1:16:41
48.	339 Andrew KEY	Male 17-34	Carn Runners	1:16:42	1:16:43
49.	142 Tom MEYERS	Male 17-34	Looe Pioneers	1:16:58	1:17:00
50.	687 Stephanie HEARN	Female 17-34	Cornwall AC	1:17:23	1:17:25
51.	212 Marc DOYLE	Male 40-44	East Cornwall Harriers	1:17:42	1:17:45
52.	665 Daniel CASE	Male 17-34	Plymouth Musketeers	1:17:55	1:17:58
53.	64 Damian DUNNE	Male 45-49	Plymouth Musketeers	1:18:01	1:18:03
54.	270 Lee CARTER	Male 17-34	Newquay Road Runners	1:18:05	1:18:13
55.	602 David Wilding	Male 40-44	Hayle Runners	1:18:13	1:18:16
56.	190 Anthony FIRTH	Male 50-54	Tamar Trotters	1:18:14	1:18:18
57.	442 Jonathan HISCOKE	Male 17-34	South Devon AC	1:18:20	1:18:21
58.	138 Mervyn GRIFFITHS	Male 40-44		1:18:25	1:18:31
59.	326 Pippa RICHES	Female 35-39	Bodmin Dragons Tri Club	1:18:29	1:18:34
60.	603 Robin RICHES	Male 40-44		1:18:30	1:18:36
61.	746 Kevin WOODLEY	Male 40-44	Tri Logic Cornwall	1:18:38	1:18:40
62.	131 Mandy GIBSON	Female 40-44	Looe Pioneers	1:18:40	1:18:44
63.	645 Sam Gilbert	Male 17-34		1:18:49	1:18:52
64.	183 James SAUNDERS	Male 55-59	Teignbridge Trotters	1:19:05	1:19:06
65.	459 Will LEVERSUCH	Male 17-34	Wembley Pioneers	1:19:10	1:19:16
66.	594 Lisa PICTON	Female 40-44		1:19:13	1:19:18
67.	132 Mark GRASSAM	Male 45-49	Looe Pioneers	1:19:21	1:19:23
68.	186 Kevin BASKOTT	Male 50-54	Tamar Trotters	1:19:26	1:19:28
69.	408 Dave BATES	Male 65-69	Okehampton RC	1:19:33	1:19:38
70.	36 Ravi PANDY	Male 45-49	Storm Running Plymouth	1:19:57	1:20:03
71.	94 Andy CHASE	Male 17-34	St Austell Running Club	1:20:17	1:20:21
72.	537 Ross HARVIE	Male 17-34		1:20:22	1:20:25
73.	723 Chris JOHNS	Male 50-54		1:20:35	1:20:40
74.	188 Jane BREMNER	Female 60-64	Tamar Trotters	1:20:42	1:20:47
75.	669 Malcolm ROBERTS	Male 65-69	St Austell Running Club	1:20:52	1:20:54
76.	737 Daniel WALTON	Male 40-44		1:20:52	1:20:56
77.	290 Melodie MANNERS	Female 17-34	Hayle Runners	1:21:03	1:21:08
78.	347 Ross ATKINSON-BEA	Male 40-44	Cornwall AC	1:21:22	1:21:25
79.	671 Iain WALKER	Male 60-64	St Austell Running Club	1:21:42	1:21:45
80.	606 Steve ROBERTS	Male 55-59		1:21:49	1:21:54
81.	269 James Burch	Male 17-34		1:21:54	1:22:10
82.	276 Dylan MENDEZ-SCOT	Male 17-34	Newquay Road Runners	1:22:05	1:22:14
83.	597 Chris RAINFORD	Male 17-34		1:22:16	1:22:19
84.	598 Emma RAINFORD	Female 17-34		1:22:16	1:22:19
85.	89 Marc YOUNG	Male 45-49	Plymouth Musketeers	1:22:28	1:22:34
86.	389 Richard FOSTER	Male 45-49	Launceston Road Runners	1:22:32	1:22:35
87.	457 Freddie CARTER	Male 17-34	Wembley Pioneers	1:22:31	1:22:37
88.	233 Gem GALLANT	Female 17-34	Launceston Road Runners	1:22:28	1:22:41
89.	310 Jim MEDHURST	Male 40-44	Bere Alston Trekkers	1:23:02	1:23:09
90.	621 Mark SOWDEN	Male 35-39		1:23:06	1:23:16
91.	110 Stuart RICHARDS	Male 45-49	St Austell Running Club	1:23:14	1:23:18
92.	560 Neil KINGER	Male 35-39		1:23:14	1:23:20
93.	346 David ATKINSON-BE	Male 40-44	Cornwall AC	1:23:36	1:23:40

94.	681	Andy DEACON	Male 17-34	Looe Pioneers	1:23:41	1:23:46
95.	713	Matthew BALL	Male 45-49		1:23:44	1:23:49
96.	266	Cody BROBIN	Male 17-34	Newquay Road Runners	1:23:46	1:23:56
97.	119	Lee TAMBLING	Male 40-44	St Austell Running Club	1:23:52	1:23:56
98.	545	Richard HORN	Male 35-39		1:23:52	1:24:01
99.	60	Collette CLEMENTS	Female 35-39	Newquay Road Runners	1:24:10	1:24:12
100.	153	Gary WILLIAMS	Male 35-39	Looe Pioneers	1:24:14	1:24:16
101.	104	Stacie MARKS	Female 17-34	St Austell Running Club	1:24:16	1:24:19
102.	165	Tracy ELPHICK	Female 45-49	Teignbridge Trotters	1:24:19	1:24:26
103.	633	Soozie TRICE	Female 40-44	Tavistock AC	1:24:16	1:24:27
104.	284	Debbie HARRISON-W	Female 50-54	Hayle Runners	1:24:24	1:24:31
105.	622	Alan Kember	Male 60-64	Teignbridge Trotters	1:24:33	1:24:38
106.	175	Bon RYMEL	Male 35-39	Teignbridge Trotters	1:24:40	1:24:47
107.	705	Pam SOLOMON	Female 55-59	PB Running Club	1:24:49	1:24:53
108.	304	Paul ASHTON	Male 55-59	Bere Alston Trekkers	1:25:12	1:25:22
109.	208	Ben CRISPIN	Male 17-34		1:25:15	1:25:26
110.	396	Paul ANGOVE	Male 50-54	Mounts Bay Harriers	1:25:26	1:25:29
111.	286	Kaye Patterson	Female 17-34	East Cornwall Harriers	1:25:30	1:25:36
112.	708	Fiona MONTAGUE	Female 40-44	Tamar Trotters	1:25:30	1:25:36
113.	252	Michael HOOKWAY	Male 55-59	Just Jog Bideford	1:25:26	1:25:44
114.	106	Gary FIELDER	Male 35-39	Bere Alston Trekkers	1:25:45	1:25:52
115.	177	Derek SKINNER	Male 55-59	Teignbridge Trotters	1:26:16	1:26:23
116.	600	Ian RHODES	Male 40-44		1:26:19	1:26:27
117.	639	Barney WALTERS	Male 17-34		1:26:22	1:26:30
118.	279	Kelly WOODFINE-BE	Female 35-39	Newquay Road Runners	1:26:21	1:26:32
119.	414	Darren VICARY	Male 35-39	PB Running Club	1:26:32	1:26:38
120.	56	Paul BENNETT	Male 55-59	Plymouth Musketeers	1:26:49	1:26:54
121.	42	Keith SMITHERS	Male 35-39	Storm Running Plymouth	1:26:46	1:26:58
122.	709	Michael NEWCOMBE	Male 45-49	Torrington AAC	1:26:52	1:27:00
123.	352	Karen PASCOE	Female 50-54	Cornwall AC	1:27:03	1:27:11
124.	275	Tracy MCKENZIE	Female 40-44	Newquay Road Runners	1:27:17	1:27:27
125.	749	Andrew ELLIS	Male 45-49	Hayle Runners	1:27:24	1:27:33
126.	678	Paul WATSON	Male 40-44	Lonely Goats RC	1:27:41	1:27:43
127.	203	Ben SMITH	Male 35-39	Tamar Trotters	1:27:40	1:27:49
128.	30	David MCCARTHY	Male 17-34	Storm Running Plymouth	1:27:39	1:27:54
129.	710	Pru HARVEY	Female 40-44	Tri Logic Cornwall	1:27:54	1:28:02
130.	680	Sally CRABB	Female 40-44	Looe Pioneers	1:28:10	1:28:15
131.	264	Peter ALLEN	Male 60-64	Newquay Road Runners	1:28:15	1:28:18
132.	413	Martyn PROUSE	Male 40-44	PB Running Club	1:28:13	1:28:20
133.	51	Gary ALLBUTT	Male 50-54	Plymouth Musketeers	1:28:12	1:28:26
134.	599	Chris READE	Male 17-34		1:28:26	1:28:36
135.	728	Nigel Tucker	Male 40-44		1:28:35	1:28:43
136.	289	Steven MACLAREN	Male 50-54	Hayle Runners	1:28:34	1:28:44
137.	366	Ian CROSSLEY	Male 45-49	Erme Valley Harriers	1:28:58	1:29:03
138.	194	Mark TREBILCOCK	Male 55-59	Cornwall AC	1:29:12	1:29:16
139.	454	Liz TREBILCOCK	Female 55-59	Truro Running Club	1:29:12	1:29:16
140.	700	Melissa NICHOLAS	Female 17-34	Hayle Runners	1:29:15	1:29:24

141.	405	Mike ALLEN	Male 40-44	Ocean City RC	1:29:10	1:29:27
142.	160	Max CONROY	Male 17-34	Teignbridge Trotters	1:29:23	1:29:28
143.	424	Richard Atkinson	Male 50-54	Plymouth Harriers	1:29:21	1:29:29
144.	718	Natalie HALPIN	Female 40-44		1:29:19	1:29:30
145.	393	Claire WINFIELD	Female 50-54	Launceston Road Runners	1:29:22	1:29:35
146.	391	Peter MCAUGHEY	Male 50-54	Launceston Road Runners	1:29:24	1:29:36
147.	732	Jonathan MORCOM	Male 45-49	Storm Running Plymouth	1:29:28	1:29:40
148.	620	Kevin SMITH	Male 45-49		1:29:33	1:29:47
149.	367	Alison ENGLEDEW	Female 60-64	Erme Valley Harriers	1:29:46	1:29:53
150.	62	Tracey CULLERTON	Female 45-49	Plymouth Musketeers	1:29:50	1:29:59
151.	608	Alice ROBINSON	Female 17-34	Lonely Goats RC	1:30:07	1:30:07
152.	237	Katie SKEA	Female 40-44	Bodmin Road Runners	1:30:11	1:30:16
153.	612	Nick SHAPLAND	Male 45-49		1:30:06	1:30:21
154.	323	Andrew Sims	Male 50-54	East Cornwall Harriers	1:30:05	1:30:24
155.	344	Charlene MATTHEW	Female 17-34	City of Salisbury A & RC	1:30:10	1:30:34
156.	28	Greg MAY	Male 35-39	Carn Runners	1:30:09	1:30:34
157.	714	Nick BOORMAN	Male 17-34		1:30:17	1:30:40
158.	487	Guy BOSWELL	Male 55-59	Plymouth Musketeers	1:30:18	1:30:46
159.	619	Nicholas SLEMON	Male 45-49		1:30:18	1:30:49
160.	412	Jackie BRYDON	Female 50-54	PB Running Club	1:30:44	1:30:54
161.	361	Eric FOSTER	Male 65-69	Dawlish Coasters	1:30:38	1:30:55
162.	475	Karen BARNETT	Female 40-44		1:30:23	1:30:58
163.	585	Luke NICOLLE	Male 17-34		1:30:45	1:31:04
164.	130	Clive FINNIMORE	Male 40-44	Looe Pioneers	1:31:04	1:31:09
165.	246	Rachael WILSHER	Female 55-59	Bodmin Road Runners	1:31:10	1:31:14
166.	673	Debbie PROCTOR	Female 17-34	Teignbridge Trotters	1:31:16	1:31:23
167.	168	Kim KNIGHT	Female 45-49	Teignbridge Trotters	1:31:21	1:31:29
168.	458	Ben JACKLIN	Male 17-34	Wembley Pioneers	1:31:30	1:31:36
169.	446	Sarah HOLLAND	Female 45-49	Tavistock AC	1:31:40	1:31:51
170.	358	Adrian THORN	Male 17-34	CrossFit Kernow	1:31:34	1:31:52
171.	495	Martin CARTER	Male 50-54		1:31:18	1:31:55
172.	176	Sharon SHARPLES	Female 50-54	Teignbridge Trotters	1:31:47	1:31:58
173.	257	Jamie MEAD	Male 50-54	Just Jog Bideford	1:31:41	1:32:00
174.	538	Beth Ward	Female 17-34		1:31:39	1:32:11
175.	523	Amanda EVANS	Female 17-34		1:32:06	1:32:13
176.	35	Colin PALMER	Male 35-39	Storm Running Plymouth	1:32:03	1:32:15
177.	672	Karl WALKER	Male 55-59	St Austell Running Club	1:32:07	1:32:16
178.	285	Sean WEBB	Male 50-54	Hayle Runners	1:32:09	1:32:20
179.	623	Christopher SPENCE	Male 55-59		1:32:12	1:32:22
180.	77	Leila MATTHEWS	Female 40-44	Plymouth Musketeers	1:32:15	1:32:24
181.	445	Flo BRIDGES	Female 17-34	Taunton Running Club	1:32:39	1:32:43
182.	423	Rose HARVIE	Female 17-34	Plymouth Harriers	1:32:37	1:32:43
183.	174	Neil RUTLEY	Male 55-59	Teignbridge Trotters	1:32:49	1:32:56
184.	107	Gregg NORTON	Male 35-39	St Austell Running Club	1:32:15	1:33:00
185.	272	Mick DAVISON	Male 45-49	Newquay Road Runners	1:32:53	1:33:05
186.	291	Joanna BOWERY	Female 40-44	Lonely Goats RC	1:32:59	1:33:10
187.	635	Oliver TUCKETT	Male 35-39		1:33:03	1:33:14

188.	731	Tim MORAN	Male 35-39	Carn Runners	1:33:01	1:33:15
189.	688	Steven JENKIN	Male 45-49	Cornwall AC	1:33:08	1:33:16
190.	263	Tom CHAPMAN	Male 35-39	Brackley and District	1:33:31	1:33:41
191.	615	David SIMPSON	Male 55-59		1:33:42	1:33:46
192.	644	Lisa WHELL	Female 35-39		1:33:34	1:33:52
193.	507	Alexander COOPER	Male 40-44		1:33:32	1:33:57
194.	750	Dawn GREEN	Female 50-54		1:33:52	1:34:06
195.	223	Christopher NOTTLE	Male 17-34	East Cornwall Harriers	1:33:50	1:34:08
196.	164	Nathan ELPHICK	Male 45-49	Teignbridge Trotters	1:34:00	1:34:11
197.	675	Bob SMALL	Male 70-74	Teignbridge Trotters	1:34:02	1:34:12
198.	369	Katy MOGRIDGE	Female 55-59	Erme Valley Harriers	1:34:11	1:34:18
199.	721	Reece JACOBS	Male 17-34		1:34:02	1:34:18
200.	711	Matthew ANGELL	Male 17-34		1:34:03	1:34:19
201.	215	Jon HOARE	Male 50-54	East Cornwall Harriers	1:34:02	1:34:21
202.	297	Terry NOTTLE	Male 50-54	Lonely Goats RC	1:34:07	1:34:26
203.	169	Scott KNIGHT	Male 40-44	Teignbridge Trotters	1:34:16	1:34:27
204.	727	Gary LOWSON	Male 40-44		1:33:53	1:34:28
205.	388	Tim DIXON	Male 60-64	Launceston Road Runners	1:34:27	1:34:46
206.	22	Tom CHUDLEIGH	Male 17-34		1:34:29	1:34:54
207.	407	Laura RAWLINGS	Female 35-39	Ocean City RC	1:34:39	1:35:02
208.	486	Colin BOOTH	Male 50-54		1:34:41	1:35:02
209.	499	Richard CHANNING	Male 40-44		1:34:39	1:35:05
210.	21	Jaine HUDSON	Female 40-44	Storm Running Plymouth	1:34:54	1:35:08
211.	448	Olivia LANGMEAD	Female 45-49	Tavistock Tri	1:34:50	1:35:12
212.	712	Mitchell ARAM	Male 17-34		1:35:02	1:35:16
213.	235	Mike REED	Male 50-54	Bodmin Road Runners	1:35:12	1:35:26
214.	637	Will WAKEHAM	Male 45-49		1:35:23	1:35:31
215.	547	Rob Pick	Male 60-64	East Cornwall Harriers	1:35:29	1:35:38
216.	553	Steve JENKINS	Male 50-54		1:35:28	1:35:38
217.	555	Mark JONES	Male 45-49		1:35:10	1:35:39
218.	715	John BORROWS	Male 40-44		1:35:04	1:35:40
219.	241	Gemma VARE	Female 35-39	Bodmin Road Runners	1:35:26	1:35:41
220.	207	Trevor WILLIAMS	Male 60-64	Tamar Trotters	1:35:35	1:35:49
221.	232	Marty BARNFIELD	Male 45-49	Bodmin Road Runners	1:35:33	1:35:50
222.	265	David BECKER	Male 40-44	Newquay Road Runners	1:35:38	1:35:52
223.	484	Edyta BIELA	Female 35-39		1:35:46	1:35:54
224.	744	Martin ADAMS	Male 40-44	Forest of Dean AC	1:35:30	1:35:54
225.	471	Christopher BAILEY-L	Male 35-39		1:35:45	1:36:03
226.	260	Dave PROUSE	Male 35-39	Just Jog Bideford	1:35:46	1:36:04
227.	550	Mike IRWIN	Male 50-54		1:35:53	1:36:05
228.	703	Ryan DYMOND	Male 17-34	Mounts Bay Harriers	1:35:46	1:36:08
229.	302	Tanya ARGUE	Female 45-49	Bere Alston Trekkers	1:36:01	1:36:10
230.	588	Julie OXENHAM	Female 45-49	Bodmin Road Runners	1:35:55	1:36:10
231.	468	Ian ASPEN	Male 45-49		1:35:52	1:36:20
232.	287	Helen KNOWLES	Female 40-44	Hayle Runners	1:36:13	1:36:22
233.	14	Georgie FARR	Female 17-34	Storm Running Plymouth	1:36:09	1:36:23
234.	277	Ross TEMBY	Male 17-34	Newquay Road Runners	1:36:15	1:36:24

235.	564	Ollie LOBB	Male 17-34		1:36:04	1:36:32
236.	482	Alison BENSON	Female 55-59		1:36:35	1:36:42
237.	253	Andrew JEFFERY	Male 55-59	Just Jog Bideford	1:36:25	1:36:43
238.	135	Darren HARDWICK	Male 50-54	Looe Pioneers	1:36:30	1:36:47
239.	83	Mark SINCLAIR	Male 50-54	Plymouth Musketeers	1:36:47	1:37:01
240.	512	Jeff DAVIES	Male 70-74		1:36:51	1:37:07
241.	513	Warren DAVIES	Male 60-64		1:36:53	1:37:09
242.	506	Robert COMPTON	Male 17-34		1:36:52	1:37:11
243.	365	Rose BRALSFORD	Female 50-54	Erme Valley Harriers	1:37:02	1:37:19
244.	460	Michael TAVARONE	Male 17-34	Wembley Pioneers	1:37:21	1:37:27
245.	595	Callum PINCH	Male 17-34		1:37:07	1:37:30
246.	139	Robert KERNAGHAN	Male 45-49	Looe Pioneers	1:37:15	1:37:30
247.	456	Anita HUDSON	Female 45-49	Vegan Runners	1:37:19	1:37:33
248.	470	David AUSTIN	Male 35-39		1:37:35	1:37:49
249.	250	Rowan CHANIN	Female 17-34	Just Jog Bideford	1:37:36	1:37:55
250.	716	Jay CLATWORTHY	Male 45-49		1:38:01	1:38:16
251.	439	Steve MAY	Male 55-59	Slinn Allstars	1:37:57	1:38:17
252.	613	Mike SHARPE	Male 17-34		1:38:11	1:38:17
253.	134	Martin GREGORY	Male 50-54	Looe Pioneers	1:38:18	1:38:26
254.	530	Alex GOODENOUGH	Male 17-34		1:38:15	1:38:35
255.	226	Dan PUGH	Male 40-44	East Cornwall Harriers	1:38:25	1:38:37
256.	546	Charlene HOWARD	Female 17-34		1:38:35	1:38:39
257.	404	Patsy GOLDSTONE	Female 50-54	Nailsea Running Club	1:38:32	1:38:42
258.	575	Iain MOBBS	Male 45-49		1:38:38	1:38:52
259.	154	Mandy WOOLLETT	Female 45-49	Looe Pioneers	1:38:35	1:38:54
260.	664	Liz VETNON	Female 40-44	Plymouth Harriers	1:38:59	1:39:13
261.	292	Mark HAMILTON	Male 60-64	Lonely Goats RC	1:39:03	1:39:19
262.	374	Joanne BARRY	Female 45-49	JP Fitness Cornwall	1:38:53	1:39:20
263.	552	Anthony JANE	Male 17-34		1:38:54	1:39:25
264.	54	Phil BEES	Male 60-64	Plymouth Musketeers	1:39:00	1:39:27
265.	87	Mathew VOSPER	Male 45-49	Plymouth Musketeers	1:39:00	1:39:27
266.	172	Emma RAY	Female 40-44	Teignbridge Trotters	1:39:20	1:39:30
267.	498	Mark CHANNING	Male 17-34		1:39:15	1:39:41
268.	305	Lisa BIRCH	Female 50-54	Bere Alston Trekkers	1:39:13	1:39:51
269.	70	Rodney HILLEBRAND	Male 70-74	Plymouth Musketeers	1:39:49	1:40:02
270.	724	Oliver JONES	Male 40-44		1:39:51	1:40:04
271.	616	Lynne SKINNER	Female 35-39		1:39:37	1:40:13
272.	166	Ruth JOHNSON	Female 55-59	Teignbridge Trotters	1:40:03	1:40:14
273.	544	Jeremy HOOPER	Male 40-44		1:40:04	1:40:17
274.	65	Emma DUNNE	Female 40-44	Plymouth Musketeers	1:40:07	1:40:19
275.	224	Lucy OLDHAM	Female 40-44	East Cornwall Harriers	1:40:01	1:40:19
276.	455	David WILCOX	Male 40-44	Truro Running Club	1:40:12	1:40:22
277.	220	Jim LOCKYER	Male 60-64	East Cornwall Harriers	1:40:07	1:40:27
278.	34	Brendan PALMER	Male 40-44	Storm Running Plymouth	1:40:26	1:40:33
279.	86	Samantha TURNER	Female 50-54	Plymouth Musketeers	1:40:22	1:40:34
280.	736	Katrina WALKER	Female 45-49		1:40:09	1:40:39
281.	327	Vicki BARTLETT	Female 17-34	Bodmin Womens RC	1:40:24	1:40:45

282.	743	Andrew CAMERON	Male 35-39		1:40:23	1:40:46
283.	505	Nick COLLISTER	Male 55-59		1:40:46	1:40:46
284.	162	Dylan COOPER	Male 17-34	Teignbridge Trotters	1:40:37	1:40:49
285.	98	Patrick HAYNES	Male 55-59	St Austell Running Club	1:40:34	1:40:55
286.	80	Miranda RITCHIE	Female 50-54	Plymouth Musketeers	1:40:56	1:41:01
287.	528	David GAMBLE	Male 50-54		1:40:50	1:41:04
288.	92	Karina BOWERS	Female 40-44	St Austell Running Club	1:41:00	1:41:09
289.	318	David JACKSON	Male 45-49	Falmouth Road Runners	1:41:08	1:41:15
290.	330	Hayley MORGAN	Female 35-39	Bodmin Womens RC	1:40:44	1:41:17
291.	259	Leigh NEWCOMBE	Male 45-49	Just Jog Bideford	1:41:00	1:41:19
292.	536	Mark HARVIE	Male 50-54		1:41:14	1:41:19
293.	745	Clare Quarton	Female 17-34		1:40:52	1:41:24
294.	611	Nick SAUNDERS	Male 35-39		1:41:19	1:41:26
295.	255	Maddie LEWIS	Female 17-34	Just Jog Bideford	1:41:08	1:41:26
296.	151	Sam TANNER	Male 17-34	Looe Pioneers	1:41:09	1:41:29
297.	280	Richard BOUCHER	Male 50-54	Hayle Runners	1:41:13	1:41:34
298.	398	Robert BURROWS	Male 65-69	Mounts Bay Harriers	1:41:15	1:41:36
299.	109	Helen STEVENSON	Female 35-39	Bodmin Road Runners	1:41:22	1:41:37
300.	204	Jenny SMITH	Female 40-44	Tamar Trotters	1:41:17	1:41:38
301.	415	Nicola RUDGLEY	Female 45-49	Pitsea Running Club	1:41:28	1:41:42
302.	740	Ian WINNALL	Male 35-39	Storm Running Plymouth	1:41:18	1:41:45
303.	479	Ben BASTERFIELD	Male 40-44		1:41:18	1:41:48
304.	566	Jonathan LUKER	Male 35-39		1:41:20	1:41:50
305.	343	Janet WATSON	Female 65-69	Carn Runners	1:42:01	1:42:10
306.	217	Paul KELSEY	Male 40-44	East Cornwall Harriers	1:42:06	1:42:15
307.	376	Sharon KINSELLA	Female 40-44	JP Fitness Cornwall	1:41:56	1:42:20
308.	271	Sharon CHAPMAN	Female 45-49	Newquay Road Runners	1:42:08	1:42:21
309.	82	Natalie LEWIS	Female 35-39		1:42:19	1:42:27
310.	668	Chris WHIPP	Male 55-59	Plymouth Musketeers	1:42:05	1:42:34
311.	307	Shaun HINGSTON	Male 40-44	Bere Alston Trekkers	1:41:58	1:42:36
312.	159	Sue BROWN	Female 55-59	Teignbridge Trotters	1:42:26	1:42:37
313.	465	Jon ANDERSON	Male 45-49		1:42:23	1:42:45
314.	392	Louise WERRAN	Female 40-44	Launceston Road Runners	1:42:33	1:42:53
315.	116	Katherine STEVENS	Female 40-44	St Austell Running Club	1:42:37	1:42:56
316.	53	Andy BEES	Male 35-39	Plymouth Musketeers	1:42:39	1:43:01
317.	725	Joanne KENT	Female 40-44		1:42:31	1:43:02
318.	117	Paul STEVENS	Male 40-44	St Austell Running Club	1:43:09	1:43:09
319.	55	Deborah BENNETT	Female 50-54	Plymouth Musketeers	1:43:03	1:43:13
320.	476	Charlie BARTLETT	Male 17-34		1:42:54	1:43:15
321.	7	Damon BRUCE	Male 40-44	Storm Running Plymouth	1:42:49	1:43:18
322.	726	Gordon KIRKWOOD	Male 40-44		1:43:00	1:43:23
323.	73	Rebecca JOHNSON	Female 17-34	Plymouth Musketeers	1:43:04	1:43:27
324.	273	Des EVANS	Male 70-74	Newquay Road Runners	1:43:17	1:43:30
325.	303	Debbie ASHTON	Female 45-49	Bere Alston Trekkers	1:42:54	1:43:31
326.	670	Daniela WALKER	Female 45-49	St Austell Running Club	1:43:23	1:43:31
327.	527	Sean FURLONGER	Male 50-54		1:43:05	1:43:33
328.	170	Philip NORDEN	Male 60-64	Teignbridge Trotters	1:43:27	1:43:39

329.	314	Jackie COPE	Female 60-64	Falmouth Road Runners	1:43:23	1:43:40
330.	531	Jenna GOODENOUGH	Female 17-34		1:43:21	1:43:41
331.	534	Louise Rymel	Female 35-39		1:43:22	1:43:44
332.	492	Tracey BROWN	Female 40-44		1:43:17	1:43:54
333.	231	Claire BARLOW	Female 45-49	Bodmin Road Runners	1:43:40	1:43:55
334.	90	Debora CORNISH	Female 50-54	Storm Running Plymouth	1:43:42	1:43:57
335.	180	Eleanor TAYLOR	Female 60-64	Teignbridge Trotters	1:43:29	1:43:59
336.	586	Joeli NORMAN	Female 17-34		1:43:49	1:43:59
337.	685	Amanda PRICE	Female 40-44	Launceston Road Runners	1:43:45	1:44:07
338.	747	Lesley WESTGATE	Female 65-69	Taunton AC	1:44:05	1:44:11
339.	278	Sarah WILKINSON	Female 55-59	Newquay Road Runners	1:44:03	1:44:16
340.	48	Paul WHITMORE	Male 35-39	Storm Running Plymouth	1:44:03	1:44:18
341.	4	Jemma BOWDEN	Female 35-39	Storm Running Plymouth	1:44:03	1:44:18
342.	490	Chris BRADISH	Male 65-69		1:44:07	1:44:21
343.	274	Samantha JAYNE	Female 45-49	Newquay Road Runners	1:44:01	1:44:24
344.	293	Sarah HARRIS	Female 40-44	Lonely Goats RC	1:43:50	1:44:26
345.	583	Ellisha NICHOLAS	Female 35-39		1:44:19	1:44:28
346.	630	Kay TAYLOR	Female 45-49		1:44:19	1:44:29
347.	695	Lucy CAMPBELL	Female 17-34	Erme Valley Harriers	1:44:18	1:44:35
348.	556	Merlin KEATING	Male 45-49	St Austell Running Club	1:44:27	1:44:36
349.	738	Barbara WILSON	Female 45-49		1:44:20	1:44:42
350.	449	Louise CROCKER	Female 50-54	Team H RC Plymouth	1:44:06	1:44:42
351.	739	Claire COMBER	Female 50-54	Teignbridge Trotters	1:44:34	1:44:54
352.	114	Georgina SYMONS	Female 40-44	St Austell Running Club	1:44:46	1:44:55
353.	249	Nicola CANN	Female 17-34	Just Jog Bideford	1:44:42	1:45:01
354.	161	Tamsin COOK	Female 50-54	Teignbridge Trotters	1:44:49	1:45:01
355.	411	Kate WILSON	Female 55-59	Okehampton RC	1:44:33	1:45:03
356.	66	Dawn DYER	Female 60-64	Plymouth Musketeers	1:44:43	1:45:07
357.	379	Jane PETT	Female 40-44	JP Fitness Cornwall	1:44:47	1:45:11
358.	105	Melanie MASKELL	Female 50-54	St Austell Running Club	1:44:52	1:45:11
359.	362	Janet FOSTER	Female 65-69	Dawlish Coasters	1:45:11	1:45:29
360.	464	Ian AMES	Male 40-44		1:45:09	1:45:30
361.	335	Susan PENDLETON	Female 35-39	Callington Running Group	1:45:18	1:45:49
362.	618	Emma SLEMON	Female 45-49		1:45:17	1:45:49
363.	16	Daniel FOWELL	Male 45-49	Storm Running Plymouth	1:45:40	1:45:55
364.	520	Stephen EDWARDS	Male 17-34		1:45:50	1:46:01
365.	373	Sarah ARTHUR	Female 45-49	JP Fitness Cornwall	1:45:37	1:46:03
366.	524	Dean EVANS	Male 70-74		1:45:42	1:46:09
367.	704	Eleanor ELLISON	Female 60-64	Newquay Road Runners	1:45:59	1:46:11
368.	539	Abby HIGH	Female 17-34		1:45:48	1:46:18
369.	267	Kevin BURNETT	Male 65-69	Newquay Road Runners	1:46:17	1:46:45
370.	554	Lucy JEZARD	Female 17-34		1:46:49	1:46:58
371.	321	Robert WILLCOCKS	Male 60-64	Falmouth Road Runners	1:46:49	1:47:07
372.	697	Denise LYDALL	Female 50-54	Falmouth Road Runners	1:46:49	1:47:07
373.	210	Emma DALES	Female 55-59	East Cornwall Harriers	1:46:31	1:47:08
374.	610	Kirsty ROWE	Female 50-54		1:46:34	1:47:08
375.	348	Neil HAM	Male 50-54	JP Fitness Cornwall	1:46:52	1:47:16

376.	631 Ben Dutton	Male 17-34		1:46:47	1:47:19
377.	748 Richard WESTGATE	Male 65-69	Taunton AC	1:47:45	1:47:49
378.	156 Chris ANDREWS	Male 60-64	Teignbridge Trotters	1:47:40	1:47:51
379.	181 Sue TREMLETT	Female 55-59	Teignbridge Trotters	1:47:40	1:47:51
380.	650 Becky WILSON	Female 35-39		1:47:30	1:47:53
381.	526 Robert FORD	Male 40-44		1:47:21	1:47:55
382.	562 Samantha LINGGARD	Female 17-34		1:47:29	1:48:07
383.	182 Susanne WESTGATE	Female 55-59	Teignbridge Trotters	1:48:07	1:48:18
384.	72 Alex JESTY	Male 45-49	Plymouth Musketeers	1:47:54	1:48:19
385.	243 Francis VOSPER	Male 60-64	Bodmin Road Runners	1:47:59	1:48:20
386.	57 Kelly BRUMHEAD	Female 40-44	Plymouth Musketeers	1:47:58	1:48:24
387.	78 Cherry POWELL	Female 55-59	Plymouth Musketeers	1:47:58	1:48:24
388.	61 Anita CHAMBERS	Female 55-59	Plymouth Musketeers	1:48:02	1:48:26
389.	604 Jon ROBERTS	Male 35-39		1:48:04	1:48:29
390.	601 Lisa RICHARDSON	Female 35-39		1:48:22	1:48:41
391.	74 Bryan KING	Male 65-69	Plymouth Musketeers	1:48:20	1:48:47
392.	359 Sally CLARKE	Female 55-59	Dartmouth ACC	1:48:36	1:49:01
393.	141 Kirstie MAYWOOD	Female 50-54	Looe Pioneers	1:48:54	1:49:10
394.	127 Linda CUFF	Female 50-54	Looe Pioneers	1:48:54	1:49:10
395.	607 Andy ROBERTS	Male 35-39		1:48:46	1:49:12
396.	360 Marie JONES	Female 70-74	Dartmouth ACC	1:48:49	1:49:14
397.	577 Catherine Sims	Female 45-49	Tamar Trotters	1:48:43	1:49:17
398.	179 Tyler SMITH	Male 17-34	Teignbridge Trotters	1:49:45	1:49:51
399.	632 Steve TREAGUST	Male 40-44		1:49:36	1:50:05
400.	317 Pete HIGHAM	Male 60-64	Falmouth Road Runners	1:49:45	1:50:06
401.	320 Susan POWELL	Female 45-49	Falmouth Road Runners	1:49:46	1:50:06
402.	543 Julie HOGAN	Female 50-54	East Cornwall Harriers	1:49:42	1:50:10
403.	378 Jo MINERS	Female 40-44	JP Fitness Cornwall	1:49:53	1:50:21
404.	521 Lynne EGGINTON	Female 40-44		1:49:53	1:50:21
405.	350 Richard JENKIN	Male 75-79	Cornwall AC	1:50:03	1:50:35
406.	20 Nicholas HORTON	Male 17-34	Storm Running Plymouth	1:50:00	1:50:41
407.	422 Michelle CARTLIDGE	Female 17-34	Plymouth Harriers	1:50:06	1:50:42
408.	229 Sarah STEED	Female 45-49	East Cornwall Harriers	1:50:13	1:50:45
409.	559 Jeannette KING	Female 45-49		1:50:24	1:50:46
410.	438 Tom HOWARD	Male 17-34	Run Crew Falmouth	1:50:25	1:50:58
411.	381 Samuel LEDSHAM	Male 45-49	Kenilworth Runners	1:50:26	1:51:03
412.	629 Arlene Powell	Female 35-39	Tamar Trotters	1:50:38	1:51:13
413.	563 Andrew LLOYD	Male 35-39		1:50:39	1:51:17
414.	334 Sarah-Louise Deakin	Female 17-34	Tamar Trotters	1:50:44	1:51:18
415.	242 Katrina VERRAN	Female 40-44	Bodmin Road Runners	1:50:59	1:51:20
416.	493 Janie BUCKLEY	Female 45-49		1:51:09	1:51:26
417.	196 Julia MANSELL	Female 55-59	Tamar Trotters	1:51:11	1:51:27
418.	682 Brendon LEEDS	Male 40-44		1:50:59	1:51:31
419.	461 King DIGGENS	Male 40-44	Woking AC	1:51:00	1:51:32
420.	13 Keith COULING	Male 35-39	Storm Running Plymouth	1:50:55	1:51:37
421.	251 Nicky HEDDEN	Female 45-49	Just Jog Bideford	1:51:25	1:51:43
422.	202 Simon RYAN	Male 40-44	Tamar Trotters	1:51:25	1:52:02

423.	244	Nicola VOSPER	Female 60-64	Bodmin Road Runners	1:51:59	1:52:15
424.	328	Jo Ellis	Female 40-44		1:52:03	1:52:23
425.	542	Grace HOGAN	Female 17-34		1:52:13	1:52:26
426.	558	Ceri-ann KINCH	Female 35-39		1:52:04	1:52:34
427.	67	Dana EYRE	Female 45-49	Plymouth Musketeers	1:52:11	1:52:38
428.	84	Sarah-jane SINCLAIR	Female 50-54	Plymouth Musketeers	1:52:13	1:52:38
429.	38	Liza PEFFERS	Female 35-39	Storm Running Plymouth	1:52:46	1:53:02
430.	192	Sally HILLS	Female 60-64	Tamar Trotters	1:52:55	1:53:12
431.	309	Karen Sims	Female 50-54	East Cornwall Harriers	1:52:43	1:53:13
432.	730	Ruby MITCHELL	Female 17-34		1:53:12	1:53:22
433.	640	Poppy WALTERS	Female 17-34		1:53:18	1:53:27
434.	313	Sarah BOOKER	Female 45-49	Falmouth Road Runners	1:52:59	1:53:30
435.	193	Sally JOHNSTON	Female 55-59	Tamar Trotters	1:53:08	1:53:38
436.	198	Diana NICHOLSON	Female 55-59	Tamar Trotters	1:53:20	1:53:50
437.	638	Sioned Parry-Rudlin	Female 45-49		1:53:25	1:53:58
438.	205	Linda TOUT	Female 70-74	Tamar Trotters	1:53:44	1:53:59
439.	125	Geraldine BOWDEN	Female 60-64	Looe Pioneers	1:53:33	1:54:05
440.	541	Nikki HOBBS	Female 45-49		1:53:44	1:54:15
441.	591	Wendy PERKS	Female 50-54		1:53:44	1:54:15
442.	567	Kirsty Down	Female 17-34		1:53:53	1:54:24
443.	698	Sarah BARKER	Female 40-44	Harrys Rainbow Runners	1:54:11	1:54:33
444.	311	Kate MEDHURST	Female 35-39	Bere Alston Trekkers	1:54:03	1:54:42
445.	565	Zoe LOTEN	Female 17-34		1:54:14	1:54:43
446.	419	Helen PERRY-SMITH	Female 17-34	Plymouth Coasters	1:54:12	1:54:52
447.	418	Katie DURRELL	Female 45-49	Plymouth Coasters	1:54:13	1:54:52
448.	101	Paul HUGHES	Male 40-44	St Austell Running Club	1:54:45	1:54:58
449.	406	Sean RAFTON	Male 45-49	Ocean City RC	1:54:27	1:55:00
450.	100	Natercia HUGHES	Female 40-44	St Austell Running Club	1:54:50	1:55:03
451.	579	Simon Barrett	Male 55-59	Instinctive Sports	1:54:45	1:55:15
452.	157	Corinne BRIGHT	Female 45-49	Teignbridge Trotters	1:55:04	1:55:16
453.	12	Michael COMPTON	Male 40-44	Storm Running Plymouth	1:54:55	1:55:20
454.	572	Sophie MICEK	Female 17-34		1:54:49	1:55:22
455.	569	Rebecca MCDONNELL	Female 17-34		1:55:00	1:55:23
456.	296	Paul MCDONNELL	Male 35-39	Lonely Goats RC	1:55:00	1:55:24
457.	641	Kelly Stevens	Female 45-49	Falmouth Road Runners	1:55:02	1:55:34
458.	387	John BARNES	Male 55-59	Launceston Road Runners	1:55:19	1:55:41
459.	143	Gary OSWALD	Male 65-69	Looe Pioneers	1:55:02	1:55:44
460.	18	Gary HALLETT	Male 40-44	Storm Running Plymouth	1:55:37	1:55:53
461.	375	Hollie HALLIBONE	Female 17-34	JP Fitness Cornwall	1:55:25	1:55:53
462.	394	Craig LOACH	Male 50-54	Leicester Tri Club	1:55:58	1:55:58
463.	674	Kay SHILLABEER	Female 45-49	Teignbridge Trotters	1:55:47	1:55:58
464.	209	Gail CORY	Female 50-54	East Cornwall Harriers	1:55:30	1:56:00
465.	281	Trevor CORNISH	Male 50-54	Hayle Runners	1:55:42	1:56:03
466.	254	Verity LAMERTON	Female 45-49	Just Jog Bideford	1:55:53	1:56:12
467.	316	Rachel FLANAGAN	Female 50-54	Falmouth Road Runners	1:56:03	1:56:21
468.	626	Anna STURTRIDGE	Female 35-39		1:55:53	1:56:26
469.	571	Shaun MELLOW	Male 17-34		1:55:52	1:56:26

470.	582	Anna NAVAS	Female 50-54		1:55:59	1:56:28
471.	371	Denise BETTEY	Female 17-34	Instinctive Sports	1:55:58	1:56:28
472.	653	Siobhan YATES	Female 45-49		1:56:00	1:56:35
473.	197	Samantha MANSFIELD	Female 50-54	Tamar Trotters	1:56:08	1:56:39
474.	390	Nicola HICKS	Female 40-44	Launceston Road Runners	1:56:22	1:56:43
475.	236	Nichola SINCLAIR	Female 50-54	Bodmin Road Runners	1:56:35	1:56:57
476.	609	Peter ROUGHTON	Male 17-34		1:56:49	1:57:01
477.	225	Nikki PRITCHARD	Female 40-44	East Cornwall Harriers	1:56:31	1:57:03
478.	227	Kathryn ROWE	Female 40-44	East Cornwall Harriers	1:56:31	1:57:07
479.	214	Sandra HAYNES	Female 50-54	East Cornwall Harriers	1:56:38	1:57:09
480.	596	Karla PURTILL	Female 17-34		1:57:05	1:57:29
481.	514	Sam DAY	Female 35-39		1:57:05	1:57:37
482.	85	Dona TURNER	Female 40-44	Plymouth Musketeers	1:57:42	1:58:07
483.	76	Raegan LEATHER	Female 17-34	Plymouth Musketeers	1:57:42	1:58:07
484.	137	David HOTCHKISS	Male 60-64	Looe Pioneers	1:57:54	1:58:16
485.	155	Paul WRIGHT	Male 70-74	Looe Pioneers	1:58:01	1:58:39
486.	568	Michelle MCCALLUM	Female 17-34		1:57:58	1:58:42
487.	113	Abbie SMITH	Female 17-34	St Austell Running Club	1:57:56	1:58:43
488.	103	Emma LAWRY	Male 40-44	St Austell Running Club	1:58:07	1:58:43
489.	140	Tamsyn KINVER	Female 17-34	Looe Pioneers	1:58:36	1:59:04
490.	357	Jonny STEPHENSON	Male 17-34	CrossFit Kernow	1:58:36	1:59:05
491.	463	Stephen ALLMAN	Male 17-34		1:58:23	1:59:05
492.	386	Abi WEBB	Male 17-34	Kingsway Runners	1:58:40	1:59:15
493.	306	Natasha HINGSTON	Female 45-49	Bere Alston Trekkers	1:59:02	1:59:41
494.	45	Heather TAYLOR	Female 40-44	Storm Running Plymouth	1:59:07	1:59:41
495.	325	Martyn THREADER	Male 55-59	Baffins Fit Club	1:59:27	1:59:45
496.	324	Neil PRIDDLE	Male 45-49	Baffins Fit Club	1:59:39	1:59:56
497.	39	Mark PYSDEN	Male 35-39	Storm Running Plymouth	1:59:34	1:59:59
498.	410	Katy SPEAK	Female 55-59	Okehampton RC	1:59:41	2:00:11
499.	733	Sommer PARRY	Female 17-34		1:59:46	2:00:16
500.	720	Lucas HOCKING	Male 17-34		1:59:47	2:00:16
501.	199	Mark PASCOE	Male 50-54	Tamar Trotters	1:59:59	2:00:36
502.	587	Hayley NUGENT	Female 40-44		2:00:11	2:00:54
503.	676	Lianne MAYES	Female 17-34	Lonely Goats RC	2:00:18	2:01:04
504.	337	Sarah CHOAK	Female 50-54	Carn Runners	2:00:46	2:01:20
505.	409	Carole CORNWALL	Female 50-54	Okehampton RC	2:01:01	2:01:32
506.	349	Jacqueline JENKIN	Female 70-74	Cornwall AC	2:01:04	2:01:37
507.	216	Samantha HUNKIN	Female 45-49	East Cornwall Harriers	2:01:25	2:02:06
508.	213	Ray GOODRIGHT	Male 70-74	East Cornwall Harriers	2:01:25	2:02:07
509.	248	Darren ARULVASAGAN	Male 45-49	East Cornwall Harriers	2:01:32	2:02:14
510.	40	Summer RUNNER	Female 40-44	Storm Running Plymouth	2:02:00	2:02:16
511.	535	Laura HARVIE	Female 17-34		2:01:43	2:02:22
512.	421	Oilly TAYLER	Male 45-49	Plymouth Coasters	2:01:44	2:02:24
513.	354	Jenni BAKER	Female 50-54	Crediton Running Network	2:02:01	2:02:39
514.	355	Keith BAKER	Male 50-54	Crediton Running Network	2:02:01	2:02:40
515.	420	Trudi ROWE	Female 50-54	Plymouth Coasters	2:02:07	2:02:46
516.	589	Paul PATTERSON	Male 60-64		2:02:28	2:02:48

517.	647	Carl WILLIAMS	Male 45-49		2:02:53	2:03:02
518.	329	Debbie KELLY	Female 45-49	Bodmin Womens RC	2:02:40	2:03:15
519.	549	Victoria HUTCHINSO	Male 45-49		2:02:40	2:03:15
520.	574	Paul MILSOM	Male 40-44		2:03:03	2:03:40
521.	49	Natalie WILKINS	Female 40-44	Storm Running Plymouth	2:03:00	2:03:43
522.	282	Sam EDMUNDS	Male 45-49	Hayle Runners	2:03:00	2:03:43
523.	295	Claire HATWELL	Female 35-39	Lonely Goats RC	2:03:39	2:03:52
524.	397	Julie BOLITHO	Female 50-54	Mounts Bay Harriers	2:03:47	2:04:03
525.	667	Mel KINGDOM-ANDI	Female 40-44	Plymouth Musketeers	2:03:45	2:04:10
526.	240	Lesley TAPHOUSE	Female 55-59	Bodmin Road Runners	2:03:35	2:04:11
527.	44	Kelly SPENCE	Female 35-39	Storm Running Plymouth	2:03:34	2:04:18
528.	437	Kerry HODGSON	Female 17-34	Run Bitch Run	2:03:41	2:04:22
529.	238	Deirdre SMITH	Female 50-54	Bodmin Road Runners	2:03:53	2:04:29
530.	63	Vicki DUNN	Female 40-44	Plymouth Musketeers	2:04:09	2:04:34
531.	112	Rebecca SHORE	Female 50-54	St Austell Running Club	2:04:04	2:04:40
532.	636	Charmaine TULLY	Female 17-34		2:04:07	2:04:41
533.	693	Tim FUGE	Male 17-34		2:04:12	2:04:43
534.	184	Justine ARMSTRONG	Female 50-54	Tamar Trotters	2:04:12	2:04:49
535.	58	Elizabeth BUCKMAN	Female 40-44	Plymouth Musketeers	2:04:30	2:04:56
536.	47	Kim WATKINS	Female 45-49	Storm Running Plymouth	2:04:18	2:05:01
537.	26	Alexandra LEAN	Female 45-49	Storm Running Plymouth	2:04:21	2:05:02
538.	15	James FARR	Male 60-64	Storm Running Plymouth	2:04:19	2:05:02
539.	614	Claire SIBLEY	Female 17-34		2:04:29	2:05:09
540.	592	Lesley PERRING	Female 40-44		2:04:31	2:05:12
541.	533	Faye GRAY	Female 40-44		2:04:47	2:05:20
542.	691	Sandy JAMIESON	Female 65-69	Carn Runners	2:05:15	2:05:49
543.	692	Margaret WADE	Female 65-69	Carn Runners	2:05:21	2:05:56
544.	519	Sarah EDDY	Female 17-34		2:05:33	2:05:57
545.	516	Katy DUCKER	Female 17-34		2:05:34	2:05:57
546.	68	Claire HERBERT	Female 45-49	Plymouth Musketeers	2:05:32	2:05:59
547.	120	Christine TODD	Female 55-59	St Austell Running Club	2:05:30	2:06:16
548.	95	Samantha EWART	Female 45-49	St Austell Running Club	2:05:32	2:06:18
549.	497	Pam CHADWICK	Female 55-59		2:06:02	2:06:30
550.	690	Judy JAMESON	Female 60-64	Carn Runners	2:06:01	2:06:35
551.	81	Jasmine ROBINSON	Female 17-34	Plymouth Musketeers	2:06:23	2:06:50
552.	50	Emma ALEE	Female 40-44	Plymouth Musketeers	2:06:27	2:06:54
553.	701	Christina Lake	Female 60-64	Falmouth Road Runners	2:06:48	2:07:19
554.	573	Melanie MILFORD	Female 35-39		2:06:51	2:07:29
555.	301	Rachel VOWLES	Female 50-54	Lonely Goats RC	2:06:53	2:07:31
556.	97	Tom Edie	Male 35-39		2:07:16	2:07:49
557.	581	Andy MUMFORD	Male 40-44		2:09:21	2:09:43
558.	649	Nick WILLIAMSON	Male 55-59		2:09:44	2:10:06
559.	191	Ann FOSTER	Female 70-74	Tamar Trotters	2:09:42	2:10:20
560.	298	Natalie STONE	Female 35-39	Lonely Goats RC	2:09:40	2:10:24
561.	340	Mike MACK	Male 70-74	Carn Runners	2:11:38	2:12:13
562.	8	Charlie CARLYLE	Female 40-44	Storm Running Plymouth	2:11:36	2:12:19
563.	6	Tanisha BRANDON	Female 17-34	Storm Running Plymouth	2:11:36	2:12:19

564.	529	Maggie GINGER	Female 45-49		2:12:50	2:13:31
565.	333	Lee-ann TAYLOR	Female 40-44	Bude Rats	2:12:51	2:13:31
566.	382	Edwina DANKS	Female 17-34	Kingsway Runners	2:13:28	2:14:03
567.	702	Simona MIHAI	Female 35-39	Kingsway Runners	2:13:30	2:14:06
568.	122	Lorraine WHERRY	Female 55-59	St Austell Running Club	2:13:21	2:14:07
569.	31	Kelly MINHINICK	Female 35-39	Storm Running Plymouth	2:14:25	2:15:12
570.	29	Shelley MARTIN	Female 40-44	Storm Running Plymouth	2:14:28	2:15:15
571.	741	Stephen POWELL-TH	Male 50-54		2:15:00	2:15:43
572.	532	Melanie GRANT	Female 45-49		2:15:00	2:15:44
573.	662	Sharon BECKENKRAC	Female 50-54	Plymouth Harriers	2:15:06	2:15:45
574.	663	Penny HADFIELD-BEI	Female 50-54	Plymouth Harriers	2:15:06	2:15:46
575.	201	Karen RYAN	Female 40-44	Tamar Trotters	2:15:16	2:15:54
576.	624	Barry STANFORD	Male 70-74		2:15:28	2:16:13
577.	478	Theresa BASSETT	Female 55-59		2:15:28	2:16:13
578.	218	David LEAN	Male 55-59	East Cornwall Harriers	2:15:29	2:16:13
579.	268	Jane CAFF	Female 55-59	Newquay Road Runners	2:15:41	2:16:17
580.	147	Kathy SAUNDERS	Female 65-69	Looe Pioneers	2:15:41	2:16:18
581.	509	Emma CROSLEY	Female 45-49		2:16:39	2:17:18
582.	489	Sophie BOXALL	Female 40-44		2:16:40	2:17:19
583.	75	Louise KING	Female 55-59	Plymouth Musketeers	2:17:00	2:17:27
584.	578	Bethany MORGAN	Female 17-34		2:17:01	2:17:27
585.	666	Joanne JEFFORD	Female 45-49	Plymouth Musketeers	2:17:02	2:17:28
586.	462	Rebecca ALLMAN	Female 17-34		2:16:59	2:17:41
587.	245	Craig WELCH	Male 35-39	Bodmin Road Runners	2:17:12	2:17:47
588.	152	Julie ATHERTON	Female 50-54	Bodmin road Runners	2:17:42	2:18:18
589.	124	Angela YATES	Female 60-64	St Austell Running Club	2:17:47	2:18:33
590.	722	Marianne JARVIS	Female 40-44		2:18:01	2:18:37
591.	9	Helen CHILDS	Female 45-49	Storm Running Plymouth	2:18:30	2:19:13
592.	2	Andrea ANSTEY	Female 35-39	Storm Running Plymouth	2:18:30	2:19:14
593.	401	Gillian SILVERTHORN	Female 55-59	Mounts Bay Harriers	2:19:11	2:19:39
594.	511	Paula DALE	Female 45-49		2:19:35	2:20:12
595.	11	Ginny COMPTON	Female 45-49	Storm Running Plymouth	2:22:41	2:23:05
596.	299	Victoria THOMAS	Female 40-44		2:22:49	2:23:30
597.	46	Paula TURNER	Female 50-54	Storm Running Plymouth	2:23:00	2:23:42
598.	496	Nikki CHADWICK	Female 17-34		2:23:24	2:23:52
599.	71	Kate HOWARD	Female 60-64	Plymouth Musketeers	2:23:42	2:24:08
600.	59	Donna BURKE	Female 55-59	Plymouth Musketeers	2:23:43	2:24:08
601.	43	Louise SOWDEN	Female 17-34	Storm Running Plymouth	2:23:36	2:24:18
602.	27	Justin LOCKE	Male 40-44	Storm Running Plymouth	2:23:35	2:24:18
603.	10	Clare COLLINGS	Female 17-34	Storm Running Plymouth	2:23:37	2:24:18
604.	17	Lorraine GILES	Female 60-64	Storm Running Plymouth	2:23:32	2:24:19
605.	383	Sally HOBART	Female 35-39	Kingsway Runners	2:23:55	2:24:30
606.	385	Kerry STENNER	Female 35-39	Kingsway Runners	2:23:55	2:24:30
607.	501	Lyn COGLEY	Female 50-54		2:26:27	2:27:14
608.	23	Becki LANE	Female 45-49	Storm Running Plymouth	2:26:28	2:27:15
609.	651	Gemma WOTHERSP	Female 35-39		2:27:51	2:28:28
610.	108	Madelaine BLIGHT	Female 60-64	St Austell Running Club	2:28:25	2:29:12

611.	123 Janet WILLS	Female 65-69	St Austell Running Club	2:31:38	2:32:24
612.	32 Tracey MUDFORD	Female 40-44	Storm Running Plymouth	2:32:37	2:33:19
613.	1 Helen AMBROSE	Female 45-49	Storm Running Plymouth	2:32:37	2:33:19
614.	262 Kathryn SMITH	Female 50-54	Just Jog Bideford	2:35:04	2:35:50
615.	258 Michelle MEAD	Female 50-54	Just Jog Bideford	2:35:04	2:35:50
616.	145 Shaun PENGELLY	Male 55-59	Looe Pioneers	2:36:17	2:36:51
617.	576 Richard MOORE	Male 75-79		2:36:12	2:36:59
618.	341 John MATTHEWS	Male 80+	Carn Runners	2:36:20	2:37:06
619.	88 Darren WILLIAMS	Male 45-49	Plymouth Musketeers	2:36:46	2:37:29
620.	144 Lynne OVERD	Female 55-59	Looe Pioneers	2:39:45	2:40:25
621.	33 Mandy OSTENFELDT	Female 55-59	Storm Running Plymouth	2:41:32	2:42:18
622.	3 Cathryn BONNEY	Female 40-44	Storm Running Plymouth	2:41:33	2:42:20
623.	707 Steve NEAL	Male 60-64	Storm Running Plymouth	2:44:02	2:44:50
624.	261 Megan SAUNDERS	Female 17-34	Just Jog Bideford	2:44:45	2:45:30
625.	129 Tania ELLIOTT	Female 45-49	Looe Pioneers	2:44:43	2:45:32
626.	133 Julie GREGORY	Female 50-54	Looe Pioneers	2:44:45	2:45:34
627.	551 Richard IVESON	Male 35-39		2:46:13	2:46:13
628.	473 Ashley BAKER	Male 50-54		2:46:16	2:46:16
629.	148 Phil SHEPLEY	Male 40-44	Looe Pioneers	2:46:16	2:46:16
630.	485 Jack BLACKMORE	Male 17-34		2:46:17	2:46:17