

# Trepolpen Seythin 10k - 2023

## Overall Results

Place	Bib	Name	AG	Club	ChipTime	GunTime
<b>Trepolpen Seythin 10k - 2023</b>						
1	258	Jacob Landers	Male Under 35	Tamar Trotters	0:37:20	0:37:21
2	293	Steve Reynolds	Male 35-39	Truro Running Club	0:40:28	0:40:30
3	271	Simon Morse	Male Under 35	East Cornwall Harriers	0:41:02	0:41:03
4	318	David Tregonning	Male Under 35	St Austell Running Club	0:41:39	0:41:41
5	328	James Youlden	Male 40-44	St Austell Running Club	0:41:41	0:41:43
6	269	Louise Mitchell	Female Under 35	Truro Running Club	0:42:07	0:42:08
7	239	Jacob Gardner	Male Under 35	Hayle Runners	0:42:48	0:42:50
8	237	Liam Gallantry	Male Under 35	East Cornwall Harriers	0:43:21	0:43:24
9	255	Antony Jarvis	Male 50-54	St Austell Running Club	0:44:04	0:44:06
10	252	Brett Jackson	Male 35-39	St Austell Running Club	0:44:23	0:44:27
11	228	Mike Dowrick	Male 50-54	Cornwall AC	0:45:25	0:45:27
12	217	Olivia Carthew	Female Under 35	Newquay & Par AC	0:46:11	0:46:14
13	208	Noah Bohge	Male Under 35	Truro Running Club	0:46:35	0:46:37
14	262	Lucy Longbottom	Female Under 35	Truro Running Club	0:46:40	0:46:43
15	304	Robert Standing	Male 50-54	Truro Running Club	0:46:47	0:46:50
16	312	Jo Temple	Female Under 35	Truro Running Club	0:47:08	0:47:10
17	322	Denzil Williams	Male 50-54	St Austell Running Club	0:47:08	0:47:12
18	315	Joseph Thomson	Male 35-39	Launceston Road Runners	0:47:18	0:47:26
19	233	Clive Finnimore	Male 45-49	Looe Pioneers Running Club	0:47:38	0:47:41
20	281	Bradley Parsons	Male Under 35	PB Running Club	0:47:53	0:47:56
21	290	Lisa Picton	Female 45-49	East Cornwall Harriers	0:47:57	0:48:00
22	298	Michael Rooney	Male 35-39	Truro Running Club	0:47:58	0:48:01
23	224	Jason Crossman	Male 45-49	East Cornwall Harriers	0:48:16	0:48:21
24	246	Craig Harper	Male 45-49	Bude Rats (Run and Tri)	0:48:19	0:48:23
25	216	Kevin Bunkum	Male Under 35		0:48:21	0:48:24
26	277	Liam O'Neill	Male 35-39	Hayle Runners	0:48:26	0:48:29
27	220	Richard Chynoweth	Male 40-44	Truro Running Club	0:48:27	0:48:29
28	244	Thomas Halton	Male Under 35	St Austell Running Club	0:48:30	0:48:35
29	213	Jeremy Brown	Male 50-54	Bude Rats (Run and Tri)	0:48:32	0:48:36
30	230	Jon Eldon	Male 60-64	Hayle Runners	0:49:26	0:49:29
31	323	Edward Williamson-Smit	Male Under 35		0:49:35	0:49:38
32	242	Ian Gronwalt	Male 55-59	St Austell Running Club	0:49:55	0:49:57
33	289	John Picton	Male 40-44	East Cornwall Harriers	0:50:19	0:50:24
34	279	Simon Parry	Male 50-54		0:50:41	0:50:43
35	274	Caitlin Mulroy	Female Under 35	Plymouth Harriers	0:51:04	0:51:08
36	250	Frazer Humbles	Male 40-44	Hayle Runners	0:51:22	0:51:28
37	264	Stacie Marks	Female Under 35	St Austell Athletes Running Club	0:51:44	0:51:48
38	270	Helen Morse	Female 35-39	East Cornwall Harriers	0:51:54	0:51:56
39	311	Ian Temple	Male 55-59	Bodmin Road Runners	0:52:18	0:52:22
40	301	Ian Savigar	Male 60-64	East Cornwall Harriers	0:52:34	0:52:41
41	308	Claire Stone	Female 45-49		0:52:38	0:52:43
42	302	Kevin Silver	Male 55-59	Hayle Runners	0:52:48	0:52:55
43	283	Kaye Patterson	Female 35-39	East Cornwall Harriers	0:53:35	0:53:38
44	240	Mike Gilbert	Male 35-39	Launceston Road Runners	0:53:44	0:53:48
45	211	Rosie Bradbury	Female 35-39	Falmouth Road Runners	0:53:53	0:53:57
46	292	Nigel Reddicliffe	Male 55-59	Launceston Road Runners	0:54:10	0:54:16
47	253	Andrew James	Male 40-44	Hayle Runners	0:54:16	0:54:22
48	268	Helen Mitchell	Female 55-59	Truro Running Club	0:54:26	0:54:32
49	207	Debbie Bindon	Female Under 35		0:54:37	0:54:47

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Place	Bib	Name	AG	Club	ChipTime	GunTime
50	330	James Forbes	Male 40-44	Perran Trail Runners	0:55:08	0:55:14
51	303	David Simpson	Male 60-64		0:55:20	0:55:25
52	310	Alison Temple	Female 60-64	Bodmin Road Runners	0:55:22	0:55:26
53	225	Revis Crowle	Female 60-64	East Cornwall Harriers	0:55:23	0:55:28
54	272	Frazer Mountford	Male 40-44	Newquay Road Runners	0:55:31	0:55:36
55	203	Dan Beaver	Male Under 35		0:55:35	0:55:48
56	200	Peter Allen	Male 65-69	Newquay Road Runners	0:55:48	0:55:53
57	215	Edward Buckingham	Male 50-54		0:55:54	0:56:00
58	232	Andrew Ferguson	Male 55-59	Truro Running Club	0:56:24	0:56:29
59	309	John Sudell	Male 65-69	East Cornwall Harriers	0:56:34	0:56:43
60	305	Lee Stewart	Male 45-49		0:57:11	0:57:21
61	235	Vicky Fleet	Female 45-49	Falmouth Road Runners	0:57:27	0:57:31
62	205	Martyn Beswetherick	Male 50-54		0:57:26	0:57:36
63	248	Jon Hoare	Male 55-59	East Cornwall Harriers	0:57:39	0:57:49
64	276	Meeta Nicholls	Female 45-49	East Cornwall Harriers	0:57:42	0:57:51
65	334	Sarah Wilkinson	Female 60-64	Newquay Road Runners	0:58:23	0:58:28
66	251	Stephen Hutchinson	Male 70-74	Bude Rats (Run and Tri)	0:58:23	0:58:28
67	286	Martin Perry	Male 40-44		0:59:23	0:59:37
68	261	Christopher Lee	Male 50-54		0:59:46	0:59:49
69	320	Alison Weir	Female 50-54	Falmouth Road Runners	1:00:08	1:00:14
70	234	Miranda Flannigan	Female 50-54	Cornwall AC	1:00:10	1:00:17
71	329	Jennifer Forbes	Female 35-39	Hayle Runners	1:00:35	1:00:43
72	256	Lucy Kerr	Female Under 35		1:00:52	1:00:59
73	306	Eoin Stockdale	Male 50-54	Carn Runners	1:01:50	1:01:59
74	206	Kelly Bills	Female 45-49	Carn Runners	1:02:22	1:02:29
75	317	Steve Tregidgo	Male 40-44	St Austell Running Club	1:02:30	1:02:36
76	332	Sarah Holland	Female 45-49	Tavistock AC	1:02:50	1:02:55
77	204	Sam Behennah	Male Under 35		1:02:46	1:03:01
78	319	Aleisha Viggers	Female Under 35	Launceston Road Runners	1:03:05	1:03:12
79	241	Marlene Grobler	Female 40-44	Carn Runners	1:04:10	1:04:21
80	297	James Rooney	Male 60-64	Bude Rats (Run and Tri)	1:04:37	1:04:42
81	295	Janet Ritchie	Female 60-64	Carn Runners	1:04:47	1:04:54
82	285	Chunky Penhaul	Male 75-79	Hayle Runners	1:04:45	1:04:54
83	236	Hannah Fullalove	Female Under 35		1:05:48	1:05:57
84	226	James Danks	Male 40-44	Falmouth Road Runners	1:06:30	1:06:41
85	287	Dave Pickard	Male 60-64	Launceston Road Runners	1:06:57	1:07:10
86	221	Margaret Clark	Female 60-64	Hayle Runners	1:07:19	1:07:25
87	201	Claire Barlow	Female 45-49	Bodmin Road Runners	1:07:26	1:07:34
88	325	Richard Windemer	Male 70-74	Launceston Road Runners	1:07:45	1:07:53
89	223	Jackie Cope	Female 65-69	Falmouth Road Runners	1:07:47	1:07:57
90	296	Sarah Robertson	Female 40-44		1:08:09	1:08:18
91	307	Claire Stone	Female 35-39	Hayle Runners	1:08:11	1:08:20
92	231	Des Evans	Male 70-74	Newquay Road Runners	1:08:18	1:08:24
93	278	Karen Parker	Female 55-59	Falmouth Road Runners	1:08:43	1:08:52
94	238	Fiona Gamble	Female 35-39	Hayle Runners	1:08:46	1:08:54
95	288	Linda Pickard	Female 60-64	Launceston Road Runners	1:08:55	1:09:02
96	227	Clive Davis	Male 60-64		1:09:20	1:09:32
97	260	Jennifer Lawson	Female 55-59	Newquay Road Runners	1:09:45	1:09:52
98	212	Alan Brandwood	Male 70-74	Falmouth Road Runners	1:09:55	1:10:06
99	218	Nina Chell	Female 45-49	Falmouth Road Runners	1:10:02	1:10:13
100	280	Sommer Parry	Female Under 35		1:10:05	1:10:14

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Place	Bib	Name	AG	Club	ChipTime	GunTime
101	326	Tracy Windemer	Female 55-59	Dartmoor Runners	1:10:32	1:10:44
102	294	Ian Ringer	Male 75-79	Bodmin Road Runners	1:10:49	1:10:56
103	284	Ellie Peck	Female Under 35	Tamar Trotters	1:10:52	1:11:07
104	291	Jacquie Rapier	Female 60-64	Falmouth Road Runners	1:11:12	1:11:23
105	267	Ruth Matthews	Female Under 35		1:11:58	1:12:09
106	202	Carol Beaver	Female 60-64	Looe Pioneers Running Club	1:13:20	1:13:34
107	316	John Tilley	Male 70-74	Bodmin Road Runners	1:14:28	1:14:41
108	314	Susan Thomas	Female 45-49	Hayle Runners	1:14:57	1:15:05
109	327	Rebecca Wise	Female 40-44	Launceston Road Runners	1:15:46	1:15:58
110	331	David Ingram	Male 50-54		1:15:57	1:16:11
111	247	Michaela Harrison	Female 45-49	Plymouth Harriers	1:15:58	1:16:12
112	275	Roy Newton	Male 75-79	Falmouth Road Runners	1:16:15	1:16:29
113	273	Mary Mullarkey	Female 70-74	East Cornwall Harriers	1:18:03	1:18:19
114	257	Christina Lake	Female 65-69	Falmouth Road Runners	1:18:40	1:18:49
115	249	Victoria Holt	Female 40-44	Launceston Road Runners	1:19:02	1:19:14
116	299	Kathy Saunders	Female 65-69	Looe Pioneers Running Club	1:19:14	1:19:29
117	254	Judy Jameson	Female 60-64	Carn Runners	1:19:32	1:19:43
118	321	Robert Willcocks	Male 60-64	Falmouth Road Runners	1:20:02	1:20:11
119	265	Kathryn Marsh	Female 45-49	Carn Runners	1:20:46	1:20:56
120	209	Julie Bolitho	Female 55-59	Hayle Runners	1:21:21	1:21:28
121	219	Sarah Choak	Female 55-59	Carn Runners	1:21:38	1:21:49
122	210	Robert Bolitho	Male 60-64	Hayle Runners	1:22:39	1:22:47
123	266	Jennie Massey	Female 60-64	Hayle Runners	1:31:05	1:31:12
124	222	Sue Coates	Female 45-49	Bys Vyken Race Team	1:48:41	1:48:53
DNF	313	Kathryn Thomas	Female 45-49	Cornwall AC		
DNS	214	Suzanne Brown	Female 55-59	Bude Rats (Run and Tri)		
DNS	229	Ivor Earl	Male 70-74	Tamar Trotters		
DNS	243	Claire Groom	Female 35-39	Plymouth Harriers		
DNS	245	Ben Harding	Male 40-44	East Cornwall Harriers		
DNS	259	Steve Lawrence	Male 65-69	Falmouth Road Runners		
DNS	263	Melodie Manners	Female Under 35	Hayle Runners		
DNS	282	Yelda Müge Parsons	Female 40-44	Hayle Runners		
DNS	300	Nicholas Saunders	Male 40-44			
DNS	324	Marcus Wills	Male 40-44	East Cornwall Harriers		
DNS	333	Carlos Castillo	Male 50-54	Tavistock AC		

Number of records: 135