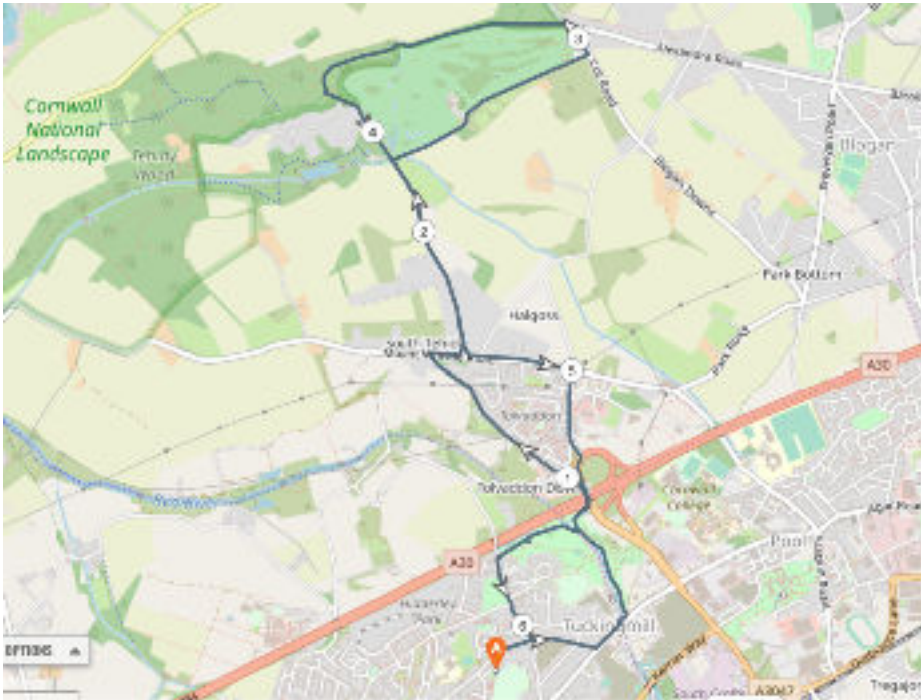


Tuckingmill, Tehidy, Golf Course

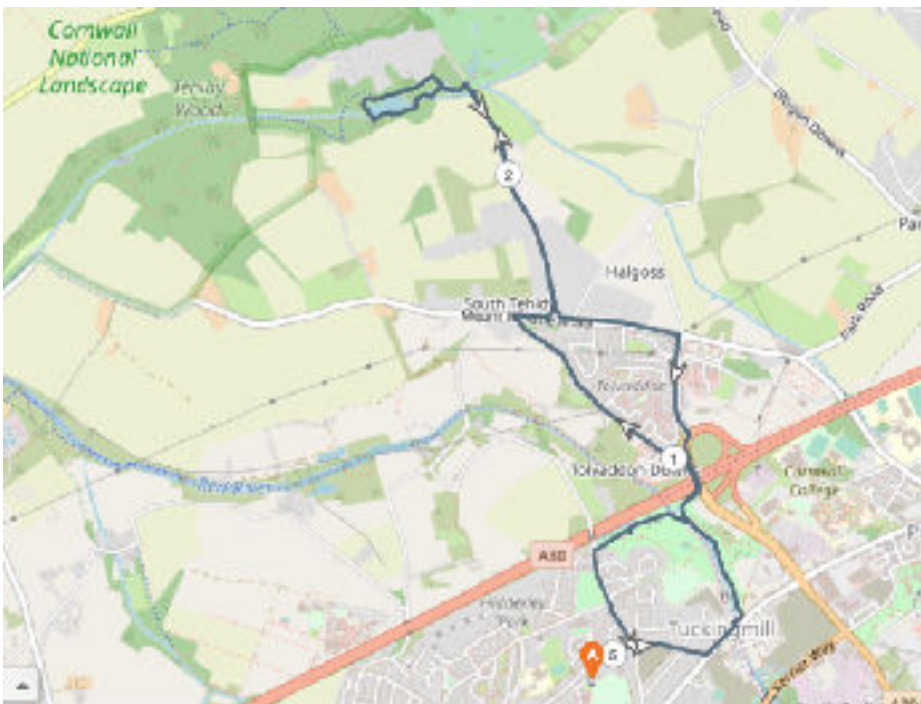
Long route 7.6 Miles - Turn right out of club to N Roskear Road, and down to the bed shop. Turn left towards Tuckingmill, go into Tuckingmill valley park and follow all the way to the bottom where it comes out at the A30 Tolvaddon. Go up Tolvaddon Road (past the fire station) and all the way to Mount Whistle Road. Turn right and head to South Drive. Go all the way to the end of South Drive (past the duck pond car park), go through the gate and into the woods. Take the left trail and head to Kennels Hill, Turn left here and then left again after a short way to head back towards South Drive, the duckponds and car park. Go through the car park and turn right then immediately left and take the trail that goes up the side of the golf course. When you get to Cot Road turn left and go a short way until Eastern Lodge. Take the footpath back into the woods here and follow it down the other side of the golf course until you get back to the end of south drive again. Head back up to the top of south drive and turn left. At the roundabout turn right and head back to Tolvaddon. Head back into Tuckingmill Valley park but don't go back the way you came, this time turn right and follow the trail that comes out at Treverno Road. Turn left here and head back to club.



Slightly Shorter route 6.2 Miles - As above route but don't do the first loop around the duckponds. Go down south drive and take the path on the right up the side of the golf course and follow the rest of the route as above.



Shorter route 5.1 Miles - As per the main route but don't do either of the other loops. Instead at the bottom of south drive go into the car park, do a lap of the 2 duckponds and back to the car park and up to the top of South Drive. Everything else as per the main route.



Shortest route 3.1 Miles - As the main route but don't go down South drive at all, head past it to the roundabout and follow the main route back to club.